



# **CDC/HRSA Advisory Committee on HIV, Viral Hepatitis, and STD Prevention and Treatment**

## **Panel 3: Ryan White HIV/AIDS Program Resources to Improve Access to Mental Health Services**

October 22, 2024

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Division of State & Division of Metropolitan HIV/AIDS Programs  
HIV/AIDS Bureau (HAB)  
Health Resources Services Administration (HRSA)

**Vision: Healthy Communities, Healthy People**



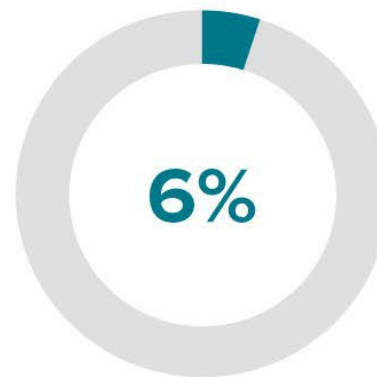
# MMP Cycle 2022: Prevalence of Depressive and Anxiety Disorders



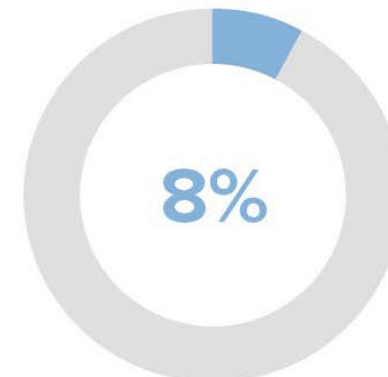
Major depression



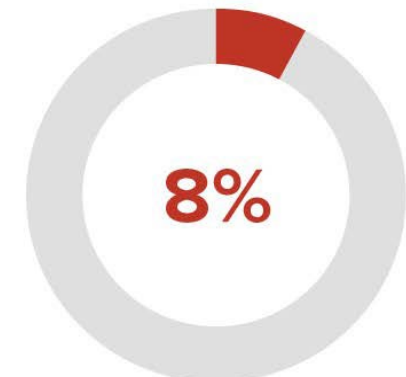
Other depression



Mild anxiety



Moderate anxiety



Severe anxiety

People with HIV with Moderate or Severe Depression were 49% less likely to rate their health as good or better

People with HIV with Moderate or Severe Anxiety were 40% less likely to rate their health as good or better

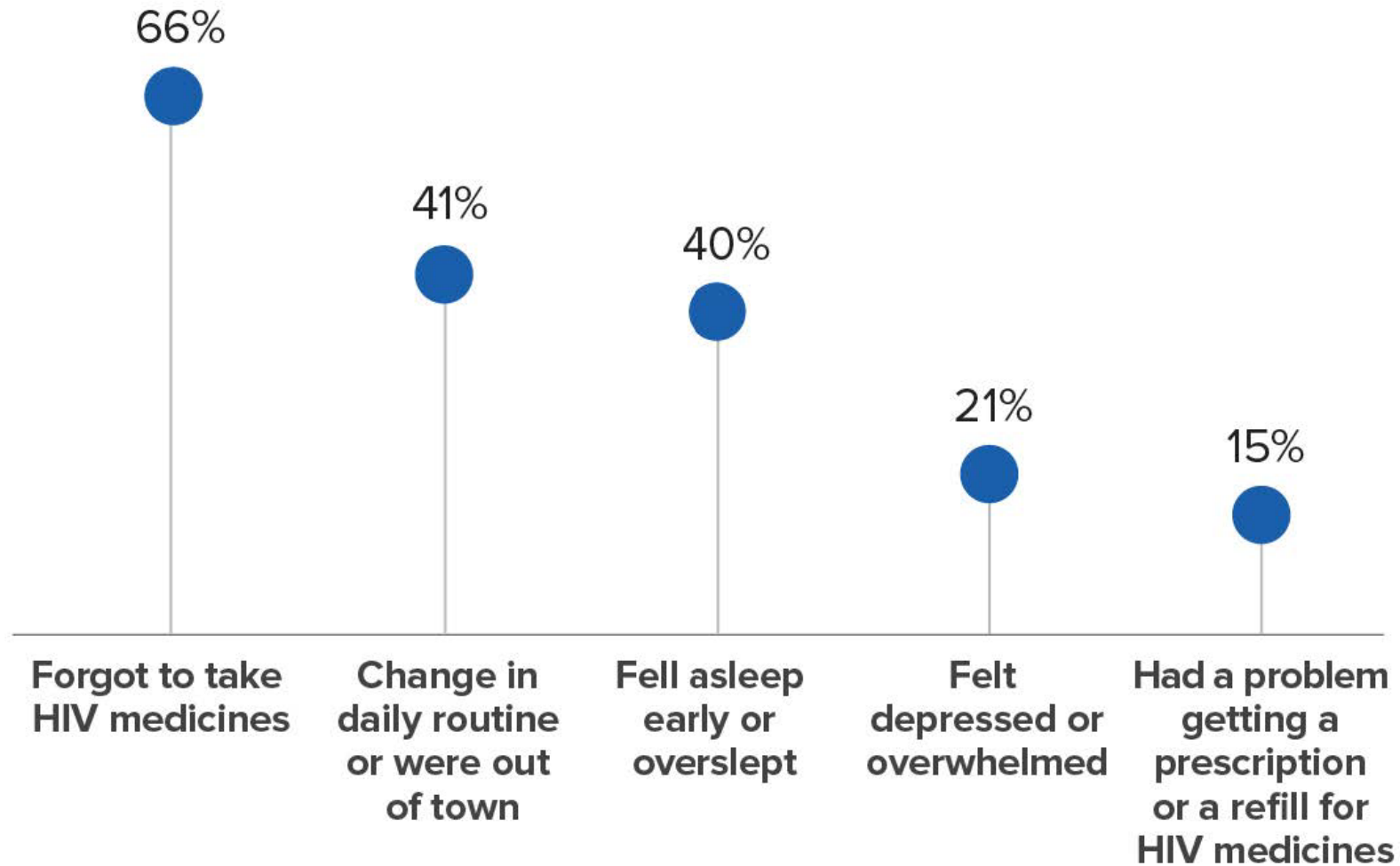
People with HIV with CD4 count <200, housing insecurity or food insecurity were 23 – 30% less likely to rate their health as good or better

Centers for Disease Control and Prevention. Behavioral and Clinical Characteristics of Persons with Diagnosed HIV Infection—Medical Monitoring Project, United States, 2022 Cycle (June 2022–May 2023). HIV Surveillance Special Report 36. <https://stacks.cdc.gov/view/cdc/159149>. Published July 2024. Accessed October 11, 2024

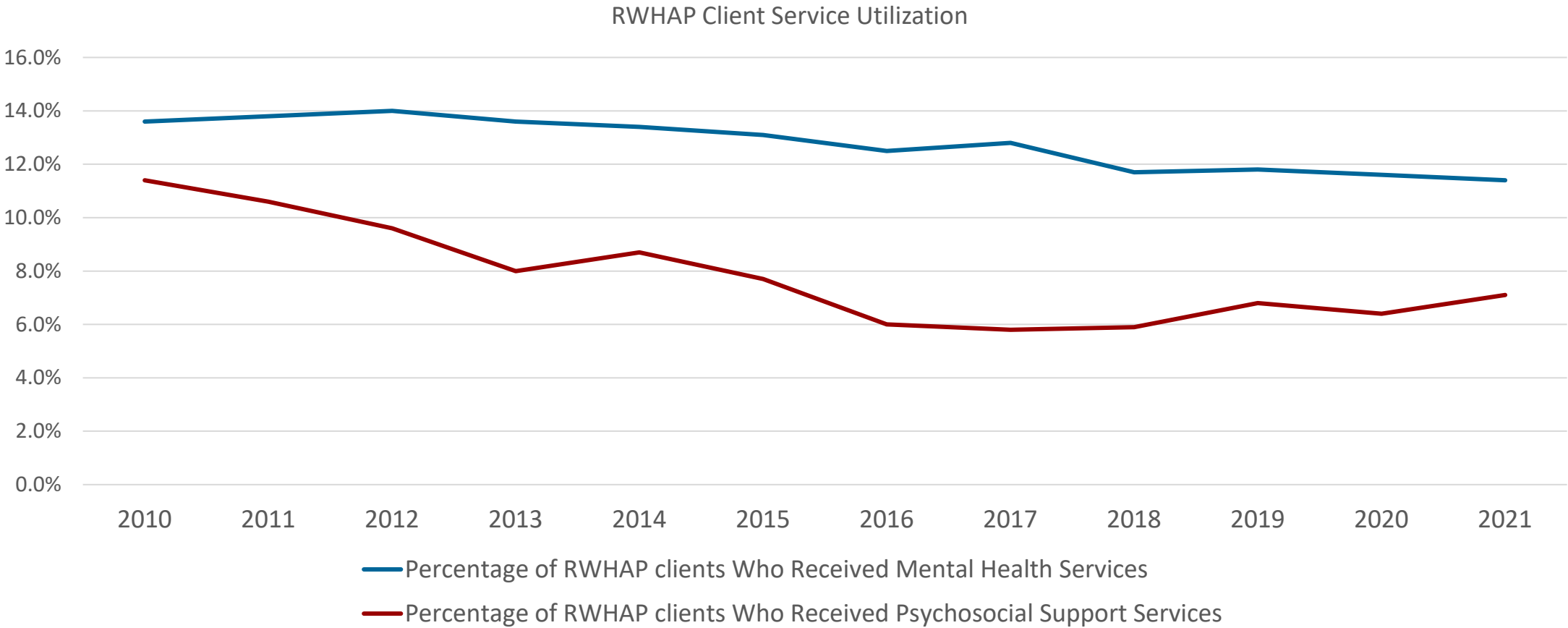
Cholli PA, Buchacz KM, Harris NS, Crim SM, Yuan X, Tie Y, Koenig LJ, Beer L. Self-rated health and HIV outcomes among adults with diagnosed HIV - Medical Monitoring Project, United States. AIDS. 2024 Jul 1;38(8):1237-1247.



# MMP 2022: Reasons for Missing ART Doses



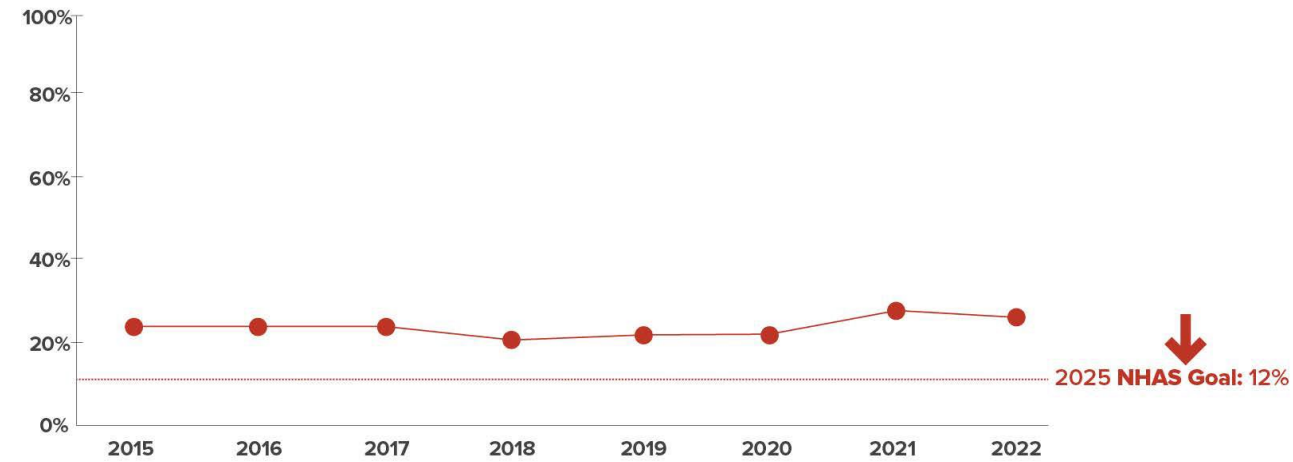
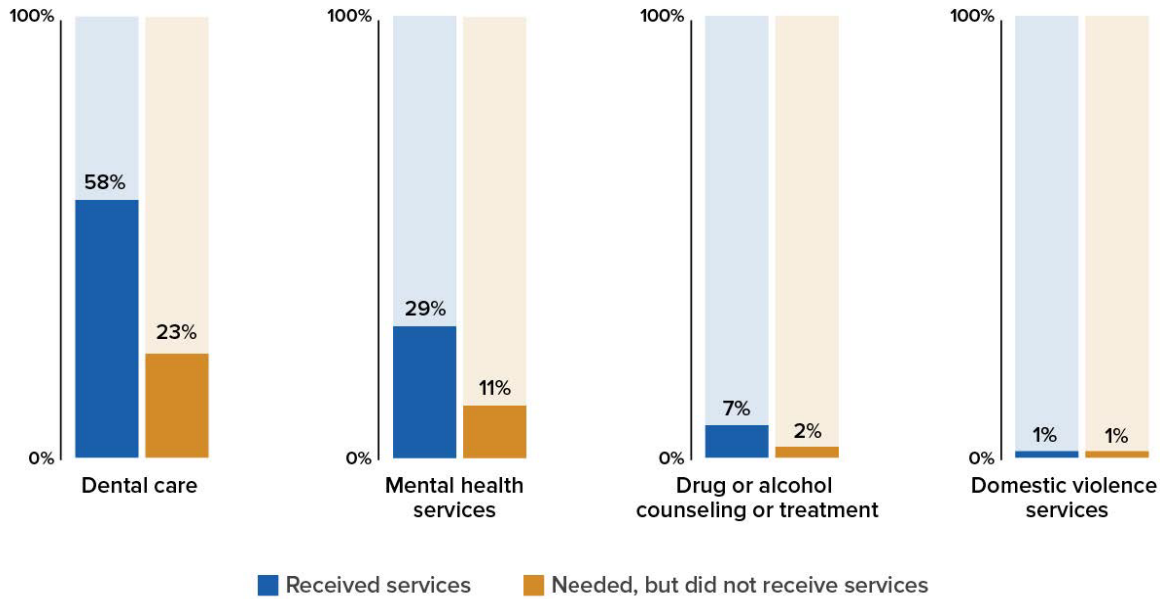
# 2010-2021: Behavioral Health Service Utilization



Source: RWHAP Compass Dashboard, 2021



# MMP Cycle 2022: Mental Healthcare Access Gaps



# Mental Health Education via the AETCs: Point of Care and Consultation Resources

- National HIV Curriculum (NHC): Lesson 6, “Screening for Mental Health Conditions”
  - CME/CNE available
- National AETC Support Center (formerly NCRC):
  - “Integrating Behavioral Health into Primary HIV Care – Covering the Bases”
  - “Mental Health/Substance Use Care: Clinic/Health Center Readiness Assessment”
- Northeast/Caribbean: HIV-Psych

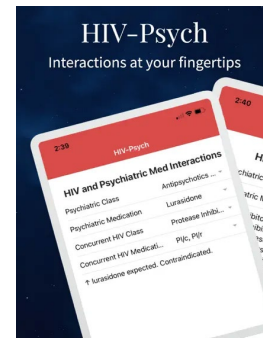
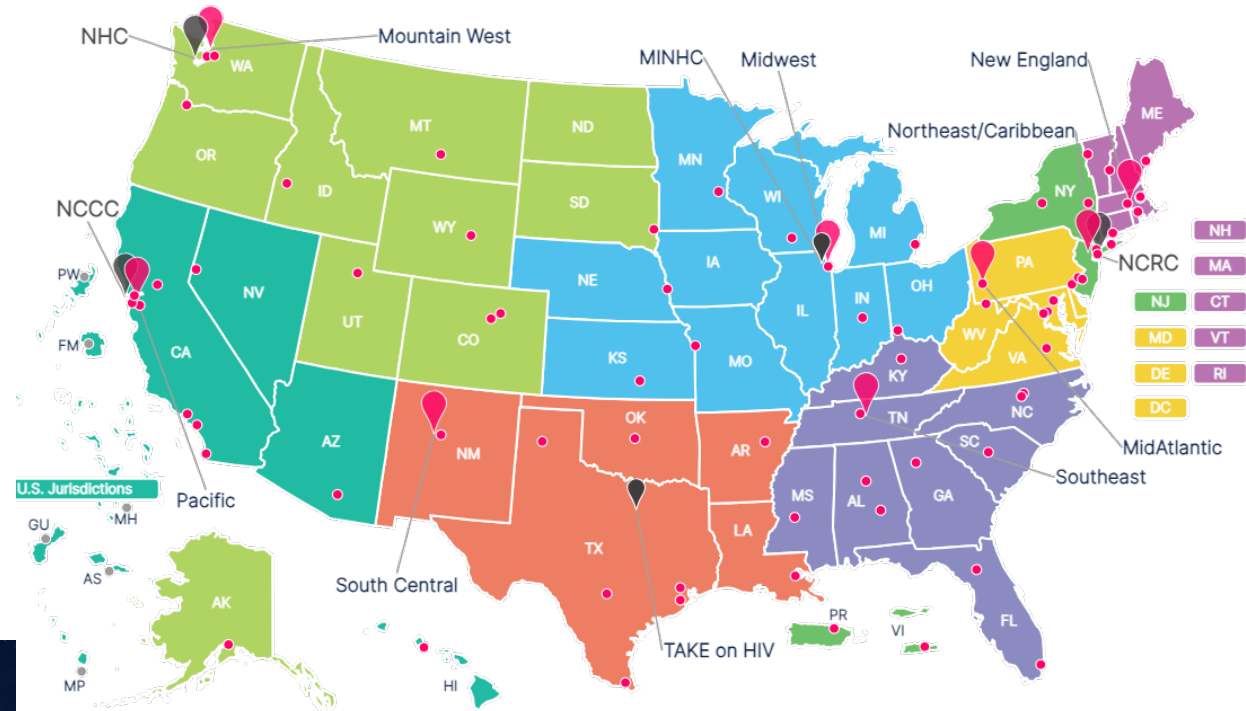


Illustration from TargetHIV

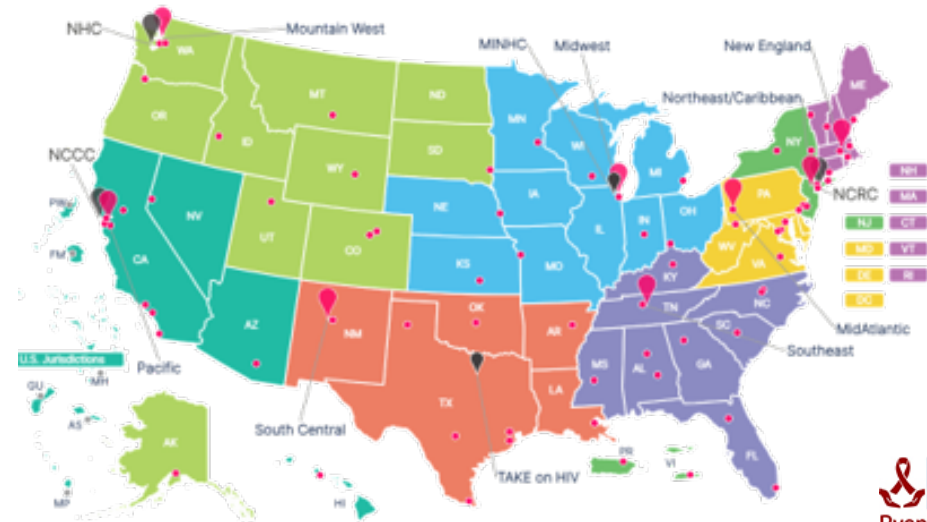




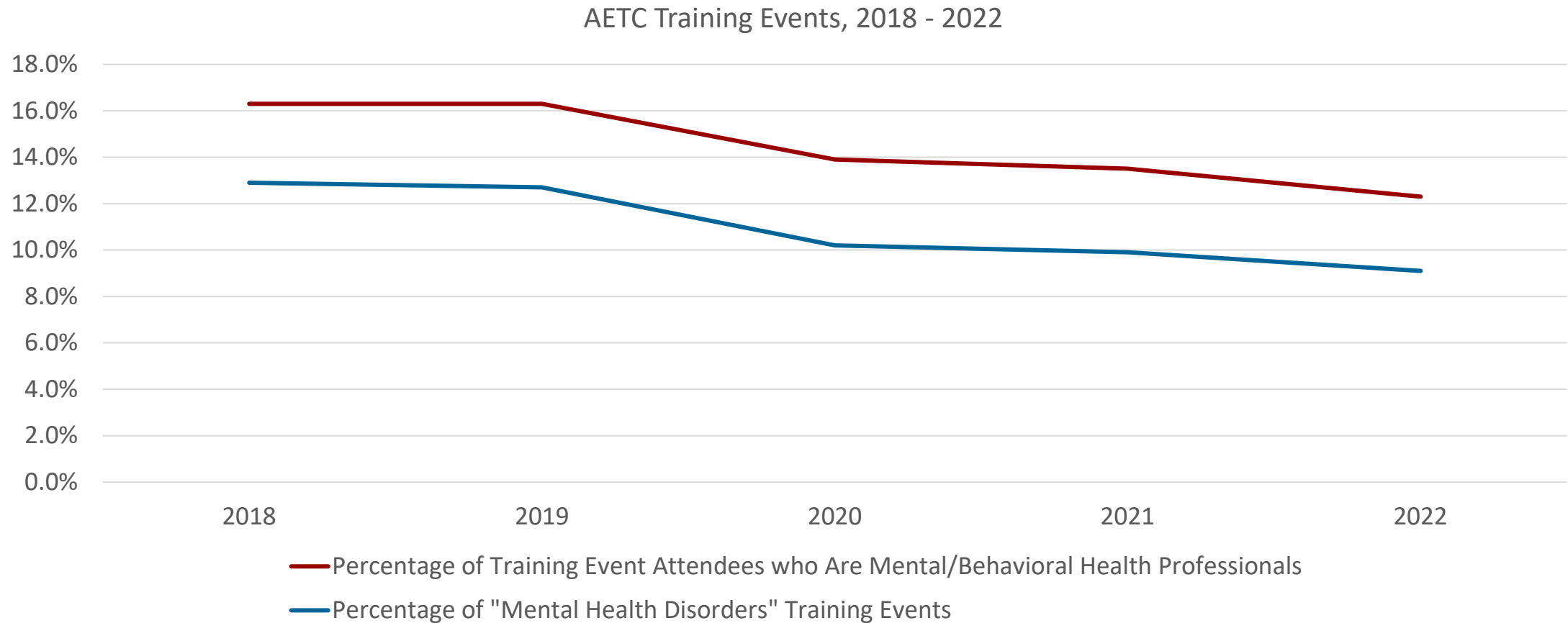
# Mental Health Education via the AETCs: Training Events

- **Mountain West**
  - ACC: Addressing Depression in People with HIV
  - Project ECHO: HIV & Treatment of Depression
- **Pacific**
  - Motivational Interviewing for HIV
  - Mental Health among Older Adults with HIV
- **South Central**
  - Latines Trauma and Mental Health Support Group
  - Developing Community Partner Relationships in Behavioral Health
- **Midwest**
  - HIV, Mental Health and Wellness

- **Southeast**
  - Psychosomatic Unity: Integrating Mental Health in Primary Care
- **MidAtlantic**
  - HIV & Mental Health
  - Co-occurring Behavioral Health Issues
- **New England**
  - Mental Health & HIV Webinar Series



# 2018-2022: Mental/Behavioral Health Representation in AETC Supported Training Events



Source: RWHAP AETC Program Annual Data Report, 2022





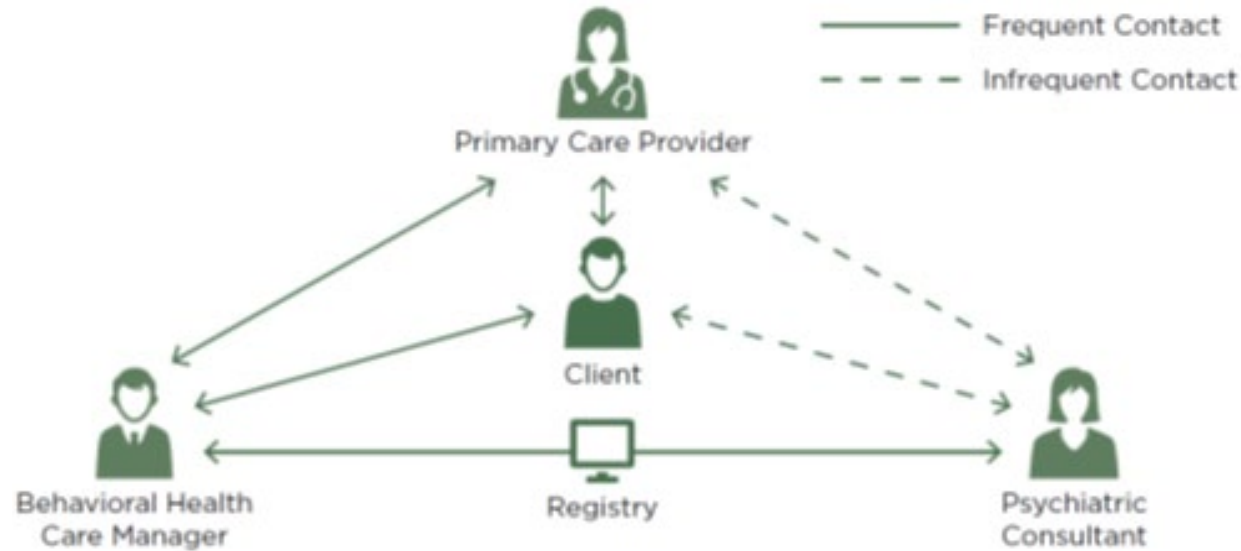
# Current and Upcoming Educational Events

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- **October 29:** Integrating HIV Integrative Practices (IHIP) webinar, "Trauma-Informed Approach for Integrating HIV Primary Care and Behavioral Health"
- **October 30:** MidAtlantic AETC, "Trainings for Case Managers in Pennsylvania: "Co-occurring Behavioral Health Issues"
- **October 30:** MidAtlantic AETC, "Navigating HIV, Mental Health, & Substance Use as a First Responder"
- **Until June 30, 2025:** E-Learning Course, "Motivational Interviewing for HIV"



# SPNS Evidence-Informed Interventions (E2i): Collaborative Care Management (CoCM)



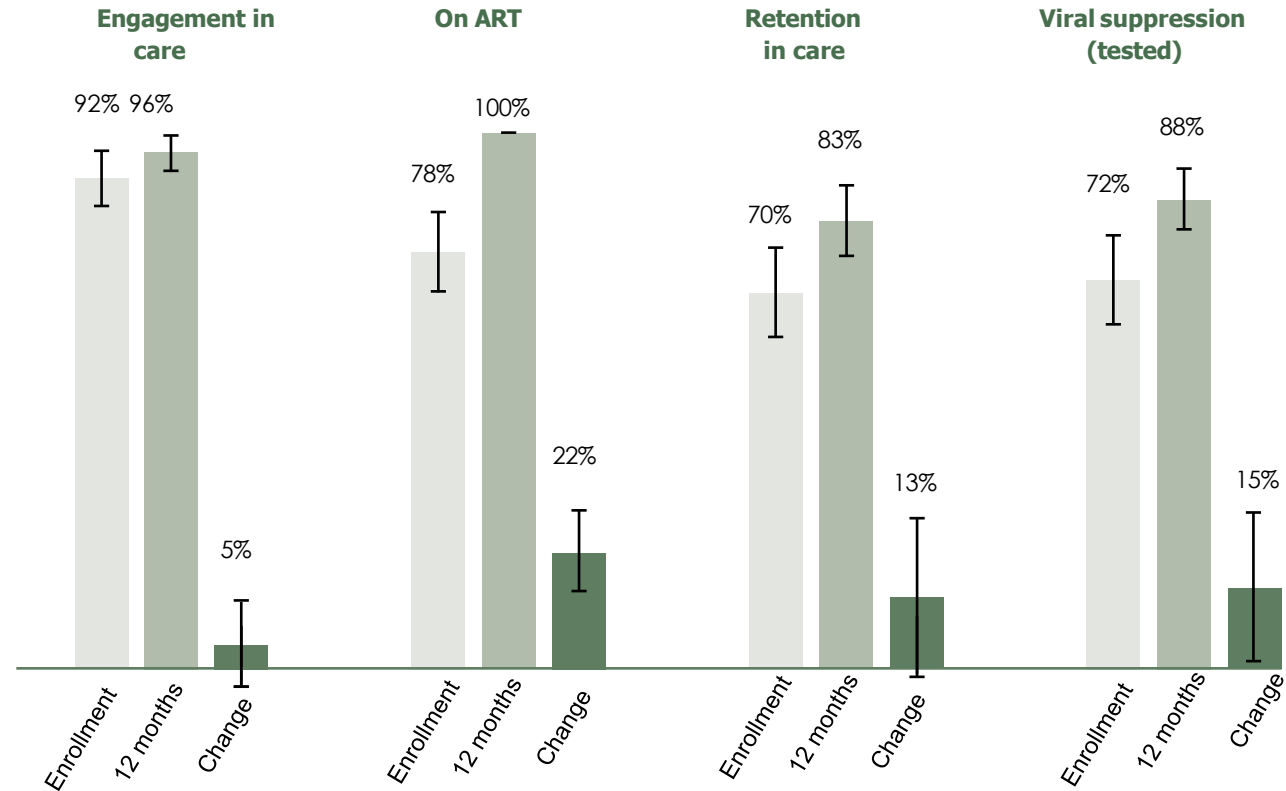
## Locations:

- Corktown Health (Detroit Michigan)
- La Clinica del Pueblo (Washington DC)
- Our Lady of the Lake Regional Medical Center (Baton Rouge, Louisiana)
- Oklahoma State University Center for Health Science's Internal Medicine Specialty Services (Tulsa, Oklahoma)



# SPNS Evidence-Informed Interventions (E2i): Collaborative Care Management (CoCM)

HIV care continuum outcomes among the 122 clients enrolled in CoCM as part of the E2i initiative.

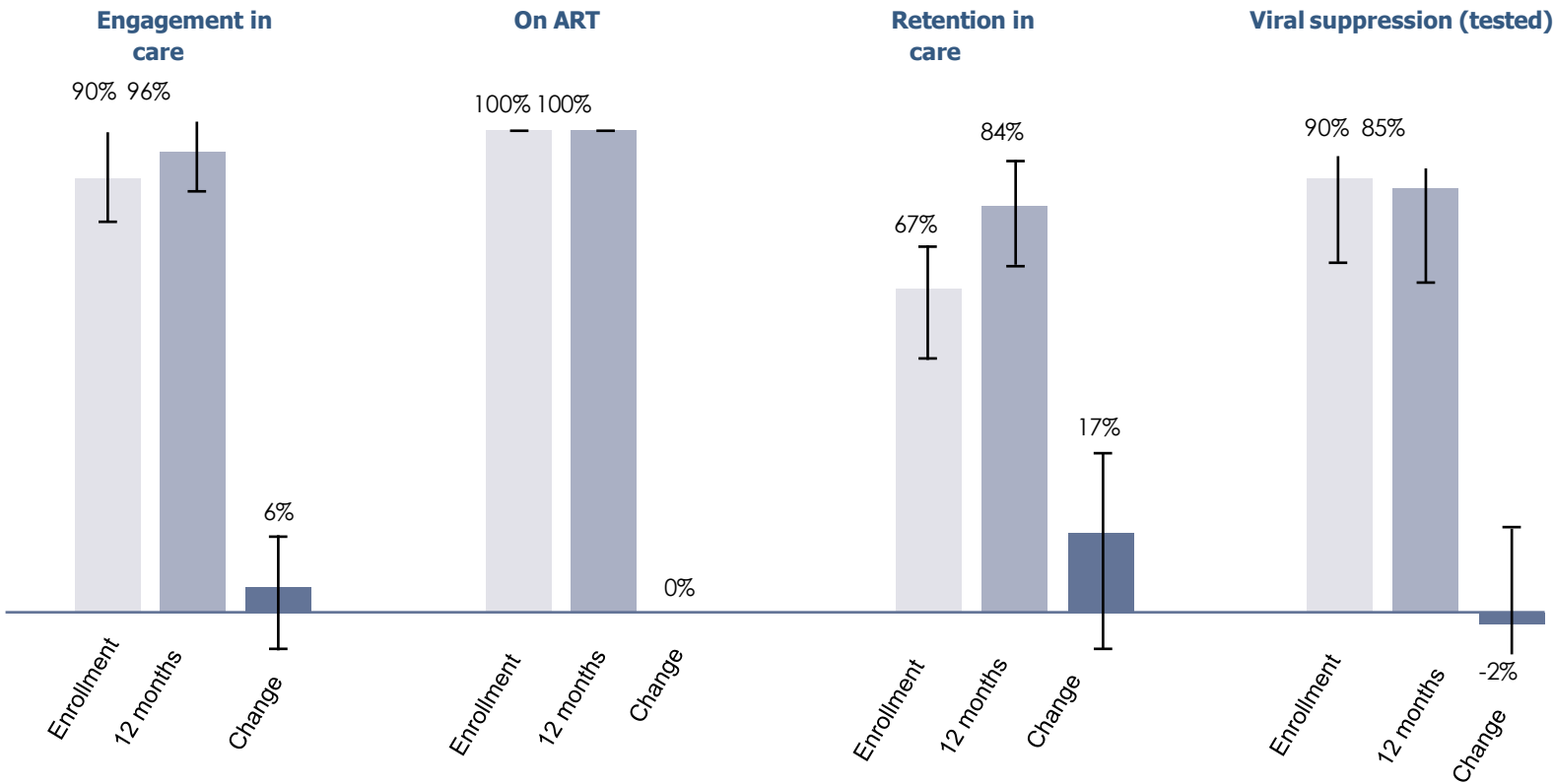


Cognitive Processing Therapy: E2i Implementation Guide. Rockville, MD: U.S. Department of Health and Human Services, Health Resources and Services Administration, HIV/AIDS Bureau; 2021



# E2i: Identifying and Addressing Trauma, Cognitive Processing Therapy

HIV care continuum outcomes among the 34 clients enrolled in CPT as part of the E2i initiative.



# Today's Panelists

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- Dr. Teri Senn, Scientific Program Officer, Division of AIDS Research, National Institute of Mental Health
- Katie Catanzarite, Psychology Fellow, Louisiana State University Health Sciences Center
- Stephanie Amaya, Post-Doctoral Fellow, Medical University of South Carolina
- Cristina Lopez, Clinical Psychologist, Medical University of South Carolina



# Connect with the Ryan White HIV/AIDS Program

Learn more about our program at our website:

[ryanwhite.hrsa.gov](https://ryanwhite.hrsa.gov)



Sign up for the Ryan White HIV/AIDS Program Listserv:

<https://public.govdelivery.com/accounts/USHHSRSA/signup/29907>

# Connect with HRSA

Learn more about our agency at:

[www.HRSA.gov](http://www.HRSA.gov)



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