Quality of Life in the RWHAP

Individualized ~ Self-perceived ~ Time-specific

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The Makings of a Quality of Life (QoL) Framework

Healthy People 2030 Definition
A multi-dimensional, self-determined construct that includes, but is not limited to physical, mental, emotional, and social health and well-being of an individual.

Framework Selection Priorities
• Alignment with the National HIV/AIDS Strategy Implementation
• Relevance to existing RWHAP/EHE and QoL activities
• Application to circumstances beyond those considered for traditional medical models (e.g., cancer patients, comorbidities, etc.)
• Flexibility so that adoption requires no additional resources to implement, allows recipients to meet basic client needs within the parameters of HAB-funded services, and/or it supports other tiers (above the base tiers) of Maslow’s Hierarchy of Need
Quality of Life Framework

HAB QoL Framework

PHYSICAL

STRUCTURAL

EMOTIONAL

ENVIRONMENTAL

SOCIAL

Quality of Life Framework

Physical Domain

Impact on physical health including comorbidities
RWHAP service category examples include, but may not be limited to:

- AIDS Drug Assistance Program
- Outpatient/Ambulatory Health
- Oral Health Care
- Rehabilitation

Sample Activities:

- Provider Assessments
- Emphasis on Symptom Reviews
- Screening Tools
Quality of Life Framework

Emotional Domain

General health perceptions, mental health, behavioral health
RWHAP service category examples include, but may not be limited to:

- Mental Health
- Psychosocial Support

Sample Activities:

- Depression screening
- Cognitive Processing Therapy: E2i
- Trauma-informed Care Training

Emotional Domain in Action
Positive relationships, meaningful social support, tangible and informational resources
RWHAP service category examples include, but may not be limited to:

• Non-Medical Case Management
• Other Professional

Sample Activities:
• Peer Navigation
• Support Groups
• Specialized Counseling Models (e.g., peer counselors)

https://healthydivas.ucsf.edu/
Environmental Domain

The “place” for life and social activities, environmental exposures
Environmental Domain in Action

RWHAP service category examples include, but may not be limited to:

- Housing
- Emergency Financial Assistance
- Medical Transportation
- Other Professional

Sample Activities:

- Medical Home for Multiply Diagnosed HIV-Positive Homeless Populations
- Homeless Health Outreach Mobile Engagement (HHOME)

https://sfcommunityhealth.org/hhome-gtz-icm/
Quality of Life Framework

Structural Domain

Systemic policies, processes, or conditions for securing basic needs
Structural Domain in Action

RWHAP service category examples include, but may not be limited to:

• Food Bank/Home Delivered Meals
• Health Insurance Premium and Cost Sharing Assistance
• Legal

Sample Activity:

• PACT Food Assistance Program
Key Messages

• HAB is committed to promoting QoL in partnership with staff and stakeholders.

• This commitment is one of many ways we bring the HAB Vision, Mission, and Strategic priorities to life.

• We welcome opportunities to join with communities and our federal partners to align our QoL activities and build a common agenda.

• The new HAB QoL Framework is one tool that can be used to increase and share our knowledge of this important construct that significantly impacts our vision of realizing *optimal HIV care and treatment for all to end the HIV epidemic in the U.S.*
Contact

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