



A Project of  CAI

In Their Words: Client Stories to Inspire Expansion of Rapid Start in Clinical Practice and Address Enduring Disparities in HIV Outcomes

2022 Association of Nurses in AIDS Care Conference

November 17-19, 2022

Tampa, FL

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Funding Announcement

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$3,000,000.00 with 100 percentage funded by HRSA/HHS and \$0 amount and 0 percentage funded by non-government source(s). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA/HHS, or the U.S. Government.

Cicatelli Associates Inc.

- National public health capacity-building nonprofit organization founded in 1979
 - Began efforts to use education, training, and technical assistance (TA) to build broad-based capacity to respond to HIV/AIDS epidemic
- Leading 3 national Ending the HIV Epidemic (EHE) initiatives



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Objectives

- Describe a rationale for providing Rapid Start services
- Share client experiences in receipt of Rapid Start services in Ryan White funded clinical settings
- Explore Nurses' roles in the Rapid Start process/workflow

Agenda



Why Rapid Start?



Rapid Start DAP – Preliminary Findings



Rapid Start Workflow/Roles



Client Voices to Inform Rapid Start

What is Rapid Start?

- Most recent clinical guidance recommends antiretroviral therapy (ART) for all people with HIV, including those with early HIV infection, as soon as possible after HIV diagnosis
- For this initiative, Rapid Start is defined as the provision of antiretroviral therapy to persons with HIV within 7 days of diagnosis or re-engagement in care

Why is Rapid Start Important?

- Rapid Start, compared to later initiation of ART, increases rates of medication uptake, viral suppression, and retention in care
- Markedly reduces the time from diagnosis to viral suppression
- Shown to substantially reduce the risk of transmission during early HIV infection

Why incorporate client voices?

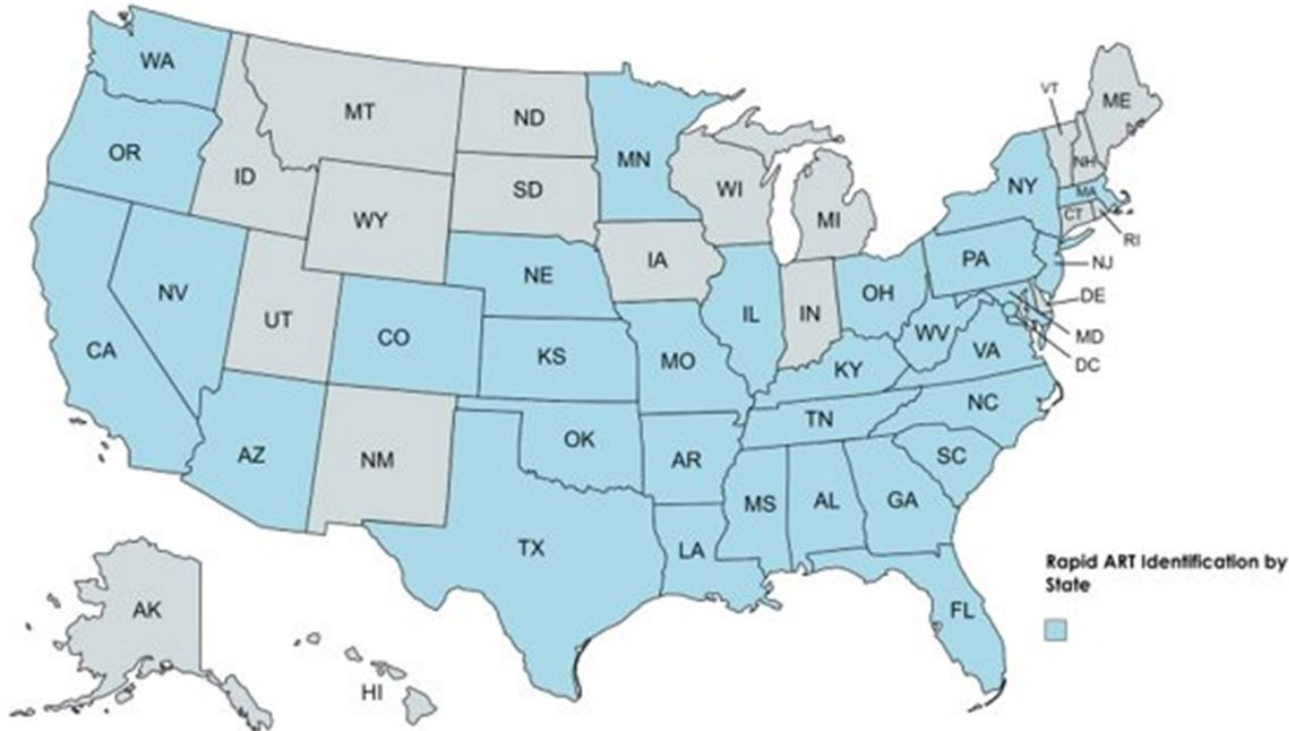
- Make sure services are responsive to client needs
 - **Availability**
 - **Accessibility**
 - **Acceptability**
- Realize full benefits of Rapid Start services to improve client outcomes
- Motivate the healthcare team to adopt Rapid Start

Dissemination Assistance Provider (DAP) Project

Project Goals & Objectives

- **Goal:** To make Rapid Start the standard of care in RWHAP provider settings across the U.S.
- **Objectives:**
 - Identify effective Rapid Start models in a variety of settings in the U.S.
 - Develop and disseminate a compendium of these models
 - Support replication of effective Rapid Start models by developing materials and resources, and delivering training and technical assistance

Methods



- Comprehensive environmental scan to identify range of Rapid Start practices and models (**128** Rapid Start programs in **32** states)
- **18** virtual field visits with Rapid Start provider sites demonstrating positive client outcomes
- This effort included speaking to **159** staff members in total, and **12** Rapid Start clients

Acknowledgements

- Asian Health Services (AHS) (Oakland, CA)
- Borinquen Medical Centers (Miami, FL)
- CareSouth Medical and Dental (Baton Rouge, LA)
- Equitas Health (Columbus, Ohio)
- Hennepin Healthcare's Positive Care Center (Minneapolis, MN)
- Howard Brown Health (HBH) (Chicago, IL)
- Jeffrey Goodman Special Care Clinic (Los Angeles, CA)
- Kern County Health Officers Clinic (Bakersfield, CA)
- LGBT Life Center & CAN Community Health (Norfolk, VA)
- Mary Washington Healthcare (MWHC) (Fredericksburg, VA)
- Roper St. Francis Healthcare's (RSFH) Ryan White Wellness Center (Charleston, SC)
- San Francisco RAPID (San Francisco, CA)
- The Max Clinic (Seattle, WA)
- University of Alabama, Birmingham's 1917 Clinic (Birmingham, AL)
- Valleywise Health (Phoenix, AZ)
- Whitman-Walker Health (Washington, DC)

Rapid ART DAP Partners

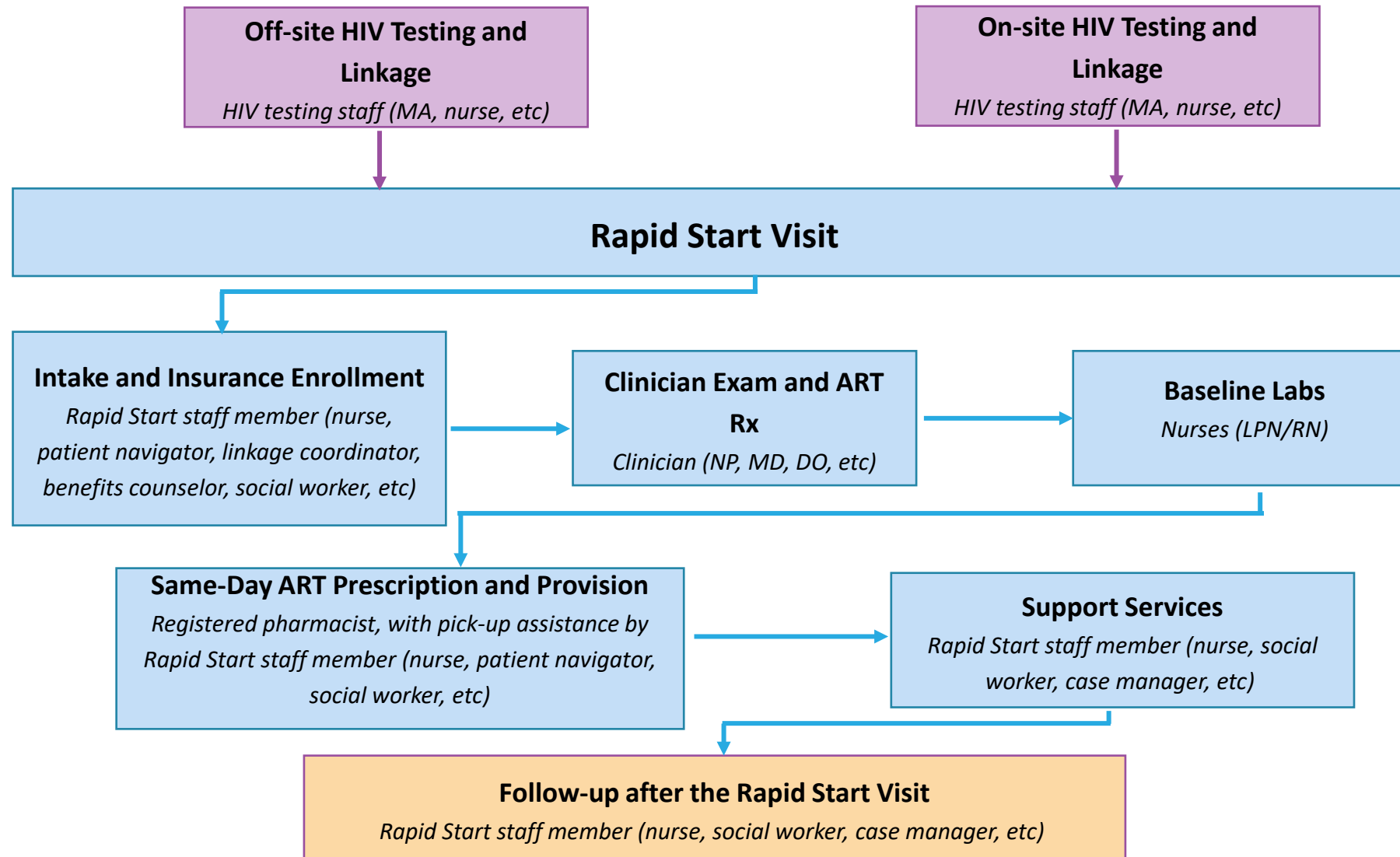
Mission Analytics Group

University of California, Los Angeles (UCLA)

National Association of County and City Health Officials (NACCHO)



Rapid Start Workflow/Roles



Theme 1:

Clients Want Rapid Start

Sub-themes:

Expected standard of care

Clients want to address their HIV diagnosis right away

Clients felt relief when they learned that they were able to start ART same-day

“I’ve never had someone not want to start.” --Clinician

Theme 2: Clients Have Rare Hesitation

Sub-themes: Client Reasons for Hesitation

Misinformation

Clients are Not Ready

Social Determinants of Health

Source: 12 client interviews from DAP field visits

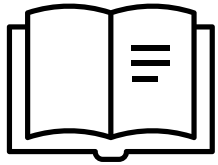


Why Wait? StART Now!

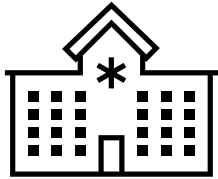


Patient Voices

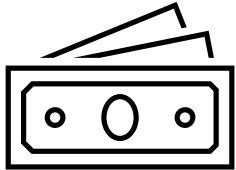
COMING SOON IN FALL 2022!!



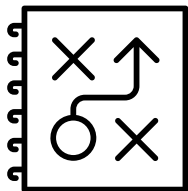
Rapid Start Compendium of Best Practices



Rapid Start Site Profiles



Rapid Start Cost Estimation Tools



Rapid Start Jurisdiction Playbook

For more information on the DAP initiative, please visit:

<https://targethiv.org/ta-org/rapid-art-dap>

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