The Basics of Medicare Eligibility and Enrollment for Aging Ryan White HIV/AIDS Program (RWHAP) Clients: Training and Partnership Opportunities

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Learning Objectives



At the conclusion of this activity, participants will be able to:

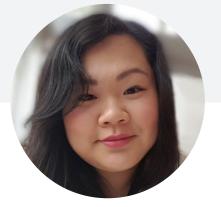
- 1. Describe the Medicare eligibility criteria and enrollment process for RWHAP clients.
- 2. Explain the different parts of Medicare and what they cover.
- **3**. Access information and support through the ACE TA Center and area SHIPs.
- 4. Identify potential partnerships with local organizations that assist older adults with health care access.
- 5. Discuss common questions and challenges faced by older adults with HIV when enrolling in Medicare.

Today's presenters

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Engage, enroll, and retain

clients in health coverage (e.g., Marketplace and other private health insurance, Medicare, Medicaid).



Communicate with RWHAP clients

about how to stay enrolled and use health coverage to improve health care access, including through the use of Treatment as Prevention principles.



Improve the clarity

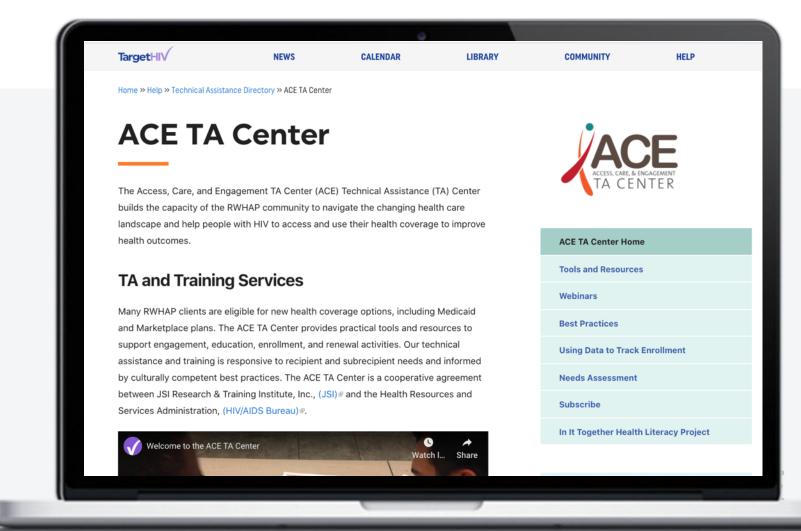
of their communication around health care access and health insurance.



- RWHAP program staff, including case managers
- RWHAP organizations (leaders and managers)
- RWHAP clients
- Navigators and other in-person assisters that help enroll RWHAP clients

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The Changing Demographics of RWHAP Clients

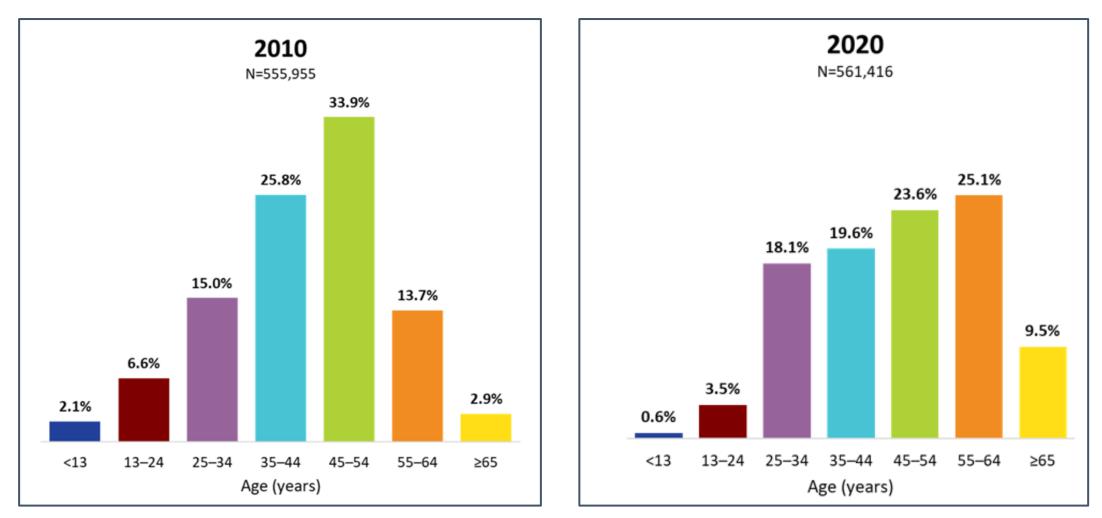


More RWHAP clients are aging into Medicare

- Nearly half (47.9%) of all RWHAP clients are aged 50 years and older, and this is projected to rise to two-thirds by 2030.
- 10.6% of RWHAP clients have Medicare coverage, and an additional 7.5% of clients have both Medicare and Medicaid



Ryan White HIV/AIDS Program clients, by age group, 2010 and 2020 — United States and 3 territories



Medicare Eligibility for People with HIV



Primary criteria for Medicare eligibility

• To enroll in Medicare, an individual must be a U.S. citizen or a legal resident for at least five years (with some exceptions).

• Three potential pathways:

- Age 65 or older
- Under 65 with a qualifying disability
- Have End Stage Renal Disease (ESRD)



Qualifying for Medicare under 65 with a disability

- In order to qualify for Medicare under age 65 due to a disability, you must:
 - Qualify for Social Security
 Disability Insurance (SSDI) benefits
 - Have received SSDI payments for at least 24 months
- HIV status alone generally does not qualify for SSDI.
- People with HIV can still qualify for SSDI by meeting the medical requirements for another physical or mental health condition.



The Different Parts of Medicare



Medicare Parts A, B, and D

Covers:

- Inpatient hospital care
- Skilled nursing facility care
- Hospice care
- Home health care

Covers:

- Services from doctors and other health care providers
- Preventive services
- Outpatient care
- Medications administered by a physician
- Home health care
- Durable medical equipment

Covers:

 Cost of outpatient prescription drugs, including all HIV antiretroviral medications

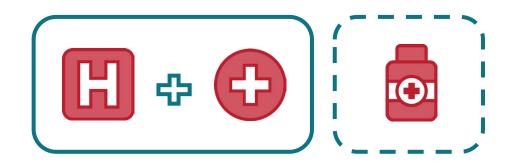
Original Medicare



- Includes hospital (Medicare Part A) and medical coverage (Medicare Part B).
- Does not include supplemental prescription drug coverage (Medicare Part D), which must be purchased separately.
- Original Medicare plans are administered by the federal government.



The gaps in Original Medicare coverage

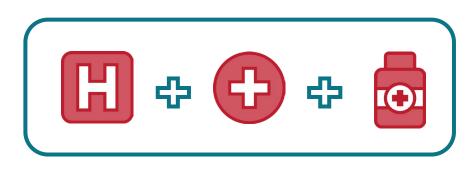


- The Medicare Part A deductible is based on a 90-day benefit period.
 - The deductible can be applied more than once a year.
 - Once the deductible is met, a client could face additional charges for hospitalizations, skilled nursing care, and blood products.
- The Medicare Part B deductible is based on an annual benefit period.
 - After the deductible is met, Medicare pays 80% of approved charges and the client is responsible for the remaining 20%.



Medicare Advantage/ Medicare Part C





- Medicare Advantage plans are "bundled" plans that include hospital (Medicare Part A), medical (Medicare Part B), and prescription drug coverage (Medicare Part D).
- Medicare Advantage is also called Medicare Part C.
- Plans may have a monthly premium. RWHAP, including the AIDS Drug Assistance Program (ADAP), may be able to help.
- Plans may provide extra services, such as vision or dental.
- Medicare Advantage is administered by private insurance companies that contract with the government.



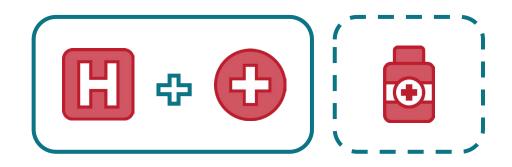
Opting for Medicare Advantage instead



- A client may not be able to find a plan that works with all of their providers and could face higher out-of-pocket costs to see an "out of network" provider.
- Medicare Advantage may be a better option for clients with less complex medical needs and those who do not often travel outside their state.



Medicare supplemental insurance (Medigap)



- Medigap policies provide supplemental insurance to help cover the remaining costs of Medicare Parts A and B coverage, such as copays and deductibles.
- Medigap policies are sold by private companies but standardized by law.
- A client must have Medicare Parts A and B (Original Medicare) to enroll in a Medigap policy.
- Medigap does not cover Medicare Part D prescription drug coverage copays, co-insurance, or deductibles for Medicare.



Comparing coverage and costs

Original Medicare	Medicare Advantage (aka Part C)
Administered by the federal government	Administered by private insurance companies
Includes Part A (hospital insurance) and Part B (medical insurance)	Includes Part A (hospital insurance) and Part B (medical insurance)
Clients can opt to purchase an additional standalone Part D (prescription drug coverage) plan	Often, but does not always, includes Part D (prescription drug coverage)
Clients can opt to purchase a Medigap (supplemental coverage) policy to help with out-of-pocket costs	Typically, but does not always, includes lower out-of-pocket costs and extra benefits

Shop and compare Original Medicare and Medicare Advantage plans at <u>www.medicare.gov</u> Medicare Part D: A Deeper Dive into Prescription Drug Coverage



Two ways to get Medicare prescription drug coverage

Purchasing an optional Medicare Part D prescription drug coverage plan (along with Original Medicare)



Enrolling

in a Medicare Advantage **Plan (Medicare Part C)**

Original Medicare enrollees only need to have Medicare Part A or Part B to purchase a Part D plan.

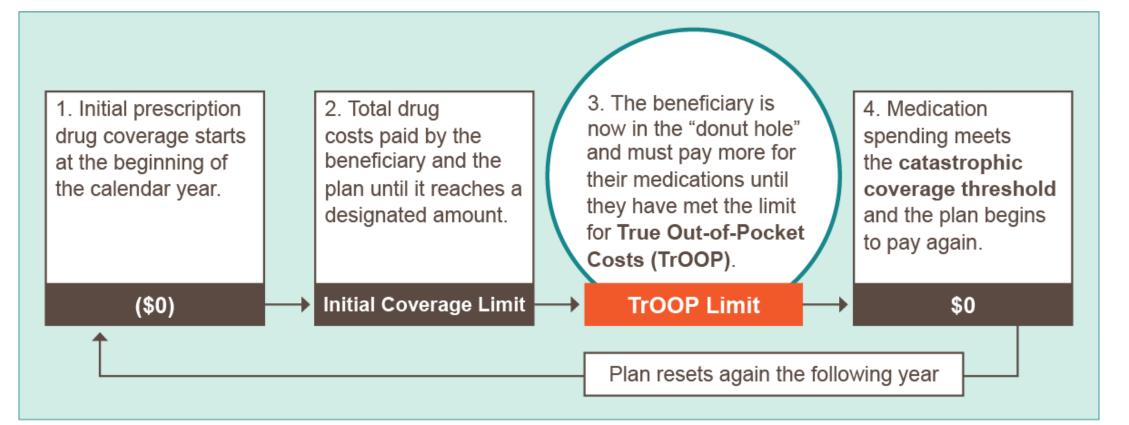
Medicare Rx plan: HIV drug coverage

- All Medicare prescription drug plans are required to cover all or nearly all drugs in **6 protected drug classes**, including HIV antiretroviral treatments.
- HIV drugs are required to be covered without any utilization management (e.g., prior authorization or step therapy).
- However, there are some Part D restrictions for non-HIV medications, including "medication not on formulary" and "quantity limit" issues.



The donut hole for prescription drug coverage

- The coverage gap when Medicare drug coverage has ended but an individual does not yet qualify for catastrophic coverage.
- During this period, the amount an individual pays will be higher.



Medicare Enrollment Pathways

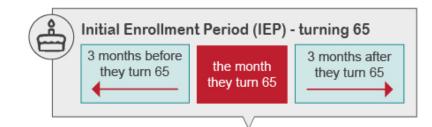




Claiming Social Security Disability Insurance (SSDI) – under age 65 A person with SSDI will automatically qualify for Medicare after they have received SSDI payments for 24 months.

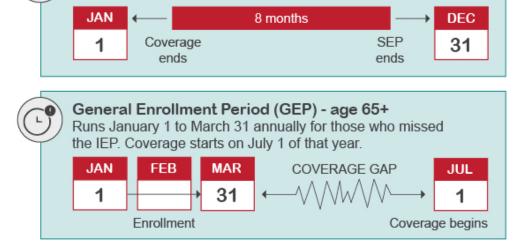
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Claiming Social Security Retirement Benefits – age 62 to 65 A person may claim Social Security retirement benefits as early as 62, and will be auto-enrolled into Medicare at 65.





Overview of Medicare Enrollment Pathways



8 month window to apply after losing employer sponsored coverage.

Special Enrollment Period (SEP) - age 65+

Initial Enrollment Period (IEP) for people about to turn 65



If a person signs up for Medicare during the first 3 months of their Initial Enrollment Period, in most cases, their Medicare coverage starts the first day of their birthday month. However, if their birthday is on the first day of the month, their coverage will start the first day of the prior month. If they enroll in Medicare the month they turn 65 or during the last three months of their Initial Enrollment Period, the start date for their coverage will be delayed.

Coverage begins one to three later, depending on when they enroll.

Special Enrollment Period (SEP) for people transferring from employer coverage

- If a client is covered by employer insurance (their own or their spouse's), they are NOT required to sign up for Medicare at age 65.
- When their employer coverage ends, they qualify for an 8-month SEP.



Coverage begins the first month after they enroll.

General Enrollment Period (GEP) for late enrollees

- Enroll through the GEP if they missed the IEP and don't qualify for an SEP.
- The GEP runs from January 1 to March 31 annually, but coverage does not start until July 1 of that year.
- A client may have to pay a late enrollment penalty for Medicare Part A (if they don't qualify for premium-free Part A) or Medicare Part B.
- They cannot enroll in Medicare Part D until their Part A or B coverage starts.



How to avoid penalties: sign up when first eligible

Medicare Part A Penalty

- For people who don't qualify for premiumfree Part A, pay an additional 10% on their monthly premium for twice the number of years they were eligible.
- Can be avoided if they have employersponsored coverage.

Medicare Part B Penalty

- Pay an additional 10% for each year they were eligible (a lifetime penalty!)
- Can be avoided if they have employersponsored coverage or qualify for a Medicare Savings Program.
- If incurred prior to age 65, can be reset to \$0 during IEP at age 65.



How to avoid penalties: sign up when first eligible

Medicare Part D Penalty

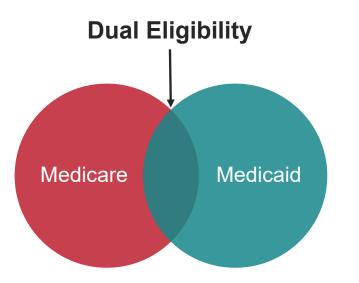
- Pay an additional 1% of a national benchmark amount for each full, uncovered month a person did not have Part D or other creditable coverage.
- This is also a lifetime penalty!
- Generally significantly smaller than Part A or B penalties and much easier to resolve
- Can be avoided by having creditable prescription drug coverage or qualifying for the Extra Help program



Dual Eligibility Fundamentals



What is dual eligibility?



- An individual is eligible for both Medicare and their state Medicaid program simultaneously
- Medicare Eligibility

 Age 65 or older
 Under 65 with a qualifying disability
 People with ESRD
- Medicaid Eligibility (varies by state)

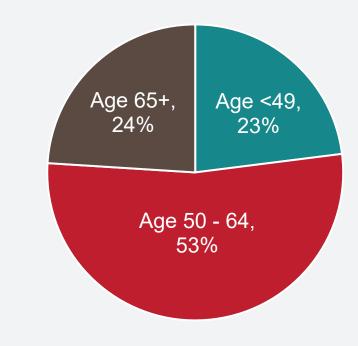
 Children
 - Pregnant women
 - Adults in families with dependent children
 - $_{\odot}$ Individuals with disabilities
 - \circ Elderly people
 - $_{\odot}$ ACA expansion group



Aging, dual eligibility, and the RWHAP

Among dually eligible RWHAP clients:

 The vast majority are over age 50
 One-fourth are aged 65 and older
 The majority are African American or Hispanic/Latino





Source: HRSA – RWHAP Service Report (RSR), 2020

What is integrated care?

- A model of care where a single entity coordinates with Medicare and Medicaid to conduct administrative activities, financing, care management, and service delivery for people who are dually eligible for both programs.
- Integrated care plans (ICPs) aim to:

 Increase health care access
 Improve care quality
 Reduce costs
- Typically includes primary care, acute care, behavioral health, and long-term services and supports, when possible.
- Not standardized or available in every state.



Billing and the Role of RWHAP/ADAP



Overview of billing and payors

First Payor

Medicare always pays first for medically necessary, Medicarecovered services that are also covered by Medicaid, such as inpatient and outpatient care.

Second Payor

Medicaid pays next for services that Medicare (including Medigap, if applicable) does not cover or only partially covers, such as long-term services and supports.

Last Payor

As the payor of last resort, the **RWHAP**, including **ADAP**, pays for HIV-related services that Medicare and Medicaid do not cover or only partially cover.



Role of RWHAP

RWHAP can help clients with:

 Medical case management and support services
 Enrollment into health coverage, including Medicare and Medicaid
 Linkage to local, state, and federal assistance programs that may further reduce out-of-pocket costs



How RWHAP can help with Medicare costs • RWHAP funds <u>may</u> be used to pay for Medicare premiums and cost sharing associated with Medicare Parts B, C, and D coverage:



Outpatient/ambulatory health services
 (Medicare Part B)



- Prescription drug coverage (Medicare Part D) that includes at least one drug in each class of core antiretroviral therapeutics
- Note: RWHAP funds cannot be used to pay for Medicare Part A premiums, per <u>HRSA HAB PCN #18-01</u>



Enrollment Challenges and Best Practices, including SHIP



Common enrollment challenges

- Online system inability to verify identity stalls online applications for Medicare Parts A & B.
- Lengthy wait times
 - To get through to SSA
 To apply by phone for Parts A and B
- Difficulties recovering passwords for accounts (especially w/o email)

 Website to apply for Parts A and B
 Medicare.gov
- Language barriers
- Predatory enrollment by:
 - Scammers
 - o Brokers
 - Other assisters w/ affiliations to insurance companies



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BEST PRACTICE #1: Ensure continuity of coverage

- Confirm with clients that their current providers accept Medicare: <u>medicare.gov/care-compare</u>
- Help clients compare Medicare drug plans in their area and choose one that covers their HIV medications and other non-HIV medications: <u>medicare.gov/plan-compare/</u>
- **Reminder**: The RWHAP, including ADAP, may help pay for some Medicare premiums, deductibles, and copayments.



BEST PRACTICE #2: Actively enroll

- For clients who choose Original Medicare, enroll through Social Security
- For clients who choose Medicare Advantage, a Medicare Part D plan, or Medigap, enroll through Medicare.gov
- Only a small subset of people are automatically enrolled in Medicare:
 - People already receiving Social Security retirement benefits
 - People receiving 24+ months of Social Security Disability Insurance (SSDI) benefits
 - People with ESRD or Amyotrophic Lateral Sclerosis (ALS)



BEST PRACTICE #3: Avoid penalties

- Help clients enroll as soon as they are eligible to avoid late enrollment penalties and minimize gaps in coverage.
- Create EHR reminders or ask medical case managers to flag clients who:
 - Are approaching their 65th birthday
 - Will be receiving their 25th month of SSDI benefits



BEST PRACTICE #4: Provide oneon-one enrollment support Establish a relationship with your local State Health Insurance Assistance Program (SHIP) and/or area aging agency: <u>shiphelp.org</u>

 Local SHIPs are often housed under area aging agencies

• Two options for engaging with SHIP:

 Refer clients to SHIP for external Medicare enrollment support

 Support RWHAP staff to become trained SHIP counselors in order to build in-house enrollment capacity



State Health Insurance Assistance Programs (SHIP)

- State-based programs that provide **local and objective insurance counseling** and assistance to Medicare-eligible individuals, their families, and caregivers.
 - \odot Review health or drug plan options
 - $_{\odot}$ Explore financial assistance options
 - Explain how Medicare works with other types of health coverage
 - Help with complex issues such as dual eligibility for Medicaid and Medicare.
- Find your local SHIP: <u>shiphelp.org/about-</u> medicare/regional-ship-location



Train RWHAP staff as SHIP counselors

• RWHAP and ADAP program staff are ideal SHIP counselors.

- They understand the eligibility requirements for both programs, the coverage needs of people with HIV, and state-specific programs.
- Training programs and certification requirements may vary by state.
 - Individual SHIP counselors must be associated with a SHIP-certified organization.
 - Contact your state health department for more information.



Benefits of becoming a SHIP counselor

- Rapport is already established with those on your case load.
- Ability to ensure your RWHAP clients obtain the most appropriate coverage.
- Ability to explain to clients how the coverage will interact with the ADAP and other RWHAP benefits.



Additional partnership strategies

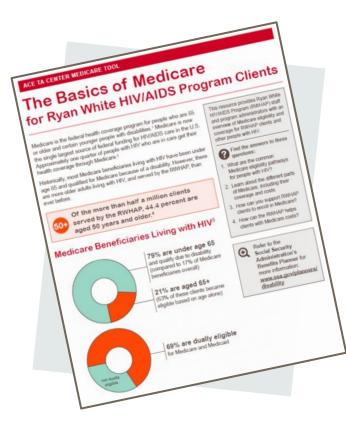
- Communicate with providers to learn what plans are accepted.
- Work with RWHAP case managers to narrow down plan options or gather needed details before enrollment appointment.
- If your agency is not a SHIP site, determine if any other RWHAP agencies are SHIP sites.
- Stay up-to-date as to what your state's RWHAP program covers and the process to obtain that assistance.

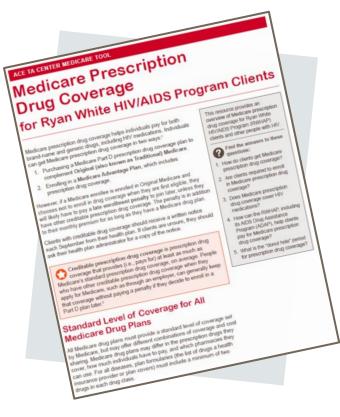


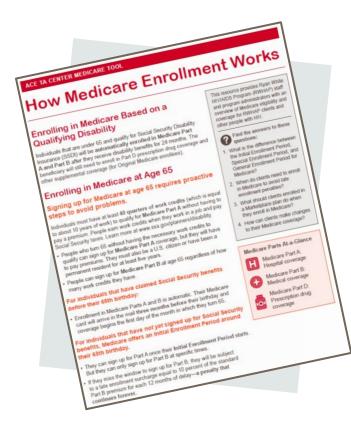
Resource Round-Up



ACE TA Center Medicare Resources



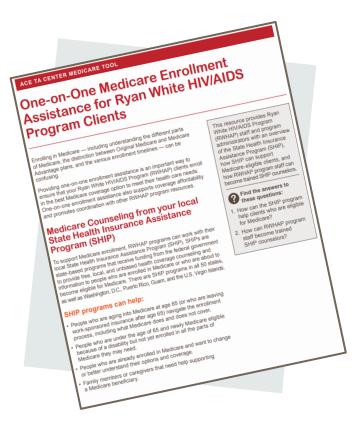


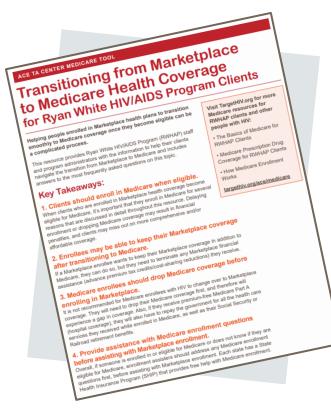


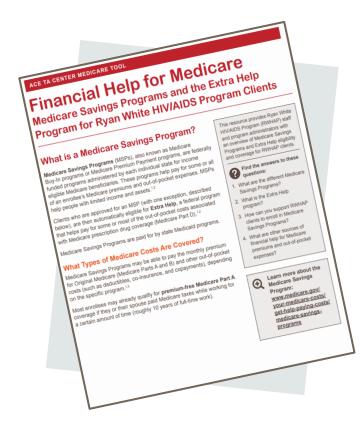
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ACE TA Center Medicare Resources





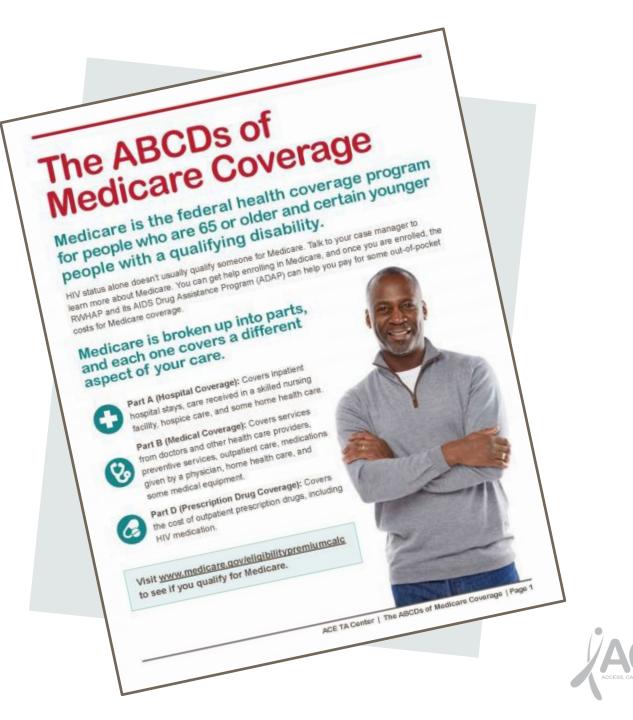


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ACE TA Center Medicare Resource for Clients





ACE TA Center Medicaid Resource

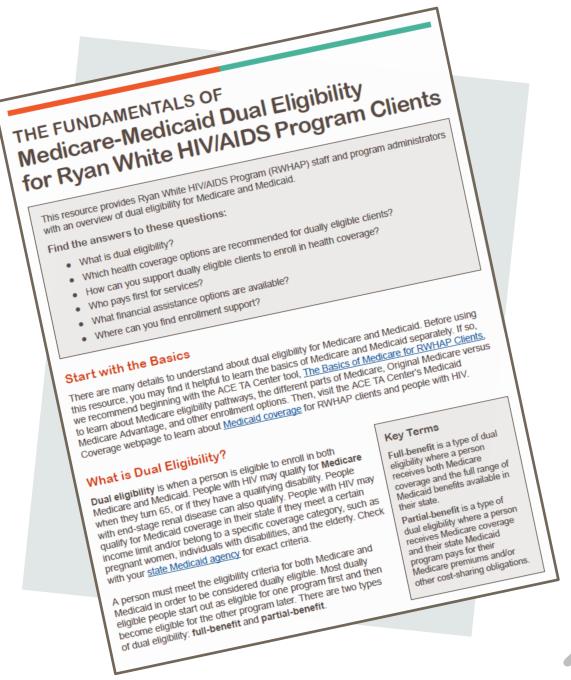






ACE TA Center Dual Eligibility Resource

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