

Health Information Exchange and Peer Navigation: A Model to Engage Vulnerable Populations

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Pilot Collaborative Partners













Pilot Project GOALS



Use a multi-stakeholder approach combining social service engagement and linkage to care with real-time clinical encounter data—to empower outreach and engagement efforts that address the care engagement needs of vulnerable populations.



Pilot Approach



- Leverage **Alliance's** capabilities to provide Peer Navigator services to find and re/engage hard to reach HIV-positive individuals who have fallen out of care or are marginally engaged.
- Utilize NYP's clinical information systems and analytics to identify PLWH who are lost-to follow-up (LTFU) or disengaged from care for targeted outreach and re/engagement.
- Access a health information exchange (Healthix a leading HIE) for updated demographic and contact information including HASA client info by NYP and Alliance to enhance case finding, including the generation of real-time LTFU alerts when LTFU patients access services across multiple providers, institutions, and/or geographic regions.

NewYork-Presbyterian



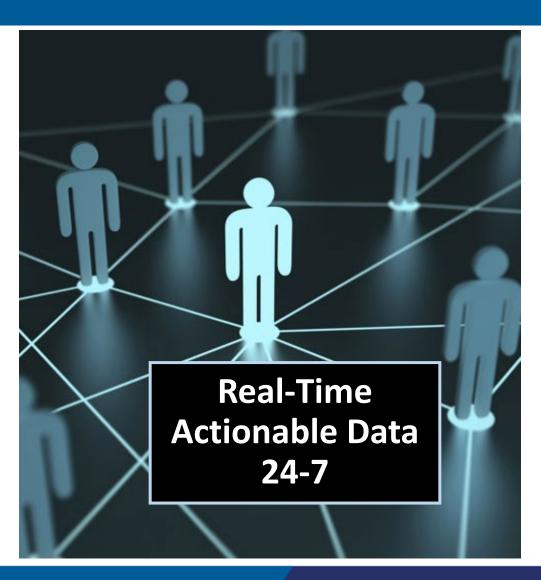
- 2 major academic medical centers (Columbia and Cornell)
- 5 hospital sites in NYC
- 13 community ambulatory care sites, 7 school based clinics
- 665,517 unique patients seen in 2016
- 2,162,052 ambulatory care visits in 2017
- 105,000 inpatient visits
- 24,586 staff
- 7,145 clinicians
- Operating budget: 5.6 billion
- 64,108 HIV tests (last 12 months)
- 64,741 HCV tests (last 12 months)





Healthix





Mobilizing secure health information to:

- Improve clinical outcomes
- Enhance care coordination
- Lower costs and facilitate efficiency
- Determine risk and provide actionable data
- Increase patient satisfaction
- Support research through de-identified data
- Protect the public health

The Alliance for Positive Change



- Alliance helps New Yorkers affected by HIV and other chron illnesses make lasting positive changes towards health, housing, recovery, and self-sufficiency.
- Each year, we help New Yorkers:
 - Get tested for HIV and HCV
 - Overcome addiction
 - Train individuals to become Certified Peers
 - Access medical care to get their health back on track
 - Escape homelessness
 - Rejoin the world of work
 - Replace isolation with community
 - And lead healthier and more self-sufficient lives.



Alliance's **individualized**, **full-service approach** gives each person the unique mix of support he or she needs to **feel better**, **live better**, **and do better**.

Role of NYP's Center of Excellence



NYP produces a monthly *Lost to Follow-Up* (LTFU) list and transmits to Alliance and Healthix

LTFU list developed by identifying NYP COE patients who:

- Have not had a visit in 9 -18 months
- Were not virally suppressed on last visit
- Have no recent medications refills (>6 months)
- No evidence for care transfer, out migration, incarceration, or death

Role of HASA and Healthix



HASA

- Review Healthix consent with all clients
- Work to obtain consent or refusal from 100% roster
- Maintain up-to-date demographic information
- In the future provide real time registration event alerts

Healthix

- Real time alerts related to ER visits and hospitalizations
- Provide current demographic information
- Allow access to medical information once consent is obtained

Role of Alliance

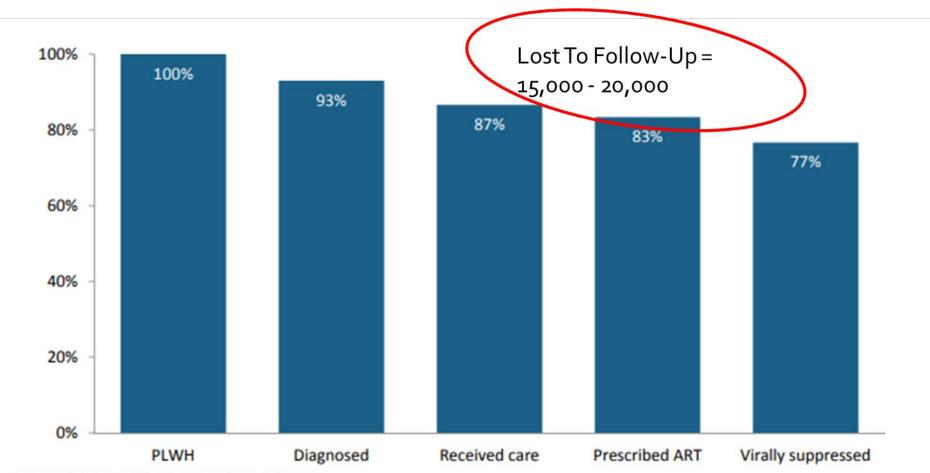


Alliance for Positive Change

- Utilize Peer Navigators to find and re-engage NYP patients on the "Lost-to-Follow-Up" list with a goal of consent, enroll and link patients to:
 - Medical care within 2 months of program enrollment
 - Health Home Care Management
 - Treatment Adherence Services
- Utilize technology (i.e., Healthix demographic information and alerts) to supplement traditional "feet on the ground" outreach methods
- Document patient re-engagement with medical provider within 2 months of enrollment; enroll in Health Home care management

2018 NYC HIV Care Cascade





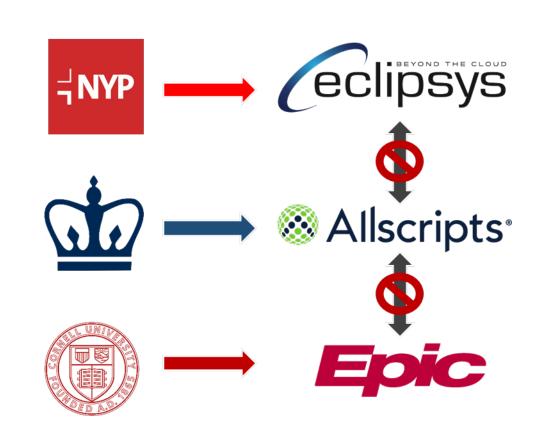
PLWH=People living with HIV; ART=antiretroviral therapy.

For definitions of the stages of the continuum of care, see Technical Notes on Page 16.

Data 2 Care: Some Institutional Barriers and Solutions



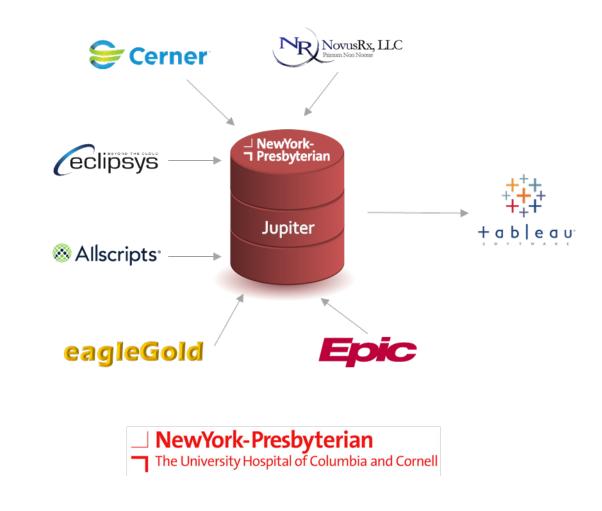
- Challenges
 - Large complex institution with a multitude of competing priorities
 - Just beginning its journey towards becoming an 'integrated care delivery system'
 - Complex staff governance
 - NYP, Columbia, Cornell
 - Three different EMRs
 - Eclipsys, EPIC, Allscripts



Utilizing Flexible IT Software for Data Aggregation and Visualization



- Most healthcare systems utilize multiple electronic information systems
 - NYP: Sorian, EAGLE, Epic, AllScripts, Eclipsys
- Underlying IT networks (often) use standard languages and coding
 - HL₇, ADT, NDC, CCD
- Data warehouses/Data Marts offer advantages to EMR data extracts
- 'Off the shelf' tools, like Tableau, are ideally suited for developing dashboards that are agnostic to EMRs



How do you drive organizational change around HCV / HIV Testing and LTC?



- Meet with stakeholders, subject matter experts, and leadership to explore barriers, potential facilitating factors, and possible solutions
 - Sexual Health Survey
 - ED Champion (Focus Y2 addition)
 - NYS HIV and HCV ETE Initiatives
- Fully leverage IT tools
 - EMR 'smart' order sets
 - Dashboard development (benchmarking and measurement tools, workflow management, corralling complexity)
 - Individual Provider Reports
 - Harness Health Information Exchange (HIE) advancements

Using Tableau Dashboards

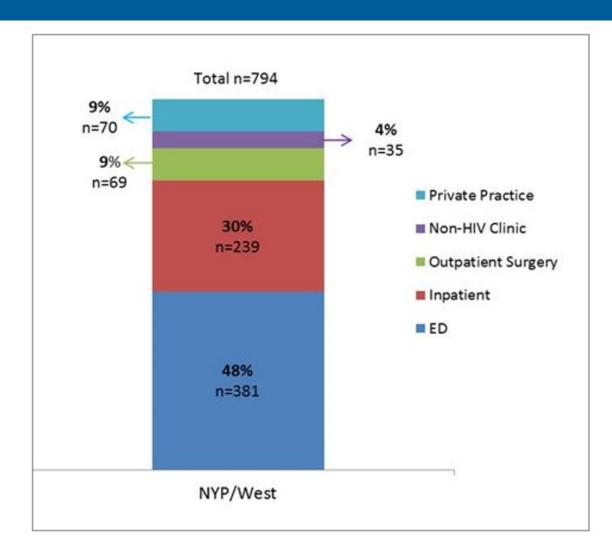


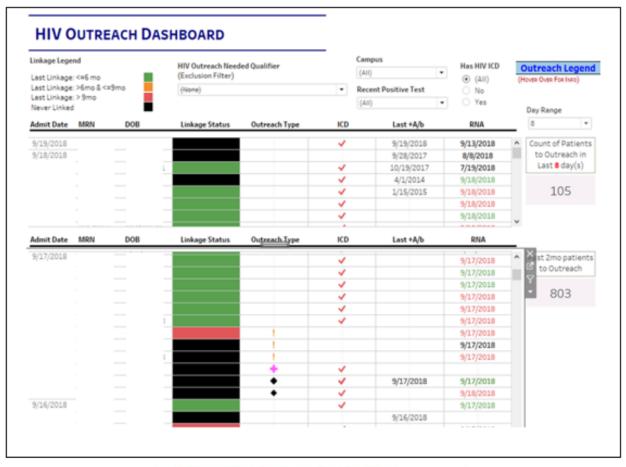
Using Tableau Dashboards to Facilitate Institutional and Multi-Institutional HIV Linkage to Care

- New Diagnoses
- Identifying individuals LTFU across care sites

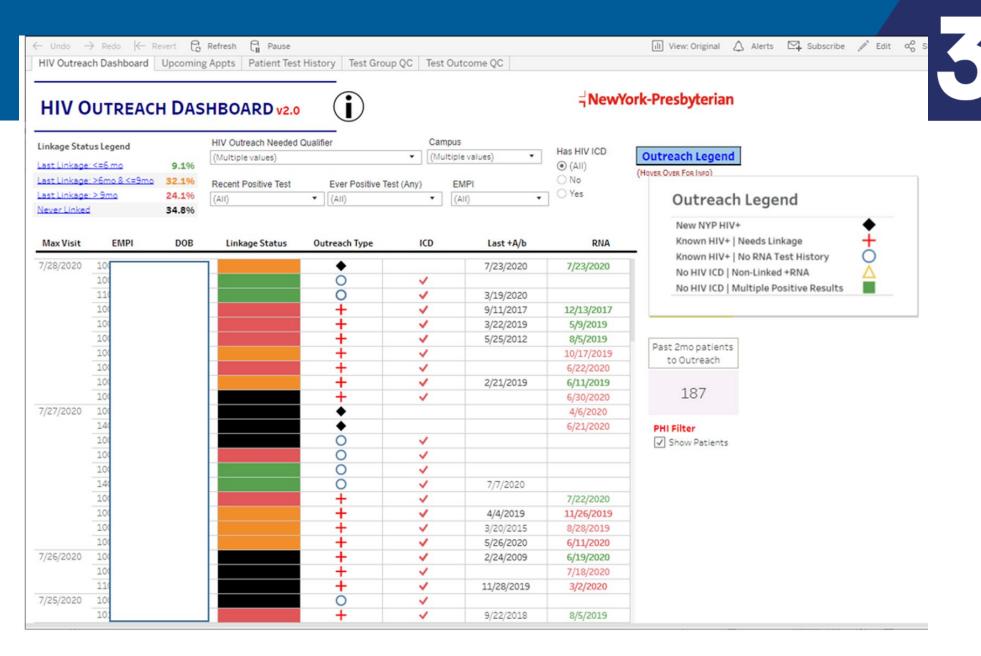
Multi-Institutional HIV Outreach Dashboard



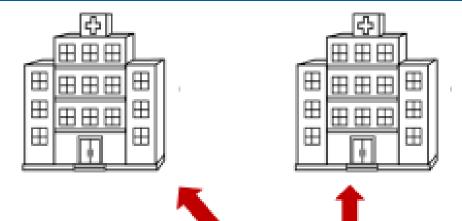




NewYork-Presbyterian
The University Hospital of Columbia and Cornell



VIRTUAL



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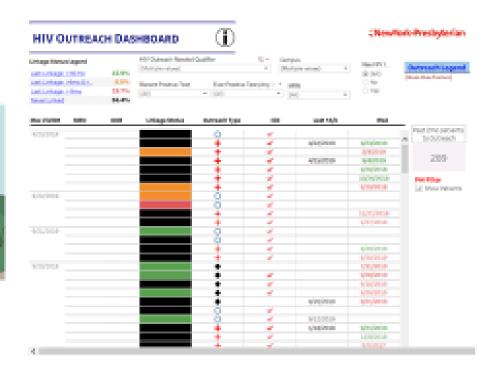
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Multi-Institutional Outreach Dashboards

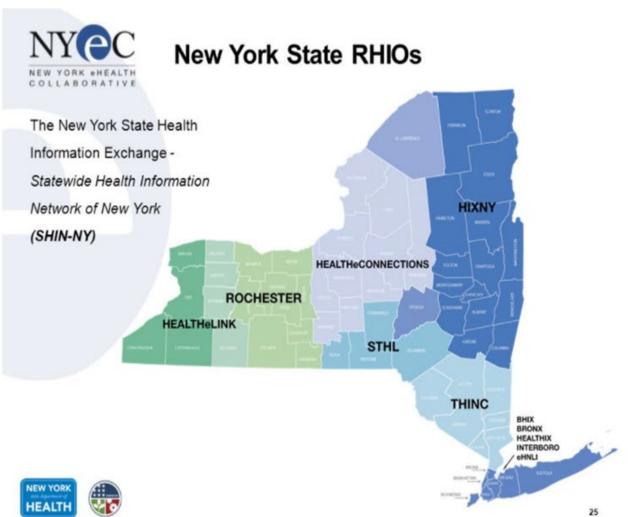


Dashboard Pilot



Using HIE's for Linkage to Care

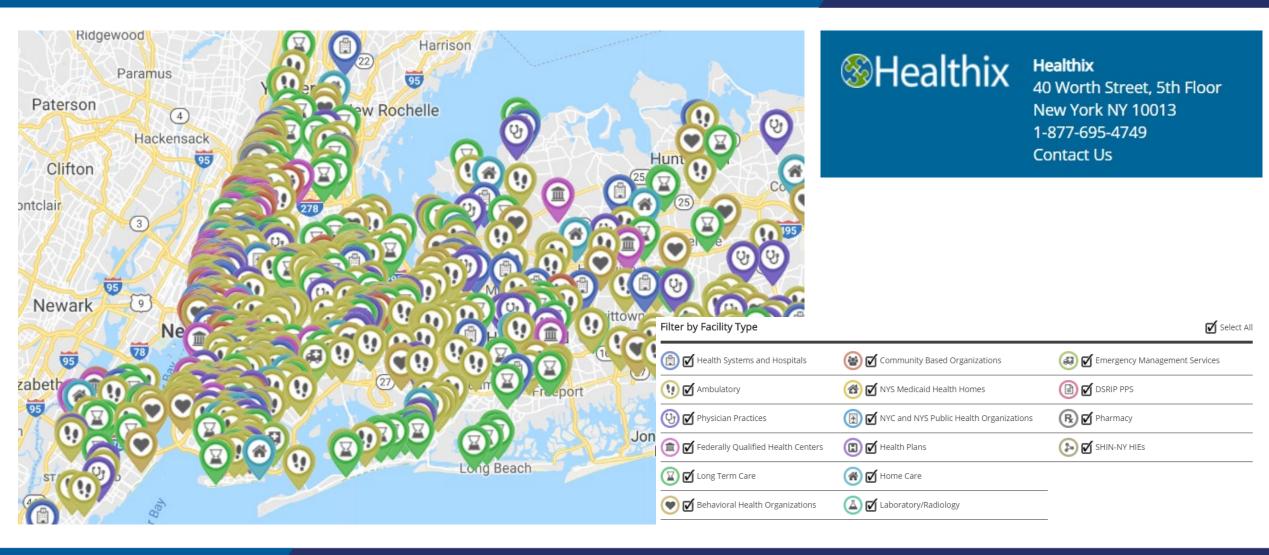




- Identify unique patients that may move over a broad geographic area
- Between multiple institutions
- Amongst multiple providers

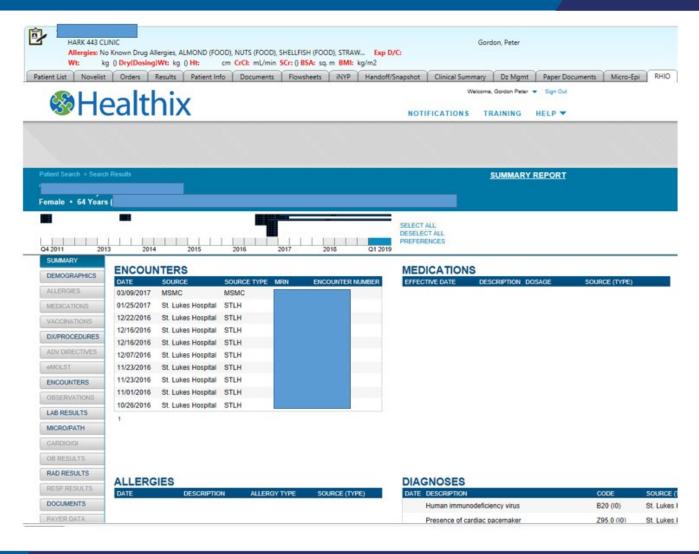
Healthix





Healthix Clinical Portal Integrated into an Institutional EMR





Two Examples of How Healthix / HIEs Can Drive LTC Efforts



Institutional

- Healthix Clinical Portal as a source of unique information
 - Working telephone numbers
 - Updated addresses
 - Clinical information (labs, providers, current and past hospitalizations)

Regional

- Healthix Clinical Alert Notifications
 - Real-time alerts generated when an individual 'touches' anywhere in the Healthix network of participating institutions
 - NYPH-Alliance-HASA-Healthix Demonstration Pilot

Healthix Clinical Portal as a Source of Unique Information



Sometime later....

- Healthix consent
- HIV or HCV test



Initial HIV or HCV test positive, confirmatory test positive





- HIV/HCV navigator attempts to contact patient but inaccurate contact information
- 2. Navigator logs onto Healthix:
 - Checks contact information
 - Checks care engagement site or current hospitalization/SNF

Outreach and linkage to care

Healthix Clinical Alert Notifications

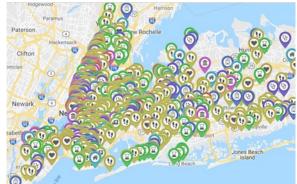


How it works...



LTFU Subscription File





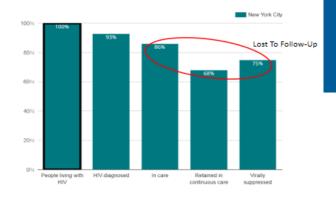
Primary Event Notification

- Registration event
 - ED visit
 - HASA
- Lab value

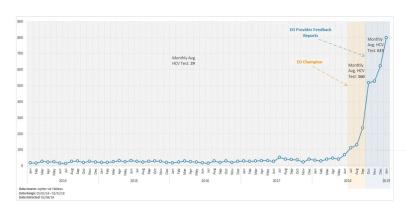


EMR (SHM), Care Coordination Dashboard, Outreach Team

2017 NYC HIV Care Cascade

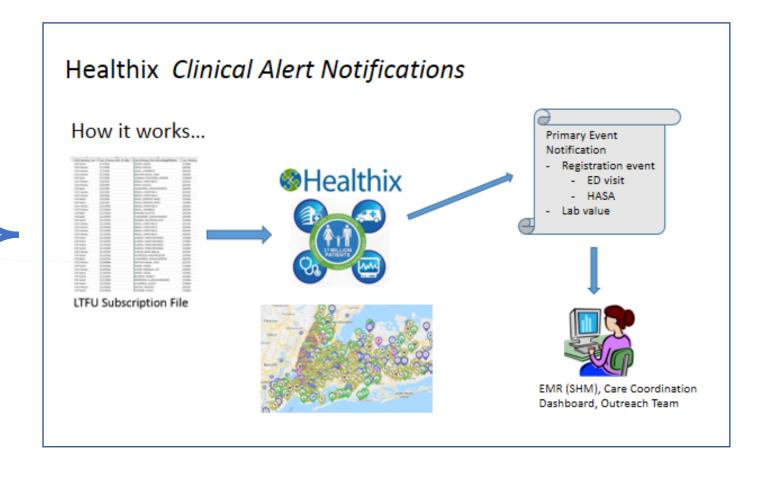


NYP/Columbia ED HCV Testing 2014 -2019









NYPH-Alliance-HASA-Healthix Bottom-Up Pilot Project



- Collaboration involving:
 - Alliance for Positive Change
 - NYP/Columbia
 - Housing Works
 - CUNY Center for Implementation Science
 - Healthix
 - HASA
- Supported by NYC City Council and DOHMH/PHS

- Build interface between HASA and Healthix →
 Registration and demographic data flows into
 RHIO
- Obtain client/patient consent while at HASA
- Generate real-time LTFU and clinical alerts
- Field a Rapid Response Care Coordination team to respond to alerts
- Engage LTFU patients in real-time, attempt to re-engage in care, enroll in Health Home program
- Carefully evaluate



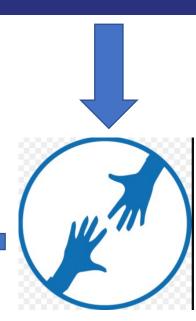




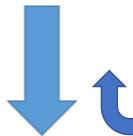




The Alliance for Positive Change





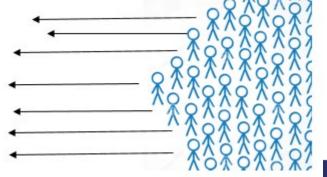












Data Points Provided by NYPH

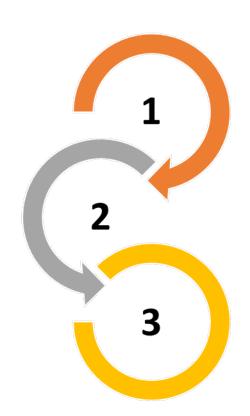


NYPH generates a monthly list of people living with HIV (PLWH) who have received been lost-to-follow-up (LTFU), defined as having no visits in the prior 9+ months.

Contact Information	Demographics	Patient ID #'s	Medical Contact	Viral Load Information
Name	Date of Birth	Medical Record Number	HIV/Primary Care Provider	Last Viral Load Date
Address		Insurance Identification Number	Last Visit Date	Last Viral Load Result
Cell/Home Phone Number				

Alliance Data Utilization Strategy





Alliance utilizes numerous data sources to locate hard to reach clients:

1. Medicaid Portals—Healthix & MAPP

- Updated address and phone number
- Insurance Eligibility
- Last billing date and/or site

2. Google Maps

 Cluster addresses by zip codes to maximize outreach efficiency

3. Criminal Justice Databases



Role of Alliance Peer Navigators



- Shared Lived Experience
 - Culturally
 - Linguistically
 - Socially
 - Economically
- Reduce Barriers to Care
- Foster Trust
- Promote Long-term Engagement
- Guide Patients Toward Health and Stability



Photo: David Nager/Alliance

Role of Alliance Peer Navigators



Linkage to Care:

- Peer coaching and motivational interviewing
- Reminder calls and accompaniment to clinic and specialty appointments
- Conduct home visits and community field work
- Complete environmental assessment
- Address social determinants of health
- Enroll in HH care management and provide "warm hand-off"



Photo: David Nager/Alliance

Role of Alliance Peer Navigators



Outreach:

- Utilize the demographic and contact information contained in the file to attempt to contact the client telephonically and via field-based outreach
- Utilize Healthix portal to obtain new demographic information
- Respond to Healthix alerts
- Educate patients on different Alliance programs and supportive services

Engagement:

- Consent patients to Alliance, NYP, Health Homes and Healthix
- Initiate the linkage to medical care process by identifying preferred medical site and scheduling an appointment.
- Accompany patient to first medical appointment, as needed

Alignment:

Documentation of minimum one medical appointment within two months of program enrollment



Photo: David Nager/Alliance

Successful Engagement Techniques



- <u>Mapping</u>: Utilize Google Maps to organize outreach activities by neighborhood-- helps to increase the number of home visits in one day. This strategy enables Peers to make up to 15 home visit attempts in one day.
- <u>Matching</u>: Try to match the Peer to the demographic characteristics/life experience of the client (e.g., pair women with female Peer Navigator)
- <u>Motivational Interviewing</u>: Meet the client where they are, to create trust and engagement in medical and social support services, with Peer as health coach
- <u>Personal Experiences</u>: Shared lived experiences of Peer Navigators help the client to open-up
- <u>Whole Person</u>: Focus is broader than HIV diagnosis. Clients feel more comfortable when you speak about their life in general, and offer help to overcome barriers
- Confidentiality: Speak in code when you are around family members/roommates, or public spaces
- <u>Incentives</u>: Help to open the conversation and build trust

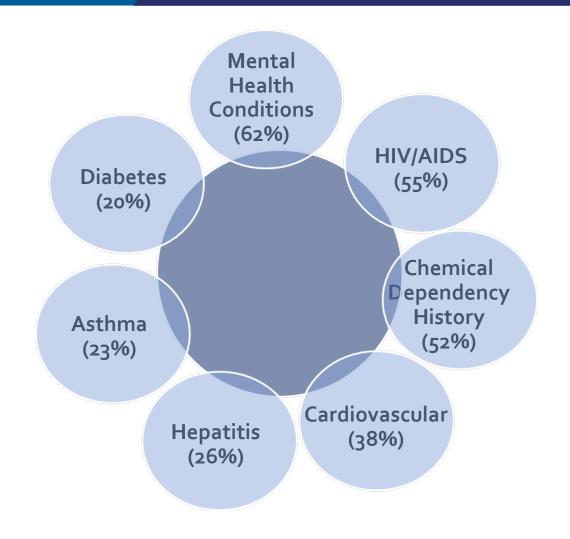
NYPH/Alliance Patient Demographics



Most NYPH/Alliance patients have multiple chronic illnesses.

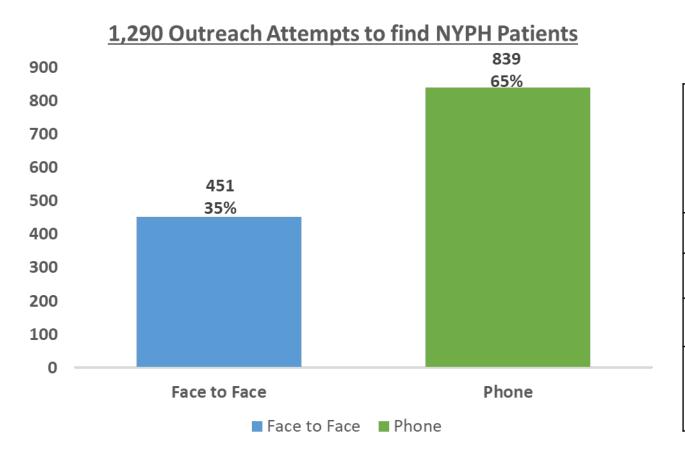
We address Social Determinants of Health to enhance access to needed care and support:

- Housing: unsafe, unstable, threats of eviction, rent arrears, needed repairs
- Mental Health / Substance Use: depression, anxiety, addiction
- Food Insecurity
- Entitlements: undocumented, Medicaid reactivation, spend-downs



Peer Navigation: Outreach to Found





SUCCESSFULLY LOCATED 113 OUT OF 337

#	#	#	%
NYPH OUTREACH	OUTREACH	NYPH	NYPH
Located	Activities	Patients	Patients
N= 113		FOUND	FOUND
Face to Face	451 (35%)	92	81%
Dhana	9 (6-04)		04
Phone	839 (65%)	21	19%
Total Outreach	1,290	113	100%

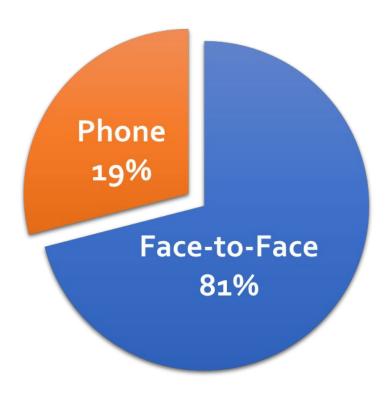
Average # Outreach Attempts Per Patient = 11.4

Peer Navigation: Outreach to Found



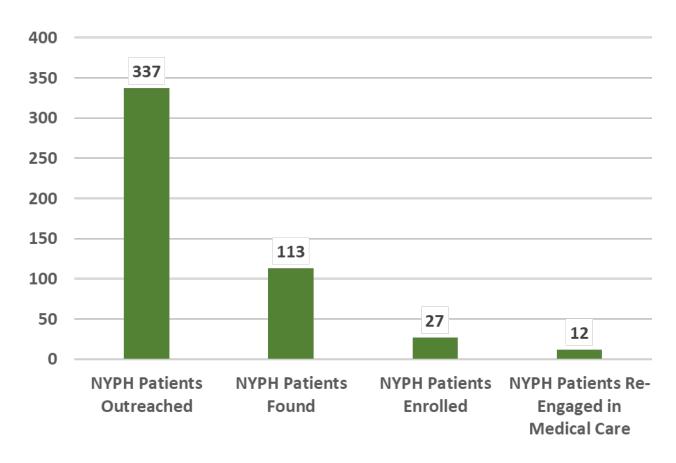
Alliance conducted 1,290 outreach activities over a 6-month period to find 113 out of 337 NYPH HIV-positive patients who were chronically lost-to-care (> 9 mos.)

81% of NYPH patients (92 out of 113) were found through face-to-face outreach encounters



Peer Navigation: Linkage to Care IMPACTS





In 6 months, Alliance conducted outreach and Linkage to Care services for 337 NYPH patients who were lost-to-follow-up (out of care for > 9 months)

- Of the 337 *OUTREACHED* members, **34%** (**113**) of members were *FOUND*
- Of the 113 FOUND members, 24% (27) of members were ENROLLED in Alliance's LTC program
- Of the 27 *FOUND* members, **44% (12)** of members were *RE-ENGAGED* in medical care

Peer Navigation: Linkage to Care IMPACTS



ln 2019-20:

- Alliance successfully located FOUND 34% of NYPH
 patients living with HIV who were lost to follow-up (113
 out of 337 NYPH patients)
- 24% of FOUND patients were enrolled in linkage to care services (27 out of 113 NYPH patients)
- 81% of PLWHA patients were successfully located through face-to-face engagements
- Successful engagement took an average of 11.4 attempts per patient
- <u>Staff Pattern</u>: One Program Coordinator, Two Peer Navigators, plus Supervisor @ Alliance and NYPH



Photo: David Nager/Alliance

Peer Navigation: Linkage to Care IMPACTS





- <u>Individual Impact</u>: Alliance Peers consistently attest to the program's impact in enabling them to strengthen their recovery efforts, increase their commitment to HIV risk reduction, improve their access to services, and rebuild their self-esteem. These factors directly support the Peers' ability and motivation to maintain healthy behavioral changes over time.
- <u>Community Impact</u>: Peers act as role models for positive behavioral change and have an overwhelmingly positive impact on the communities they serve. Peer navigation and peer support services help increase health care utilization, connection to recovery and supportive services, reduced hospitalizations, reduced emergency room utilization, and improved health outcomes, such as viral load suppression and reduced rates of new HIV infections.

Collaboration in Action





- Partnership weekly planning calls to develop the evaluation and refine program protocols, attended by stake holders from each program
- Cooperation around data points and reporting metrics
- Teamwork in ensuring all data teams are trained to properly document and utilize each data system

THANKYOU!



www.nyp.org

- NewYork-Presbyterian
 The University Hospital of Columbia and Cornell

Healthix www.healthix.org

www.alliance.nyc