

Team Building Skills to Support Integration



OBJECTIVES

At the end of this unit, participants will be able to:

- Identify how they and their team members can build trust
- Name the skills and experience of their team members
- Understand the different contributions of team members



INSTRUCTIONS

1. Before the session, review slides and organize chairs for small group activity.
2. Welcome participants and review the objectives (slide 2).
3. Review examples of how to build and earn trust (slide 3). Ask participants if they can think of other examples of how to build trust among colleagues and clients.
4. Activity: Building Trust with Your Team (20 minutes)
 - Ask participants to get into small groups with their organization's team.
 - Distribute Building and Earning Trust handout.
 - Display activity instructions (slide 4).
5. Wrap up. Ask, "What have you learned that will be helpful as you work together as a team?"



Related C3 Roles

Care coordination, case management, and system navigation

Related C3 Skills

Communication Skills, Interpersonal and Relationship-Building Skills, Capacity Building Skills, Professional Skills and Conduct, Service Coordination and Navigation Skills



Method(s) of Instruction

Individual writing, small group activity



Estimated time

30 minutes



Key Concepts

Trust, team integration



Materials

- Computer with internet access and projector
- PowerPoint slides

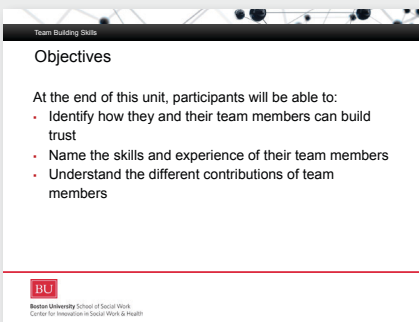
Handout

- Building and Earning Trust

Team Building Skills to Support Integration



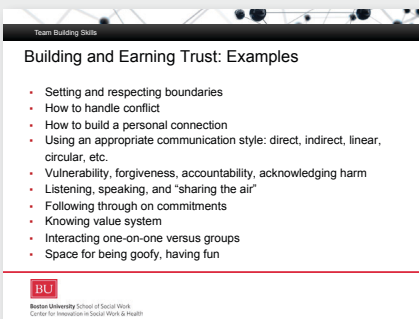
SLIDE 1



SLIDE 2

Review the slide.

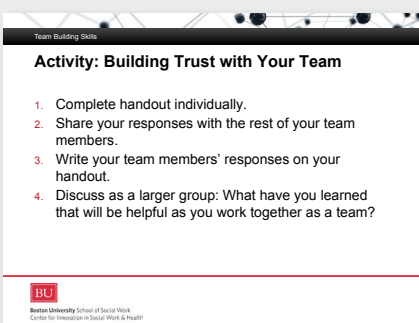
Explain that for this session, we will be focusing on how we can create more trust with our team members and appreciation for their roles.



SLIDE 3

Review the slide.

Invite participants to share other examples of how to build trust among colleagues and clients.



SLIDE 4

We will now do an activity where you will have a chance to think on your own about how you build and earn trust, and then you will learn from your teammates how they build and earn trust.

Distribute Building and Earning Trust handout.

Ask each participant to take 10 minutes to fill out the handout on their own.

Then, ask participants to form small groups with their team members and share with each other what they wrote. Participants should write down their team member's responses on their own handout (10 minutes).

To close, bring the group back together. Ask, "What have you learned that will be helpful as you work together as a team?"

Building and Earning Trust

Person's Name	How do you build trust with others?	How do others earn your trust?	What does it feel like to be in a trusting relationship?	How do you like to be addressed, contacted, touched, and greeted? What are your pronouns?
Me				



Person's Name	How do you build trust with others?	How do others earn your trust?	What does it feel like to be in a trusting relationship?	How do you like to be addressed, contacted, touched, and greeted? What are your pronouns?

Acknowledgements

This curricula draws from and is adapted from other training curricula for peer educators and community health workers, such as the Building Blocks to Peer Success (<https://ciswh.org/resources/HIV-peer-training-toolkit>) and the Community Capacitation Center, Multnomah County Health Department (<https://multco.us/health/community-health/community-capacitation-center>)

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