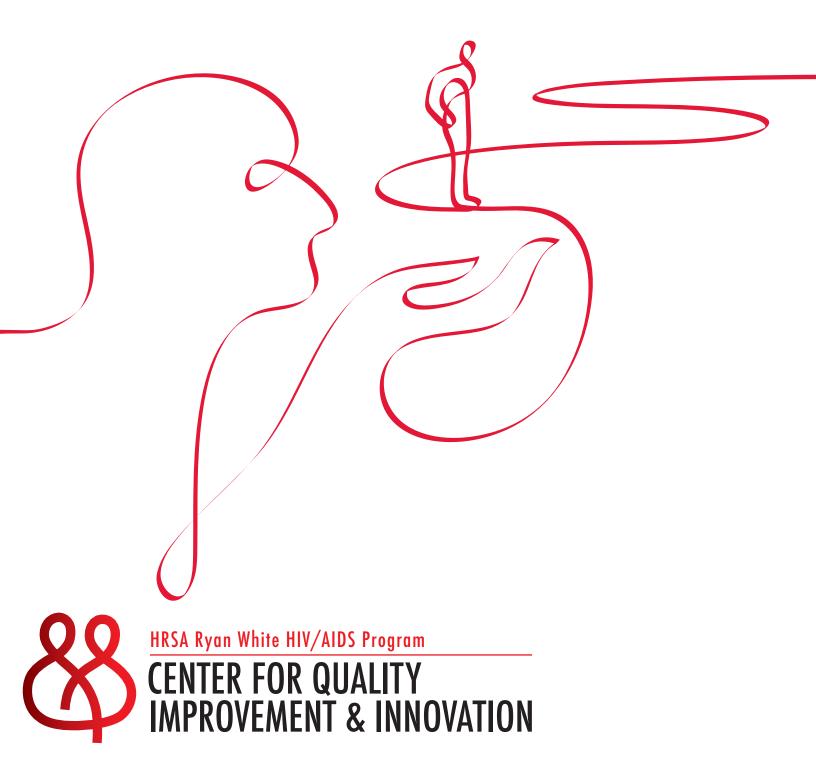
Think Big. Start Small.

HRSA Ryan White HIV/AIDS Program
Center for Quality Improvement & Innovation
Supports Your Improvement Efforts.



# You work hard. Why improve?

In the last three decades, care for individuals with HIV has advanced at a phenomenal pace, and improvements have been accomplished for many. But gaps in care still exist. Reductions in HIV-related morbidity and mortality are uneven across HIV populations. Chasms exist between the quality of care that should be provided and the care that people with HIV actually receive.

Help is available. The HRSA Ryan White HIV/AIDS Program Center for Quality Improvement & Innovation has been created with your needs in mind. Join us and together we will improve HIV care.

Providers and patients have called for action to improve quality of care for people with HIV and to advance HIV care for all populations. The National HIV/AIDS Strategy pushes for an increased number of people with undetectable viral loads.

Accomplishing these goals is easier said than done. Many providers face barriers when trying to deliver high quality care to every patient, every time. We all know how challenging it is to start and sustain a clinical quality management program when your time, money, and staff are stretched to the limit. And if you do manage to get your staff excited for quality improvement, will you have the technical know-how to make the changes needed to align with these national priorities? Will you reach the next performance level and sustain a mature quality management program?

Since 2000, Ryan White legislation has included specific provisions directing each recipient to establish and sustain effective clinical quality management programs. However, years after reauthorization, many Ryan White HIV/ AIDS Program-funded recipients still lack the knowledge, and necessary skills needed to craft sustainable quality management programs that are linked to improved health outcomes.



# Take the first step. CQII can help.

The HRSA Ryan White HIV/AIDS Program Center for Quality Improvement & Innovation (CQII) provides leadership and support in quality improvement for Ryan White HIV/AIDS Program recipients and subrecipients nationwide. Funded by the HRSA HIV/AIDS Bureau through a cooperative agreement with the New York State Department of Health AIDS Institute, CQII was founded to provide the best possible technical assistance on quality improvement to Ryan White HIV/AIDS Program-funded entities across all Parts. The aim of this national program is to build the necessary capacity among recipients and subrecipients to improve the quality of HIV care and services across the United States. CQII services have been specifically crafted with busy HIV providers in mind.

Think of the Center for Quality Improvement & Innovation as your personal quality improvement expert, a hands-on assistant who will help advance your quality management competencies.

### CONTENTS

This brochure provides an overview of key HRSA Ryan White HIV/AIDS Program Center for Quality Improvement & Innovation services. Take advantage of our offerings and take quality improvement to a whole new level.

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Struggling with quality mandates? CQII meets your unique needs, both on-site and virtually.

Do you often ask yourself, "How do I start a quality management committee?" "How can I use performance data to start a quality improvement project?" If so, you're not alone.

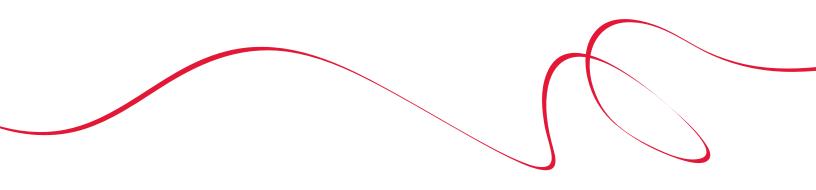
The HRSA Ryan White HIV/AIDS Program Center for Quality Improvement & Innovation (CQII) provides no-cost, intensive technical assistance specifically designed to meet the quality management needs of recipients and subrecipients. CQII contracts with a pool of national quality improvement experts who provide individualized, on-site and virtual coaching to recipients and subrecipients across all Parts. Past assistance has included:

- Utilizing quality performance data to build momentum for quality improvement activities
- Implementing local quality improvement initiatives
- Training staff and consumers on quality management
- Fostering leadership support for quality improvement
- Coordinating improvement efforts with recipients across all Parts

To initiate technical assistance, a request is submitted online to the HRSA HIV/AIDS Bureau (HAB). HAB will then match each agency with an expert who works with the agency to enhance and expand the local quality management program. Technical assistance objectives are developed during the first diagnostic conference call.

Since January 2005, CQII, formerly known as the National Quality Center (NQC), has provided well over 300 recipients of all Parts with technical assistance and coaching. Many have achieved a level of quality improvement competency far beyond their expectations, and their organizational assessment scores reflect these advancements in their improved quality management programs. The agencies have reported that the vast majority of their technical assistance objectives were fully achieved and the efforts to implement the recommendations were sustained even after their technical assistance. CQII coaches are available for your quality improvement journey.

"The skills, knowledge and professionalism of the CQII coach ... along with concrete and realistic recommendations for improvement, were invaluable."



ON-SITE TECHNICAL ASSISTANCE 5

# Request help. Let's meet face-to-face or virtually.

Help from a quality improvement expert is available to you. To request technical assistance for your Ryan White HIV/AIDS Program-funded HIV program, simply follow these steps: 1) access the online Technical Assistance Request Form; 2) complete the Form and submit to the HIV/AIDS Bureau; and 3) we do the rest together. Visit the CQII website linked below for more information.

Online at: <a href="https://targethiv.org/cqm-ta-request">https://targethiv.org/cqm-ta-request</a>



### Want to collaborate? Learn with CQII and your peers.

Like to see how others around the nation address the challenges you experience? Like to learn improvement techniques with expert support? Like to work together towards a common goal? The collaborative learning model allows for regional and national peer learning.

The HRSA Ryan White HIV/AIDS Program Center for Quality Improvement & Innovation (CQII) has led many national collaboratives to build capacity for quality improvement by providing for open discussions of improvement efforts — creating human connections that are sustainaed long after the active phase of the collaborative.

These initiatives include face-to-face learning sessions where participants share progress of their improvement strategies. Participants across all Parts implement relevant quality improvement activities based on established measures during action periods. To successfully reach these goals, participating teams receive support throughout the duration of the collaborative through scheduled webinars, a dedicated website, a web platform to share resources, support from HIV/AIDS Bureau project officers, and consultations with expert faculty members. These collaboratives challenge participants to think beyond the silos of funding and local complexities of quality improvement and encourage the national uptake of quality improvement projects.





CQII has launched a number of improvement collaboratives, which aim to:

- Strengthen quality management related collaboration and alignment across each Ryan White HIV/AIDS Program Part
- Measure a set of standardized performance indicators for local and national benchmarking
- Develop a unified regional quality management plan, supported by a work plan for implementation
- Conduct joint quality improvement projects
- Conduct routine assessments using standardized quality management assessment tools

Collaboratives launched by CQII and the HIV/AIDS Bureau include:

- Parts C and D Collaborative
- AIDS Education and Training Center (AETC) Collaborative
- Part A Collaborative
- Part B Collaborative
- Low Incidence Initiative
- Transitional Grant Areas (TGA) Initiative
- Cross-Part Collaborative
- DC Collaborative
- HIV Cross-Part Care Continuum Collaborative (H4C)
- end+disparities ECHO Collaborative
- create+equity Collaborative

Through our collaboratives, Ryan White HIV/AIDS Program recipients and subrecipients from each Ryan White HIV/AIDS Program Part were brought together often for the first time regionally to align improvement activities and to form a lasting learning community. Close to 30% of all Ryan White HIV/AIDS Program recipients have participated in our collaboratives so far. Collaboration and alignment across participating agencies improved through institutionalized leadership, creation of regional quality management plans, and measurement of standardized indicators. Most importantly, the care for people with HIV measurably improved as a result of these efforts.

"The interactions and exchanges with our peers were invaluable. We learned so much from them and could not have done it without their input."

### Join your peers. Learn together.

Participate in our next collaborative and learn from your peers. Network with your fellow HIV providers across all Ryan White HIV/AIDS Program funding streams in your region or across the nation for sharing and learning. Look for announcements of our upcoming collaboratives and join us. Visit our website to learn more about past and future collaboratives.

#### Online at:

https://targethiv.org/cqii/create-equity-collaborative





Does your staff have the will but lack training resources? We travel to train.

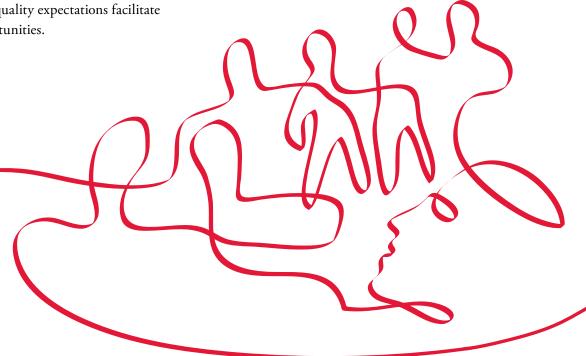
At the HRSA Ryan White HIV/AIDS Program Center for Quality Improvement & Innovation (CQII), we recognize that staff and providers often have the will to improve HIV care but lack the knowledge and skills they need. Plus, local trainers often are in short supply. Not anymore. Just tell us the date and location — we'll send expert trainers your way.

CQII sponsors training opportunities for Ryan White HIV/AIDS Program recipients and subrecipients on a variety of quality improvement topics. These workshops teach quality improvement basics and provide participants with a deeper understanding of how to improve HIV care, how to conduct improvement activities, measure performance, strengthen quality management programs, conduct organizational assessments, and lead quality improvement efforts. Experienced quality improvement experts with a sound understanding of HIV/AIDS Bureau quality expectations facilitate these training opportunities.

To champion cross-Part alignment, CQII organizes cross-Part regional quality improvement trainings. These provide opportunities for recipients and subrecipients of various Parts to meet and learn collaboratively about quality improvement. CQII travels throughout the country, ensuring convenience for all training participants..

CQII also offers three rigorous advanced training programs to quality improvement champions:

- The Training-of-Trainers (TOT) Program builds capacity for quality improvement by expanding the pool of qualified trainers of quality improvement
- The Training of Quality Leaders (TQL)
   Program builds individual capacity to effectively lead and facilitate quality improvement activities
- The Training on Coaching Basics (TCB)
   Program closes educational gaps by building the quality improvement capacity of quality leaders to coach other HIV providers on quality improvement



TRAINING PROGRAMS 13

Several thousand individuals have participated so far in CQII-sponsored workshops in locations across the United States, representing over 50% of all Ryan White HIV/AIDS Program-funded recipients. Evaluation results indicate that the vast majority of participants rated the trainings as very good or good, stated their own knowledge and skills had improved, and felt that the materials and facilitator provided a positive, real-world experience. These trainings prepare participants to take an active role in their own HIV quality management program, giving them the confidence and know-how to make a difference in their community.

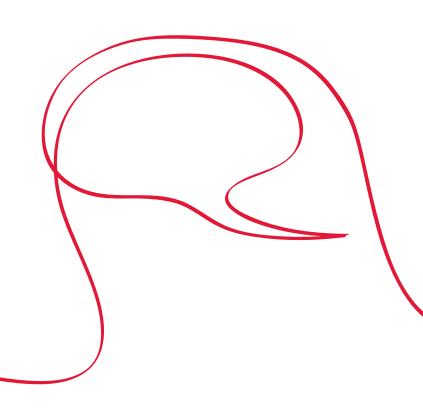
"I learned more today than the two years I have been trying to ask questions in my clinic!"

## Become an improvement expert. CQII trains at no cost to you.

Tell us when and where, and we'll send our experts to train your staff and providers on quality improvement. For a list of scheduled trainings, checkout the upcoming events section on our website. More information about the TOT, TQL, or TCB Programs can also be found online, along with the applications. Sign-up for an upcoming training session.

### Online at:

https://targethiv.org/cqii/advanced-trainings



## **QUALITY ACADEMY**

# Don't have a lot of time to spare for training? COII has the answer.

At the HRSA Ryan White HIV/AIDS Program Center for Quality Improvement & Innovation (CQII), we recognize how difficult it can be to find time to learn. That's why we developed the Quality Academy. Our online tutorials allow you to learn anytime you want from anywhere you want. All you need is a computer or tablet, and internet access. And of course, there's no cost to participate.

The Quality Academy is an online modular learning program on quality improvement topics, accessible 24/7. Dozens of tutorials explain quality improvement principles and methodologies, provide real world examples from other HIV providers, and describe methods for applying this information to your HIV program. The tutorials span the spectrum of quality management proficiency — from novice to expert — and take about 15-20 minutes each to complete.

Topics for these tutorials include:

- Defining quality improvement and accessing quality improvement resources
- Applying quality improvement methodologies
- Understanding the Ryan White HIV/AIDS Program expectations for clinical quality management
- Developing and executing a written quality management plan
- Collecting and using performance data
- Leading a quality initiative

When the Quality Academy was launched in 2007, it became the first comprehensive online quality improvement training program for Ryan White HIV/AIDS Program providers and people with HIV. Since its launch, users have accessed more than 35,000 tutorials. In evaluation, the vast majority of users report that the tutorials provided new knowledge and have recommended them to colleagues.

Quality Academy tutorials are perfect for the training component of quality management committees and for training new staff. Some of these tutorials even are applicable beyond the realm of HIV services.

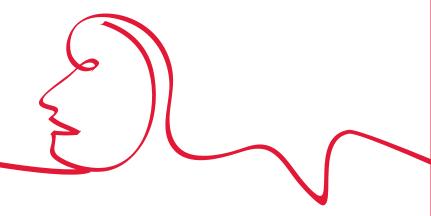
"The Quality Academy tutorials are easy to get to and easy to navigate. They're not too simple or too complex. And because the program is designed in time-manageable chunks, I could fit training into the rest of my day..."

## Improve your quality improvement skills. Take one tutorial a day.

Check out the Quality Academy. Visit our website and start today. Learn about quality improvement and teach your staff. Take a tutorial now, and download slides and facilitator notes for later use.

#### Online at:

https://targethiv.org/library/cqii-quality-academy





## QI LEARNING LAB

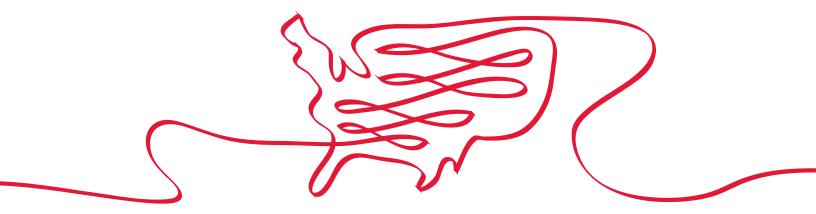
Looking for an online training program to learn about quality improvement together with other HIV providers? Look no further.

Searching for a way to advance your capacity for quality improvement through a virtual training program? The HRSA Ryan White HIV/AIDS Program Center for Quality Improvement & Innovation (CQII) has launched a new virtual quality improvement training program, called QI Learning Lab. Labs are offered throughout the year and consist of an orientation session, six 90 minute learning sessions (every two weeks), and a capstone session where participant return three to six months later to present their Quality Improvement projects.

Our QI Learning Lab comprises live virtual interactive sessions that utilize case-based learning with real-world HIV examples addressing gaps along the HIV care continuum. The Learning Labs provide a space for discussion with peers as well as feedback by content experts. Each Lab is supported by the assigned faculty, who facilitate the sessions, review all assignments, and provide feedback and coaching to participants between and during session. The faculty includes nationally recognized content experts. We are by your side every step of the way.

The Learning Lab comprises of five independent courses:

- Beginner QI 101 Learning Lab works to build the capacity of participants to conduct a quality improvement project with measurable improvement goals
- Intermediate QI Learning Lab strengthens knowledge to implement an agencyspecific Quality Improvement project utilizing a multidisciplinary team
- Advanced QI Lab aims to reinforce the implementation of robust Quality Improvement projects that result in improved health outcomes and increase the in-depth understanding of advance Quality Improvement methodologies and tools
- Coaching QI Learning Lab builds expertise in managing communities of learning and coaching other HIV providers across a network of subcontractors
- Experience-based Co-Design QI Learning Lab brings people with HIV and their providers together to jointly conduct a quality improvement project by utilizing a modified experience-based co-design methodology



QI LEARNING LAB 17

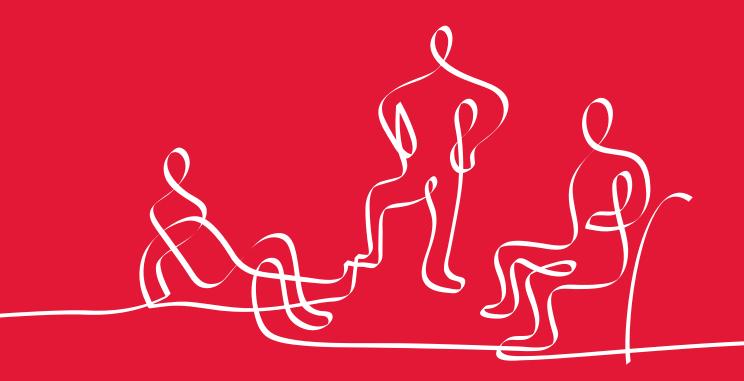
"I feel much more comfortable and less intimidated to go to my director with things because now....I'm able to communicate with her on a different level with some of these things. And it shows her that I am motivated, and I want to learn, and I want to do better..."

# Sign up today for the Learning Lab that matches your quality improvement needs!

Visit our CQII website and check out our upcoming QI Learning Lab schedule. Once you complete the application, CQII will send you the information packet for the QI Learning Lab you applied and were accepted. Join us to learn virtually with our experts and from your peers!

#### Online at:

https://targethiv.org/cqii/cqii-learning-lab



# NATIONAL TECHNICAL ASSISTANCE CALLS

Need short, instructive quality lessons? Join one of our monthly COII webinars.

You want more knowledge, want to keep improving your program, and wish you had a resource for short, focused learning sessions. The HRSA Ryan White HIV/AIDS Program Center for Quality Improvement & Innovation (CQII) offers monthly technical assistance webinars that focus on selected topics pertinent to you and facilitated by CQII experts. In many cases, your peers will be presenting and telling you how they have met their challenges in managing their clinical quality management programs. These calls also offer you the opportunity to ask questions of your peers and our expert facilitators.

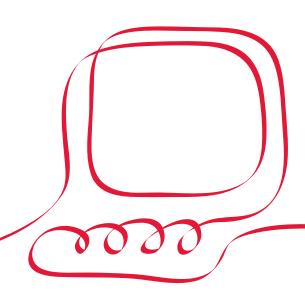
To provide ongoing learning opportunities on key quality improvement concepts and methodologies, CQII hosts monthly national technical assistance calls. Calls use state-of-the-art webinar technologies. Selected topics of past technical assistance webinars include:

- Quality management 101 and HIV/AIDS Bureau clinical quality management expectations
- Introduction to performance measurement and to using data for quality improvement
- Engaging staff and consumers in quality improvement activities
- Using tools for quality improvement activities

Calls are facilitated by quality improvement experts who explain specific topics and provide Part-specific examples. Facilitators encourage fellow HIV providers to share their experiences and best practices and ensure that participants have an opportunity to ask questions.

Since the inception, several thousand participants have joined our technical assistance calls to learn from champions in the HIV community and share Part-specific best practices. The great majority of participants have indicated that they have increased their knowledge of quality management, applied the lessons learned to their programs, and shared knowledge with other staff.

"The webcasts are great. The way the information is organized and taught...it just makes sense!"





### Go ahead. Sign up for a webinar today.

Visit our website to check out our monthly schedule and sign-up for a one-hour webinar. At the scheduled time, join our webinar session and view the presentation slides via your internet browser. Should you miss a call, you can access the slides and the recording later on our website.

Online at:

https://targethiv.org/cqii/webinars



# Searching for quality improvement tools? They're just a mouse click away.

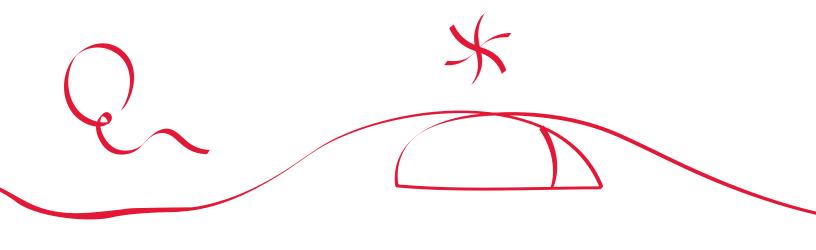
You're looking for a best practice, a quality improvement resource, a slide presentation for your upcoming quality improvement presentation — and you needed it yesterday. Guess what? You don't have to look far and wide. Just check out the HRSA Ryan White HIV/AIDS Program Center for Quality Improvement & Innovation's (CQII) online resources.

CQII.org is the premiere website assisting individuals who work to improve HIV care and services. The website is housed at the TargetHIV.org website. With more than 200 quality improvement resources, publications, and descriptions of best practices, the website provides myriad opportunities for learning, connecting, and sharing among HIV providers, quality managers, public health officials, and people with HIV. The vast majority of users told us that they have gained new knowledge, with 90% indicating that information and tools obtained from the website had a moderate or major impact on their quality management program.

#### CQII.org offers:

- Hundreds of quality improvement resources for viewers with varying levels of expertise
- Tools and descriptions of best practices from peer HIV providers and features that allow you to submit tools for posting
- Easy access to all CQII services, including the Quality Academy
- Online registration for upcoming training sessions and national technical assistance calls
- Calendar of upcoming CQII events and trainings
- Powerful search functions to find the resources you need

Want to share resources with others? Check out CQII Glasscubes, a password-protected online platform that offers registered users the opportunity to share their quality improvement resources, post project-specific messages, and set up email listservs. If you want a Glasscubes account for your regional improvement efforts, we set one up for you and you manage it — it's that easy.



ONLINE RESOURCES 22

"The website materials proved invaluable for me and let me move the program forward, which I couldn't have done otherwise."

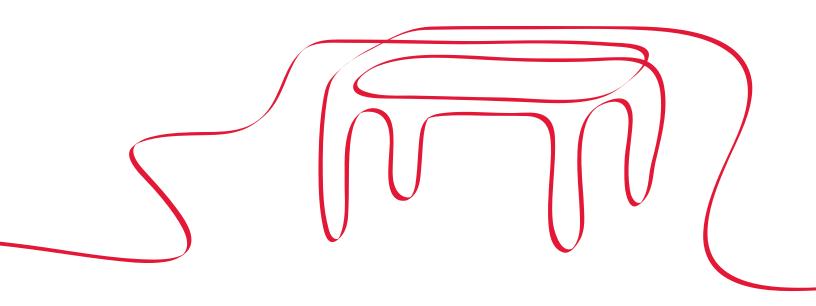
## Visit CQII.org today. Find the tools you need.

At CQII, we understand the specific needs—and challenges—of the Ryan White HIV/AIDS community. You're busy, resource-stretched, and committed to making a difference. We created our CQII.org page on TargetHIV with you in mind.. Download a tool that simplifies your work. Let CQII help you.

#### Online at:

https://targethiv.org/cqii





PUBLICATIONS 23

# Looking for a specific quality improvement guide you need? COII delivers.

Can't find a resource that addresses your particular problem? Look no further. CQII has an extensive library of publications, tools, and guides created with you in mind.

In the years since its founding, CQII has produced over two dozen quality improvement publications focused on a broad array of quality improvement topics, aiming to give quality management teams the tools needed to improve. In the form of checklists, tools, and guides, these publications seek to be user-friendly and to break down complicated topics of quality improvement in easy-to-follow steps.

A brief sampling of the CQII's publications includes:

- The Cross-Part Quality Management Guide, which aids recipients in the facilitation of the regional spread of HIV improvement efforts
- The CQII Game Guide, which provides interactive games that teach critical concepts of quality improvement

- Guide to Consumer Involvement, which helps recipients promote and enhance consumer involvement
- Partnering with Subcontractors to Improve HIV Care, which aids in the facilitation of effective partnerships between Ryan White HIV/AIDS Program recipients and subcontractor organizations, programs, and providers

## Helpful tools for your quality improvement journey.

Access CQII's publications anytime, anywhere on our website. Get the tools you need to advance your quality management program. Use our resources to take your quality improvement competency to a whole new level.

#### Online at:

https://targethiv.org/library/topics/clinical-quality-management





FXHIBITS 24

## Want to meet CQII? Check our exhibit schedule.

Too busy to order hard copies of key quality improvement materials online? CQII may be attending the same conference as you. Visit our exhibit booth, check out our quality improvement materials, and even talk to one of our CQII representatives.

CQII exhibits at key conferences attended by HIV providers and quality improvement managers, including statewide all-Parts conferences. CQII sees these HIV care-focused meetings as an excellent opportunity to meet face-to-face, or virtually, with individuals committed to improving the quality of HIV care and to distribute important quality improvement resources. These resources, provided free of charge, include:

- Hard copies of quality improvement publications
- Quality improvement tools

To date, CQII has distributed tens of thousands of quality improvement resources at these HIV conferences and through other dissemination efforts. These conferences provide an opportunity to connect with CQII experts and get answers to your quality improvement questions. Let us know when you have a quality conference in your region, so we can arrange to have the CQII booth with our improvement resources there.

"I was particularly interested in case management, clinical standards, client advocacy, and client satisfaction. I found all the exhibit booth information quite helpful."

## Shake a hand. Pick up a resource. Ask us how.

To find out where CQII will be next, check out our event calendar online. If you wish to invite CQII to a local or regional conference, contact us contact us with your request at Info@CQII.org.

Doing great quality improvement work? CQII recognizes your accomplishments.

Has your HIV program made extraordinary strides in quality improvement but is not regionally or nationally recognized for its accomplishments? Are you looking for a forum to showcase your quality improvement achievements and to be acknowledged among your peers? We have an award for you.

The HRSA Ryan White HIV/AIDS Program Center for Quality Improvement & Innovation (CQII) has created the Quality Award Program to recognize Ryan White HIV/AIDS Program recipients and individuals across all Parts who have demonstrated outstanding progress in improving the quality of HIV care. CQII aims to acknowledge excellence among the Ryan White HIV/AIDS Program community and promote these quality champions to further spread quality improvement nationally.

To recognize quality improvement efforts, CQII annually seeks applications from recipients or subrecipients, which have made exceptional improvements in their quality of HIV care in any of the following categories:

- Measurable Improvements in HIV Care
- Leadership in Quality Improvement
- Patient Engagement in Quality Improvement

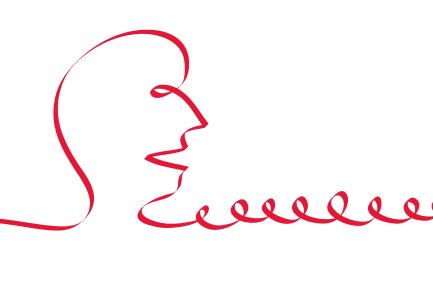
In collaboration with the HIV/AIDS Bureau, CQII annually selects winners and invites the awardees to share their improvement stories with others. Over 25 quality leaders have been granted a Quality Award, and profiles of all winners are available on the CQII website. In the Quality Awards, the real winners are people with HIV.

"The CQII Quality Awards provided a much needed forum to showcase the great work done by the grantees. This was a real inspiration for me to make concrete improvements in my clinic."

### Be a winner. Submit a nomination.

To recommend an individual or recipient/subrecipient for an CQII Quality Award, simply fill out the application forms found on our website and submit before our annual deadline. All applications are carefully reviewed. Good luck!

See past winners online at: https://targethiv.org/cqii/ cqii-quality-award-program







Living with HIV and interested in improving HIV care locally? CQII has activities available to you.

Want to be a patient advocate for quality improvement? Are you struggling to engage consumers in improvement activities? Want to learn more about basic quality improvement and performance data? CQII has programs specifically for people living with HIV interested in quality improvement to support involvement in quality management committees and improvement teams.

### Training of Consumers on Quality

The Training of Consumers on Quality (TCQ) Program aims to increase the number of consumers actively participating in local quality management committees and regional quality improvement activities. The TCQ Program includes extensive pre-work activities and a two-day face-to-face TCQ session.

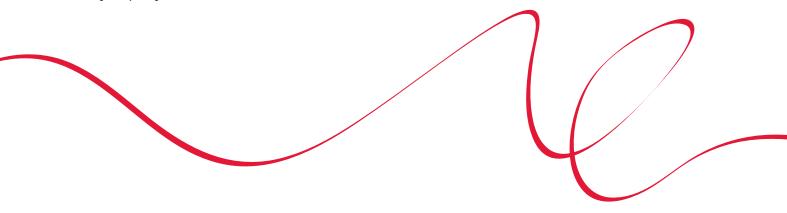
TCQ graduates are able to:

- Understand basic quality improvement vocabulary
- Master skills to be a consumer champion for quality management
- Demonstrate confidence in participating in quality improvement teams

- Understand various forms of consumer involvement
- Understand basic HIV care and treatment terminologies and basic indicators and performance data reports

Training teams that are comprised of people with HIV and providers from the same agency are the building blocks for this Learning Lab. The EBCD QI Learning Lab is designed to build their capacity and improve the experience of HIV care and services, by both those who provide care and those who receive care. This Lab consists of an orientation sessions, six 90 minute learning sessions (every two weeks), and a report back after six months to present their QI projects.

"Hats off" to the trainers on a job well done. They were so enthusiastic, energetic, and passionate about the training that we (the participants) didn't have a choice but to be the same!"



CONSUMER INVOLVEMENT ACTIVITIES 29

### Be an informed consumer. Apply now.

If you are a person with HIV associated with a Ryan White HIV/AIDS Program recipient interested in quality improvement activities, participate in the next TCQ Program or EBCD Learning Lab. Check out the pre-work activities and attend upcoming sessions. Take an active role in the local, regional, or even national quality improvement efforts and become an advocate to improve HIV care.

#### Online at:

https://targethiv.org/library/nqc-training-consum-ers-quality-tcq-facilitators-guide

https://targethiv.org/cqii/cqii-learning-lab

### Interested in our logo?

Designer Felix Sockwell created the HRSA Ryan White HIV/AIDS Program Center for Quality Improvement & Innovation logo with art direction by Stefan Sagmeister, a world-renowned designer based in New York City, by combining the motif of the AIDS awareness ribbon with continuous line figures.





# Need to Find CQII? It's Easy.

Mail.

HRSA Ryan White HIV/AIDS Program
Center for Quality Improvement & Innovation
New York State Department of Health
AIDS Institute

90 Church Street, 13th floor New York, NY 10007-2919

Phone.

212.417.4730

Fax.

212.417.4684

Website.

CQII.org

Email.



Together, We Make a Big Difference in the Lives of People with HIV.





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