



Harnessing Local AETC Partnerships, Resources and Clinic Staff to Jumpstart Quality Improvement/Practice Transformation Projects

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Disclaimer

• Speakers do not have financial conflicts to disclose

Disclosure

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Learning Objectives

- Describe evidence-based and replicable interventions for improving projects along the HIV care continuum through practice transformation
- Identify at least 3 benefits to partnering with an outside agency on quality improvement/practice transformation projects
- Identify one or more strategies to implement related to programmatic, fiscal, data and/or quality management change that can enhance and/or support care along the HIV care continuum
- Identify at least 2 promising practices, innovations, tools or resources to support priority goal setting and resource allocation along the HIV care continuum



Aids Education & Training Centers MATEC



AETCs- AIDS Education and Training Centers

- Ryan White Part F
- Federally funded through HRSA HAB for over 30 years
- Traditionally provide education and technical assistance to healthcare professionals
- Part of a national network of AETCs, serving all states and territories and including four supporting national centers
- Aim is to develop and transform the health care system and its workforce to advance equitable and patient-centered care



MAETC AETC



We cover Minnesota and Iowa

- SERVING MINNESOTA AND IOWA
- Our programming is tailored to our state/local audience
- Support to clinics/hospitals/community-based settings
- Support to individuals
- All of our programs are no cost and easy to access
 - Join mailing list if interested





Primary Health Care The Project of PHC



Primary Health Care Serving People With HIV

Federally Qualified Health Center

- Mission to provide healthcare and supportive services to all, regardless of insurance, immigration status, or ability to pay
- PHC has 400 employees; 8 medical clinics, 4 dental offices, pharmacy

Ryan White Part B & C Services

744 active patients living with HIV



PHC Services

Patients receiving care at The Project have access to many services under one roof, including:

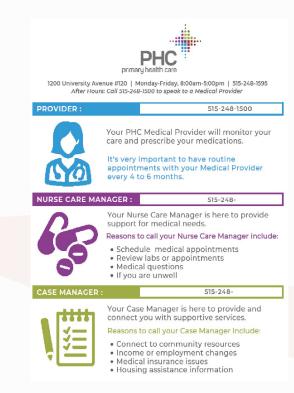
- Medical
- Dental Care
- Pharmacy
- Behavioral Health
- Supportive Services & Programs (HIV, Homeless Support Services)



The Project of PHC Model of Care

The goal of The Project of PHC is to provide confidential, free or low-cost services to help people living with HIV move through the continuum of HIV care.

- Provider PHC Medical Provider monitors care and prescribes medications
- Nurse Care Manager Provides support for medical needs
- Case Manager Provide and connect patients with supportive services





The Project of PHC

- Prevention
 - HIV, STD and Hep C testing
 - Outreach and education
 - Mobile and at home testing
- Medical
 - HIV, STD and Hep C treatment
 - Nurse care management and pharmacy
 - Med adherence and sexual risk counseling
 - Sliding fee scale, financial assistance
- Case Management
 - Oral care, referrals, financial assistance, labs, mental health, substance use, food, housing and transportation assistance, bike program and smoking cessation

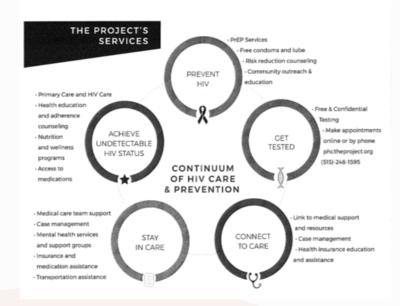


The goal of The Project of PHC is to provide confidential,

help people living with HIV move through the continuum of HIV care. From the time of diagnosis, our staff help patients connect to care, access resources, and overcome obstacles that will help them achieve the best possible health outcomes. We also focus on prevention, community providing outreach and access to the most effective tools to prevent HIV.

UNDER ONE ROOF

patients receiving care at The Project have access to many services conveniently located under one roof at the 1200 University Avenue campus. Medical and dental care, behavioral health, case management and supportive services are all housed at this location. Our caring and compassionate staff are dedicated to ensuring our patients receive the care and services they need.





The Project of PHC - Highlights

- Viral suppression 93%
- Patient adherence supplies and education
- Sexual risk counseling
- Support groups
- Mobile health 27 ft. RV
- Telehealth



Practice Transformation



Practice Transformation 2

Practice Transformation is defined by the Centers for Medicare & Medicaid (CMS) as "a process that results in observable and measurable changes to practice behavior."

Through coaching and practice facilitation, the goal is for the AETC's to assist partner community health centers in enhancing outcomes along the HIV care continuum.



Practice Transformation Project with Iowa AETC (MATEC)

PT Project funded July 2019 – June 2024

- 2019-2020 1st year baseline data work & relationship building
- 2020-2021 Set priority goals and action plans based on baseline data
 - Special Projects (3)
- 2021-2022 Revised, deleted and added new goals and action plans based on annual data and clinic needs
 - Special Projects (4)
- 2022-2023 Current year

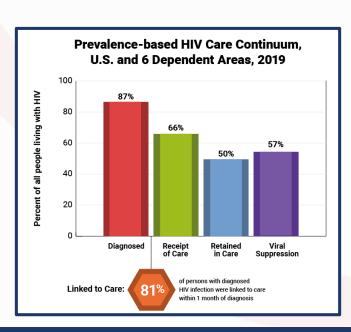


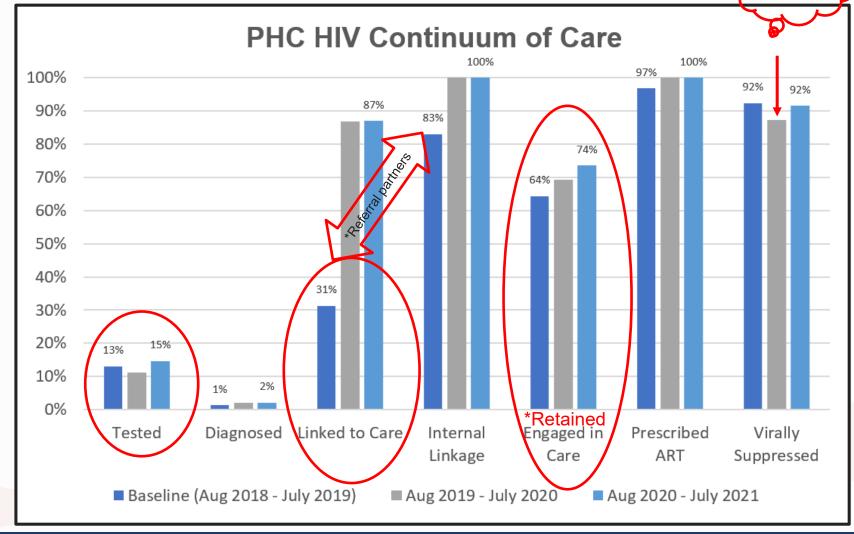
Annual Assessments

- Organizational assessment
- Data and performance measures
- Provider/staff assessment

PHC HIV Care Continuum & Goals







PHC HIV Care Continuum & Goals 2

Individual support for clinicians

- National HIV Curriculum
- Lifelong Learners Program

Capacity Building

- Policy & procedures project for HRSA Part C clinical and administrative requirements
- LGBTQ+ friendly clinic



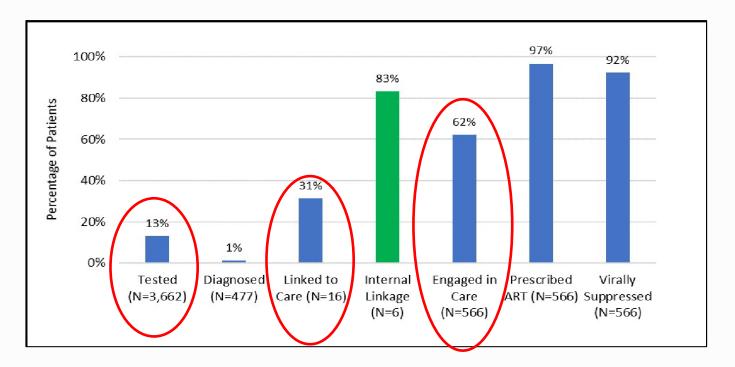
Replicable Practices: PT Special Projects



Project Selection

Developing Goals & Action Plans

- Annual assessments
- PT Champion discussion
- Staff and clinician input



Special Projects

- PT project goals that are stalled and/or could benefit from internal staff effort
- Projects of interest at PHC for years without time, resources, and staffing to progress
- Conversations and meetings among PT coach and project director



PT Special Projects

• 2020-2021

HIV opt out testing

Healthcare Equality Index,

LGBTQ+ patient-centered care

Methamphetamine harm reduction

• 2021-2022

Viral suppression celebration

Passport to care

Aging population support

 Mosaic, LGBTQ+ patientcentered care



Contracts

- MATEC contracted with staff, not the clinic
- Bonus opportunity to increase staff pay
- Payment per steps/goals NOT per hour
- Work completed outside of clinic hours

Staff Selection

- Staff interests
- Recognized for future advancements
- Work independently
- Could benefit from a bonus

Positions include:

- 2020-2021
 - Prevention Services Manager*
 - Prevention Specialist*
 - Housing Case Manager*
- 2021-2022
 - Nurse Care Manager
 - Pharmacist
 - Behavioral Health Consultant
- *Promotions after project completion



Structure

- Clearly defined actions, steps, goals and timeframes
- PT coach preparation of best-practice research on each project
 - "Opt-Out HIV Testing: A best practice toward ending the HIV epidemic"
 - HEI Criteria
- Data to support the need and evaluate gaps in care
- Regular meetings/check-ins
- Tracking of staff time



Meetings

- Meetings were scheduled during lunch to avoid conflict of clinic responsibilities and paid time
- Onboarding orientation meeting
- Regular meetings upon completion of steps, often weekly
- Final meeting including presentation of final documents
- Post project presentations:
 - Staff meetings and Executive Leadership
 - PHC Board meetings and Consumer Advisory Board meetings



Scope of Work - HIV Opt Out Testing

- Data review and summary
- Review best practice document
- Best practice policy, procedure, and workflow research & review
- Project Charter
- Develop draft policy, procedure, and workflow
- Draft training and implementation plan



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Practice Transformation Project w/ Primary Health Care Opt Out Test Project

Goal: Determine best practice policy components and workflow implementation that will work best for PHC University location.

Scope of Work to be completed by June 30, 2021. PHC staff selected will work on this project outside of PHC paid time. Payment for projection completion will total \$3550, to be paid in increments as target action steps are completed. Anticipated number of hours for the project is

PHC staff will work closely with MATEC PT Coach and provide detailed reporting on all action steps. An introductory meeting with the MATEC PT Coach and HIV Program Director will be the start of the project. Some additional virtual meetings may be required to touch base and adjust/add to action steps as needed. Please note that meetings will be scheduled during the lunch hour to not interfere with PHC staff time. A final presentation meeting will be held with MATEC PT coach and PHC management.

- 1) Develop and maintain google doc folder of all resources gathered, notes, etc
- 2) Marshalltown Review
- a) Determine date of policy implementation, work with Quality Improvement Data Specialist (QIDS) to pull data for the year prior and the year post implementation
- b) Meet with MATEC PT Coach to review and compare data of Marshalltown and University
- c) Acquire and review Marshalltown policy document and workflow
- i) Review policy and note potential changes for University location
- ii) Review workflow and note potential improvements/changes for University location
- iii) Send emails to key staff to gather lessons learned, things that could be improved, etc
- 3) Review 'Opt-Out HIV Testing: A best practice toward ending the HIV epidemic' document
- a) Pull data for each PHC clinic location to add to this document
- b) Meet with MATEC PT Coach and HIV Program Director and present data and progress i
- 4) Best Practice Policy Review
 - a) Search for best practice policies

- b) Review best practice policies you gathered, as well as those provided by MATEC PT
- c) Make notes of best practice policy components that could be implemented at PHC
- Best Practice Workflow Review
- a) Search for best practice workflows
- b) Review best practice workflows you gathered, as well as those provided by MATEC PT
- c) Make notes of best practice workflow components that could be implemented at PHC
- d) Things to consider when reviewing best practice workflows:
- i) Do we have the ability within EMR to do a check box or flow sheet develop a word document with screenshots of where it is or could be documented
- ii) Prompts for conversation around testing and for those that decline
- iii) Are there any current alerts or flags, if not were should they be added
- iv) Determine how we do or should document testing/declines and what changes are
- 6) Develop Project Charter
 - a) Meet with MATEC PT Coach and HIV Program Director and present data and progress in
- 7) Develop Draft Policy for PHC University location
- a) Utilize the 'Opt-Out HIV Testing: A best practice toward ending the HIV epidemic' document as a template for summarizing key best practice policy components
- b) Draft a policy for the University clinic location using the best practice models and lessons
- c) Meet with MATEC PT Coach and HIV Program Director and present drafts and progress in
- 8) Develop Draft Workflow for PHC University location
- a) Utilize the 'Opt-Out HIV Testing: A best practice toward ending the HIV epidemic' document as a template for summarizing key best practice workflow components
- b) Draft a workflow for University location using the best practice models and lessons
- c) Meet with MATEC PT Coach and HIV Program Director and present drafts and progress in
- 9) Draft steps for training and implementation
 - a) Meet with MATEC PT Coach and HIV Program Director and present drafts and progress of complet project

The project payments will total \$3550 with successful completion of all nine steps. A detailed summary of each step and hours worked must be submitted to the MATEC PT Coach for each payment. Payments will be broken down into four installments, each to be processed upon completion of required steps. Action steps within the nine key steps may alter slightly as the project progresses. Deadline for project completion is June 30, 2021 with a recommended, but flexible, timeframe for the steps outlined below.

Payment Breakout

Steps 1-3 - \$1000 payment with target date of May 28, 2021

Steps 4-6 - \$1000 payment with target date of June 4, 2021

Steps 7-8 - \$1000 payment with target date of June 18, 2021

Step 9 - \$550 payment with target date of June 29, 2021



HIV Opt Out Testing

Achievements:

- 13 clinic/organization contacts
- 38 sample P&P documents & best practice articles
- 7 best practices for EMR implementation



Opt-Out HIV Testing

A best practice toward ending the HIV epidemic

Developed by: Kathryn Burklund, MATEC Program Manage





HOW MANY PEOPLE HAVE NEVER BEEN TESTED

HIV testing rates have steadily increased, however more than half of Americans still have not been tested for HIV in their lifetime. Within the US, an estimated 1.2 million people have HIV, and an estimated 161.800 are unaware of their status.

Primary Health University Clinic Patients

4630 Total Patients 2019-2020

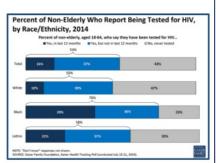
2823 Never Tested at PHC (61%), including:

- 2288 Ages 15-64
- 493 Black/African American
- 1159 Hispanic or Latino
- 60 Gay or Bisexual
- 9 Transgender (FtM & MtF)
- 497 Mental Health Disorder

 Piggsesia
- 532 Substance Abuse Diagnosis

- Nearly half of high school students report having had sex, but CDC data show that only 22 percent of those have ever been tested for HIV. 37% of sexually active students report not using a condom during their most recent act of sexual intercourse
- 46% of nonelderly adults in the United States (U.S.) have ever been tested for HIV, including 8% in the last year.
- More than a third of African Americans have never been tested.

The CDC recommends routine HIV screening in health-care settings for all adults, aged 13-64, and repeat screening for those at higher risk. Persons unaware of their HIV infection account for approximately 40% of ongoing transmissions in the United States.



At the end of 2018, 1,040,352 adults and adolescents with diagnosed HIV living in the US and dependent areas. In 2018 the number of individuals that received an HIV diagnosis was:

37,968 in the US & dependent areas 98 in Iowa 6 at Primary Health Care



Sample Documents Created: **HIV Opt Out Testing**

- PHC HIV testing data
- Project charter
- Policy
- Procedure
- Workflow
- Sample Script
- Training plan



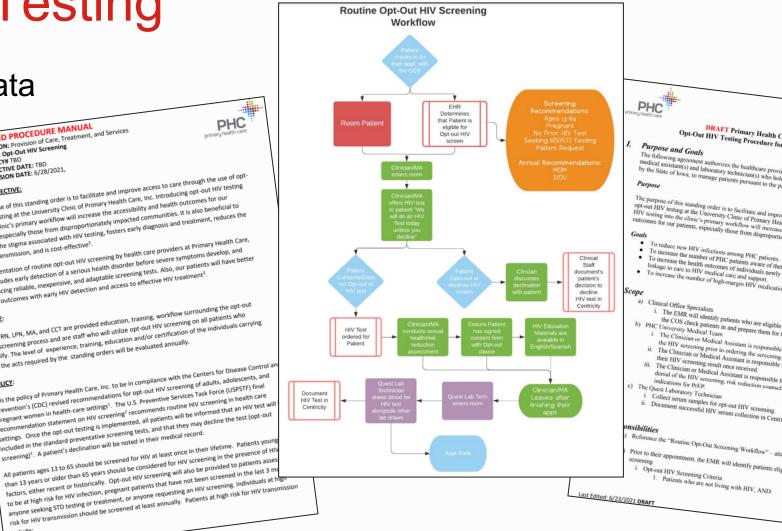
Settings. Once the opt-out testing is implemented, all patients will be informed that an HIV test will

settings. Once the opt-our resting is implemented, all patients will be informed that an INV test will included in the standard preventative screening tests, and that they may decline the test (opt-out

All patients ages 13 to 65 should be screened for HIV at least once in their lifetime. Patients young than 13 years or older than 65 years should be considered for HIV screening in the presence of HIV

factors, either recent or historically. Opt-out HIV screening will also be provided to patients assess to be at high risk for HIV infection, pregnant patients that have not been screened in the last 3 mg

screening)¹. A patient's declination will be noted in their medical record.



DRAFT Primary Health Care, Inc. Opt-Out HIV Testing Procedure for PHC University

Purpose and Goals

The following agreement authorizes the healthcare provider(s), registered nurse(s), certified Inc totowing agreement authorizes the neatherare provider(s), registered nurse(s), certified medical assistant(s) and laboratory technician(s) who hold an active license to practice issued medical assistants) and informative techniciants) who note an active needs to pract by the State of Iowa, to manage patients pursuant to the parameters outlined below.

The purpose of this standing order is to facilitate and improve access to care through the use of and the University Clinic of Privacy, Health Came Inc. Interdspring out of the University Clinic of Privacy, Health Came Inc. The purpose of this standing order is to facilitate and improve access to care through the use of opt-out HIV testing at the University Clinic of Primary Health Care, Inc. Introducing opt-out HIV testing into the clinic's primary work flow will increase the accessibility and health ope-out fit y testing at the University Clinic of Primary Health Care, Inc. Introducing opt-HIV testing into the clinic's primary workflow will increase the accessibility and health THY usuing into the crime's primary work now with increase the accessionity and neuro-outcomes for our patients, especially those from disproportionately impacted communities

- 10 reduce new HIV intections among FIR. patterns.
 To increase the number of PHC patients aware of their HIV statuses.
- To increase the humoer of rise paneins aware or men HIV stantes.

 To increase the health outcomes of individuals newly diagnosed with HIV through To increase the number of high-margin HIV medications filled at PHC pharmacies.
- - i. The EMR will identify patients who are eligible for opt-out HIV screening and the COS check patients in and prepare them for their appointment
- The Clinician or Medical Assistant is responsible for informing the patient about
- the FITY servening prior to ordering the servening.

 The Clinician or Medical Assistant is responsible for informing the patients of
- iii. The Clinician or Medical Assistant is responsible for recording acceptance or The CHRICIAN OF SPECICAL ASSISTANT IS TESPOLISHING AN IEVENUIS OF SPECIAL OF THE CHRISTIAN OF THE PROPERTY OF THE CHRISTIAN O c) The Quest Laboratory Technician

- i. Collect serum samples for opt-out HIV screening. ii. Document successful HIV serum collection in Centricity.

ASSESSMENT OF THE PROJECT OF THE PRO

Prior to their appointment, the EMR will identify patients eligible for opt-out HIV

- Patients who are not living with HIV, AND:



Scope of Work - Healthcare Equity Index (HEI)

- Project Charter
- Review of Human Rights
 Campaign website,
 requirements, and documents
- Review and research PHC status for all HEI criteria
- Determine stages of change and rate PHC for all HEI criteria
- Note strengths and weakness within each category
- Draft action plan for HEI certification



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Practice Transformation Project w/ Primary Health Care
HEI Center of Excellence Project

Goal: Determine the level of readiness PHC University location is at with each requirement to receive HEI Center of Excellence certification.

Scope of Work to be completed by June 30, 2021. PHC staff selected will work on this project outside of PHC paid time. Payment for <u>projection</u> completion will total \$3250, to be paid in increments as target action steps are completed. Anticipated number of hours for the project is

PHC staff will work closely with MATEC PT Coach and provide detailed reporting on all action steps. An introductory meeting with the MATEC PT Coach and HIV Program Director will be the start of the project. Some additional virtual meetings may be required to touch base and adjust/add to action steps as needed. Please note that meetings will be scheduled during the lunch hour to not interfere with PHC staff time. A final presentation meeting will be held with MATEC PT coach and PHC management. Project staff will need to be prepared to attend an executive board meeting with the HIV Program Director and assist in presenting the project, to be completed after June 30, 2021.

Action Steps

- 1) Develop and maintain google doc folder of all resources gathered, notes, etc
- 2) Finalize Project Charter draft developed by HIV Program Director
- Review the <u>Human Rights Campaign Foundation</u>, National LGBTQ Healthcare Equality Index Center of Excellence website, requirements and documents
- a) Healthcare Equality Index Resource Guide
- b) Guidelines for Outpatient Clinics with Multiple Locations
- c) HEI 2022 Rating System and Methodology
- d) HEI Scoring Criteria
- i) Be sure to click on each blue section's + for more details
- e) HEI 2020 Question Requirements Grid
- 4) Determine single site vs whole organization requirements
- a) Coordinate meeting with HEI staff**
 - i) MATEC PT Coach has emailed with HEI and they would like to talk regarding
- ii) Connect with HEI to set meeting with MATEC PT Coach and HIV Program Director

- b) Meet with MATEC PT Coach and HIV Program Director and present data and progress in steps 1-4
- 5) Prepare to rate all required HEI criteria
- Review the <u>'HEI-2022-Question-Requirements-Grid and Readiness to Change'</u> document that will be used for this project
- i) See lines 90-96 for stages of change rating guidance
- b) Learn about the public health stages of change model by viewing these two sites:
- i) Stages of Change (pgs 1-3)
- ii) Australian Department of Health
- c) Meet with MATEC PT Coach and HIV Program Director to discuss step 6
- 6) Determine stages of change and rate each HEI criteria
- a) Research the progress and stage of change for PHC University clinic for each HEI criteria
- Using the public health stages of change model, rate each HEI criteria on the <u>'HEI-2022-Question-Requirements-Grid and Readiness to Change'</u> document, columns E-J
- c) Include hyperlinks all all relevant policies, procedures or documents in column K
- d) Include all relevant notes, why you rated it a certain way, in column L, including:
 i) What research you did to determine rating
- ii) Staff you consulted
- e) Include notes on changes required to successfully meet HEI criteria, if not rated as maintenance meeting best practice criteria
- Meet with MATEC PT Coach and HIV Program Director and present data and progress in step 6 and discuss step 7
- 7) Draft action plan for HEI certification
 - a) Utilizing the data in step 6 to develop an written action plan to successfully meet all requirements
 - i) Utilize column M to develop detailed action plan
 - Develop an action plan in a word document, <u>see example</u>. Details may include:
 (1) PHC staff responsible for changes
 - (2) Key PHC staff important need to moving toward implementation
 - Rey PHC starr important need to moving toward implements
 Budgetary considerations to make changes
 - (4) Structural changes needed
 - (5) Is collaboration needed for training with outside agencies or is there a trainer internal
 - Meet with MATEC PT Coach and HIV Program Director and present drafts and progress of complet project

Payment

The project payments will total \$3250 with successful completion of all seven steps. A detailed summary of each step and hours worked must be submitted to the MATEC PT Coach for each

payment. Payments will be broken down into three installments, each to be processed upon completion of required steps. Action steps within the seven key steps may alter slightly as the project progresses. Deadline for project completion is June 30, 2021 with a recommended, but flexible, timeframe for the steps outlined below.

Payment Breakout

Steps 1-4 - \$1000 payment with target date of May 21, 2021 Steps 5-6 - \$1000 payment with target date of June 16, 2021

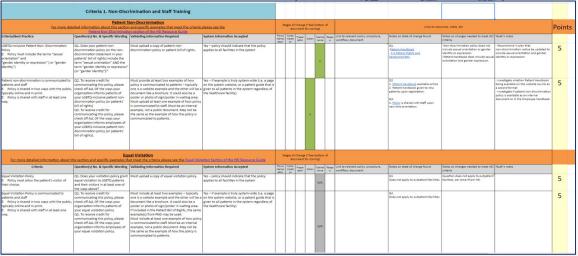
Step 7 - \$1250 payment with target date of June 29, 2021



Sample Documents Created: HEI

- HEI criteria excel sheet (60+ criteria) with:
 - Requirements and validation materials needed
 - Links to PHC required documents
 - Rating & "Stages of Change"
 - Notes on readiness to change
 - Notes on strengths/weaknesses
- HEI draft action plan (8 page document)





https://www.hrc.org/resources/healthcare-equality-index



Benefits to partnering with an outside agency on quality improvement/practice transformation projects



Practice Transformation Benefits to Clinic

- Outside partner to facilitate change and quality improvement projects
- PT Coach can do the preliminary research and draft documents
- Allows clinic to analyze data and review priority projects
- Provides access and equitable health care
- Special emphasis: MATEC resources allowed us to accomplish so much more



Special Projects Benefits to Clinic

- Provides education for clinical and nonclinical staff to know more about the topic area
- Prescreening (testing or questionnaires) catches health concerns early or earlier
- Opt Out Testing:
 - #1 reason, it's just good practice
 - Normalizes efforts & a method of eliminating stigma.
 - Closes the gap- catch those missed opportunities to educate and test



Special Projects Benefits to Staff

- Develop new skills and responsibilities
- Adds to their professional portfolio
- Opportunity for future job projects and/or promotions
- Self initiative to expand project scope and reached out to peer clinics
- Recognition by other leaders and departments
- Have become the internal "expert" on the subject



Special Projects Benefits to PT Project

- PHC has a strong intent to do transformation
- Strong partnership/trust with PHC & Program Director
- Valuable insight from front line staff
- Accelerated work within the PT project goals
- Would not have completed the amount of work, or depth, within the project year without the staff support

*Note, the special projects did NOT decrease coach work, but rather increased the workload



Thank you!!

Kathryn Burklund Project Manager She | Her | Hers

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MATEC Resources

Clinical Consultation Center

http://nccc.ucsf.edu/

- HIV Management
- Perinatal HIV
- HIV PrEP
- HIV PEP line
- HCV Management
- Substance Use Management

AETC National HIV Curriculum

https://aidsetc.org/nhc

AETC National HIV-HCV Curriculum

https://aidsetc.org/hivhcv

Hepatitis C Online

https://www.hepatitisc.uw.edu

AETC National Coordinating Resource Center

https://aidsetc.org/

Additional Trainings

https://matec.info



Questions and Discussion

