### Challenges in Boston EMA and MA

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#### HIV Dental Ombudsperson Program (HIV DOP)

- Created in 1990
- Comprehensive oral healthcare access program for Boston EMA under Part A
- Funding from MDPH to expand to entire state

# **Major Activities**

- Enrollment
- Referral
- Reimbursement
- Education (consumer and dental professional)
- Client Advocacy

# Goal of HIV DOP

- Reduce/remove barriers to care
  - Financial
  - Stigma
  - Disclosure

Identify qualified dental providers and ensure they receive annual training and updates

Provide access to specialty care and consults

### Model

- Public and private network of dental providers
- Individual arrangement with providers on referrals (numbers and method)
- Payor of last resort
- All claims and prior approvals for care are processed in-house
- Case management process for client enrollment, verification of eligibility and referral to a dental provider.

### Program expansion

- Years 1-4 Boston EMA which expanded yearly in the greater Boston Area
- 1994 an inner and outer EMA was established to include 3 counties in Southern NH
- 2000 expanded to include MA counties not within EMA such as Cape Cod and Western MA



### **Maximizing Funding**

- Payor of last resort after any private or public third party payor
- Maximized use of adult dental Medicaid
  - Established medically necessary dental service coverage under Medicaid
- Challenges of Medicaid
  - 2003 Cuts eliminated adult dental except category designated as special circumstances which included PLHIV/A

### Continued

- Part F funding
- Referral to participating Part F programs
- Established a dental workgroup in 1992 with representation from all dental institutions and affiliated Part F programs, consumers, private providers, advocates, and legal services
- Expanded workgroup to a Part F working group to strive for coordination of care and education of students

### **Scope and Fees**

- Fees are linked to the State Rate Setting Commission and are similar to adult dental Medicaid as per condition of award
- Scope is based on restoration and maintenance of function
  - Primarily first molar to first molar
  - No cosmetics, implants, or orthodontics
  - Limitations on Endodontics, crowns, dentures and partials to maximize resources
  - Focus on periodontal and preventive services

#### **Challenges of Medicaid**

- 2010 Cuts- adult dental eliminated with exception of preventive, diagnostic, emergency and limited oral surgery
- About 50–60% of clients were eligible for adult dental and cost was deferred to that program
- Scope of services had to be limited due to cuts to maintain program
  - Endodontic and crowns limited to one per patient per year instead of two
  - Some fees were reduced for services no longer covered by adult dental by about 10-20% of an already low fee schedule
  - Eliminated some complex oral surgery procedures

# **Approvals of Services**

- Routine services do not require a prior approval
- Services requiring a prior approval are noted in provider manual and include: Specialized periodontal services Endodontic services
  - Crowns
  - Removable full and partial dentures
  - Complex oral surgery
  - General Anesthesia

### Provider Network Impact The knowns/Unknowns

- No loss of providers to date but will they stay?
- Can we maintain services to clients even with new limitations
- Free education to providers as enhancement to continue to participate
- Free consultation on infection control and exposure management offered to providers
- How much care can Part F programs absorb?

# **Specialty Sevices**

- Very few specialists participate on a routine basis
- Dentists who have referral arrangements with a specialist are able to arrange limited referrals with reimbursement through HIVDOP at our rates and scope of services
- Other specialist referrals are to Part F programs which increase access and maximizes our resources since we do not reimburse Part F programs. However, many Part F have limited their scope and our major Part F referral site closed in June '09

### Case Management

- Clients may enroll directly through the HIVDOP and have verifications, consent and signed grievance policy sent or faxed
- CMs enroll clients, fax immediately with verifications and other required forms (this is particularly important with emergencies or language barriers)
- Dental providers also enroll clients when they find out HIV status

#### Requirements to Enroll Clients

- Completion of dental intake form
- Completion of Joint Form and outcomes form for Part A
- Signed consent form
- Signed grievance policy
- Financial verification
- HIV verification on physician letterhead

# Eligibility

- Once forms received and complete client is contacted to review:
  - Previous dental history and chief complaint
  - Dentist of record and whether they participate or are willing to enroll
  - Masshealth or other third party payor
  - Convenient location for care
  - Income if at or up to 400% poverty level, care is reimbursed (95%). If over then assistance in finding a provider is offered (5%)

### Providers

- In 1991 it was not easy to find providers due to issues of confidentiality, stigma, fear of loss of patients
- Now the more significant limitation is the low fees
- Providers are allowed to designate how many referrals they will accept and other considerations
- Providers sign a participation agreement that includes a statement of patient confidentiality, acceptance of reimbursement without balance billing
- We abide by their policies and procedures, including no shows

#### Proactive Steps to Maintain Program

- Track cost of procedures previously covered by adult dental
- Present data to Planning Council and MDPH
- Testify at public hearings (August 2010) to advocate for restoration of adult dental and not make cuts permanent
- Advocate within EMA for increased allocations to oral health
- Continuing to advocate with Masshealth for restoration of medically necessary dental services
- Continue to refer to Part F programs

### Lessons Learned

- MA is the first state to adopt universal healthcare coverage, but oral health was not included
- Impact of previous cuts to adult dental were so significant that services to special groups were incrementally restored. Has this lesson been lost?
- Most importantly, even when you think you've got it covered and addressed the challenges, the rug could still be pulled out from under so be prepared!