Medicaid 101 for Ryan White HIV/AIDS Program Recipients and Providers

Access, Care, and Engagement (ACE) TA Center February 14, 2023





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ACE TA Center

The Access, Care, and Engagement Technical Assistance (ACE TA) Center builds the capacity of the Ryan White HIV/AIDS Program (RWHAP) community to navigate the changing health care landscape and help people with HIV to access and use their health coverage to improve health outcomes. Many RWHAP clients are eligible for health coverage options, including Medicare, Medicaid, and Marketplace plans. The ACE TA Center provides practical tools and resources to support engagement, education, enrollment, and renewal activities.

2022 Marketplace Open Enrollment Has Ended For Most States

Open Enrollment for 2022 Marketplace health coverage began on November 1, 2021 and ran through January 15, 2022 for all states that use HealthCare.gov. Visit this webpage for more information about which non-HealthCare.gov states that use their own enrollment platforms are still accepting applications.

Training and Technical Assistance

Our tools, resources, training, and technical assistance offerings are responsive to recipient and subrecipient needs and informed by best and promising practices for health coverage engagement and enrollment. The ACE TA Center is a cooperative agreement between JSI Research & Training Institute, Inc., (JSId) and the Health Resources and Services Administration, (HIV/AIDS Bureaud).



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The ACE TA Center

helps organizations



Engage, enroll, and retain

clients in health coverage (e.g., Marketplace and other private health insurance, Medicare, Medicaid).



Communicate with RWHAP clients

about how to stay enrolled and use health coverage to improve health care access, including through the use of Treatment as Prevention principles.



Improve the clarity

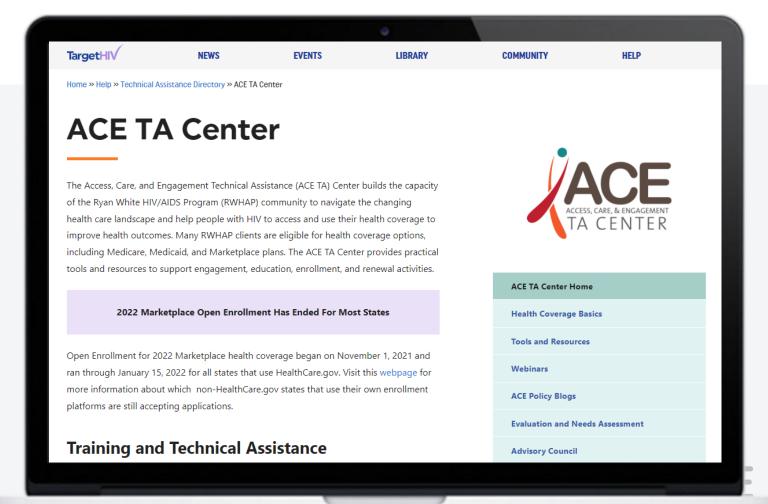
of their communication around health care access and health insurance.



- RWHAP program staff, including case managers
- RWHAP organizations (leaders and managers)
- RWHAP clients
- Navigators and other in-person assisters that help enroll RWHAP clients

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ACE 4-Part Webinar Series



- 1. Basics of Medicare Eligibility
 - January 17 @ 2PM ET
- 2. Medicare Enrollment and Coverage
 - January 31 @ 2PM ET
- 3. Medicaid 101 for RWHAP Recipients and Providers
 - February 14 @ 2PM ET
- 4. Medicare-Medicaid Dual Eligibility
 - February 28 @ 2PM ET



Today's presenters



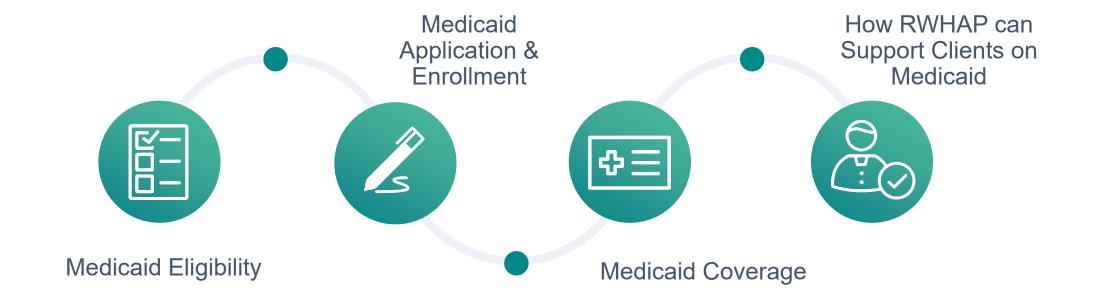
Mira Levinson



Amy Killelea



Roadmap for today's webinar





Medicaid Unwinding Update



April 1, 2023: Medicaid continuous coverage requirement begins to unwind

- What can you do to help clients avoid gaps in coverage?
 - Make sure clients update their contact information with their state Medicaid agency.
 - Encourage clients to check their mail frequently for letters from their state Medicaid agency.
 - Help clients complete their Medicaid renewal form, if they receive one.
 - If a client is found ineligible for Medicaid, help them enroll into another form of health coverage (e.g. Medicare, Marketplace plan).



Medicaid: Eligibility



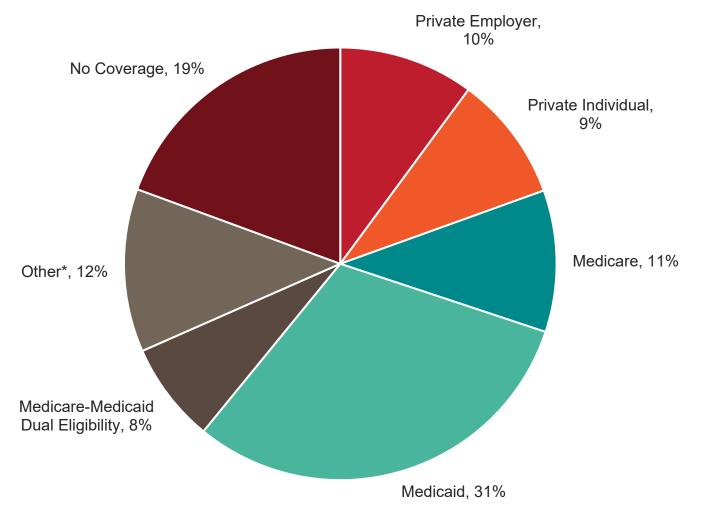
What is Medicaid?

- Public program that provides health coverage to low-income people.
- State and federal partnership, meaning that funding comes from both states and the federal government.
- Federal rules guide the program, but state flexibility on how to run it.



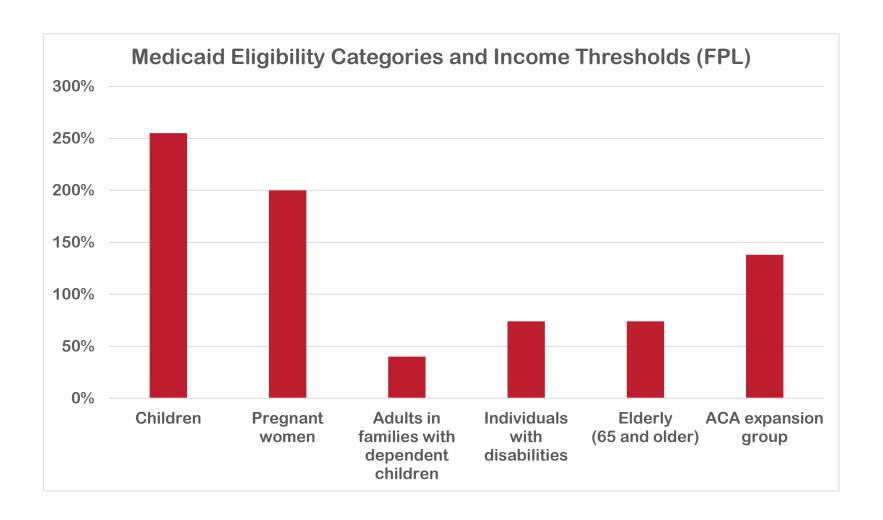
Medicaid is an important source of coverage for RWHAP clients

Sources of Health Care Coverage for RWHAP Clients (2020)



^{*} Other category includes: Veterans Administration, Indian Health Services, other plans, and multiple coverages not including Medicare-Medicaid dual eligibility.

Medicaid eligibility categories



Poll

Which of the following Medicaid eligibility categories are most common for your clients? (check all that apply)

- Children
- Pregnant women
- Adults in families with dependent children
- Individuals with disabilities
- Elderly (65 and older)
- ACA expansion group
- I am not sure

What is "Limited Benefit" Medicaid?

- Medicaid options, which provide some services, but do not provide full Medicaid coverage and do not count as "minimum essential coverage" (MEC).
- If an individual only has access to limited Medicaid coverage that is not MEC, they may be eligible for subsidies to purchase Marketplace coverage.
- These limited benefit Medicaid options vary by state and can include:
 - Family planning services only
 - Emergency services only
 - Some states offer limited pregnancy benefits that do not qualify as MEC

Medicaid eligibility and HIV

Most common Medicaid coverage categories for people with HIV:

- Individuals with disabilities
- Single childless adults with income up to 138% FPL (ACA expansion group)

Medicaid eligibility and HIV

Medicaid Coverage Category	How It Works
Individuals with disabilities	 States generally must cover people with disabilities receiving Supplemental Security Income (SSI) benefits. HIV by itself does not automatically qualify someone for SSI, but HIV may be one of many factors that contribute to someone's disability. Individuals who qualify for Social Security Disability Insurance (SSDI) automatically qualify for Medicare; however, there is a 24-month waiting period before Medicare coverage is effective. Individuals in this waiting period may qualify for Medicaid during this time. States must also offer Medicare Savings Programs to assist Medicare-Medicaid dually eligible beneficiaries (many of whom are disabled) with low incomes.

Medicaid eligibility and HIV

Medicaid Coverage Category

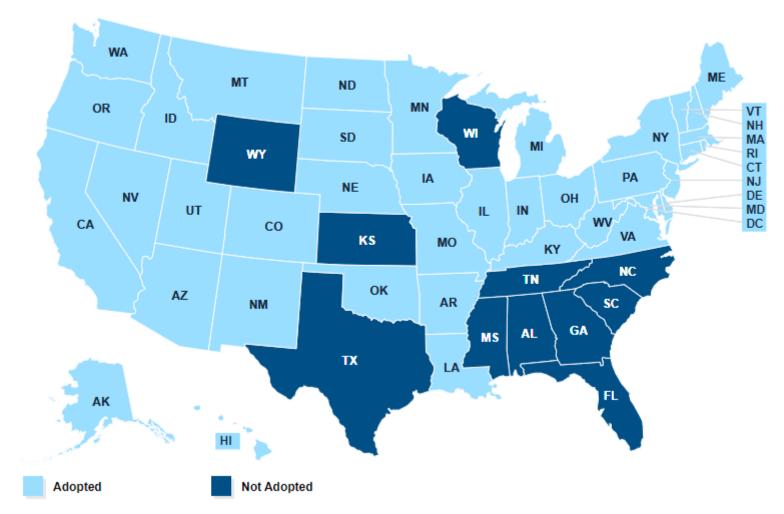
How It Works

Single childless adults with income up to 138% FPL (ACA expansion group)

- Many states have adopted the option to expand Medicaid to include income-based eligibility up to 138% FPL.
- Some states have not yet adopted the Medicaid expansion option.
- Eligibility is based on income alone and is not dependent on meeting another eligibility category (like disability).

State Medicaid expansion decisions

(as of November 2022)



Source: Kaiser Family Foundation



Has your state expanded Medicaid?

- Yes
- No
- Not sure

Medicaid: Application and Enrollment



How does Medicaid assess income?

- Some groups are automatically eligible for Medicaid and do not need to submit income information (e.g., people receiving SSI).
- Other groups, such as the ACA expansion group, must demonstrate that they meet an income threshold based on what's called Modified Adjusted Gross Income ("MAGI").

Knowledge Check

True or false? Individuals with incomes at or below 150% FPL automatically qualify for Medicaid coverage.

What is Modified Adjusted Gross Income (MAGI)?

- MAGI looks at a person's household taxable income.
- MAGI is also used to determine eligibility for Marketplace subsidies.
- Unlike Marketplace subsidies, Medicaid eligibility is usually based on current monthly (not annual) income.



How and when do people apply for Medicaid?

- People can apply for Medicaid at any time during the year.
- Application processes vary by state but usually include the ability to apply online, via phone through a state's call center or by a paper application.
- No wrong door! People can also apply through HealthCare.gov or their state Marketplace.



When is Medicaid coverage effective?

- Once someone is determined eligible for Medicaid, coverage is effective either on the date of application or the first day of the month of application.
- Medicaid allows retroactive coverage for up to three months.



Medicaid: Coverage



What does Medicaid cover?

Mandatory Benefits (selected)	Optional Benefits (selected)	
Inpatient hospital services	Prescription drugs (every state covers this, though)	
Outpatient hospital services	Physical therapy	
Diagnostic, and Treatment Services	Case management	
Home health services	Optometry services	
Physician services	Dental services	
Laboratory and X-ray services	Health homes for enrollees with chronic conditions	
Family planning services	Hospice	
Transportation to medical care	Personal care	



How is Medicaid delivered?

- Medicaid is provided either through "fee for service" or managed care.
 - Fee for service: state Medicaid programs pay providers based on a fee schedule.
 - Medicaid managed care: state
 Medicaid programs pay health
 plans to deliver Medicaid
 services.



Medicaid premiums and cost sharing

Federal Medicaid Premium and Cost Sharing Limits					
	At or below 100% FPL	100-150% FPL	Over 150% FPL		
Premiums	Not allowed	Not allowed	\$20/month		
Prescription drugs	Between \$4 and \$8	Between \$4 and \$8	Between \$4 and up to 20% of state cost		
Outpatient services	Up to \$4	Up to 10% of state cost	Up to 20% of state cost		
Limit for premiums and cost sharing per family = 5% of household income					

How the RWHAP can support clients on Medicaid



How does the RWHAP complement Medicaid coverage?

- Health coverage education
- Assistance navigating Medicaid enrollment

Application

Care completion services

 RWHAP provides services not covered by Medicaid RWHAP provides a safety net when clients churn off of Medicaid

Safety net during churn



How can RWHAP help clients with Medicaid enrollment?

ACE TA Center tool:

Common Questions and Suggested Responses for Engaging Clients in Health Coverage

1 CHANGES IN PROVIDERS AND COVERAGE

Many RWHAP clients, especially those who have never had health coverage, don't know how the ACA will change their health care. They may worry about losing their current doctor and maintaining their HIV care. The following questions, answers, resources, and tips can help enrollment assisters respond to these worries in culturally appropriate ways.



CLIENT: Why do I need health insurance when I get my care through the Ryan White Program?

STAFF: Health insurance helps you in two major ways. First, **insurance covers care for all your health needs**. In addition to your HIV care and medications, you'll be able to get other health services, such as free preventive care, like flu shots and cancer screenings. You can also get care for other health problems you may already have, like heart disease or diabetes. Second, **health insurance protects your finances**. If something unexpected happens, like a car accident, you won't go broke paying hospital bills. Also, you can still get services from the Ryan White HIV/AIDS Program, like housing assistance and support groups, that are not covered by your health insurance.





Give specific examples of how insurance for preventive services, screening, and treatment can help this client.



CLIENT: Does enrolling in health insurance mean I'm going to have a new doctor? I want to stay with the one I have now.

RWHAP provides care completion services for clients on Medicaid

Case management

Housing

Mental and behavioral health

Prescription drugs



Case management

Medicaid	RWHAP
 Case management includes assessment and care management services to help individuals access needed medical, educational, social, and other services Can include tailored case management services focused on specific populations or conditions. May be limited to particular provider types (e.g., nurses). 	 RWHAP provides both medical and non-medical case management May include assessment, care management services, and benefits counseling. Many programs use a range of non-clinician providers to provide case management, including peers and community health workers.

Housing

Medicaid	RWHAP
Medicaid is not allowed to cover direct housing services	RWHAP recipients and subrecipients may provide direct housing services, including transitional, short-term, or emergency housing assistance to clients.



Mental and behavioral health

Medicaid **RWHAP** Mental and behavioral health RWHAP recipients and subrecipients may provide services are often covered, but outpatient psychological and many programs limit the number of visits allowed per year. psychiatric screening, States may have limited provider assessment, diagnosis, networks and lengthy waiting treatment, and counseling periods for services. services as well as outpatient services for the treatment of drug and alcohol use disorders.

Prescription drugs

Medicaid **RWHAP** Though Medicaid programs RWHAP AIDS Drug Assistance must cover anti-retroviral Programs (ADAPs) provide medication access when there treatment, some states significantly limit access, for are gaps in access through instance through monthly limits Medicaid. on coverage of brand-name drugs.



How can RWHAP help cover Medicaid cost sharing?

- Whether Medicaid charges cost sharing for beneficiaries varies by state.
- RWHAP recipients may help clients on Medicaid with their cost sharing (though this varies by state).



What is "Medically Needy" Medicaid coverage?

- Some states may have a "Medically Needy" or "spend down" option for certain Medicaid groups.
- Individuals whose income is too high to qualify for Medicaid in their state may deduct their qualified medical expenses from their income so they can "spenddown" to the Medicaid income threshold.
- RWHAP cannot be used to meet an individual's spenddown (however, some states are able to allocate state and local funds for this).
- RWHAP is able to provide services for Medicaid beneficiaries in their spenddown period.

How can RWHAP assist clients who lose Medicaid coverage?

- Many RWHAP clients may churn on and off Medicaid and other programs.
- Churn happens when clients lose eligibility for a program (e.g., their income rises above the threshold) or fail to renew their eligibility.
- As a safety net program, RWHAP provides access to HIV care and treatment for individuals who may be in between other coverage.
- RWHAP is not health insurance. It is important to work with clients to pursue full coverage options when available.

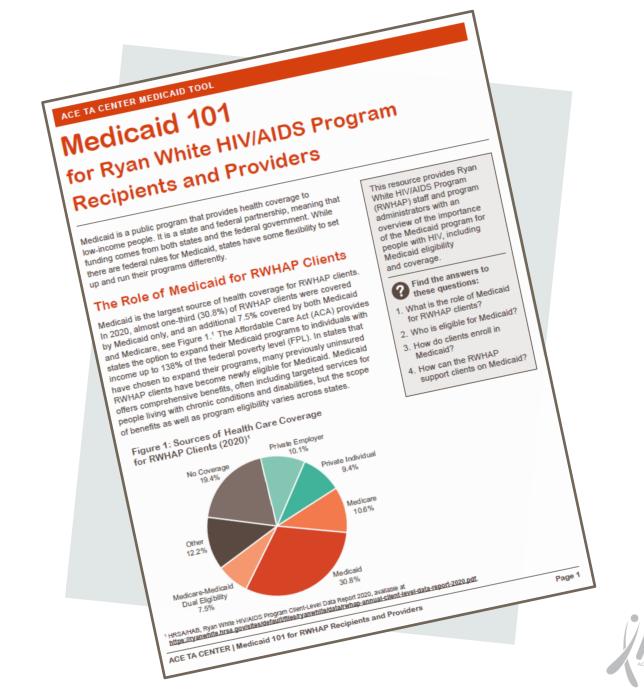


Knowledge Check

How does RWHAP complement Medicaid coverage? (check all that apply)

- RWHAP provides both medical and non-medical case management
- RWHAP may provide direct housing services, including transitional, short-term, or emergency housing assistance to clients.
- ADAPs provide medication access when there are gaps in access through Medicaid.
- RWHAP recipients may help clients on Medicaid with their cost sharing

ACE TA Center Medicaid Resource





Questions?



Q&A Panelists



Amy Killelea



Mira Levinson



LiesI Lu



ChristineLuong



Molly Tasso



Join us for the series!

- Basics of Medicare Eligibility on demand
- Medicare Enrollment and Coverage on demand
- Medicaid 101 for RWHAP Recipients and Providers – today!
- Medicaid-Medicare Dual Eligibility: February 28, 2-3:30 PM ET



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