



# The evidence of HIV Self Testing and Self Collection

CDC/HRSA ADVISORY  
COMMITTEE ON HIV, VIRAL  
HEPATITIS AND STD  
PREVENTION AND  
TREATMENT

## CHAC Self-Testing and Self-Collection Workgroup (STSCWG)

- ▶ Reviewed evidence
- ▶ Developed recommendations
- ▶ Achieved consensus
- ▶ Drafted letter



# What did we learn?

- ▶ Growing evidence on the benefits of self-testing
  - ▶ COVID-19 lessons learned
- ▶ Self-testing and self-collection promote autonomy, confidentiality, and individual convenience
- ▶ Increased demand for access to self-testing and self-collection technology is growing



Findings

# Benefits

- ▶ Achieve EHE goals
- ▶ Improves testing access
- ▶ Reduces costs
- ▶ Modernizes testing practices
- ▶ Increased accessibility

**TODAY IS**  
**#MyHIVTestingDay**

[hivtest.cdc.gov](http://hivtest.cdc.gov)



U.S. Department of  
Health and Human Services

**ACT**  
against



# Recommendations

- ▶ **Encourage the FDA to downgrade the regulatory classification of HIV self-testing from Class III to Class II diagnostics**
- ▶ Expand the availability of HIV self-collection and self-testing
- ▶ Modernize the current FDA approach specific to HIV self-testing and self-collection



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## Committee Members

- ▶ Johanne Morne (Chair)
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