

# NAVIGATOR CASE MANAGEMENT INTERVENTION



**Navigator Case Management (NCM) is a 12-month intervention for people with HIV who are incarcerated and are leaving to return to the community. The intervention leverages harm reduction, prevention case management, and Motivational Interviewing techniques to promote healthy behaviors.**

**Download intervention how-to guides and explore resources to help you innovate while replicating interventions that link, re-engage, and retain people within HIV care at [www.CIEhealth.org](http://www.CIEhealth.org).**



## Priority Population

People with HIV, who are currently incarcerated and are returning to the community



## The Challenge

An estimated one in seven people with HIV leave prison or jails each year in the United States, and many struggle to access care and treatment upon release, with as many as 95 percent experiencing a gap in HIV treatment.<sup>1</sup> HIV prevalence rates among Black people are disproportionately high, and within prison systems, they constitute the highest proportion of people with HIV.<sup>2</sup>



## The Model

NCM addresses the challenges faced by incarcerated individuals who are returning to the community by using a patient navigation-enhanced case management approach to support engagement in HIV care. The model leverages the expertise of patient navigators who assist case managers with monitoring client's adherence to care and who mentor and counsel clients before and after their release from jail.



## Pilot and Trial Sites

San Francisco County Jail



## Impact

Clients were twice as likely to be linked to care within 30 days of being released from jail and were almost twice as likely to be retained in care during the intervention period. Individuals who received treatment for substance use disorders were four times as likely to be linked to care upon release.<sup>1</sup>

<sup>1</sup>Myers, J. J., Kang Dufour, M. S., Koester, K. A., Morewitz, M., Packard, R., Monico Klein, K., Estes, M., Williams, B., Riker, A. & Tulsy, J. (2018). The effect of patient navigation on the likelihood of engagement in clinical care for HIV-Infected individuals leaving jail. *American Journal of Public Health*, 108(3), 385–392. [doi.org/10.2105/AJPH.2017.304250](https://doi.org/10.2105/AJPH.2017.304250)

<sup>2</sup>U.S. Centers for Disease Control and Prevention. (2017, July 17). HIV continuum of care, U.S., 2014, overall and by age, race/ethnicity, transmission route and sex. [Press release]. Retrieved from <https://www.cdc.gov/nchhsp/newsroom/2017/HIV-Continuum-of-Care.html>