

Population-Based Approaches for Understanding and Expanding Access to HIV Care and Services

About PCDC



Primary Care Development Corporation (PCDC) is a national nonprofit organization and a community development financial institution catalyzing excellence in primary care through strategic community investment, capacity building, and policy initiatives to achieve health equity.

Performance Improvement



PCDC's Performance Improvement Practice partners with providers to help them understand their opportunities and challenges and develop customized strategies to achieve practice goals and sustain improvements.

Learning Objectives



Provide an overview of key healthcare access measures

 Describe methods of measuring patient demand for HIV care and services

 Examine next steps for expanding HIV care and supportive services at your practice

What is access to healthcare?



- Access refers to the ability to obtain necessary care when it is needed by the patient.
 - Ability to receive timely appointment/access, and
 - Receive comprehensive, efficient care while visiting service providers
- Focus of patient centered care model
- Benefits:
 - Enhances patient satisfaction
 - Builds effective patient engagement
 - Reduces ED/hospital visits

How is healthcare access measured?



- Interaction of demand and capacity
- Healthcare access measures

Patient experience data

Demand in Healthcare



- Reflects need for service by a panel of patients for
 - Clinical care, referrals, advice, condition monitoring
 - Prescriptions, forms and results
 - Self-management support, education
- Two types of demand:
 - External: from patients directly, or referral sources on behalf of patients
 - Internal: generated by provider-directed return visits to the clinic or health center.

Capacity in Healthcare



- Reflects your ability to accommodate the demand for needed services for a panel of patients
- Factors that influence your capacity:
 - Appropriately triaging and matching time slots to appointment types (for practices that set appointments)
 - Distribution of work among the care team to ensure each staff member is working to the top of his or her position/license (clinical care, advice, prescription refills, assessment, triaging/referrals/connection to care, education/risk and harm reduction, self-management support, etc.)
 - Provision of culturally competent care in alternative ways (phone, electronic communication, group visits, etc.)

System Properties Desired



System Properties Desired

Patient-Centered, "Whole Person" Approach

24/7 Access, No Barriers, Continuity, On-time/Efficient, Quality Outcomes, Satisfaction/Joy Capacity Demand Ensure continuity Use care teams · Reduce unnecessary demand Reduce no-show rates max pack · Reliable daily capacity · extend revisit interval for same-day care · group visits/shared · Efficient flow (on-time, medical visits preparation, teamwork, Establish panels · Care management for communication, tools) & care teams patients who need it More options for service Pull work to today Population health than 1:1 visits Do today's work today management (registries) Create contingency Exploit technology Eliminate backlogs plans for appointments Source: Adapted from work completed by the Primary Care Development Corporation for the San Francisco DPH "Changing the Way We Care" Collaborative.

Key Access Measures



- Appointment Availability
 - Third Next Available Appointment (TNAA)
 - Same Day Availability (SDA)
 - Same Day Utilization
- Cycle Time
- No Show Rate (NSR)
- Provider Capacity Utilized

Appointment Availability



- Managing Walk-In Patients
 - GOAL: engage and retain patients that need HIV services
 - Schedule design depends on the balance of capacity and demand
 - Options include:
 - No appointments booked....all walk-in
 - Specific slots available for walk-in
 - Designated walk-in hours (e.g. Walk-in hours between 10-11 am, and 3-4pm)
 - Extended hour appointment availability on evenings and weekends

Third Next Available Appointment (TNAA)



• # of days from the initial appointment request to the third available appointment on the schedule

What we want to learn:

What is our true appointment availability?

GOAL: 0-3 days for 1 FTE equivalent

Same Day Appointment Availability



What we want to learn:

- How many appointment slots are actively reserved for same day use?
- How many patients that request to be seen today are actually seen the same day?
- Is there a way we can better accommodate our same day demand?

GOAL = up to 30% of schedule reserved for same day appointment demand

Same Day Appointment Availability



of appointment slots available at the beginning of the day

of appointment slots each day

Same Day Appointment Utilization



of same day visits seen

of patients seen

Cycle Time



Time patient was at the practice from initial arrival time to the time the patient left the building

What we want to learn:

- How much time does the patient spend in our office?
 - *Consider possibility patient was seen my multiple providers during a single office visit (e.g., nutrition, case manager, physician to address multiple components of HIV care)
- What are our points of inefficiency?

GOAL = varies according to the appointment type and needs of the patients; establish a goal for each appointment type

No Show Rate



of patients that do not show for their appointment

of scheduled appointments

What we want to learn:

How frequently do patients not show for their appointments?

GOAL = no more than 20% of scheduled appointments

Provider Capacity Utilized



of actualized patient visits

of available appointment slots on the schedule for the same period of time

What we want to learn:

How many appointments did the provider see relative to his/her availability?

GOAL = 90% of provider's appointment capacity is utilized

Access and Patient Experience



- Access to care questions encompass key portion of nationally recognized patient experience surveys:
 - Consumer Assessment of Healthcare Providers and Systems (CAHPS)

 Include questions that address access experience via qualitative and quantitative analysis

Quantitative Experience Questions



 From CG CAHPS (CAHPS Clinician & Group Patient-Centered Medical Home Survey 2.0)

Example:

- In the last 12 months, how many days did you usually have to wait for an appointment when you needed care right away?
 - Same day (0 days)
 - 1 day
 - 2 to 3 days
 - 4 to 7 days
 - More than 7 days

Demand for HIV Services



- Methods for Measuring Demand:
 - Electronic:
 - Billing data include HIV Codes
 - Visit data (e.g., visit type or condition)
 - Manual:
 - Demand study demand for services through all methods (i.e., requests by phone, walkin)

Outpatient Ambulatory Health Services (OAHS)



- Use Third Next Available Appointment (TNAA) to measure specific demand for OAHS care
 - Consider measuring different appointment types (OAHS initial visits, follow up appointments, same day appointments).
 - Performance Measure: Waiting time for initial access to outpatient/ambulatory medical care
 - <u>Description</u>: % of RWHAP-funded outpatient/ambulatory care organizations in the system/network with a waiting time of 15 or fewer business days for a RWHAP-eligible patient to receive an appt to enroll in medical care.
 - <u>Numerator</u>: # of RWHAP-funded outpatient/ambulatory medical care organizations in the system/network with a waiting time of 15 or fewer business days for a Ryan White Programeligible patient to receive an appointment to enroll in outpatient/ambulatory medical care.
 - <u>Denominator</u>: # of RWHAP-funded outpatient/ambulatory medical care organizations in the system/network at a specific point in time in the measurement year.

Waiting Time for Initial Access to Medical Care



of RWHAP-funded outpatient/ambulatory medical care organizations in the system/network with a waiting time of 15 or fewer business days for a Ryan White Program- eligible patient to receive an appointment to enroll in outpatient/ ambulatory medical care.

of RWHAP-funded outpatient/ambulatory medical care organizations in the system/network at a specific point in time in the measurement year.

Outpatient/ Ambulatory Health Services Performance Measure:

 Waiting time for initial access to outpatient/ambulatory medical care

Meeting the Access Demands of Your Patients



- Consider the time of day:
 - Add appointments outside regular business hours
- Consider alternatives types of encounters:
 - Remote access:
 - Use of patient portals
 - Telemedicine

Presenters





Maia Bhirud Morse, MPH, CPC-A Senior Program Manager, PCDC mmorse@pcdc.org



Chaim Shmulewitz
Project Manager, PCDC
cshmulewitz@pcdc.org



THANK YOU