Community & Clinician Collaboration in HIV/AIDS Education for clinicians serving AI/AN populations

Wendy Newport, MBA, MPH

Texas Oklahoma AIDS Education & Training Center (TX/OK AETC) University of Oklahoma Health Sciences Center

> **Ashley Tijerina** TX/OK AETC Parkland Health & Hospital System (PHHS)

Deborah Phillips, BSN, RN, MPH TX/OK AETC PHHS







By the end of this presentation you should be able to:

• Describe effective collaborations in HIV/AIDS provider training in the AI/AN community.

• Identify historical and current challenges to AI/AN HIV/AIDS education and training.

• Identify effective methods of providing AI/AN training.



Presentation Overview

- Background of TX/OK AETC American Indian/Alaska Native (AI/AN) program
- Oklahoma AI/AN program
- Inception of the Texas AI/AN program
- The <u>current Texas</u> AI/AN projects
- Pearls



History of the TX/OK AETC AI/AN Program

A Look Back in Time.....



Pipe Woman History





"Pipe Woman 2005"

Original Artwork

Frank Sheridan White Bull

The central figure is a drawing of a Cheyenne woman in a cloth dress. Cheyenne men would paint the part in the hair of their wife and daughters. The figures part is painted. Cheyenne have a great respect for their women as they are very important in our ceremonies. If we did not have women we could not have ceremony At each side of the figure are two ledger pony heads. These represent the male aspect and in the drawing are representational of how Cheyenne men are to protect the elderly, women and children. The Cheyenne would split the ears of their favorite war pony. The ears of the horses on the drawing are split. There are pony tracks below each horse figure, which can be representational of the journey each individual has in life from birth until death; the natural progression of life.

On each side of the central figure are two abstract parfleche designs. These designs are from the Kiowa tribe and were used on cylinder/war bonnet cases. There is a row of tipis above the figure, which is representational of the Cheyenne family structure both primary and extended. The one tipi painted yellow is representational of our Cheyenne Medicine Tipi.



Oklahoma Tribes

- According to the 2000 U.S. Census, the state of Oklahoma has the second largest Native American population of any US state.
 - California is #1
- Thirty-nine federally recognized Indian tribes have their headquarters in Oklahoma.
- Members of sixty-seven tribes reside in Oklahoma and more than 25 Native American languages are spoken, the most of any state.



Program History & Original Collaborations Year 1 of Regional Program ~ 2000 Create Collaborations (Ahalaya) Needs assessments, focus groups, & Talking Circles Workshop Design Process Four Days..... One Day..... Two Days

Ongoing Program Development

- Enhancing Collaborations
 - Association of American Indian Physicians (AAIP)
 - Indian Health Service (IHS)
 - Tribal Organizations
 - Regional Prevention Training Center (PTC)
 - National Minority AETC (NMAETC)
- Ongoing Needs Assessments
 - Adjust workshop content
- Re-establish key contacts



Program Challenges

- Perceptions
 - HIV disease in general
 - Individuals with HIV



- Political environment at any given time
- Federal program policies and overlap
- Turnover of staff at tribal / IHS clinics



Lessons Learned

- Meet your providers where they are now.....
- Medical Culture vs. Native American Culture
- Workshop logistics
 - Site
 - Catering
 - CME
 - Solutions



Where are we now & Where are we going?

- Needs assessments
- Two day trainings
- Larger groups & more medical professionals
- More collaboration
 - Indian Health Service
 - Association of American Indian Physicians
 - Native American physician experts
 - Adolescent experts
- Distance learning activities



Inception of the Texas AI/AN Program



Texas AI/AN Initiative Outreach Efforts

- Cultural Consultant (Medical Anthropologist)
- 2004-05 Formal efforts to contact and recruit prospective trainees:
 - Alabama-Coushatta (Livingston)
 - Kickapoo (Eagle Pass)
 - Tigua (El Paso)
- Urban Inter-Tribal Center of Dallas (AI/AN health center)
- Needs Assessment-Houston, TX



Texas Challenges

 Texas AI/AN population is fragmented and diffused throughout several urban centers

• Three geographically dispersed reservations

• Disinterest or perception of no need for training









Persist....

Definition--to continue steadfastly or firmly in some state, purpose, course of action, or the like, esp. in spite of opposition



Key Contacts 2004-2007

Needs Assessment data collection

- American Association of Indian Physicians
- AI/AN Consultant-Houston, TX

Needs Assessment & training planning

- Ysleta del Sur Pueblo (Tigua)
- University of Texas at San Antonio
- Dallas Urban Intertribal Center

2007

- Contact with Ysleta del Sur Pueblo-Tigua Reservation
- Interested in full day conference for clinicians and support staff
- Keen interest in HIV/Hep-C Co-infection
- Framework for 2008 HIV Conference at Tigua reservation



First Texas AI/AN Conference HIV & Hep C Update

- 2008
- Ysleta del Sur Pueblo
- Tigua Reservation
- Socorro, Texas
- ¹/₂ day for clinicians
- 1/2 day for support staff



Conference topics selected (based on needs assessment)

- HIV Clinical Treatment Overview
- Post-Exposure Prophylaxis
- Hepatitis C
- HIV Testing/Screening & New Technologies
- Alternative Therapies (Joint Session)



Training Impact: Participants' Intent Post Conference

- Setting up in-service training to discuss HIV exposure in the workplace
- Incorporating HIV testing in routine exams as much as possible
- Providing more referrals for routine screenings
- Encouraging patients to see HIV as a manageable chronic disease vs. a death sentence



Current Texas Projects



Continuing the TX Program

The TX/OK AETC continued the American Indian/Alaska Native (AI/AN) initiative in TX with a June 2009 program (Valley AIDS Council)

– AI/AN HIV/AIDS Conference was held in San Antonio, TX

Two hour roundtable discussion on how the TX/OK AETC can continue training clinicians who serve this population.



2009 AI/AN HIV/AIDS Conference

 60% participants were American Indian serving providers and/or American Indians.

• Ten members expressed interest in joining monthly conference calls initiated by the TX/OK AETC Central Office.

• Later named the TX AI/AN Network.



TX AI/AN Network

- Currently composed of 11 members.
- Meetings are held on a monthly basis via conference call.
- Participants are asked to:
 - Share resources, contacts, ideas, & other related information with the network.
 - Provide feedback to TX/OK AETC regarding outreach & education efforts.
 - Promote educational trainings.
 - Assist with Needs Assessment dissemination efforts.



Current TX Projects

 The North TX AI/AN HIV Symposium was held in Dallas, TX on June 18, 2010. • Four sessions were presented: 1) Hepatitis C & HIV 2) Social, Cultural & Historical Factors related to HIV/AIDS 3) Adolescents & HIV 4) Substance Abuse & HIV



Photos and detailed event information can be found at: http://www.aidseducation.org/NorthTXAIANHIVSymposium-June182010.php



North TX AI/AN HIV Symposium

- Facilitators tied topics into the Native American culture
- Networking Dinner for AI/AN serving agencies/clinician's.







The Connection



Roundtable discussion (2009)

Texas AI/AN Network (2009-2010)

North TX AI/AN HIV Symposium (2010)



2010 Symposium - Participant Demographics

Primary Functional Role			
Care Provider/Clinician	24%		
Case Manager	17%		
Other	17%		
Administrators	10%		
Client/Patient Educator	10%		
Researcher/Evaluator	10%		
Teacher/Faculty	7%		
Agency Board Member	3%		
Total	100%		



2010 Symposium - Participant Demographics, continued...

			Treat Racial/Ethnic Minority Patients	
Provide Services Directly		es Directly	Proportion of Patients	Providers
to HIV Patients			1-24%	13%
	No	21%		
			25-49%	13%
	Yes	79%	50-74%	27%
	Total	100%	>75%	47%

Total 100%



2010 Symposium - Event Outcomes, continued...

"gained Native American cultural information that will enable me to be more aware when working with AI population."

Information can be Applied in Practice Setting			
Not at All	0%		
Somewhat	0%		
Almost Completely	42%		
Completely	58%		
Total	100%		



Training Impact: Participants' Intent Post Conference

- "will approach tasks & interactions with cultural sensitivity"
- "will change expectations with adolescents & improve communication with AI community"
- "attained available resources for patients/caregiver programs to encourage adherence"



Future Texas Projects

- Interactive skills building web based trainings.
- Interactive skills building trainings at IHS facilities in Texas.
- Collaborate with IHS on planning education events for AI/AN serving clinicians.
- Develop & maintain webpage to provide resources to AI/AN serving providers in Texas & Oklahoma.





Pearls

- Program Dedication: Training & Availability regardless.....
- Key AI/AN contacts
- Build personal relationships
- Gain & maintain cultural insight

 Avoid generalizations
- Respect AI/AN community topic preferences & tie topics w/ HIV topics

