

**Long-Term Medication Behavior Self-Efficacy Scale  
Treatment Adherence Program**

Patient Name _____
Date of Visit _____

<b>We would like to know how much confidence you have about doing each of the behaviors listed below. For each of the following statements, please circle the number that best indicates your level of confidence in performing the behavior.</b>					
	Very little		Quite a lot		
1. Taking my medication when I am at home.	1	2	3	4	5
2. Taking my medication even though the pills are big and difficult to swallow.	1	2	3	4	5
3. Taking my medication even though it is very expensive.	1	2	3	4	5
4. Taking my medication in the absence of medication aids (e.g., pill box, calendar,...)	1	2	3	4	5
5. Taking my medication when nobody helps me get ready.	1	2	3	4	5
6. Taking my medication while at work.	1	2	3	4	5
7. Taking my medication during the weekend.	1	2	3	4	5
8. Taking my medication when it may give me heartburn.	1	2	3	4	5
9. Taking my medication even if it may cause nausea.	1	2	3	4	5
10. Taking my medication when I feel very healthy.	1	2	3	4	5
11. Taking my medication when it is prescribed to be taken twice daily.	1	2	3	4	5
12. Taking my medication when the time to take it does not coincide with my meal times.	1	2	3	4	5

	<b>Strongly Agree</b>		<b>Strongly Disagree</b>		
13. Taking my medication when I am in the middle of a project at home.	1	2	3	4	5
14. Taking my medication when it may give me diarrhea.	1	2	3	4	5
15. Taking my medication when nobody reminds me about the time at which I should take the medication.	1	2	3	4	5
16. Taking my medication when I have visitors in my home.	1	2	3	4	5
17. Taking my medication when I have gotten very angry at a friend.	1	2	3	4	5
18. Taking my medication when I am in pain.	1	2	3	4	5
19. Taking my medication while watching an exciting program on TV.	1	2	3	4	5
20. Taking my medication when I feel very ill.	1	2	3	4	5
21. Taking my medication when I feel very sad.	1	2	3	4	5
22. Taking my medication while unknown people are watching me (e.g., in a restaurant.)	1	2	3	4	5
23. Taking my medication when it makes me vomit.	1	2	3	4	5
24. Taking my medication when I am having an argument with my partner.	1	2	3	4	5
25. Taking my medication when I am at a party.	1	2	3	4	5
26. Taking my medication while taking a long walk.	1	2	3	4	5
27. Taking my medication while in a bar.	1	2	3	4	5