#### Peer Navigators: An Added Enhancement to Your Program

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#### Disclosures

#### Lucellie Wells

Has no financial interest or relationships to disclose.

HRSA Education Committee Disclosures

HRSA Education Committee staff have no financial interest or relationships to disclose.

CME Staff Disclosures

Professional Education Services Group staff have no financial interest or relationships to disclose.



## Learning Objectives

By the end of this session participants will be able to:

- Explain 4 ways in which the Peer Navigators enhance the overall Ryan White Program.
- Understand how Boulevard Comprehensive Care Center incorporated the Peer Navigators into its strategic planning process to create a positive impact on other key indicators.
- Use Peers to facilitate and sustain successful Consumer Advisory Boards.



# Boulevard Comprehensive Care Center

(Peers are integrated into all services)

- Largest HIV/AIDS care and prevention provider in the Greater Jacksonville, Duval County area
  - Care Services
    - Approximately 3000 patients
    - Full range of HIV/AIDS Primary Care
  - Case Management
  - Behavioral Health
  - Financial Enrollment
    - Over 4000 clients
  - ADAP Services
    - Over 600 clients
  - Clinical Trials
  - Dental Services
  - 4 Satellite Centers



# Who is a Peer?

#### Persons living with HIV/AIDS

Share key characteristics with target population

- Community Member, gender, race/ethnicity
- Disease status or risk factors
- Salient experiences, e.g. former drug use, sex work, incarceration



# Who is a Peer?

- Utilizes Shared experiences to act effectively as:
  - Trusted educator
  - Mentor for adopting health behavior
  - Role model
  - Emphatic source of social and emotional support



# Hello Washington!!! ③



#### From Florida!!! ③



### Contributions of HIV-positive peers

- Adherence to medical care (keeping appointments, responding to physician referrals, picking up medications)
- Linking to medical care and support services
- Self-management of disease
- Emotional Support/Reduced risk behaviors



## **Peer Navigator Program**

- 2004: First Peer Navigator Team
  - Peers used for navigation through system
  - Outreach
  - Other functions
  - Funding from Ryan White



# Qualifications for Being a Peer Navigator

- HIV-infected and adherent to antiretroviral therapy
- Duval County Resident
- Committed to helping others
- Good communication skills
- Not currently abusing drugs



## **Organizational Structure**

- Initial training and orientation
- Clear job descriptions
- OPS Part time work 15-20 hrs/week
- Volunteer work
- Continuing education/staff development
- Member of interdisciplinary team
- Close supervision



# Peer Navigator Roles

- Pre/Post Test Counseling
- Patient Navigation and retention in care
- Support Group Facilitation
- Referrals for in-house services, community resources
- Adherence
- Chair Consumer Advisory Board



### Consumer Advisory Board

- Facilitates Consumer Advisory Board
- Recruits Members
- New Patient Orientation
- Annual Festival (Education/Prevention)
- Annual Banquet (Celebration of a Queen Award)



### Recruitment

- Nominations by providers and current peer navigators
- Face to Face interview
- Required 3 day orientation



# Peer Navigator Training

Complete the HERR program manual

Attend Conferences and Trainings
 Ryan White Case Management
 Ryan White Financial Eligibility

- On the job training
- Adherence Strategies
- Mental Health Issues
- Clinical Trials and Participant Rights
- Health Education/Risk Reduction
- HIV/AIDS 500/501 Series
  HIV/AIDS Basics
  - Counseling/Testing
  - Linkage



#### Partnerships in the Community

BCCC Peer Navigators work with clinics and other social service agencies to provide peer support to PLWHA

#### Part of the Ryan White Network

- Network of social service and clinics providing prevention care and support
- Ryan White Network Part A funding
- Peer Navigators are co-located at other organizations every week



# Supervision and Support

- Weekly Case Review (Peers and Program Manager)
- Ongoing in-service trainings
- Provide administrative support
- Open door policy



# Monitoring and Reporting

- Evaluation/Quality Management
  - Client Satisfaction Survey
  - Monthly Reports
    - Process Oriented
    - Outcome Oriented



# Retention

- Support and Supervision
- Clear Expectations
- Valued as member of team
- Opportunities for growth
  - Training
  - Presentations at conferences and meetings
  - Promotions to full-time positions



# Contributions to clients' quality of life

- Improved medication adherence
- Greater retention in care
- Greater clinic enrollment among people testing HIV positive
- Increased use of support services (substance abuse treatment, social services, etc.)



# Results of Integrating the efforts of the Peer Navigator

**BCCC No Show Rates** 



