The evidence of HIV Self Testing and Self Collection

CDC/HRSA ADVISORY COMMITTEE ON HIV, VIRAL HEPATITIS AND STD PREVENTION AND TREATMENT
CHAC Self-Testing and Self-Collection Workgroup (STSCWG)

- Reviewed evidence
- Developed recommendations
- Achieved consensus
- Drafted letter
What did we learn?

- Growing evidence on the benefits of self-testing
  - COVID-19 lessons learned
- Self-testing and self-collection promote autonomy, confidentiality, and individual convenience
- Increased demand for access to self-testing and self-collection technology is growing
Benefits

- Achieve EHE goals
- Improves testing access
- Reduces costs
- Modernizes testing practices
- Increased accessibility
Recommendations

- Encourage the FDA to downgrade the regulatory classification of HIV self-testing from Class III to Class II diagnostics
- Expand the availability of HIV self-collection and self-testing
- Modernize the current FDA approach specific to HIV self-testing and self-collection
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