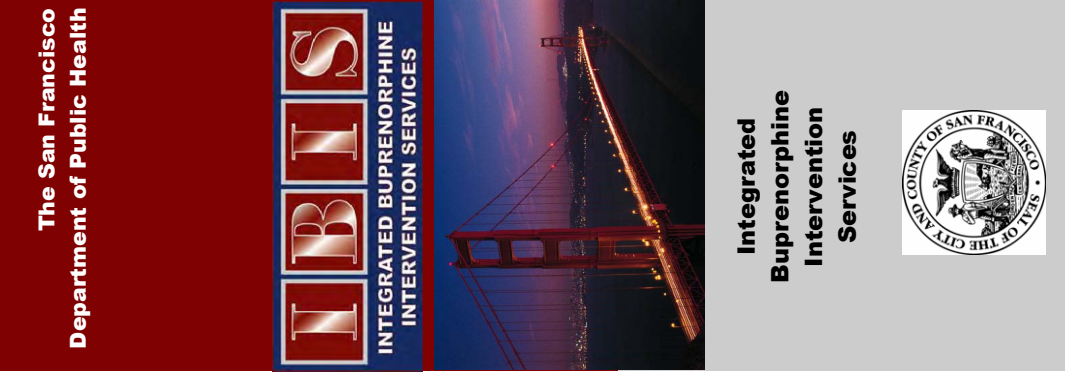


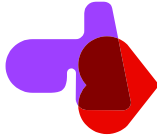
Beehive Program Recruitment Materials

- San Francisco Department of Public Health Integrated Buprenorphine Intervention Services Brochure
- Beehive Patient Brochure
- Beehive Patient Flyer
- Beehive Program Exam Room Laminate Card



CARE IN THE COMMUNITY

Upon graduation from OBIC, IBIS patients will be receiving their medication, counseling, and other services through their community-based clinic or program. Patients will need to come to their clinic at least one time per month for physician visits, counseling, or other appointments. At least 8 urine samples will be collected over the year for toxicology screens. Patients are expected to comply with program requirements and with the rules of the community clinic.



SUMMARY

And so, we would like to welcome you to IBIS. We are hopeful that participation in IBIS will be an opportunity for you to work on your addiction and help you to improve other areas of your life as well. This pamphlet was created to introduce the IBIS program. It is meant to give an overview and basic understanding of buprenorphine and the program's components. For more information, please feel free to contact the OBIC clinic at the following number:

OBIC (415) 502-7223

TREATMENT AT OBIC

Following the evaluation, patients appropriate for IBIS will be scheduled for an initial induction appointment. Patients must be in opiate withdrawal to begin receiving buprenorphine. All patients are instructed to NOT use heroin or other opiates for at least 12 hours prior to their OBIC induction appointment. Patients who have recently ingested any opiate and/or do not appear to be in withdrawal will be asked to return at a later date.

Generally, OBIC patients are seen daily for the first week, with decreased frequency thereafter. The dose of buprenorphine is increased over the first week or two until a therapeutic dose is achieved. Early in treatment, most doses of buprenorphine will be taken at OBIC. Over time, patients will move to a weekly, every other week, or monthly dispensing schedule at OBIC. IBIS patients typically stay at OBIC for 30 to 60 days, but this can vary quite a bit.

When the patient is clinically stable and has an appointment scheduled at an IBIS community site, the OBIC physician will transfer medication dosing to a community pharmacy.

In addition to buprenorphine, patients at OBIC receive supportive counseling during the induction and stabilization process. Both individual and group counseling are available. Urine toxicology screening is done on a regular basis to get a better idea of how each patient is doing in treatment. OBIC is located at: 3180 18th Street #205, San Francisco, CA 94110



WHAT IS IBIS?

IBIS is a treatment program designed to help individuals who are dependent on heroin and/or other opiates. While the medication buprenorphine is the cornerstone of the program, treatment through IBIS includes counseling, support groups, and other services provided by health care professionals trained in buprenorphine treatment.

Because starting on buprenorphine may require frequent visits and close monitoring, all IBIS patients will be stabilized at the Office-based Buprenorphine Induction Clinic (OBIC) prior to transition to community treatment sites. Please be aware that IBIS is a "maintenance" program. It is not intended for patients interested in detoxification.

ways inform any medical staff you encounter that you are on buprenorphine, since it can block the effectiveness of other opiates such as narcotic pain medications. Buprenorphine can be very dangerous or even fatal if taken by a child, or by any adult for whom it is not prescribed.

Buprenorphine comes in tablet form and is taken by letting it dissolve under the tongue. Patients will take some of the doses in the presence of a doctor, nurse, or pharmacist, especially early in treatment. However, the goal is to have patients eventually take most doses at home, as they would any other medication.



WHO IS NOT ELIGIBLE FOR CARE THROUGH IBIS?

- Individuals who are abusing or dependent on benzodiazepines
- Individuals who are dependent on alcohol
- Individuals with uncontrolled medical or psychiatric conditions
- Women who are pregnant or planning/trying to become pregnant
- In addition, patients with pain syndromes requiring regular narcotic analgesics should be carefully screened, as buprenorphine may make pain treatment less effective.

WHO CAN RECEIVE CARE THROUGH IBIS?

- Adults (age 18 and older) with a diagnosis of opiate dependence
- San Francisco residents eligible for treatment in the Community Health Network

ABOUT BUPRENORPHINE

Buprenorphine has been shown to be very effective in the treatment of opiate (e.g., heroin) addiction. Like methadone, buprenorphine blocks heroin/opioid withdrawal and craving without producing a "high". And, like methadone, buprenorphine produces some degree of dependence. Unlike methadone, buprenorphine can be prescribed by physicians in office-based settings. Common side effects of buprenorphine are usually mild and can include nausea, vomiting, and constipation. Individuals who regularly use heroin or other opiates may experience some withdrawal if they take buprenorphine soon after using.

Buprenorphine, like methadone, can be a dangerous drug if misused or combined with other substances. It is especially dangerous to combine buprenorphine with alcohol or benzodiazepines, such as Klonopin and Valium. Al-

FIRST STEPS

Patients may be identified by IBIS-affiliated primary care and mental health providers and referred to OBIC for evaluation. Patients may also self-refer or be referred by non-IBIS providers directly to OBIC or to the Centralized Opiate Program Evaluation (COPE). The OBIC staff will determine whether a patient is appropriate for care through IBIS. During the evaluation visit at OBIC, the program will be discussed, the patient will review and sign consent forms, complete a physical exam and medical history, and if necessary, have laboratory tests ordered.



Buprenorphine. Is it right for you?



What is Buprenorphine?

Buprenorphine is a prescription medicine used to treat adults addicted to drugs such as heroin, Vicodin, Percocet, Oxycontin, morphine and other narcotic painkillers.

How Does Buprenorphine Work?

When taken by a person addicted to heroin or other opiates, buprenorphine reduces cravings and helps the person remain drug-free, making productive living possible. Buprenorphine can be used to withdraw from heroin or painkillers. It can also be used to help keep a person from relapsing back into a heroin or painkiller addiction.

Buprenorphine is available in two forms: *Subutex*, which contains only buprenorphine, and *Suboxone*, which is buprenorphine combined with a medicine called naloxone. Both forms of buprenorphine are tablets that are dissolved under the tongue.



The Benefits of Buprenorphine Treatment

- Buprenorphine has a low risk of being abused and is unlikely to cause an overdose.
- Buprenorphine can prevent pain, chills, nausea, and other feelings that come with addiction withdrawal.
- Buprenorphine can block the effects of addictive drugs. For example, heroin taken by a person under buprenorphine treatment will not cause a 'high.'
- The addition of naloxone in the *Suboxone* form of buprenorphine prevents the medicine from being abused, because it will cause withdrawal if injected.

How Can You Get Buprenorphine Treatment?

Buprenorphine treatment can be prescribed by physicians who have been specially trained and have received certification from Federal and State agencies. Ask your doctor if he or she can prescribe buprenorphine or refer you to someone who can.

The Beehive Program for HIV-Positive Patients at the Positive Health Program

If you are HIV-positive and have a drug addiction, you may qualify to participate in a research study evaluating buprenorphine treatment at the UCSF Positive Health Program. Candidates for this study must be at least 18 years old and not pregnant.

If you or someone you know would like to take advantage of this special program, ask your provider or call the Beehive clinical nurse coordinator at: (415) 206-2452 for more information.



Positive Health Program
HIV/AIDS Division at SFGH

UCSF Positive Health Program

The Positive Health Practice at San Francisco General Hospital Medical Center is one of the oldest and largest HIV/AIDS clinics in the United States. Part of the UCSF Positive Health Program, the Positive Health Practice is a collaborative effort of the San Francisco Department of Public Health's Community Health Network and the University of California, San Francisco Department of Medicine at SFGHMC.

The PHP treatment model includes an emphasis on outpatient primary and specialty HIV care, rapid availability of routine and urgent care to the patient, psychosocial support from a spectrum of social services, integration of patient care with clinical research, and ongoing education for patients, providers, and community.

To make an appointment, call (415) 206-2400. No special referral is needed to receive care. No one is turned away for lack of ability to pay.

Patients should call ahead to make appointments for regular care or same-day urgent care. Urgent care and advice is available 24 hours a day, 7 days a week at (415) 206-2400.

Positive Health Program
San Francisco General Hospital Medical Center
995 Potrero Ave.
Building 80, Ward 86 (sixth floor)
San Francisco, CA 94110

Phone: (415) 206-2400
FAX: (415) 502-4777

Parking

The Parking lot is located at 23rd and Potrero Avenue. The Positive Health Program is located within walking distance from the parking lot, across the hospital campus.



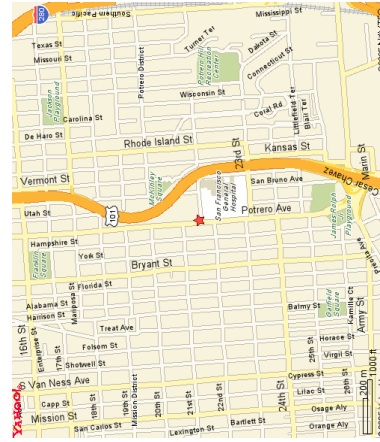
Traveling by BART

From the East Bay and South Bay, take any train into San Francisco and get off at 24th and Mission. There is a SFGH shuttle that takes you to the Main Hospital. The Positive Health Program is located a short distance from the Main Hospital. For further information please call Bay Area Rapid Transit (BART) at:

- Oakland/Berkeley.....(510) 465-2278
- San Francisco/Daly City.....(415) 989-2278
- South San Francisco/San Bruno.....(650) 992-2278
- Concord/Walnut Creek Street.....(925) 676-2278

Traveling by MUNI

Bus Lines in the area are the 9, 33, 48, 27, & 19. For further information please call San Francisco Municipal Railway (MUNI) at:
(415) 673MUNI (6864)
(415) 923-6366 (Hearing Impaired, TDD/TT)



If you or someone you know needs help with an addiction to heroin or pain pills,



there's a new medicine that may help.

Buprenorphine





BEEHIVE PROGRAM

1. Receive your primary HIV medical care at the UCSF Positive Health Program?
2. Use more heroin or prescription opiates than you'd like?
3. Interested in office-based treatment with buprenorphine?

If you've answered **YES** to all three questions,
come find out what the buzz is all about!

For more information, please call (415) 206-2452
or ask your PHP primary care provider for a referral.

Beehive patients will be invited to participate in a UCSF study to evaluate the program.
Study incentives up to \$120 will be offered to eligible subjects.



Buprenorphine HIV Integrated Care

BeeHIVE

Patient Eligibility

- Living with HIV/AIDS
- Seeking office-based treatment for opioid dependence, e.g., heroin, morphine, hydrocodone, oxycodone, methadone or other prescription opioids
- Receiving or willing to receive primary care at the UCSF Positive Health Program at SFGH

Clinical contraindications:

- Non-prescribed or chaotic benzodiazepine use
- Heavy alcohol use or dependence
- AST/ALT > 5x ULN
- If female, pregnant or planning pregnancy

Patients on methadone maintenance or prescription opioids for chronic pain syndromes may still be eligible for program services and will be carefully screened.

Patient Referral Process

- Consultation appointment with Beehive Nurse; schedule at Front Desk or call 206-2452
- Findings discussed with HIV primary care provider
- If clinically appropriate, first buprenorphine treatment visit is scheduled within one week
- Optional enrollment in UCSF-sponsored evaluation study: *Patient will be randomized to office-based buprenorphine treatment at Ward 86 or the Outpatient Buprenorphine Induction Clinic (18th/Folsom)*

Schedule for "86BUP" or call 206-2452

Buprenorphine HIV *Integrated Care* BeeHIVe Clinic Procedures

Initial Consultation

- Buprenorphine education and counseling
- Medical & substance use history, exam, and labs
- Program requirements and preparation, including pre-induction management of opiate withdrawal symptoms

Treatment Stages

- Induction: Patient receives first buprenorphine dose in an opioid-free state (12 hrs since last heroin, 48 hrs since last methadone). Pt observed for relief of opioid craving and/or withdrawal. Additional doses may be given that day and to take at home.
- Stabilization: Titration to stable dose achieved via frequent but brief follow-up visits over 1-2 weeks. A stable dose achieves no symptoms of opioid craving, withdrawal, or excess.
- Maintenance: Stable patients are seen monthly; LFTs and urine toxicology monitored regularly. All patients receive substance use counseling and support.

Integrated Care

- Frequent communication between Beehive staff and HIV primary care provider
- All Beehive visits and labs charted on HERO
- Expert consultation for acute/chronic pain issues
- Hands-on buprenorphine training available to all Positive Health Program providers

Schedule for "86BUP" or call 206-2452