# Panel 2: Using prescription data to support the HIV care continuum

## Using Prescription Data To Support The HIV Care Continuum

- Most antiretroviral (ARV) medications are prescribed as a 30-day supply
- Prescription data (e.g., refill data, claims, health system) can be used to identify persons who are not filling their medications monthly
- Tracking ARV prescription data can be a more real-time indicator of adherence and retention in care challenges
- Using real time prescription data to identify persons who fail to fill ARV prescriptions and to intervene could have a significant impact on adherence and potentially on retention in care

The conclusions of this slide are those of the author and do not necessarily represent the views of the Centers for Disease Control and Prevention.

# Bridging Gaps in HIV Care: A Michigan Pharmacy Re-Engagement Partnership

#### Panel 2: Using prescription data to support the HIV care continuum

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Return to Care Unit, HIV Care Section Division of HIV/STI Programs, Client, and Partner Services



and STI Programs

# Data to Care Rx (Link-Up Rx)

Michigan Department of Health & Human Services Bureau of HIV and STI Programs

- Began as a pilot with the Detroit Health Department and MDHHS in 2018
- Expanded to a statewide program in 2022
- Two current pharmacy partners



# Link-Up Rx Partners

- Pharmacists are considered care providers in Michigan
- Data sharing agreements are not required

# Link-Up Rx Process



Time lapsed after failed ART pick up				
Week 1	Week 2	Mook 2		
Pharmacist reaches out to client	Pharmacist contacts prescriber Prescriber attempts outreach	VVEEK S		
		Pharmacist shares information with MDHHS		
		MDHHS attempts outreach		

# Link Up RX outcomes



## Link-Up RX Outcomes 2018-2024



Linked to Services Unable to locate Extra meds/Meds delivered Other Moved out of State

# **Traditional D2C vs D2CRX**





#### Data to Care

From identification to initiation- **76 Days** From initiation to linkage- 10.9 days



#### Data to Care RX

From identification to initiation- **4 Days** From initiation to linkage- 8.9 days





## Percent of Clients Succesfully Linked to Services



# **Community Feedback**



#### Detroit Health Department

- Community members express gratitude for outreach
- Calling in discrete
- Communication efforts with pharmacy partners
- Successful referrals to the pharmacy

## <u>Outstate</u>

- Link for updated contact information to and from the community and pharmacy
- Gratitude for statewide resource guide for medical and supportive service referrals
- Productive collaboration with pharmacy partners

# **Program Barriers**



- Pharmacy staff transitions
- Location limited to one area
- New partnership hesitation
- Maintaining list consistency
- Data sharing complexity issues
  - Not all groups have DCH accessibility
  - Not every jurisdiction has a secure data system to use

# **Next Steps**



## To Strengthen Partnerships:

- Ensure Rx program understanding
- Encourage onboarding to sustain partnerships with pharmacies
- Discuss time commitment and provide clarity of role

## To Optimize Rx Program:

- Rx one pager
- Expand Rx to additional counties in Michigan
- Partner with pharmacists via health systems
  - We have EMR access





# AdhereP4 Maryland Department of Health Grant: PHPA-1108

Implementation and Evaluation of a Pharmacy-Based HIV Data-to-Care and Treatment Adherence Intervention



## Outline

- Background
- Objectives
- Methods
- Implementation
- Results
- Next steps





Self Report Adherence:

- ✓ How do you take your medications?
- ✓ How many doses have you missed?
- Any issues obtaining your medications?



# CONTROLLED UNCONTROLLED







- ✓ Medication adherence
- counseling
- ✓ Barrier assessment
- $\checkmark$  Adherence intervention





Objective Adherence Data



# Objective

To evaluate the *effectiveness of an* <u>ADHERE</u>nce support intervention among people with HIV implemented through the *collaboration of* <u>Pharmacies</u>, <u>Prescribers</u>, <u>Payers</u>, and <u>Public</u> health agencies (AdhereP4)



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## AdhereP4 Partners

ΜΔΠΔΡ	Pharmacies	Pharmacies		
Medicaid				
	University of Maryland Medical System (UMMS Rx)		Maryland Department of	
	Chase Brexton Health Services Pharmacy (CBHS Rx)	Chase Brexton Health Services (CBHS)	Health	
	Mt. Vernon Pharmacy (MVP)	THRIVE Program	Disease Intervention Specialist	
ayers				
	<b>P</b> harmacies			
		<u>P</u> rescribers		
			Public Health Agencies	



## AdhereP4 Data Flowchart





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## Line Lists (30/60/90 days)

Purpose: Create line lists for patients who appear to be 30/60/90 days late in filling their specific Generic Code Number (GCN)



<sup>\*</sup>Receive data for claims through previous month Pt. must have eligibility for the time period to be considered for a list



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#### **Review Patient List**

#### **Contact Patient**

## **Reason for Noncompliance**

#### **Perform Intervention**

#### Intervention Outcome







## **Success Metrics**

- HIV Viral Suppression (<u>P</u>rescribers)
- ARV Adherence (<u>P</u>harmacists/<u>P</u>ayers)
- Retention in Care (<u>P</u>rescribers)
- Re-linkage to Care (<u>P</u>ublic Health Agencies)



# Eligibility

• Evaluated between January 2021 and August 2022



## **Baseline Characteristics**

		Total Population n (%)
	Total	1,702 (100%)
Mean Age (SD, min, max) years		46.7 (13.6, 20, 85)
Sex	Female	562 (33%)
	Male	1,140 (67%)
Race	Black or African American	1,239 (73%)
	White	162 (10%)
	Hispanic	46 (3%)
	Other	255 (15%)
Location	Baltimore City	1042 (63%)
	Baltimore County	268 (16%)
HIV RNA <200 copies/mL	No	331 (19%)
	Yes	1103 (65%)
	Missing	268 (16%)
HIV RNA <llod< th=""><th>No</th><th>620 (36%)</th></llod<>	No	620 (36%)
	Yes	814 (48%)
	Missing	268 (16%)



## Interventions

- Full Intervention: direct patient interaction
  - E.g. phone call, text message, telehealth, or an in-person visit
- Soft Intervention: indirect patient interaction
  - E.g. left a voicemail message
- No Intervention: no patient contact
  - E.g. Missing/incorrect contact information





## **Success Metrics**

- HIV Viral Suppression (Prescribers)
  - HIV RNA < 200 copies/mL</li>
- ARV Adherence (<u>P</u>harmacists/<u>P</u>ayers)
- Retention in Care (Prescribers)
- Re-linkage to Care (<u>P</u>ublic Health Agencies)



# Eligibility: HIV RNA Suppression





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#### **Percent of Patients with Viremia**



■ Baseline ■ Follow-up



#### HIV RNA copies/mL (Mean) by Intervention Group



Follow-up Baseline



## **HIV RNA Suppression Summary**

 After a full or soft intervention, less patients were viremic (HIV RNA >200 copies/mL) as opposed to an increase in the number of viremic patients seen among those who did not obtain an intervention.



## **Success Metrics**

- HIV Viral Suppression (Prescribers)
- ARV Adherence (<u>P</u>harmacists/<u>P</u>ayers)
  - Proportion of days covered (PDC)
    - Adherent = PDC  $\ge$  80%
    - Nonadherent = PDC < 80%
- Retention in Care (<u>P</u>rescribers)
- Re-linkage to Care (<u>P</u>ublic Health Agencies)



# Eligibility: ARV Adherence



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#### **Percent of Patients Adherent to ART**



■ Baseline ■ Follow-up



# Number (%) of patients who became adherent in follow-up




# **HIV Adherence Summary**

 HIV adherence improved in the population evaluated however similar adherence improvement was seen regardless of intervention.



### **Success Metrics**

- HIV Viral Suppression (Prescribers)
- ARV Adherence (Pharmacists/Payers)
  - Proportion of days covered (PDC)
- Retention in Care (Prescribers)
  - 2 patient care visits occurring at least 90 days apart over a continuous 365-day period post-index date
    - in individuals who also had 2 patient care visits occurring at least 90 days apart over a 365-day period prior to the index date
- Re-linkage to Care (<u>P</u>ublic Health Agencies)



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# Eligibility: Retention in Care





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### Odds Ratio for Retention in Care



\*None were statistically significant



# **Retention in Care Summary**

- There were no statistically significant differences in the odds of retention between intervention groups.
- When the full and soft intervention groups were combined, there was no difference in the odds of retention between those who received an intervention (full or soft) and those who did not (OR=0.95; 95% CI: 0.55 – 1.65).
- Odds of retention were not different based on age, race, gender, and baseline HIV RNA levels.



### **Success Metrics**

- HIV Viral Suppression (Prescribers)
- ARV Adherence (<u>P</u>harmacists/<u>P</u>ayers)
  - Proportion of days covered (PDC)
- Retention in Care (<u>P</u>rescribers)
- Re-linkage to Care (<u>P</u>ublic Health Agencies)
  - A medical visit occurring within the 365-day period after the index date
    - in patients who had no medical visits in the 365-day period prior to the index date



# Eligibility: Relinkage to Care





# Odds Ratio for Relinkage to Care



# Acknowledgements

- Eberechukwu Onukwugha, MS, PhD
- Tsung-Ying Lee, BPharm, MClinPharm
- Abree Johnson, MS, MBA

- Chase Brexton Health Services
- THRIVE Program, UMMC MTC
- Mt. Vernon Pharmacy
- University of Maryland Medical System
  Pharmacy
- Maryland Department of Health
  - Maryland AIDS Drug Assistance
    Program
  - Maryland Medicaid
  - UMB Hilltop



### Successes!

- Collaborations were built with:
  - Prescribers, Pharmacies, Payers, Public Health Agencies
- Proactive and targeted adherence interventions were implemented
- Successful Data Sharing Agreements were developed
- Communication was improved across healthcare systems
- Prevented Possible Virologic Failure







# Challenges

- Developing Data Use Agreements
- Data Sharing using secure file transfer protocols (sFTP)
- Collaborator Education
  - Intervention
  - Documentation
- Time
- False Positives
- Competing Priorities
- Dare I Say...Pandemic!



# AdhereP4 Maryland Department of Health Grant: PHPA-1108

Implementation and Evaluation of a Pharmacy-Based HIV Data-to-Care and Treatment Adherence Intervention



# Barriers to D2C Rx: Insights from the AIMS Study

April D. Kimmel, PhD Virginia Commonwealth University



This work was supported by the Centers for Disease Control and National Institute of Mental Health (U01 PS005192)

### Antiretroviral Improvement of Medicaid enrolleeS

• Cluster-randomized, statewide trial of support for Virginia Medicaid members, and their providers, with ART prescriptions >30–90 days late

• Multi-agency, -institutional collaborative research partnership

• Real-time administrative and prescription claims (Virginia Medicaid) and HIV surveillance data (Virginia Department of Health)







- Legality, leadership and priorities
- Data governance
- Data access, usability and support
- Reach and relationships
- Unexpected events

- Legality, leadership and priorities
  - State laws and regulations impacting cross-agency sharing and release (e.g., to a 3<sup>rd</sup> party) of member personal information
  - Program champion(s) and agency leadership buy-in
  - Competing priorities and leadership/staff turnover

# legality, leadership and priorities







- Legality, leadership and priorities
- Data governance
  - Processes for data sharing, maintaining data confidentiality and security
  - Contractual obligations regarding data provision to agency





- Legality, leadership and priorities
- Data governance
- Data access, usability and support
  - Technologies and management systems used to work with data
  - Data usability, including data quality and completeness
  - Technical documentation and infrastructure to support analysis





- Legality, leadership and priorities
- Data governance
- Data access, usability and support
- Reach and relationships
  - Effectively contacting and engaging with members, particularly via a known and/or trusted source

# reach and relationships

#### Authi-step pathways, delays, discrepancies Enrollee reach Information & modality, relationships, mistrust 2019 2020 2021 2022 2023 Redetermination Data delays & quality, mistrust, confusion

Timeliness of data

# reach and relationships



- Legality, leadership and priorities
- Data governance
- Data access, usability and support
- Reach and relationships
- Unexpected events
  - Unanticipated, but impactful, incidents that occur outside the immediate boundaries of the program

#### unexpected events






## key insights

- Multiple barrier domains intersect at different levels and over time
- Just 1 barrier can substantially delay timelines, derail implementation
- Legal and regulatory issues, turnover and governance can eclipse data access and program implementation
- Nuanced knowledge of data pathways vital to identifying population
- Strong data expertise and underlying infrastructure essential
- Reaching, engaging participants not a one-size-fits-all approach

## recommendations for claims-based D2C Rx

- Identify D2C Rx champions early and be flexible if champion turnover
- Understand agency incentives for D2C Rx and use as opportunity to bolster relationships, promote communication and elevate, when possible, D2C Rx among competing priorities
- Engage a intra-agency, multidisciplinary team with administrative and regulatory law, data governance and access, and population expertise
- Build in adequate time for nuanced understanding of data, pathways
- Differentiated D2C Rx approach based on known, trusted relationships

## acknowledgements

Virginia Commonwealth University	Virginia Department of Health
Rose Bono, MPH	Chelsea Canan, PhD
Bassam Dahman, PhD	Lauren Maxwell, MPH
Delton Harris, MSW	Tinika McIntosh, MPH
Jessica Kiernan, MS	Rachel Stallings, MPH
Caressa Palmer, MPH Zhongzhe Pan, PhD	University of Virginia
Elliot Popoff, MPH	Karen Ingersoll, PhD
April D. Kimmel, PhD (principal investigator)	Ava Lena Walden, MHS
Virginia Medicaid	Sentara
Chethan Bachireddy, MD, MSc	Rebecca Dillingham, MD, MPH
Neil McCray, PhD, MPP	<b>Centers for Disease Control and Prevention</b>
Andrew Mitchell, ScD	Kathy Byrd, MD, MPH
John Morgan, MD	National Institute of Montal Health
Jennifer Palazzolo, PhD	
Lauryn Walker, PhD	Michael Stirratt, PhD

Thank you!

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