

# Creating Equity Using Quality Improvement to Make a Measurable Difference: Interventions from the create+equity Collaborative

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20  
22

NATIONAL  
**RYAN WHITE**  
CONFERENCE  
ON HIV CARE & TREATMENT

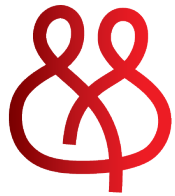
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Clemens Steinbock, Lisa Reid, and Michelle Pendill have no relevant financial interests to disclose.

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HRSA Ryan White HIV/AIDS Program

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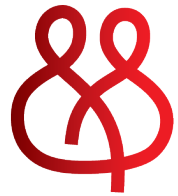
## Center for Quality Improvement & Innovation (CQII)

- Funded by the HRSA HIV/AIDS Bureau [#U28HA37644]
- Timeframe: July 1, 2020 to June 30, 2024 (4 years)
- New York State Department of Health AIDS Institute  
Center for Program Development, Implementation, Research and Evaluation (CPDIRE)

*“Together, we continue to improve the lives of people with HIV across the United States. CQII provides state-of-the-art technical assistance and training to Ryan White-funded recipients and subrecipients that measurably strengthen local clinical quality management programs and improve patient care, health outcomes, and patient satisfaction.”*

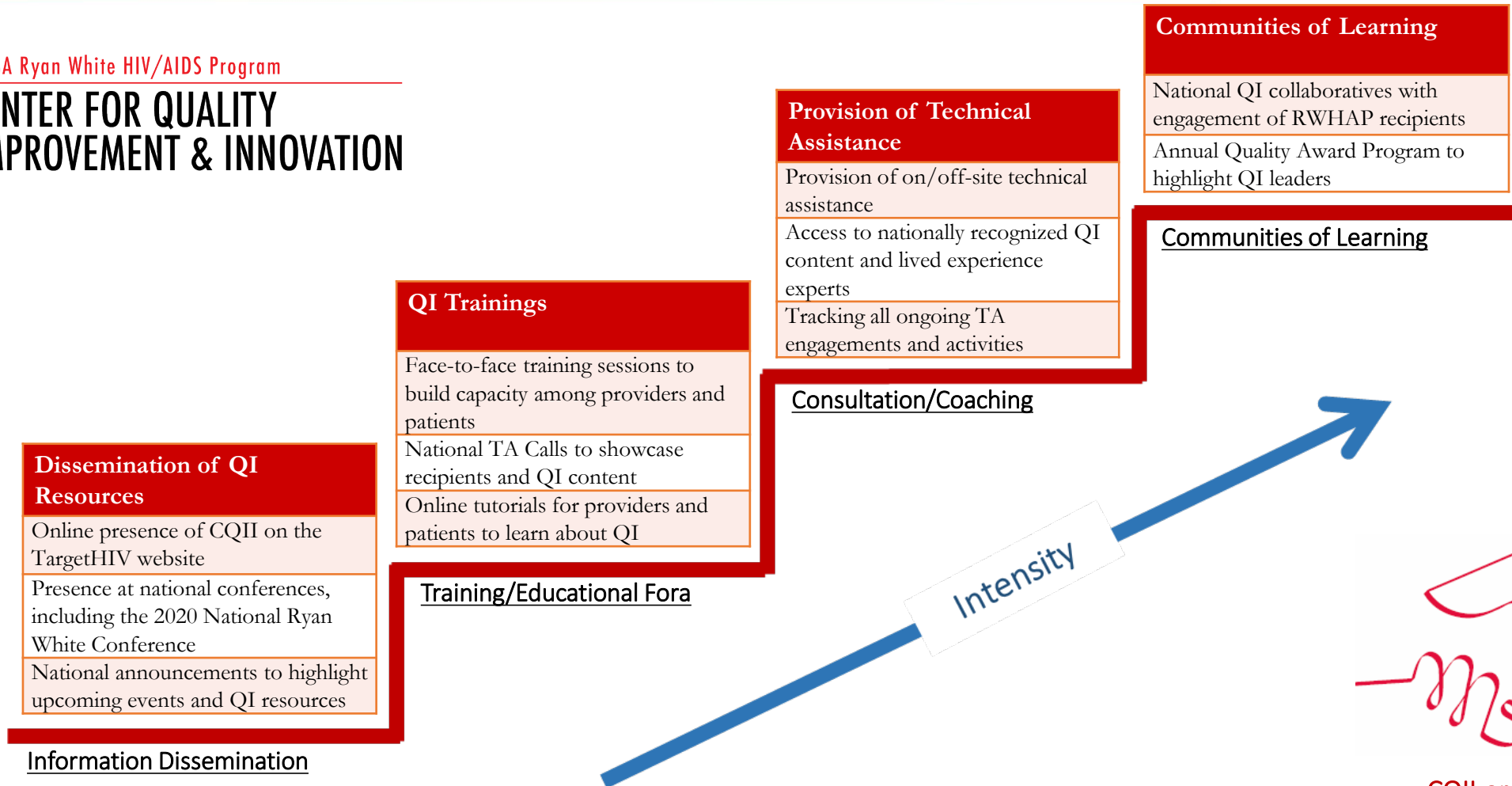


# Technical Assistance Levels



HRSA Ryan White HIV/AIDS Program

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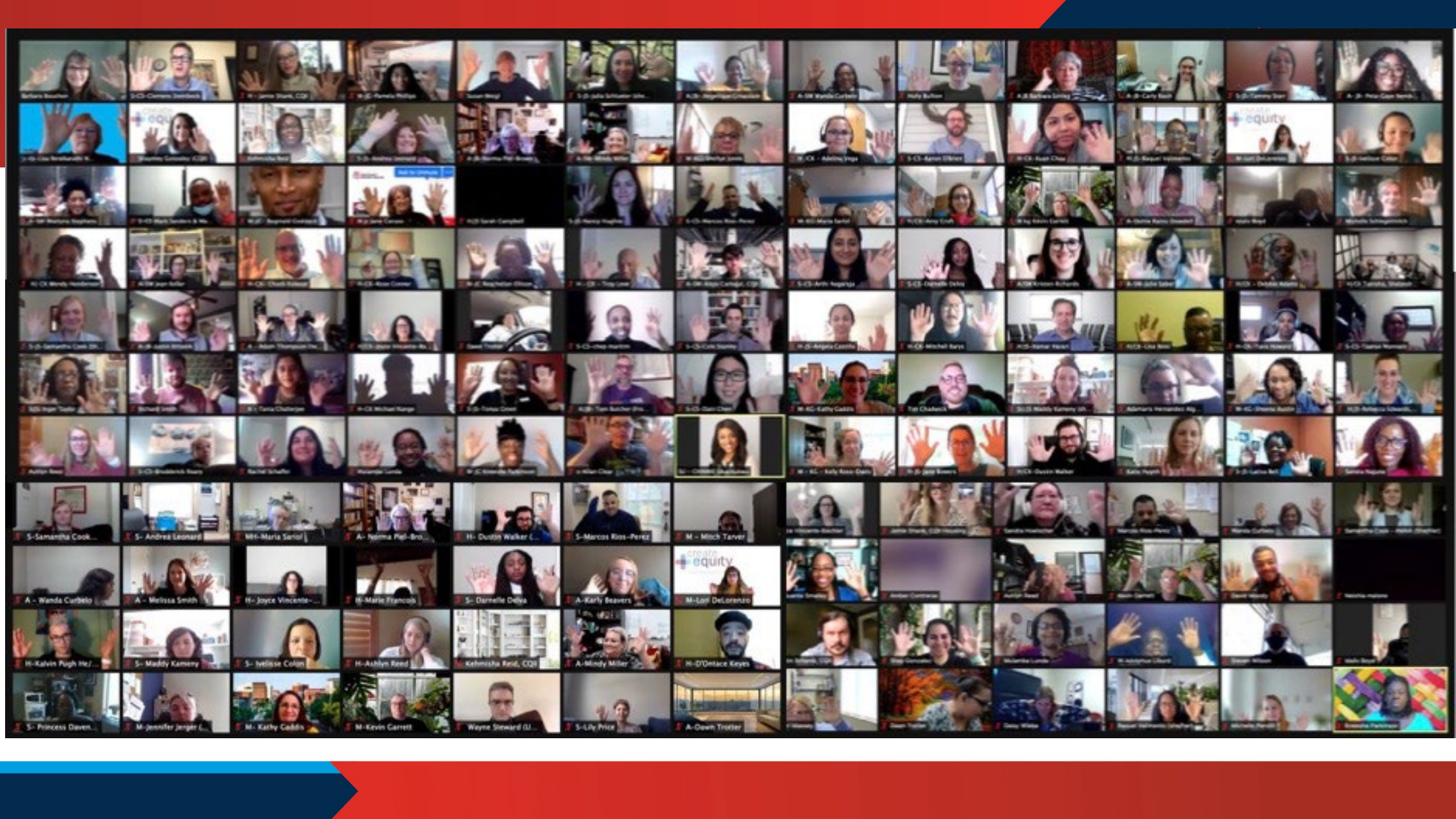


# Learning Objectives

At the conclusion of this activity, participants will be able to:

1. Describe quality improvement interventions conducted by Ryan White HIV/AIDS Program recipients/subrecipients to work toward ending disparities in HIV care
2. Identify evidenced-informed interventions that assist busy HIV providers to mitigate HIV disparities
3. Exchange ideas with other recipients/subrecipients on how to engage other stakeholders in local jurisdictions to create equity in HIV care







# Dream Team!

- CQII Staff: Jim Tesoriero, Clemens Steinbock Chuck Kolesar, Jennifer Lee, Andrea Mayer, Kehmisha Reid, Kevin Garrett, Thomas O'Grady, Stephen Weinberg, Aria Chitturi, Michelle Pendill, Zainab Khan, Alejo Carbajal, Gabriel Pietrzak, Shaymey Gonzalez, Maanasa Mendu, Ilana Miller, Marina Tian, Alyssa Juntilla
- QI Coaches and Affinity Faculty: Adam Thompson, Allan Clear, Barbara Boushon, Chinnie Ukachukwu, D'Ontace Keyes, David Moody, Dawn Trotter, Dottie Dowdell, Alex Keuroghlian, Brian Wood, Cole Stanely, Kathleen Canon, Jamie Shank, Jane Caruso, Julia Schlueter, Justin Britanik, Jeremy Hyvarinen, Kneeshe Parkinson, Lori DeLorenzo, Mulamba Lunda, Nanette Brey Magnani, Rose Conner, Tania Chatterjee, Susan Weigl
- HRSA Staff: Laura Cheever, Antigone Dempsey, Tracy Matthews, Marlene Matosky, Chris Redwood

# What Is the Collaborative All About?



“My hope for the affinity group is learn from one another best practices to support providers improve systems for clients to achieve viral load suppression”

Learn Best Practices from My Peers

“I hope to increase the VS rate of Texas through developing a few sustainable interventions that can be adopted throughout the state to help us toward our overall goal of ending the HIV epidemic”

Utilize Evidence-Informed Interventions

“We hope to make a positive and lasting difference in our client population”

Impacting My HIV Community

“My hope is to make lasting connections with other partners across the country”

Collaborate and Foster Connections

# Mission of the create+equity Collaborative

“To promote the application of quality improvement interventions to measurably increase viral suppression rates for people with HIV experiencing the impact of social determinants of health related to housing instabilities, substance use, mental health, and age across Ryan White HIV/AIDS Program-funded recipients and subrecipients.”

# Collaborative Resources





# create+equity Resources 1

Introducing the create+equity Collaborative

Watch later Share

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Collaborative Videos

Tools for HRSA's Ryan White HIV/AIDS Program

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## create+equity Collaborative

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create+equity collaborative

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About the Collaborative  
Collaborative Resources  
QI Interventions  
Driver Diagrams

Learning Lab

Publications  
Quality Academy  
Quality Awards  
Quality Improvement Webinars  
Advanced Trainings  
Technical Assistance Request Form  
end+disparities ECHO Collaborative  
Subscribe to the CQII E-Newsletter

Housing Substance Use Mental Health Age

The 18-month collaborative aims to improve health outcomes and advance local quality improvement capacities. This initiative is managed by the HRSA Ryan White HIV/AIDS

Collaborative Website





# create+equity Resources 2

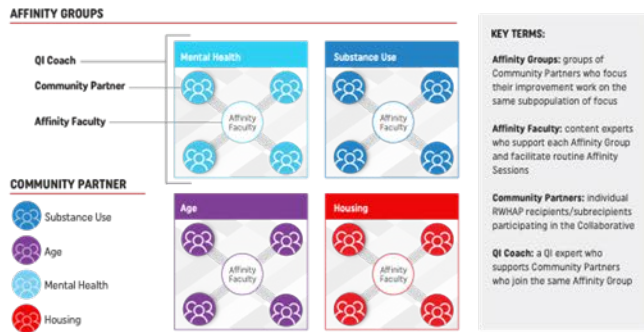


## create+equity Collaborative



The **create+equity Collaborative** is a national quality improvement initiative to mitigate barriers associated with the social determinants of health that are experienced by people with HIV. Our focus is on improving the viral suppression of patients experiencing unstable housing, substance use, mental health issues, and barriers associated with their age. The 18-month collaborative aims to improve health outcomes and advance local quality improvement capacities. The create+equity Collaborative is managed by the HRSA Ryan White HIV/AIDS Program Center for Quality Improvement & Innovation (CQII) and is supported by the HRSA HIV/AIDS Bureau.

Topic	EXPECTATIONS OF PARTICIPANTS:	BENEFITS TO PARTICIPANTS:
Housing	<ul style="list-style-type: none"> <li>Select one subpopulation-specific Affinity Group</li> <li>Implement a QI project to mitigate social determinants of health</li> <li>Submit Affinity Group-specific measures every other month</li> <li>Select, implement, and report on intervention activities every quarter</li> <li>Join the virtual Affinity Sessions (2x per month, 60 min each)</li> <li>Participate in four Learning Sessions</li> </ul>	<ul style="list-style-type: none"> <li>Improve viral suppression rates</li> <li>Align with HIV/AIDS Bureau clinical quality management expectations</li> <li>Access to nationally recognized content experts</li> <li>Routine access to benchmarking data on key social determinants of health barriers</li> <li>Access to evidence-informed interventions that address social determinants of health</li> <li>Strengthen partnerships with other HIV providers locally and across the country</li> <li>Increase quality improvement capacity of HIV providers and consumers</li> </ul>
Mental Health		
Substance Use		
Age		



Application	Pre-Work	Learning Session 1	Affinity Sessions	Data Submissions	Learning Session 2	Affinity Sessions	Data Submissions	Learning Session 3	Affinity Sessions	Data Submissions	Learning Session 4
NOV 2020	JAN 2021	FEB 2021	MAR-JUN	MAR-JUN	JUL 2021	AUG-DEC	AUG-DEC	DEC 2021	JAN-APR	JAN-APR	MAY 2022

Collaborative Flyer

## Toolkit for the create+equity Collaborative

Your Guide for Participation in the National Quality Improvement Collaborative to Mitigate Social Determinants of Health in HIV Care

New York State Department of Health AIDS Institute  
Health Resources and Services Administration HIV/AIDS Bureau

HRSA Ryan White HIV/AIDS Program  
CENTER FOR QUALITY IMPROVEMENT & INNOVATION

WWW.CQII.ORG

Collaborative Toolkit

## Literature Review on Social Determinants of Health to Implement a National Quality Improvement Initiative: create+equity Collaborative

**Introduction and Background**

Since the emergence of HIV/AIDS in the early 1980s, the global community has witnessed momentous innovations that have significantly changed the landscape of HIV care.<sup>1</sup> In particular, advancements in antiretroviral therapy (ART) over the last twenty years have transformed HIV/AIDS from a rapidly progressing ailment to what most consider a chronic disease,<sup>2</sup> offering a significantly increased life expectancy for people with HIV (PWH).<sup>3</sup> ART and medication adherence can lead to a significant reduction in viral load in the body, with the ultimate goal of reaching undetectable levels (viral suppression).<sup>4</sup> ART and viral suppression also play critical roles in the prevention of HIV transmissions. Recent studies demonstrate that persons achieving an undetectable viral load are unable to transmit HIV sexually, or treatment as prevention (HIV undetectable means untransmittable [U=U]).<sup>5,6</sup> Despite the clinical success of ART in viral suppression, reductions in HIV-related morbidity and mortality disproportionately impact specific subpopulations of PWH as a result of unequal access to care and variations in the quality of care provided.<sup>7</sup>

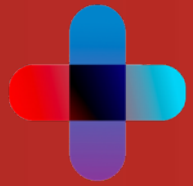
In alignment with national public health priorities and Ending the HIV Epidemic goals nationally, the Center for Quality Improvement & Innovation (CQII) in close collaboration with the Health Resources and Services Administration (HRSA) HIV/AIDS Bureau proposes to address social determinants of health as the key focus of its next national quality improvement collaborative, called create+equity Collaborative. Building upon the impact of its end+disparities ECHO Collaborative, in+care Campaign, and HIV Cross-Part Care Continuum Collaborative (H4C), CQII works toward reducing HIV-related disparities in key communities to ensure that all PWH are virally suppressed and achieve optimal health outcomes.

A new 18-month quality improvement learning collaborative will kick-off in January 2021 and focuses on reducing disparities in HIV care by addressing social determinants of health. The aim of this national initiative, managed by CQII, is to increase viral suppression rates in four subpopulations of PWH experiencing challenges with: housing instabilities, mental health, substance use, and age. The collaborative engages Ryan White HIV/AIDS Program (RWHP)-

<sup>1</sup> U.S. Department of Health & Human Services. HIV.gov: Overview—a timeline of HIV/AIDS. Updated 2016. Available from <https://www.hiv.gov/hiv-basics/overview/history/hiv-and-aids-timeline>.  
<sup>2</sup> Ollalu G, Knebel JL, Carmona A, Guevar A, Lopez-Colome JL, and Ceyla JA. Impact of adherence and highly active antiretroviral therapy on survival in HIV-infected patients. *J Acquir Immune Defic Syndr*. 2002;30(1):105-110.  
<sup>3</sup> Wandeler G, Johnson LF, Egger M. Trends in life expectancy of HIV-positive adults on ART across the globe: comparisons with general population. *Current Opinion in HIV and AIDS* 2016; 11(5): 492-500.  
<sup>4</sup> Song MS, Hladik M, Karimzadeh D, R. & O'Brien, W.A. & Coombs, R. & Fischer, M.E. & Jacobsen, Dana & Shaw, G.M. & Richman, D.D. & Volberding, P.A. (1996). HIV viral load markers in clinical practice. *Nature medicine*. 2: 625-9. 10.1038/96066-625.  
<sup>5</sup> Alison J Rodger, Valentina Cambiano, Tina Braun, et al. Risk of HIV transmission through condomless sex in serodifferent gay couples with the HIV-positive partner taking suppressive antiretroviral therapy (PARTNER): final results of a multicentre, prospective, observational study. *Lancet* 2019; 393: 2428-38.  
<sup>6</sup> Eisinger RW, Dittiebach CW, Fauci AS. HIV viral load and transmissibility of HIV infection: undetectable equals untransmittable. *JAMA* 2019 Feb 5; 321(5): 451-452. doi: 10.1001/jama.2018.21167.  
<sup>7</sup> Wong MD, Cunningham WE, Shapiro MF, Anderson RM, Charly PD, Dunn N, et al.; HCSUS Consortium. Disparities in HIV treatment and physician attitudes about delaying protease inhibitors for nonadherent patients. *J Gen Intern Medicine*. 2004;19(4):366-374.

CQII Literature Review on Social Determinants of Health - January 11, 2021 Page 1

Literature Review



# create+equity Resources 3

What is Equity and Social Determinants of Health?



Building Trust and Respect between Patients-Providers



Impact of Racial Inequities



The Impact of the Collaborative



Collaborative Videos:  
<https://targethiv.org/cqii/about-cec>



# create+equity Resources 4

## Benchmark Reports

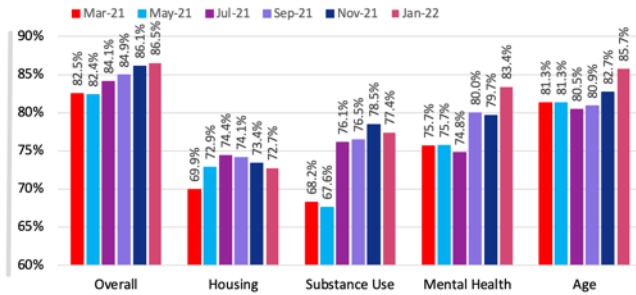


### January 2022 Benchmark Report (updated 3/25/2022)

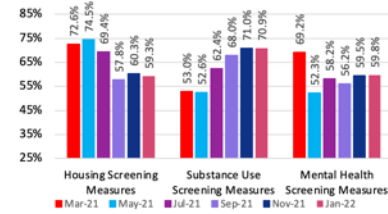
#### Overview

Sites Reporting: 39  
Active Sites: 61  
# of Patients: 57,938  
Data Cycle: Dec 1, 2020 – Nov 28, 2021  
Average Viral Suppression Rate: 86.5%

#### Viral Suppression Rates by Affinity Group



#### Screening Measures by Affinity Group



#### January 2022 Raw Data

Type of Viral Suppression (VS) Measure	# of HIV pts, who are virally suppressed (<200 copies/ml)	Total # of HIV pts, with at least one medical visit	Average Viral Suppression Rate
Age	6650	8275	85.7%
Mental Health	3931	4349	83.4%
Substance Use	977	1294	77.4%
Housing	918	1140	72.7%

#### Key Findings:

- 39 Community Partners submitted data compared to 66 Community Partners in March 2021.
- The Age Affinity Group has the highest rate of viral suppression at **85.7%**.
- The rate of viral suppression had the largest increase in the Substance Use Affinity Group with an **9.2%** increase (Mental Health 7.7%, Age 4.4%, Housing 2.8%) compared to the March 2021 viral suppression rate.
- The rate of viral suppression screening for substance use increased by **17.9%** while the screening for Mental Health decreased by 9.4% and screening for Housing respectively since March 2021.



## Create+equity Database

create+equity Collaborative Home Contact Us

Register Log in



### Welcome to the create+equity Collaborative ECHO database

This online database allows create+equity Collaborative participants HIV providers to submit and benchmark performance data based on predetermined indicators and to report on interventions to address social determinants of health.

[Create a New User Profile](#)

[Log in](#)

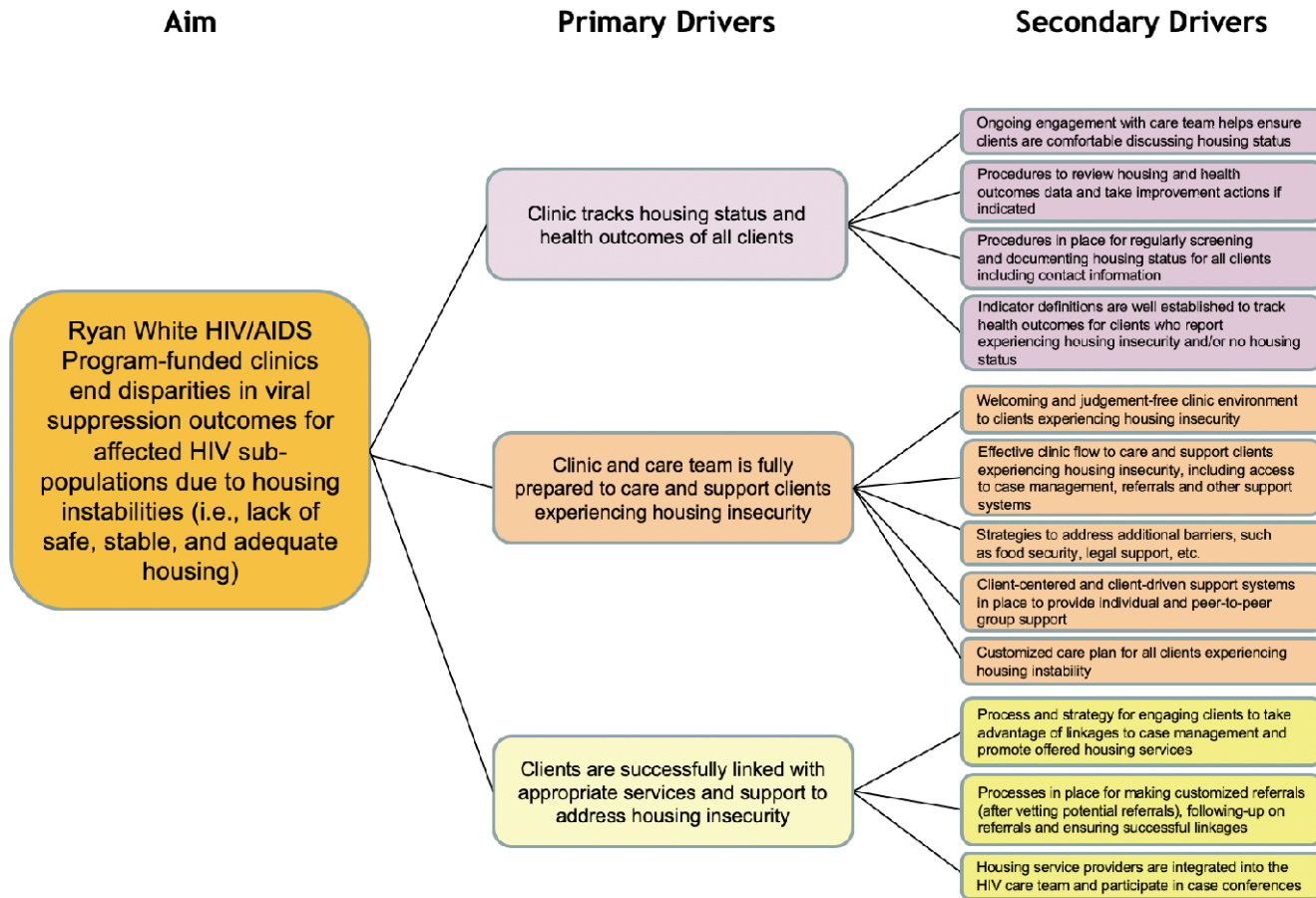
For questions and/or technical issues please choose Contact Us from the menu.





# Driver Diagrams

## Driver Diagrams



## Change Packets for Each Affinity Group

<b>Dimension: Housing</b>	<b>Patient Navigator Model (SPNS Project)</b>
This Intervention Links to the Following Secondary Drivers: <ul style="list-style-type: none"> <li>Effective clinic flow to care and support clients experiencing housing insecurity, including access to case management, referrals and other support systems</li> <li>Strategies to address additional barriers, such as food security, legal support, etc.</li> </ul>	
Level of Evidence: Well-Defined Interventions with an evidence-base	

### Summary:

This model, tested and evaluated as part of a Special Projects for National Significance (SPNS) project, is a time-limited (generally 12 months) service delivery process that helps people with HIV (PWH) to obtain timely HIV-related care to optimize their health.

The target populations are:

1. Newly diagnosed PWH
2. PWH who have fallen out of care for six months or longer
3. PWH who have never received care
4. PWH who are at risk of being lost-to-care

It may be particularly useful to patients experiencing homelessness and who require more intensive supports.

### Core Components

The model includes 5 Steps:

1. **Client Referred to Patient Navigation Services** - After a positive test result, the client is referred to VD's Patient Navigation intervention via a Disease Intervention Specialist (DIS) or to another community partner. During this step, the client completes a Coordination of Care and Services Agreement (CCSA), which provides his or her consent to receive Patient Navigation services and share information with designated providers.
2. **Client Intake** - The Patient Navigator conducts an assessment of the client's barriers to accessing and staying in care. The assessment is not limited to one interaction; a full assessment may take weeks or even months. During this step, the Patient Navigator and client work hand-in-hand to develop a linkage-to-care plan, which addresses the client's barriers to care and strategies to address these barriers.
3. **Routine Client Encounters** - Once connected to care, the Patient Navigator and client work together on a retention plan, which outlines challenges or barriers that have been resolved and outstanding

# Interventions



# Case Conferencing

- + Case Conferencing allows a multi-disciplinary team to review patients (either select patients or all patients), understand their challenges and assets, and develop customized strategies to stay in ongoing HIV care and improve viral suppression rates.
- + Successful case conferencing strategies typically contain the following components:
  - + Regularly scheduled and standardized
  - + Development and recording of strategy and next steps that are consistently revisited and reviewed in subsequent case conferences
  - + Diversity of positions and roles within the room (case management, peers, pharmacy, etc.)
  - + 3 – 4 cases per session, not longer than an hour
  - + Aligns with existing workflow and is valued by staff

# Optimal Linkage and Referral

- + Active Referral involves successful linkage of people with HIV to primary care as well as other services and supports. This may include newly diagnosed individuals, persons previously diagnosed who have never been linked to care, or persons who have fallen out of care and are being re-linked.
- + Active Referral addresses several key areas that have been found to improve linkage and re-engagement in care, including:
  - + Removal of structural barriers
  - + Increased social support services
  - + Use of peers, client navigation, and care coordination
  - + A culturally responsive approach
  - + Appointment scheduling and follow up
  - + Timely and active referrals post-diagnosis
  - + Integrated one-stop-shop care delivery

# The Undetectables Program

- ✦ The Undetectables Program is a stepped approach to ART adherence for people with HIV who have mental health issues, substance use issues, and/or are experiencing homelessness.
- ✦ The original implementation of the Undetectables Program consisted of the following core components:
  - ✦ Stepped approach to ART adherence
  - ✦ Individual-level ART adherence planning and support
    - ✦ Case Conferencing, motivational interviewing and assistance, and behavioral health assessments and referrals
  - ✦ \$100 gift card incentive for quarterly lab result showing undetectable viral load, up to 4 per year
  - ✦ Cognitive behavioral therapy adherence support groups
  - ✦ Adherence devices such as pill-boxing and text/daily medication reminders
  - ✦ Directly observed ART therapy (DOT) – formal and informal



# Uber Health & Transportation Services

- + Lack of transportation has been consistently associated with sub-optimal ART adherence. Uber Health and similar medical transportation services can be an effective strategy for patients experiencing transportation barriers.
- + Core components:
  - + Setting up and managing medical transportation using Uber Health or similar transportation/ride sharing services
    - + Create an online account; train clinic staff on how to use the service; use a tracking sheet to document client identifiers, date of service, provider name, reason for ride, etc.; Assess level of satisfaction with transportation services
    - + Book ride on-demand for a future appointment for a patient; provide trip details to patient and confirm

# Walk-In Availability & Open Access

- ✚ Walk-in availability of and open access to Ryan White HIV/AIDS Program-funded clinics allow clients to come for services at a time that is convenient for them and be seen by appropriate providers within a reasonable period during normal business hours
- ✚ An effective walk-in availability and open access strategy would likely include the following:
  - ✚ Regular communication with patients about walk-in availability and open access options (including explicit mention during visits and in written communications)
  - ✚ Setting an aim for being able to see any/all walk-in patients within 30 minutes of arrival
  - ✚ Identifying the characteristics of walk-in patients to better meet their needs
  - ✚ Identifying “surge” times for walk-ins and designing an accompany workflow/system so that staff can call for additional support, if needed
  - ✚ Use continuous improvement methods to track progress

# And many more!

- + Collaborative Care Model
- + Cognitive Behavioral Therapy for Adherence and Depression
- + Harm Reduction Implementation
- + Patient Self-Care Plans
- + Telehealth
- + Patient Navigator Model (SPNS Project)
- + Staff Training on Motivational Interviewing Skills, Strategies and Tools
- + U=U Education Initiatives
- + Training on Continuous Improvement
- + Trauma-Informed Approaches Improving Care for People with HIV
- + Use of Peer Navigators
- + Waiting Room Milieu Manager

# Collaborative Reach 1

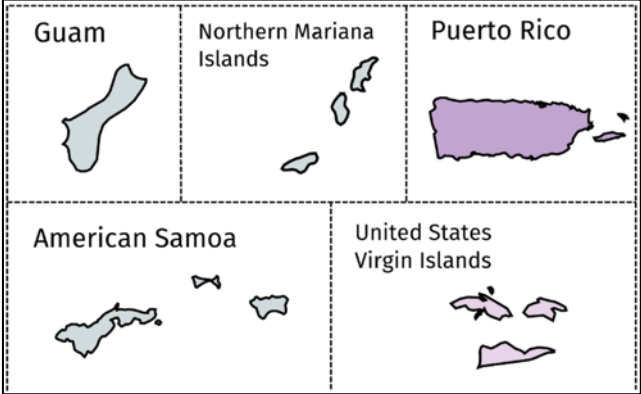
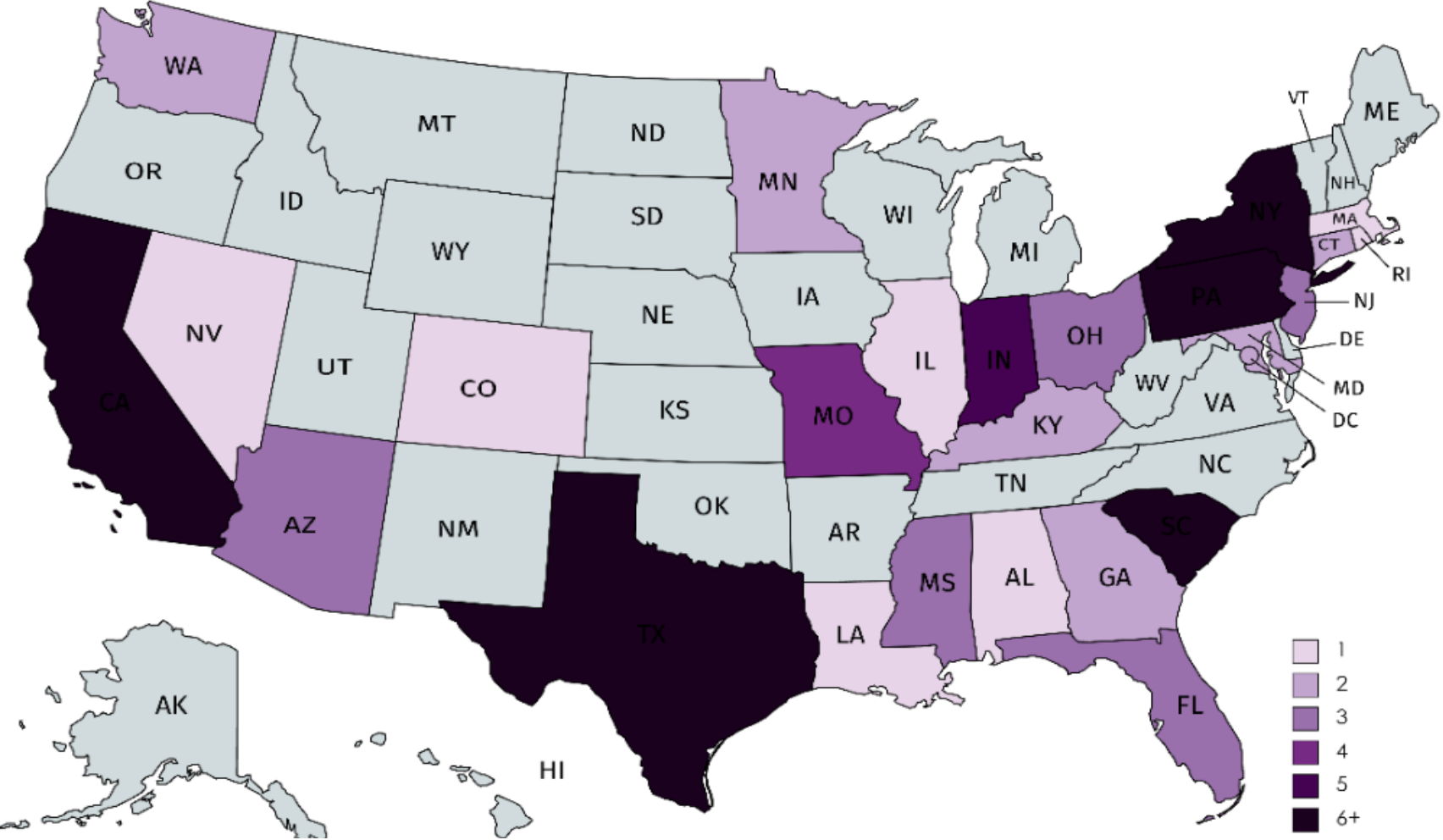


# Collaborative Reach 2

- + 83 Community Partners across 28 States & Territories, representing at least 94 individual agencies enrolled
- + 222,000 HIV patients served by all Community Partners
- + Potential impact: 49,803 HIV patients are identified by Community Partners as their targeted Affinity Group subpopulations
- + As of June 2022, 60 Community Partners are active

Affinity Group	Number of Teams
Housing	20
Mental Health	21
Substance Use	15
Age	27
Total	83

# Map of Participating Agencies



- States with 3 or more agencies:
- TX has 10
  - CA has 9
  - PA has 8
  - NY has 6
  - SC has 6
  - IN has 5
  - FL has 3
  - MO has 4
  - NJ has 3
  - OH has 3

# Collaborative Activities (Jan 2021 – Jun 2022)

Engagement Activity	Sessions	Participants
Orientation Session	1	261
Informal Affinity Sessions	4	242
Informal QI Coaching Meeting	6	120
Learning Sessions	4	720
Affinity Sessions	94	3476
QI Sessions	75	671
Data Submissions	7	407
Case Presentations	83	101

- Orientation Session – Jan 13, 2021
- Informal Affinity Sessions – Feb 2021
- Informal QI Coaching Meeting – Jan/Feb 2021
- Learning Sessions – Feb 21, Jun 21, Dec 21, May 22
- Affinity Sessions – Mar 21 – June 22
- QI Sessions - Mar 21 – Mar 22
- Data Submissions – 21: Mar, May, Jul, Sep, Nov; 22: Jan, Mar, May
- Case Presentations - Mar 2021 – Jun 2022

- *We are tracking over 640 participants across 83 Ryan White HIV/AIDS Program recipients*
- *87% of Community Partners participated in prework activities*
- *442 unduplicated individuals participated in Affinity Sessions; on average 7.9 sessions per individual*

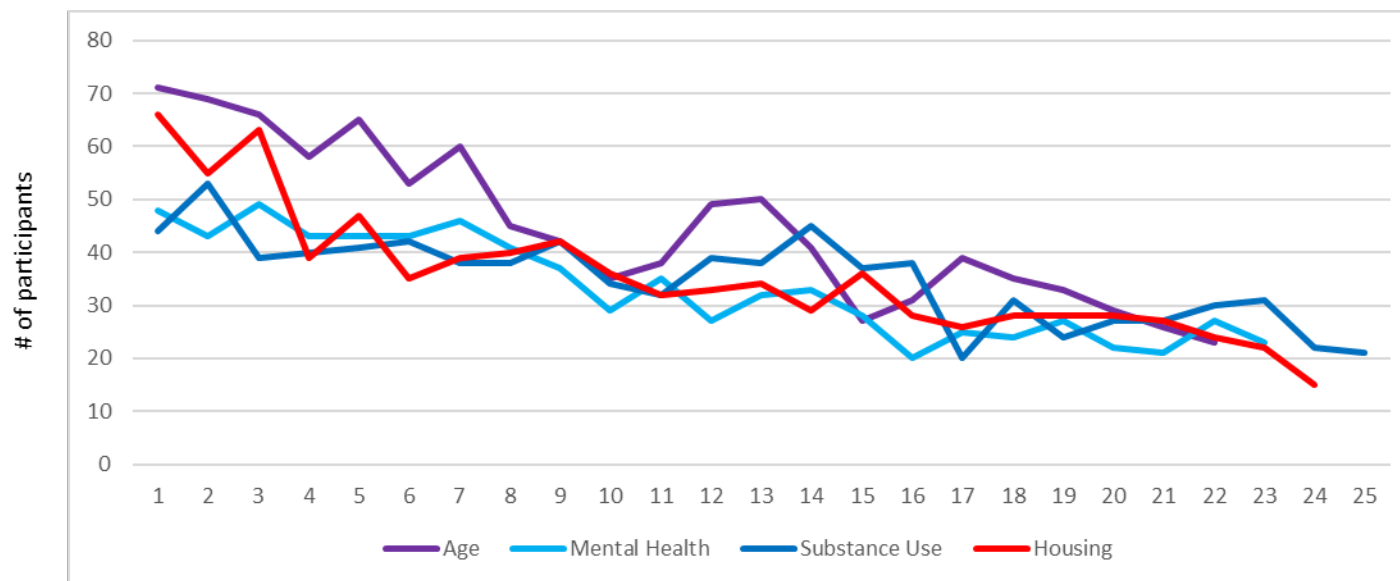


# Affinity Session (Mar 2021 – Jun 2022)

## Were Participants Engaged? Participation in Subpopulation Affinity Groups (Jun 11, 2022)

<b>Affinity Sessions</b>	<b># of Sessions</b>	<b># of Participants</b>	<b>Average #</b>
Age	22	985	44.8
Housing	24	852	35.5
Mental Health	23	766	33.3
Substance Use	25	873	34.9
<b>Total</b>	<b>94</b>	<b>3476</b>	<b>37.0</b>

*Since March 2021, a total of 94 Affinity Sessions were held with over 3,476 participants, an average of 37 participants per Affinity Session.*



Participation/Data Submissions	end disparities	create equity
Affinity Session Participation, 11 Months	64.2%	62.7%
Affinity Session Participation, 18 Months	49.6%	-
6 Data Submissions	79.9%	73.0%
9 Data Submissions	76.8%	-



# Collaborative Goals (Mar 2021 – Jun 2022)

## *Did the Collaborative Reach RWHAP Providers Across the Country?*

### Goals

#### Reach:

- **One in six** Ryan White HIV/AIDS Program-funded recipients across the United States actively participate in the create+equity Collaborative

### Progress

#### Reach:

- **14% (83 out of 567) of all RWHAP recipients** funded under Part A/Part B/Part C/Part D were participating in the create+equity Collaborative
- **95,100 people with HIV or 27%** of all RWHAP patients receiving medical care (367,900) were reached with this Collaborative; 1 in every 4 RWHAP patients (RSR 2020 Data)
- **1 in 13 persons with HIV in the U.S.** were reached by the Collaborative (95,100 out of 1.1 million)

# Quote – Sense of Community 1

*I really enjoy the collaboration [...] across the country. So, really, it's that sense of community, I think. And the shared learning that we are able to do from each other. I think that's my favorite part.*

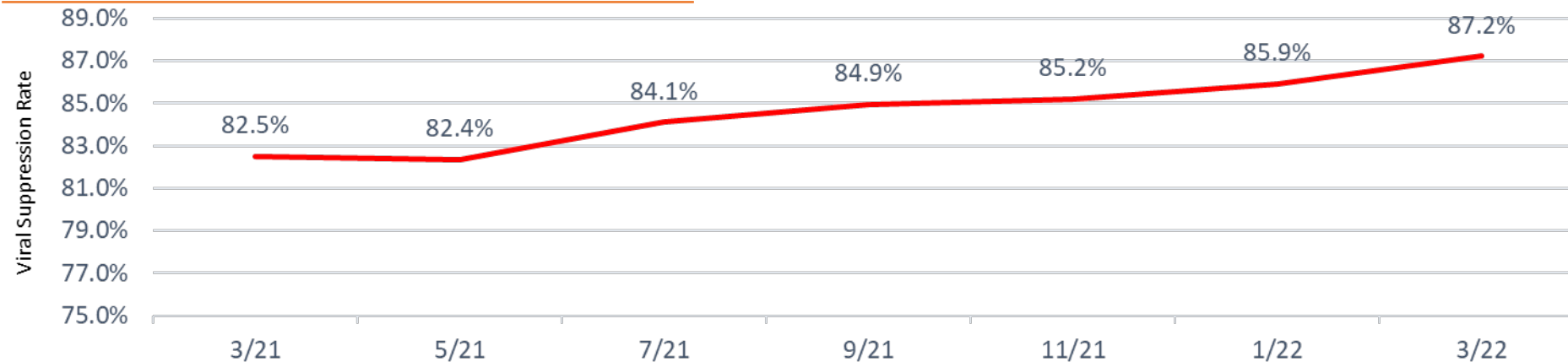
# Viral Suppression (Mar 2021 – Jun 2022) 1

## What Were the Data Telling Us? Overall Viral Suppression Data Submissions (Apr 10, 2022)

### Overall Viral Suppression (VS) Rates

<i>Data Cycle</i>	<i>Denominator</i>	<i>Numerator</i>	<i>VS %</i>
<b>Mar-21</b>	<b>95,071</b>	<b>75,795</b>	<b>82.5%</b>
May-21	89,023	70,320	82.4%
Jul-21	73,328	58,968	84.1%
Sep-21	68,529	55,143	84.9%
Nov-21	70,958	57,370	85.2%
Jan-22	66,806	54,405	85.9%
<b>Mar-22</b>	<b>38,648</b>	<b>33,613</b>	<b>87.2%</b>

*The overall viral suppression rate increased from 82.5% (Mar 2021) to 87.2% (Mar 2022) decreasing the number of people with HIV who are not virally suppressed by 27%.*

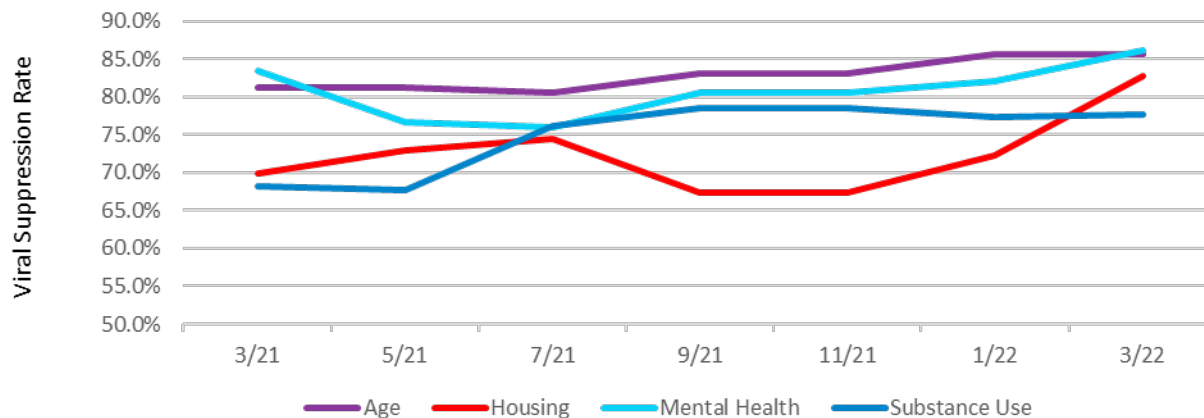


# Viral Suppression (Mar 2021 – Jun 2022) 2

## What Were the Data Telling Us? Cross-Sectional Data Submissions (Apr 10, 2022)

Date	Age	Housing	Mental Health	Substance Use
Mar-21	81.3%	69.9%	83.5%	68.2%
May-21	81.3%	72.9%	76.6%	67.6%
Jul-21	80.5%	74.4%	75.9%	76.1%
Sep-21	83.1%	67.3%	80.5%	78.5%
Nov-21	83.1%	67.3%	80.5%	78.5%
Jan-22	85.6%	72.2%	82.1%	77.4%
Mar-22	85.6%	82.8%	86.1%	77.7%

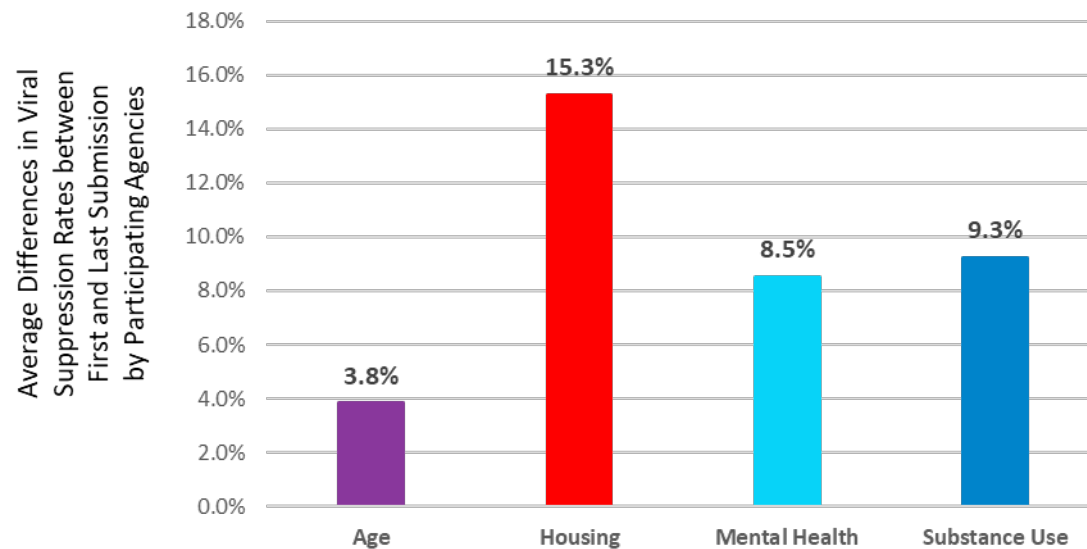
*Between March 2021 and March 2022, the subpopulation viral suppression rates increased on average 6.5%, specifically Age by 4.3%; Housing by 12.9%; Mental Health by 2.6%; and Substance Use by 9.5%.*



Date	Age	Housing	Mental Health	Substance Use	Total
Mar-21	10,427	2,813	5,192	1,868	20,300
May-21	9,433	2,827	7,592	1,779	21,631
Jul-21	9,036	1,697	6,307	1,475	18,515
Sep-21	9,537	937	6,160	1,504	18,138
Nov-21	9,544	1,189	4,743	1,427	16,903
Jan-22	8,655	1,156	4,400	1,294	15,505
Mar-22	7,366	1,144	4,727	1,081	14,318
	63,998	11,763	39,121	10,428	125,310

# Viral Suppression (Mar 2021 – Jun 2022) 3

## Were We Improving? Difference between First and Last Submission for Each HIV Subpopulation (April 10, 2022)

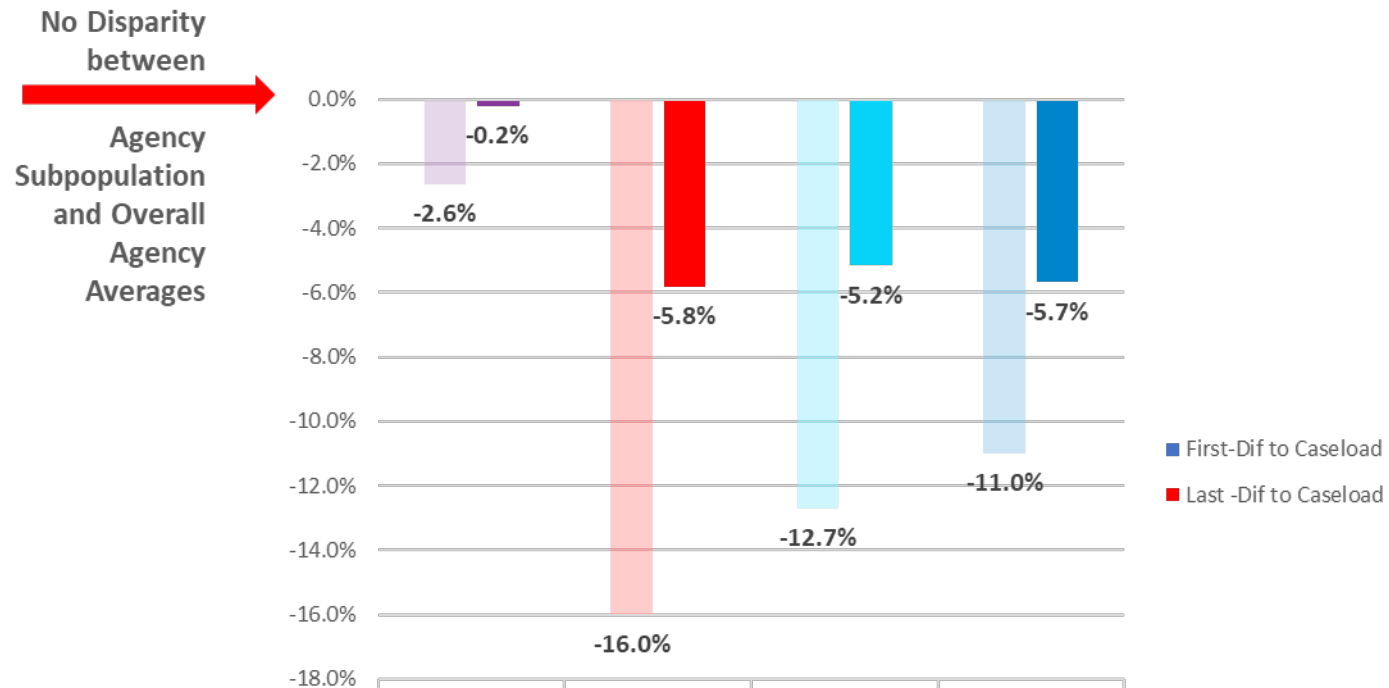


*Gains in viral suppression rates were found across all HIV subpopulations (on average 7.7%) when comparing the first and last agency viral suppression data submissions.*

	<i># of Sites</i>	<i>First Data (%)</i>	<i>Last Data (%)</i>	<i>Difference</i>	<i># of Patients</i>
Age	20	81.4%	85.2%	3.8%	8,756
Housing	7	67.8%	83.1%	15.3%	1,167
Mental Health	9	77.0%	85.6%	8.5%	4,732
Substance Use	12	70.8%	80.0%	9.3%	1,695
<i>Total</i>	<i>48</i>	<i>75.9%</i>	<i>83.7%</i>	<i>7.7%</i>	<i>16,350</i>

# Viral Suppression (Mar 2021 – Jun 2022) 4

Were We Closing the Gap? Changes in Agency Subpopulation vs Overall Agency VS Rates (April 10, 2022)



	Age	Housing	Mental Health	Substance Use
First-Dif to Caseload	-2.6%	-16.0%	-12.7%	-11.0%
Last -Dif to Caseload	-0.2%	-5.8%	-5.2%	-5.7%

*The gap between HIV subpopulation and overall viral suppression rates was reduced for all four groups, on average by 6.4%, between March 2021 and March 2022.*

## Quote – Sense of Community 2

*I think that sense of community and you don't have to do this by yourself. You've got lots of support. [...] But they also expect a lot of you. [...] You're going to be called. You have to be paying attention. That's really good. Then just the mixture of people... There's so many diverse voices that come together as part of these collaboratives, and that's priceless, really.*



# Storyboards 1



## create+equity Collaborative Learning Session 4 – May 18-19, 2022

**Affinity Group:**  
Substance Use  
**Intervention:**  
Harm Reduction  
**QI Coach:**  
Ciemens Steinbock

**Sun River Health – New York**  
Aarathi Nagaraja, MD, Medical Director of HIV & Hepatitis C; Lisa Reid, LCSW, VP of Grant Funded Clinical Services; Mary Correa, MS, CASAC, Senior Director, Genesis and Hepatitis C; Dani Chen, Coordinator of Clinical Programs

**Defining the Problem**  
Stress, NYC has the lowest health index score in New York State.  
Mental health burden is 35% among people with HIV.  
Substance use disorder is 35% among people with HIV.  
Comprehensive care cannot be provided without addressing Social Determinants of Health. It's integral to every visit and every encounter. – Provider  
Patients expressed that management wanted to hear their experiences and would be using the group to help make positive changes in the clinic and to help with their health care. – Consumer Focus Group Member

### Creating a Culture of Harm Reduction Viral Suppression Among People Substance Use Disorders



**Collaborative Activities**  
• Used training resources to drive data collection efforts  
• Utilized our QI coaches to find CME and Non-CME accredited competency trainings for teams  
• Incorporated QI project interests into Language of Care, Trauma Informed Care, PEP and stigma prevention projects  
• Implemented an art project to promote patient engagement where creating a visual display depicting what helps our patients manage their health

- Step to Select the Intervention: Harm Reduction**
- Reviewed data on social determinants of health experienced by our patients
  - Presented project to executive leadership for support of implementation
  - Identified team members from key departments
  - Had a full-of-meeting with the team and completed a driver diagram
  - Presented the project to the Consumer Advisory Board
  - Reviewed and implemented the project at each site, quarterly meetings across all regions, Annual HIV/Hepatitis/COVID conference, and website, to leadership
  - Incorporated Trauma Informed Care, Stigma, Language of Care

**Sun River Health**  
• A network of 45 QICs in New York State, Hudson Valley and Long Island  
• 18 sites total integrated services  
• Integrated medication assisted treatment and behavioral health  
• RWJPH Part C NYC/Katzen  
• 2 Branch Sites  
• Inpatient Health Center

**QI Team Members:**  
Aarathi Nagaraja, MD, Line Head, VP of Clinical Services  
Mary Correa, Sr. Director, Dana Chen, Clinical Program Counsel, Sarah Cohen, HIV Coordinator, Ashley Reid, Adherence Educator, Education Programs, Adherence Educator, Carl, Tasha, Adherence Educator



**Aim Statement**  
By June 2022, increase the viral suppression rate for patients with substance use disorders by 15% by integrating harm reduction approach into primary care, prescribe buprenorphine (BUP) and retain those patients in care by above 90-95%.

### Building an Intoxicating Dialogue for Quality Health

**Aim Statement**  
SeRH will improve the quality of care for our HIV patients by focusing on social determinants of health as barriers to engaging HIV care.  
The improvements will be evidenced by reaching the following goals:  
• By June 2022, PHH in need of an active SU diagnosis and who are not virally suppressed will achieve the same average viral suppression rate as the entire HIV population, no measurable disparities will be detected for this subpopulation (Baseline vs. rate for PHH + SU diagnosis 64.20%)  
• At least 50% of PHH in need of SU services who have not had a medical appointment in the past 6 months, will have an outreach contact by July 2022.  
• At least 80% of PHH in need of SU services will complete at least 1 behavioral health visit or comprehensive case management service by September 2022.  
• At least 50% of PHH served by SeRH will be virally suppressed by June 2022 compared to the baseline of 60% in early 2020.  
• At least 50% of all patients served by SeRH will be screened at least annually for substance use by June 2022 (baseline SU screening 30.67%)



**Substance Use Measure** (Green) **SU Screening** (Blue)



**Affinity Group:**  
Mental Health  
**Intervention:**  
Motivational Interviewing  
**QI Coach:**  
Jane Caruso

### Matthew 25 AIDS Services – Evansville, IN

**Aim Statement**  
We had an opportunity to focus on our patients with a mental health diagnosis and if they up to reach the viral suppression rate of their peers.  
We often focus on patients with a mental health diagnosis that goes unaddressed due to other surrounding issues, which then affects their adherence to their HIV meds. If we could find a way to connect with these patients, we could help them achieve viral suppression.  
We often deal with patients with a mental health diagnosis that goes unaddressed due to other surrounding issues, which then affects their adherence to their HIV meds. If we could find a way to connect with these patients, we could help them achieve viral suppression.

**Collaborative Opportunities**  
• We had an opportunity to focus on our patients with a mental health diagnosis and if they up to reach the viral suppression rate of their peers.  
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**Collaborative Activities**  
• Participation in Mental Health Affinity Group  
• Participated in Motivational Interviewing training for staff and an internal patient record program for viral suppression, training  
• Case Presentation on 3/3/22  
• Report back on 3/3/22  
• QI Coach, Jane Caruso  
• Our QI team included members of our clinical team, medical case management, case management, mental health, administrative and content experts

**Matthew 25 AIDS Services**  
• Funding: Ryan White Part B, C, D  
• Evansville site is a satellite clinic  
• Matthew 25 is a clinic  
• The Evansville site population is 103  
• Our patients with that diagnosis of a mental health diagnosis and HIV have lower viral suppression rates than those living with HIV without a mental health diagnosis

**Lessons Learned**  
• We achieved our aim! We did, but we did make adjustments!  
• We learned that our process of identifying & NOT identifying our patients for drug use that covering and identification of our SU patients, we did not have an action plan to manage/track their retention in care.  
• Case conference needed design approach:  
• The 1<sup>st</sup> meeting would consist of new or ongoing challenges in the structure or logistics of our intervention.  
• What problems are we seeing? Is there something that needs to be worked on?  
• The 2<sup>nd</sup> meeting would consist of reviewing and analyzing new data pertaining to the items included in the collaboration.  
• What new patients have we added? What patients have become unengaged?  
• Staff resources can also be a barrier in patient care.  
• Patients required to provide a HIPAA consent.



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**Aim Statement**  
Matthew 25 AIDS Services Evansville clinic will improve the viral suppression rates of those living with HIV and mental health diagnosis to be equal to those living with HIV without a mental health diagnosis.

### How Motivational Interviewing Made a Difference to Address Gaps of People with HIV and with a Mental Health Diagnosis



**Engagement of Staff and People with HIV**  
• Identify quality measures we have in our clinic with staff and content experts  
• Specific activities were held to engage community. We recruited content experts from our clinic that could bring different perspectives.  
• We have 1 content expert who is 70 and lives in a rural community.  
• We have been able to train our content experts on what quality is and why it's important.  
• Our content experts got the final say in the intervention we chose.

**Lessons Learned**  
• The discovery we would have quality measures in our clinic and staff in a large capacity.  
• We learned what we were able to get a better look at our intervention by focusing on specific mental health diagnosis.  
• We learned to allow a patient 6 months to become motivated before bringing them into collaborative data.  
• This gives the patient a chance to become motivated on medication and give us a full understanding of their mental health.  
• We learned that we have to rework our annual mental health assessments in order to achieve the desired outcomes.  
• We learned how important it is for staff to be aware of patient mental health as it impacts more areas of care.

**Matthew 25 AIDS Services**  
101 NW 1st St, Suite 215  
Evansville, IN 47708  
Phone: (812) 437-5192

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**Affinity Group:**  
**Substance Use Intervention:**  
**Harm Reduction**  
**QI Coach:**  
**Clemens Steinbock**

**Defining the Problem**  
 Bronx, NYC has the lowest health index score in New York State.  
 Mental health burden is 55% among people with HIV  
 Substance use disorder is 50% among people with HIV

*"Comprehensive care cannot be provided without addressing Social Determinants of Health. It's integral to every visit and every encounter." – Provider*

*"Patients appreciated that management wanted to hear their experiences and would be using this group to help make positive changes in the clinic and to help with their health care." – Consumer Focus Group Member*



**Collaborative Activities**

- Used learning sessions to drive data collection efforts
- Utilized our QI coaches to find CME and Non-CME accredited bi-monthly lectures for teams
- Incorporated QI project interests into Language of Caring, Trauma Informed Care, PrEP and stigma prevention projects
- Implemented an art project to promote patient engagement while creating a visual display depicting what helps our patients maintain their health

**Sun River Health**

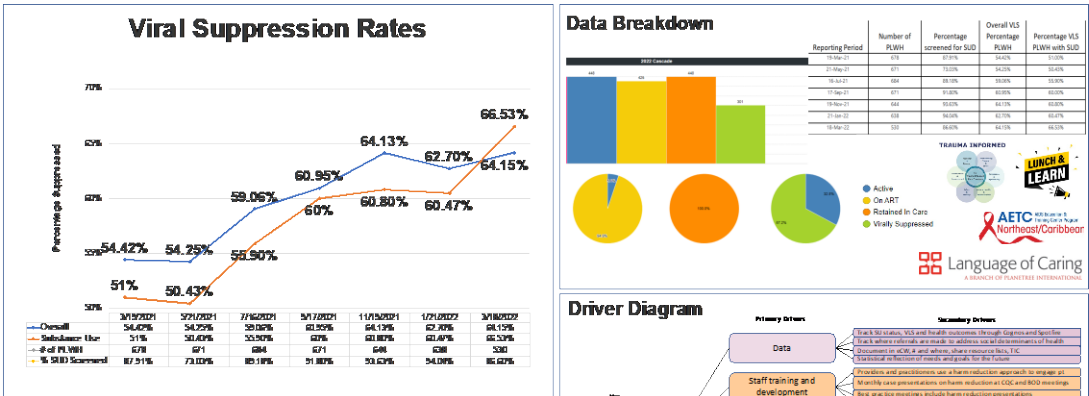
- A network of 43 FQHCs in New York State, Hudson Valley and Long Island
- 16 sites have integrated HIV/HCV
- Integrated medication assisted treatment and behavioral health
- RWH IAP Part C NYCH Hudson Valley
- 2 Bronx Sites:
  - Inwood Health Center
  - HUB



**Sun River Health – New York**

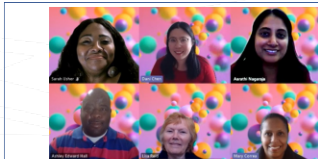
Aarathi Nagaraja, MD, Medical Director of HIV & Hepatitis C; Lisa Reid, LCSW, VP of Grant Funded Clinical Services; Mary Correa, MS, CASAC, Senior Director, Genesis and Hepatitis C; Dani Chen, Coordinator of Clinical Programs

## Creating a Culture of Harm Reduction to Improve Viral Suppression Among People with HIV with Substance Use Disorders



**Step to Select the Intervention: Harm Reduction**

- Reviewed data on social determinants of health experienced by our patients
- Presented project to executive leadership for support of implementation
- Identified team members from key departments
- Held a kick off meeting with the team and completed a driver diagram
- Presented the project to the Consumer Advisory Board
- Promoted and implemented the project at each site, quarterly meetings across all regions, Annual HIV/Hepatitis/MAT conference, and updates to leadership
- Integrated Trauma Informed Care, Stigma, Language of Caring



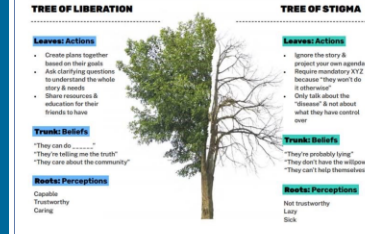
**QI Team Members:**  
 Aarathi Nagaraja, MD; Lisa Reid, VP of Clinical Services; Mary Correa, Sr. Director, Dani Chen, Clinical Program Coord.; Sarah Usher, HCV Coordinator; Ashley Hall, Adherence Educator; Elizabeth Pizzano, Adherence Educator; Carl Tyler, Adherence Educator

**Embedding a Harm Reduction Approach in Primary Care Setting:**

- Obtained support of leadership to implement intervention
- Conducted consumer focus groups using intervention process measures to obtain feedback
- Conducted kick off meeting, reviewed harm reduction principles and overall project
- Conducted staff training utilizing professional development orgs and evidence based interventions
- Incorporated harm reduction approach into clinical staff orientation and ongoing training
- Reviewed environmental assessment, signage, waiting room, flow
- Reviewed registration forms and EMR templates, case conference language
- Currently reviewing job descriptions, interviewing process, documentation
- Continue to utilize weekly meetings to share updates, training
- Share project updates at quarterly cross-regional quality meetings, Annual Genesis Conference
- Embedded approach in organizational structures
- Staff Orientations
- Annual conference
- Job descriptions – staff expectations
- Case conference language
- Collaborated with other Sun River projects

**Aim Statement**

By Jun 2022, increase the viral suppression rate for patients with substance use disorders by 15% by integrating harm reduction approach into primary care, prescribe antiretroviral (ART) and retain those patients in care by above 90-95%.



**Consumer Involvement**

- Invited peers to kick off training to learn about project and participate in the completion of the driver diagram – peers were very engaged
- Presented project to Consumer Advisory Board and provided quarterly updates
- Completed annual surveys on quality of services
- Attended psychosocial education groups on harm reduction, prevention
- Peers attend monthly QI meetings, Affinity Group meetings, NY Links trainings increasing knowledge of quality improvement
- Peer facilitated art group to promote patient engagement
- Peers co-facilitated focus groups to obtain consumer feedback

**Lessons Learned**

- Culture change takes time and collaboration
- Discuss regularly with consumer group for feedback
- Be flexible and ready to integrate project activities and findings into new initiatives
- Maintain a schedule of meetings to keep the team focus when competing projects emerge
- Cheerleaders are critical to maintain momentum
- Social determinants of health continue to be the greatest barrier & require macro level change
- Embed approach in organizational structures – training, documentation – for sustainability
- Awareness and knowledge promotes a harm reduction lens among staff
- QI projects are hard work but build unity!

**Sun River Health**  
 Aarathi Nagaraja,  
 Anagaraja@sunriver.org  
 Lisa Reid, Ireid@sunriver.org  
 Caseload: ~670  
 Subpopulation: ~330

# Affinity Group Report Back

**Lisa Reid, VP of Grant Funded Clinical Services**  
**Elizabeth Pizarro, Peer Adherence Educator**

Sun River Health

New York State

**Embedding Harm Reduction Approach in Health Care Settings**

Substance Use Affinity Group

June 21, 2022



# Sun River Health, FQHC, NY

- Sun River Health is a network of 43 FQHCs in New York State, throughout NYC, Hudson Valley and Long Island
  - 16 sites have integrated HIV/HCV housed with Primary care, women's health, MAT and mental health care.
  - RWHAP Part C NYC/Hudson Valley
  - CQII Project focused on 2 sites, in the Bronx  
Inwood Health Center and HUB, Approximately 600 patients  
located 5 miles (about 20 min subway ride)
  - Densely populated, high rates of poverty, substance use disorder, mental illness and homelessness
  - Intervention - integrated model harm reduction approach



# Defining the Problem

- Bronx, NYC has the lowest health index score for New York State.
- Substance Use Disorder is 50% among PLWH
- Mental Health burden is 55% among PLWH
- Impacting viral suppression and retention





# Embedding a Harm Reduction Approach in Health Care Settings

- Sun River Health seeks to increase our Viral Suppression for those with Substance Use Measure by 10-15% by integrating harm reduction approach into primary care
- Prescribe ART and Retain those in care by above 90-95%
- Harm reduction core elements of humanism, pragmatism, individualism, autonomy, Incrementalism, Accountability without termination, aligned with organizational mission.

## TREE OF LIBERATION

### Leaves: Actions

- Create plans together based on their goals
- Ask clarifying questions to understand the whole story & needs
- Share resources & education for their friends to have

### Trunk: Beliefs

“They can do \_\_\_\_\_”  
“They’re telling me the truth”  
“They care about the community”

### Roots: Perceptions

Capable  
Trustworthy  
Caring



## TREE OF STIGMA

### Leaves: Actions

- Ignore the story & project your own agenda
- Require mandatory XYZ because “they won’t do it otherwise”
- Only talk about the “disease” & not about what they have control over

### Trunk: Beliefs

“They’re probably lying”  
“They don’t have the willpower”  
“They can’t help themselves”

### Roots: Perceptions

Not trustworthy  
Lazy  
Sick

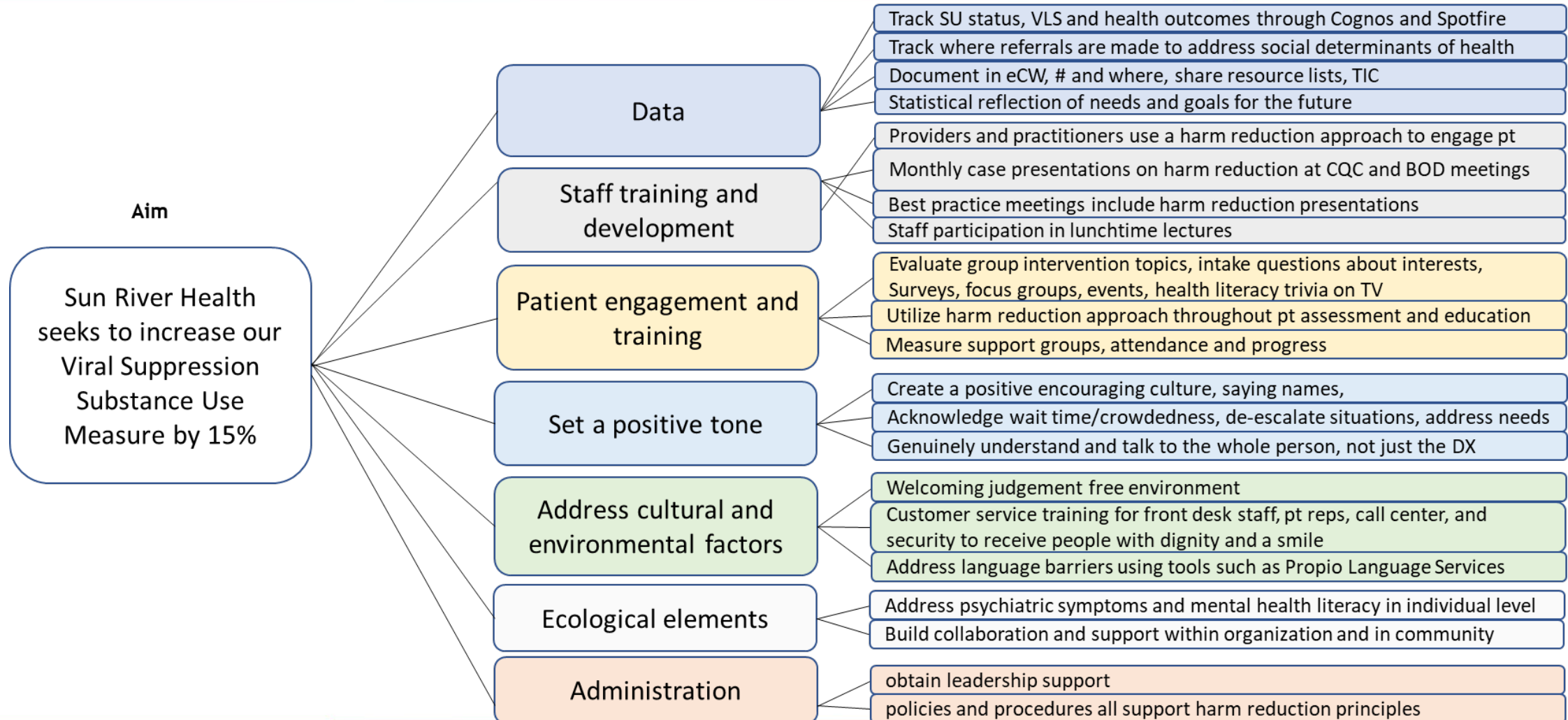
Revised 2020

FOR MORE RESOURCES, VISIT [HARMREDUCTION.ORG](https://HARMREDUCTION.ORG)

[/HarmReductionCoalition](https://www.facebook.com/HarmReductionCoalition) [/HarmReductionCoalition](https://www.youtube.com/channel/UC...) [@harmreduction](https://twitter.com/harmreduction) [@harmreduction](https://www.instagram.com/harmreduction)

**NATIONAL  
HARM REDUCTION  
COALITION**

# Root Causes – Driver Diagram



# Examples of Harm Reduction Principles at Work!

- A rather wide and large net was cast during implementation of harm reduction trainings, to reflect multiple facets and levels of patient interactions.
- It helped to build in some redundancy in trainings so that it speaks to all interactions.
- Examples of integration of principles of harm reduction at work:
  - **Humanism:** Language of Caring and de-escalation trainings for all staff.
  - **Pragmatism:** Case conferences discussions centered around behavior and change expectations
  - **Individualism:** Integrated care approaches with Health Homes, RW MCM, ADHC, RAP, Mental Health
  - **Autonomy, Incrementalism, Accountability without termination:** Reflected in our prescription, retention, integration work, shared decision making.



# CQII Guidance in our Project

- We used the learning sessions to Drive our data collection and initiative
- Utilized our QI coaches to find CME and Non-CME accredited lectures for teams held bi-monthly.
- Incorporated CQII project interests into Trauma Informed Care and stigma prevention projects.
- Incorporated case presentation suggestion to implement an art project to promote patient engagement while creating a visual display depicting the messages by patients through various art mediums what helps them maintain their health and viral load suppression.



# “Healing through Art” 1

Elizabeth, Peer  
Adherence  
Educator





# “Healing through Art” 2

“Perfectly Imperfect”  
By: Elizabeth

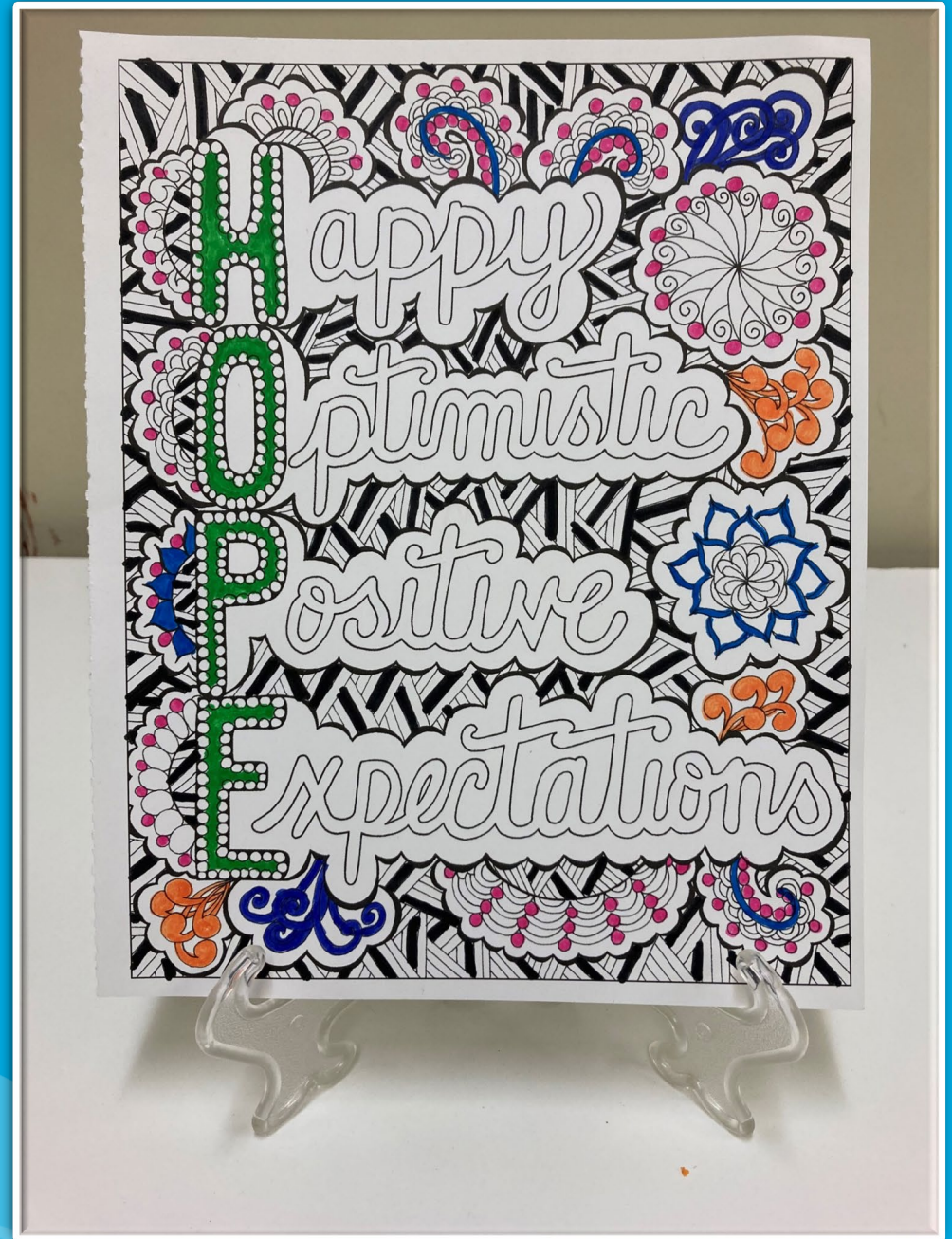
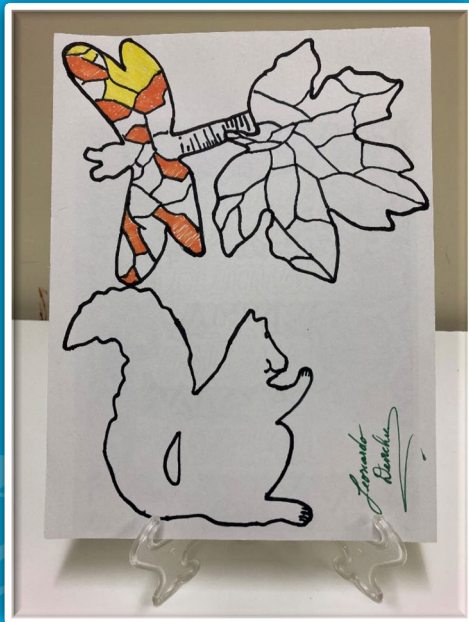


# Healing through Art 3





# Healing through Art 4





# “Healing through Art” 5

Ann Taylor, Participant



# ADHC Serenity Room

## Where Freedom of Self Expression Begins

Healing Through Art

04/07/2022





# Spreading the Project to the Hudson valley and Long Island

Monticello artwork

Healing Through Art

04/07/2022

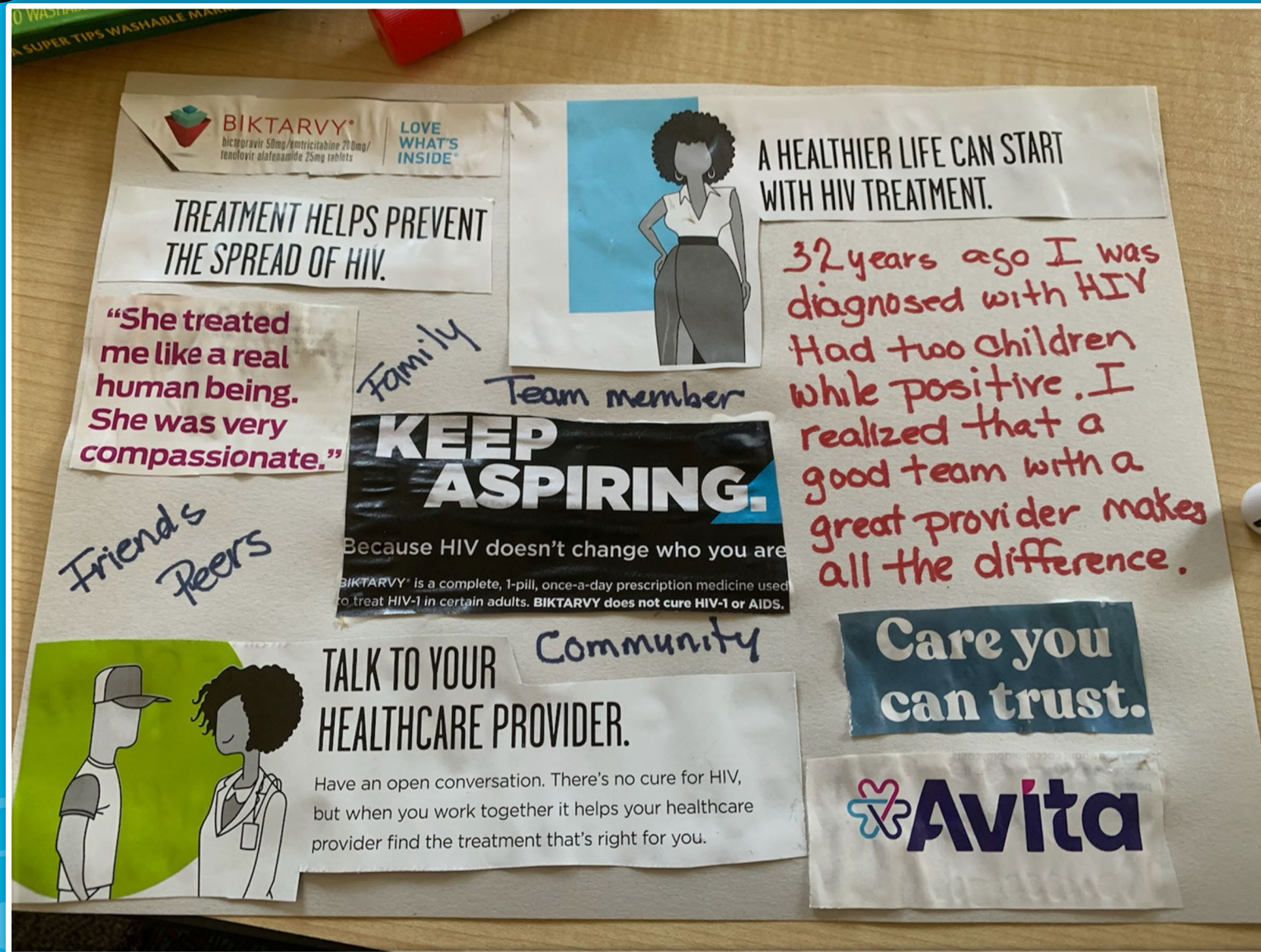


Healing  
through  
Art 6





# Healing through Art 7





# Implementation for Sustainability

- Embedding Harm Reduction Principles into All Aspects of the Health Center:
  - Focused on organizational system change for sustainability
  - Health Center and executive leadership were trained in harm reduction through harm reduction, Language of Caring and De-escalation trainings.
  - Developed a Clinical staff orientation including HIV, PrEP, HCV, harm reduction and Naloxone training.
  - Incorporated harm reduction into the ongoing assessment and staff training, annual Genesis Conference, CME trainings.
  - Harm reduction is built into structured data, templates – medical and cm visits, case conference..
  - Added harm reduction to the support staff training plan.
  - Schwartz rounds, Planetree retreats – self care for employees that celebrate, rejuvenate, and empower us to continue this work.
    - Celebrates both small and large successes.
    - Department recognition Zooms by executive leadership.
  - Patient experience surveys ask about sensitivity during the visit to stigma, trauma, mental health and substance use.
  - Workflow continues to be examined and adjusted.
  - Developing resource lists for services, toolkits.
  - Installed new signage post merger. Additional signage needs identified.



## TRAUMA INFORMED



# Challenges and Barriers

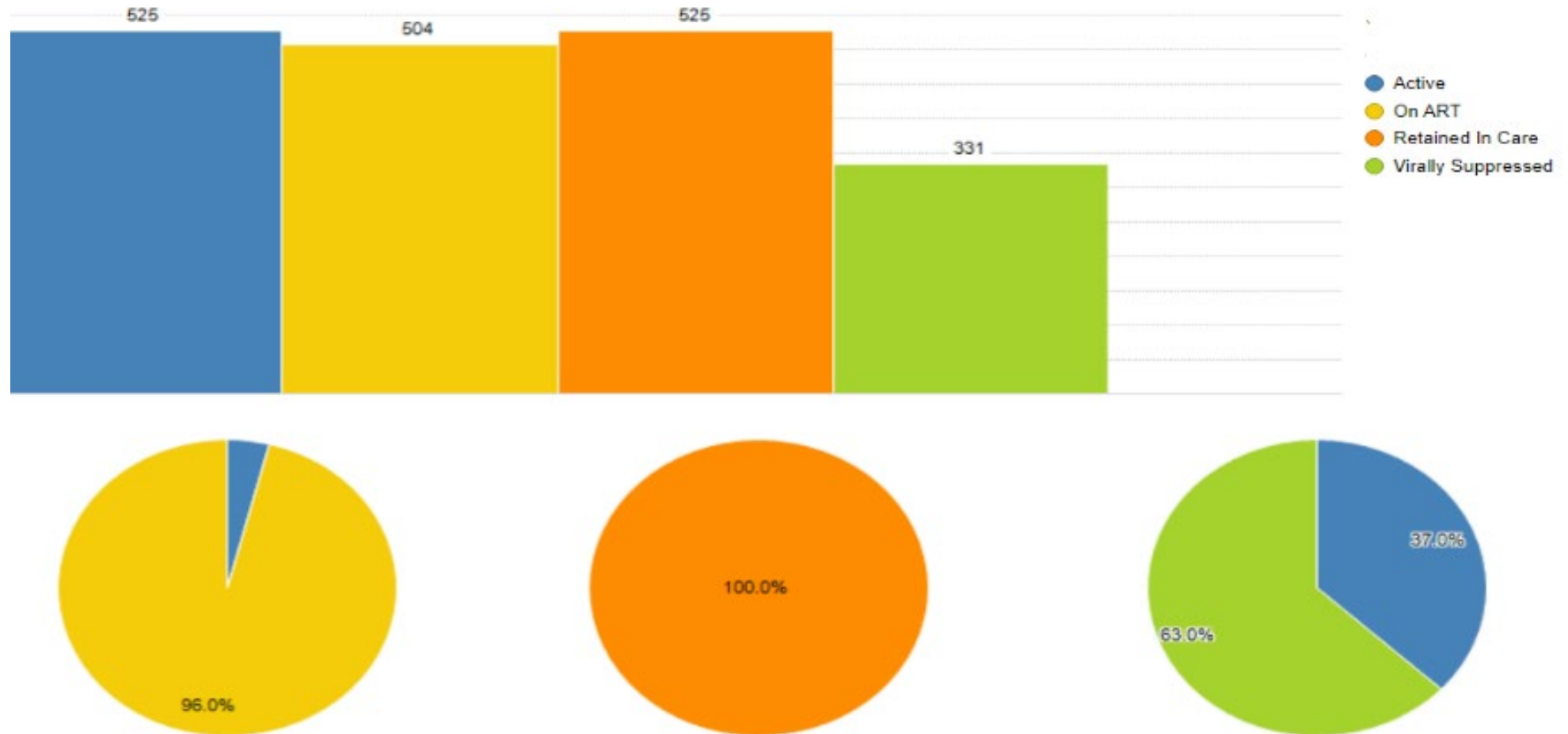
- Change takes time, to see change, we must be change.
- Staff turn over due to the current pandemic
- Constantly adjusting to changes in workflow and procedure due as we respond to the pandemic
- Competing interests in team and health center, and organization
- Many systems changes due to the merger
- So important to take a moment to reflect on the importance of integrating this into daily care



# Patient Feedback

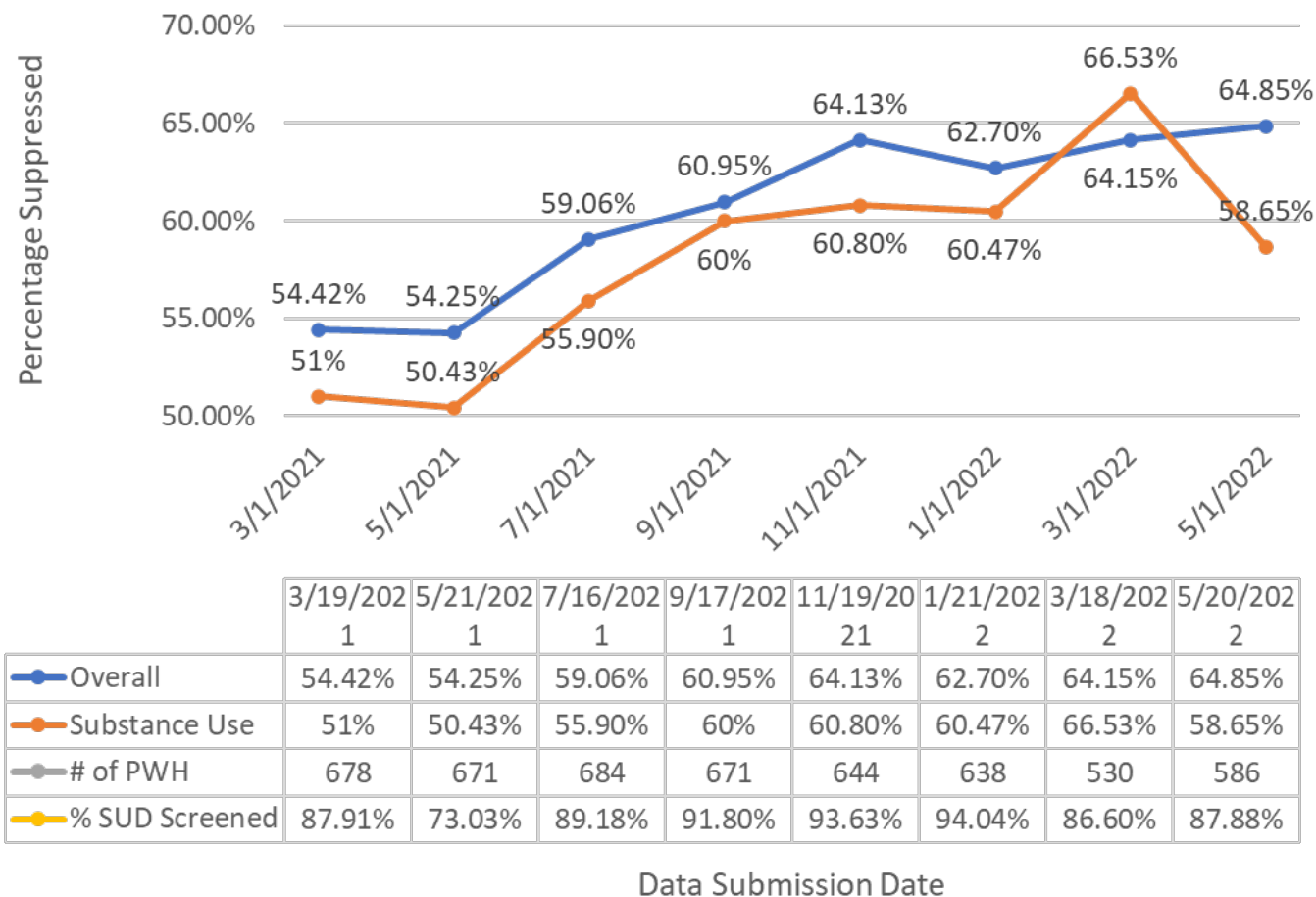
People with HIV Engagement	FOCUS Group Comments
Invited peers to kick off training to learn about project and participate in the completion of the driver diagram. Peers were very engaged.	Feel comfortable discussing health issues, substance use, and sexual health with their providers. Feel respected, not judged, providers do encourage harm reduction, listen to patient concerns. Sometimes feel stigmatized by security.
Presented project to CAB and provided quarterly updates	Front desk and clinical staff could benefit from customer service and communication training, sensitivity training.
Attended psychosocial education groups on harm reduction, prevention	HUB patients: available appts. Within 1-2 weeks, no long waits. Inwood: available appts. but long wait time.
Completed annual surveys on quality of services	Providers acknowledge patient progress, even small steps.
Peers co-facilitated focus groups to obtain patient feedback	Patients feel responsible for decisions about treatment and are not fearful of being “fired”.
Peer facilitated art group to promote patient engagement..	Providers recognize their unique needs, listen to them. Patients feel able to change providers if they chose.
Peers attend monthly QI meetings, Affinity Group meetings, NY Links trainings increasing knowledge of QI.	Requested education groups, more MH appts, and a waiting room away from children, hold meet and greet with new MD and management, conduct “secret shopper” appointments to check quality.
	Appreciated that Management wanted to hear their experiences and would be using this group to help make positive changes in the clinic and to help with their health care.

# Viral Suppression Cascade; Increased by 10% from Baseline



# Viral Suppression Rate Over Time

Date	Overall	Substance Use	# of PWH	% SUD Screened
3/19/2021	54.42%	51%	678	87.91%
5/21/2021	54.25%	50.43%	671	73.03%
7/16/2021	59.06%	55.90%	684	89.18%
9/17/2021	60.95%	60%	671	91.80%
11/19/2021	64.13%	60.80%	644	93.63%
1/21/2022	62.70%	60.47%	638	94.04%
3/18/2022	64.15%	66.53%	530	86.60%
5/20/2022	64.85%	58.65%	586	87.88%



	3/19/2021	5/21/2021	7/16/2021	9/17/2021	11/19/2021	1/21/2022	3/18/2022	5/20/2022
Overall	54.42%	54.25%	59.06%	60.95%	64.13%	62.70%	64.15%	64.85%
Substance Use	51%	50.43%	55.90%	60%	60.80%	60.47%	66.53%	58.65%
# of PWH	678	671	684	671	644	638	530	586
% SUD Screened	87.91%	73.03%	89.18%	91.80%	93.63%	94.04%	86.60%	87.88%



# Lessons Learned

- Culture change takes time and collaboration
  - Use multiple sources to integrate approach
  - Discuss regularly with people with lived experience group for feedback
  - Be flexible and ready to integrate project into new initiatives
  - Maintain a schedule of meetings to keep the team focus when competing projects emerge
  - Leadership support is essential
  - Cheerleaders are critical to maintain momentum
  - Social determinants of health continue to be the greatest barrier & require macro level change & interagency collaboration
  - Embed approach in organizational structures – training, documentation – for sustainability
  - Awareness and knowledge promotes a harm reduction lens among staff
- QI projects are hard work but build unity and improve care!

# QI Team

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## RAP Team

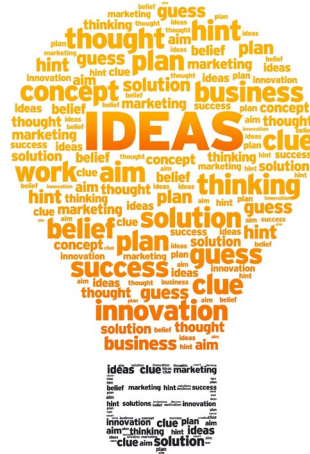
Carmen Rodriguez, Treatment Adherence Coordinator  
Elizabeth Pizarro, Peer Adherence Educator  
Ashley Hall, Peer Adherence Educator

## Hep C Team

Sarah Usher, Hep C Program Coordinator  
Medesa Garrett, Hep C Program Coordinator  
Alex Ortiz, Linkage to Care Specialist  
Carl Tyler, Peer Adherence Educator

## PrEP Team

Mechelle Jones, PrEP Specialist  
Cynthia Miha, Peer Adherence Educator



Sun River Health 

Thank you



*Creating equity will end the HIV  
epidemic.*

# CQII at the RW Conference



# Other CQI Workshops

- **Advanced QI: Advanced QI Tools to Improve Your Clinical Quality Management Program: Learn from Lean and Statistics [ID#: 20467]**
  - August 25<sup>th</sup>, 3:30pm – 5:00pm ET
- **Patient Involvement in QI: Engaging People with HIV in Quality Improvement: Best Practices to Meaningfully Engage and Involve Patients [ID#: 20468]**
  - August 25<sup>th</sup>, 3:30pm – 5:00pm ET
- **PROMS/PREMS: Incorporating the Patient Voices in Quality Improvement: PROMS and PREMS – An Emerging QI Topic [ID#: 20003]**
  - August 25<sup>th</sup>, 3:30pm – 5:00pm ET
- **Creating Equity Using Quality Improvement to Make a Measurable Difference: Interventions from the create+equity Collaborative [ID#: 20469]**
  - August 25<sup>th</sup>, 11.15am – 12:45pm ET





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