



Quality Institute #2: Quality 101/HAB Expectations Session 1

Kathleen Clanon Wednesday, August 25; 8:30–10:30am Maryland B RWA-415



National Quality Center

## Learning Objectives

- Recognize the important role quality plays in the delivery of health care as well as its basic definition and principles
- Understand the quality expectations and requirements for Ryan White Programs
- Learn the key characteristics of a Ryan White-funded Quality Management Program
- Learn concrete action steps which will allow you to initiate an effective quality management plan and quality management activities within your program



### **Quality Improvement Model: HIVQUAL**





#### Magnitude of epidemic

- Approximately 1.1 million people in the United States are living with HIV/AIDS
- Over 550,000 people in the United States who had AIDS have died
- 39.5 million people around the world are living with HIV/AIDS
- 15.2 million children have been orphaned as a result of HIV/AIDS worldwide so far



#### **Effectiveness of medical care**

- As of 2005, the age-adjusted HIV death rate had fallen by 70% since its peak in 1994-1995
- Increasingly effective HIV therapy had contributed to saving 3 million years of life
- Within the last 15 years, vertical transmissions rates have been reduced from around 25% to under 4%



## Urgent need to address socioeconomic and racial disparities in prevalence and outcomes

- 32% of white Americans and 59% of black Americans living with HIV/AIDS rely on Medicaid for their health care
- Racial and ethnic minorities account for 71% of new AIDS cases, and 64% of people living with AIDS
- While African American teens account for only 15% of all American teenagers, they accounted for 65% of new AIDS cases reported in 2002



#### Changing nature of the patient population

- Women accounted for 8% of new AIDS diagnoses in 1985 and 27% in 2005
- Heterosexual transmission currently accounts for approximately 1 in 3 newly diagnosed AIDS cases; in 1985 it accounted for only 3%
- Between 2001 and 2005, AIDS cases increased most rapidly in the Midwest (38%) and the South (19%)
- People living with HIV and taking ARV are more likely to die of an age-related illness than an AIDS-related illness





## **Quality Continuum**



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## **Overall Goal**

## The best care we know how to give, for every patient, at every site, every day.





## **QI Principles**



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### 1) What does CQI stand for?

- a) Community Quality Initiative
- b) Case Management Quality Ideas
- c) Continuous Quality Improvement
- d) Circular Quantum Invention



2) What is the main difference between quality assurance and quality improvement?

- a) Quality assurance uses mainly a team approach
- b) Quality improvement focuses on statistical outliers for improvements
- c) Quality assurance and quality improvement are practically the same
- d) None of the above



3) What is the most important principle for quality improvement? Quality improvement focuses on...

- a) Individual performers
- b) Routine measurement of performance
- c) Training of providers
- d) Systems issues



## 4) Which of the following is NOT a statement by HAB about Quality Programs?

- a) QM programs need to look beyond clinical services to consider both supportive services and outcomes
- b) QM programs assess the extent to which HIV health services are consistent with the most recent Public Health Service guidelines
- c) The primary focus of the QM program is on performance measurement to assess clinical and non-clinical services
- d) Quality is the degree to which a health or social support service meets or exceeds established professional standards and user expectations



5) The following performance data report is presented: PPD 95%, GYN 85%, and PCP Prophylaxis 55%. You advise the program to continue to measure...

- a) only PCP Prophylaxis
- b) GYN and PCP Prophylaxis
- c) All three indicators



6) The results of an adherence QI project are presented after 10 months of work, improving the rate to 98% and it was kept between 95%-100% for the last 4 months. You advise the program to...

- a) Discontinue routine measurements
- b) Switch to quarterly measurements
- c) Keep monthly measurements





# QI Principles



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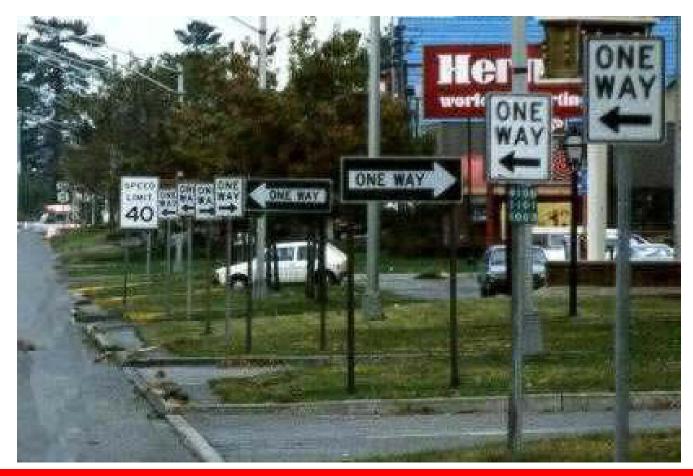
# Success Is Achieved Through Meeting the Needs of Those We Serve.



Is your hospital prepared for the future?



#### Most Problems Are Found in Processes, Not in People.





## Do Not Reinvent the Wheel – Learn From Best Practices.





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# Learn Through Small, Incremental Changes to Achieve Continual Improvements.





# Actions Are Based Upon Accurate and Measured Data.





Infrastructure Enhances Systematic Implementation of Improvement Activities.





#### Set Priorities and Communicate clearly





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### 'QI is not QA'

	Quality Assurance	Quality Improvement
Motivation	Measuring compliance with standards	Continuously improving processes to meet standards
Means	Inspection	Prevention
Focus	Individuals, "bad apples"	Processes and Systems
Responsibility	Few	All



HAB's Working Definition of Quality

"Quality of care is the degree to which health services for individuals and populations increase the likelihood of desired health outcomes and are consistent with current professional knowledge."

Institute of Medicine. Medicare: A Strategy for Quality Assurance. Vol. 1. (1990)





# Quality Management in the Context of the Ryan White Program



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#### Ryan White Treatment Extension Act of 2009

 "The chief elected official/ grantee... shall provide for the establishment of a *clinical* quality management program to assess the extent to which HIV health services provided to patients under the grant are consistent with the most recent Public Health Service guidelines for the treatment of HIV disease and related opportunistic infection, and as applicable, to develop strategies for ensuring that such services are consistent with the guidelines for improvement in the access to and quality of HIV health services"



### Ryan White Program Quality Requirements

"RW grantees are directed to establish **clinical** quality management programs.." which include:

- Development of a comprehensive clinical quality management infrastructure, including routine QM meetings with cross-functional representation
- Description of QM program in a written quality management plan, with a clear indication of responsibilities and responsible parties
- Inclusion and involvement of key stakeholders in your quality management program
- Designated leaders for quality improvement and accountability



#### Ryan White Program Quality Requirements

- "Assess the extent to which HIV health services are consistent with the most recent Public Health Service (PHS) guidelines..." which includes:
  - Development and/or adaptation of quality indicators for key clinical and service categories
  - Routine performance measurement of key care aspects
  - Sharing of performance data with program staff
  - Use of data to improve the organization's performance on key services



### Ryan White Program Quality Requirements

- "Develop strategies for ensuring that such services are consistent with the guidelines for improvement in access to and quality of HIV service..." that include:
  - Linking performance data results to quality improvement activities
  - Establishment of quality improvement teams with crossfunctional representation
  - Integration of changes into routine program activities



#### Key Characteristics of a Quality Management Program

Patient-centeredness is a fundamental focus of quality care and undergirds the 5 characteristics that follow.

- 1. A **systematic process** with identified leadership, accountability, and dedicated resources available to the program
- 2. Use **data and measurable outcomes** to determine progress toward relevant, evidenced-based benchmarks
- 3. Focus on **linkages**, efficiencies and provider, and **client expectation** in addressing outcome improvement



#### Key Characteristics of a Quality Management Program (cont.)

- 4. A **continuous process** that is adaptive to change and that fits within the framework of other programmatic quality assurance and quality improvement activities
- 5. Ensure that **data collected are fed back** into the quality improvement process to assure that goals are accomplished and that they are concurrent with improved outcomes



### Individual/Group Exercise

- Review the Quality Expectations Case Study handout.
- Individually, rate the components described for compliance with the required elements.
- Be ready to discuss your ratings with your table group.
- We will have an anonymous large group report out also...





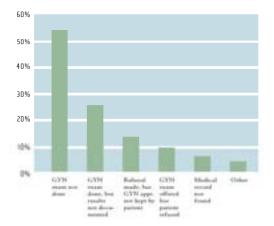
## **Moving from Data to Improvement**



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### **Key Question**

# What action steps should you take once the data are collected?







#### **Group Exercise: Prioritizing Areas for Action**

In your table group:

- Review the data report for the State of Euphoria
- Decide which one area/indicator you will focus on for next steps.
- Be ready to discuss in the large group what you decided and why





## Data are a Guide, Not a Grade.... They tell us what questions to ask.

At the level of a network, we can NEVER say that data represent performance, we can only say that the data are spurring us to ask questions:

- *"Why is this number so low?*
- "Is it a data entry problem, a documentation problem, or a problem providing the care (or a mix)?"
- "Why are the numbers so different from this area to that area?"
- "What are these data telling us about our system?"

Only the providers can ANSWER those questions, but we can't even know what to ask if we aren't looking at the whole network's data together.



## Where Should I Start?

- Find your quality plan and read it.
- Consider doing an Organizational Assessment of the quality management program
- Take one Quality Academy Tutorial
- Download one Quality Improvement publication at NationalQualityCenter.org
- Sign up for NQC's TOT or TQL Program





#### Tutorials

To begin, just click on a Tutorial to learn more about the training content and access the slide presentations or PDF files.

#### A) Introduction and Overview

TUTORIAL 1	TUTORIAL 2	TUTORIAL 3	TUTORIAL 4
The National Quality Center	What is Quality? What is Quality Improvement in HIV Care?	The Ity-an White Program and its Expectations for Quality	Quality Improvement Resources
Beginner	Beginner	Beginner	Beginner

#### **B)** Structuring a Quality Program.

TUTORIAL S	TUTORIAL 6
Quality Hanagement Plan	Quality Management Infrastructure
Intermediate	Intermediate



#### NQC Part A Quality Management Program¶ Assessment Tool¶

1					
EMA/TGA:¤	a				a
Contact Person: ¤	α				a
Address: ¤	a				α
	City: ¤		State: ¤	Zip Code:¤	α
	Phone: ¤	Fax: 🛛		Email: <sup>D</sup>	a
Ö					18

			ecific, EMA/TG ut A roles, resour			in place with
Score	0¤	Score 1 <sup>©</sup>	Score 2¤	Score 3¤	Score 4¤	Score 50
				•	•	
Score O¤	00 Part A program has no or minimal written quality plan in place; if any in existence, written pla does not reflect current day-to-day operations. <sup>10</sup>					nce, written pla
Score 1¤		A program has on rt current day-to-c	y loosely outlined ay operations.¤	a quality managem	ent plan; written p	lan reflects only
Score 20	a	•				
Score 30	infras share	tructure, frequenc	wide quality manaş y of meetings, indi Jality plan is reviev present ¤	cation of leadershi	p and objectives; t	he quality plan
Score 4¤						
Score 5¤	devel comr proc repre	loped/refined, with nittee infrastructure esses for ongoing sentatives is descri- ties; staff and pro-	letailed HIV-speci a a clear indication ce, outline of perfo evaluation and asse bed; quality plan fi riders are aware of	of responsibilities mance measurem ssment; engageme ts within the fram	and accountability ent strategies, and nt of other departs ework of other city	r, quality elaboration of ment rwide QI/QA

#### NQC Checklist for the Review of an HIV-Specific Quality Management Plan

Grantee:

Date:

#### How to use this checklist:

A Quality Management (QM) Plan defines a quality program's strategic direction and provides a blueprint for upcoming improvement activities for the HIV program. While there is no universal "how-to" template for creating a quality management plan, this document outlines the basic domains that should be covered in each plan: Quality statement, Quality improvement infrastructure, Quality Plan Implementation, Performance measurement, Annual quality goals, Participation of stakeholders, Evaluation, Capacity Building, Process to update the Plan, and Communication.

This checklist has been created to assist those who are: 1) working with grantees to develop an HIV-specific Quality Management (QM) Plan; and/or 2) reviewing a QM Plan for completeness. Keep in mind that this checklist should be used as a reference and assessment tool and that the most important step is to get started.

#### Definition of terms:

The term <u>Quality Management Program</u> encompasses all systematic and continuous quality processes, including the formal organizational quality infrastructure and quality improvement related activities, consistent with other QI and QA programs with identified leadership, accountability and resources to develop a strategy for using and measuring data to determine progress toward evidence-based benchmarks with a focus on linkages and provider and client expectations using data collection practices to ensure that goals are accomplished and result in improved outcomes.

Quality Management Plan: is a written document that outlines how the quality management program will be implemented, including a clear indication of responsibilities and accountability, performance measurement strategies and goals, and elaboration of processes for ongoing evaluation and assessment of the program.

Domain in QM Plan	Description	✓- Comments
Quality statement	<ul> <li><u>Provides brief purpose</u> describing the end goal of the HIV quality program and a <u>shared</u> <u>vision</u> to which all other activities are directed; assume an ideal world and ask yourselves, "What do we want to be for our patients and our community?"</li> </ul>	
Quality infrastructure	The quality infrastructure includes the following elements: <u>Leadership</u> : Identifies who is responsible for the quality management initiatives. <u>Quality committee(s) structure</u> : Documents who serves on the quality committee, who chairs the committee, and who coordinates the QM activities <u>Roles and Responsibilities</u> : Defines all key persons, organizations, and major stakeholders and clarifies their expectations for the quality management program. <u>Resources</u> : Identifies the resources for the QM program	







#### NQC Training of Quality Leaders Guide

Facilitator Manual to Build Capacity of HIV Providers to Lead Quality Management Activities

New York State Department of Health AIDS Institute Health Resources and Services Administration HIWAIDS Bureau

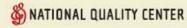




#### NQC Training-of-Trainers Guide

Facilitator Manual to Train HIV Providers on Quality Management

New York State Department of Health AIDS Institute Health Resources and Services Administration HIWAIDS Bureau



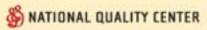


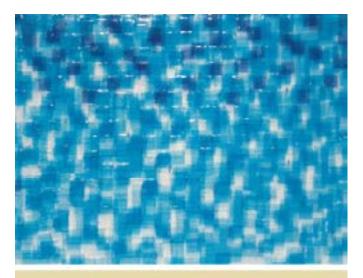


#### Making Sure HIV Patient Self-Management Works

A Training Workshop For HIV Care Providers Curriculum Guide for Workshop Facilitators

New York State Department of Health AIDS Institute Health Resources and Services Administration HIWAIDS Bureau

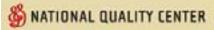




#### Making Sure Your HIV Care is the Best It Can Be

A Consumer Quality of Care Training Workshop

New York State Department of Health AIDS Institute Health Resources and Services Administration HIV/AIDS Bureau







#### The Game Guide

Interactive Exercises for Trainers to Teach Quality Improvement in HIV Care

New York State Department of Health AIDS Institute Health Resources and Services Administration HIV/AIDS Bureau

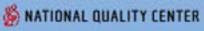
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#### Building Capacity of Statewide Quality Management Programs

NQC Guide for Ryan White HIV/AIDS Program Part 8 Grantees

New York State Department of Health AIDS Institute Health Resources and Services Administration NIV/AIDS Bureau







### Aha Moment and Action Planning

- What have you learned from this workshop?
- What will you do differently in response to this workshop?
- Complete the Action Planning Form on your chair



## NQC Activities at the AGM 2010 – Join Us!

#### Monday, August 23, 2010

- 11am: Improve Your Care and Services with Consumer Input (Quality Institute 1) Delaware A
- 2:30pm: Creating a Culture for Quality Improvement (Quality Institute 1) Delaware A

#### Tuesday, August 24, 2010

• 8:30am: Quality in Hard Times (Quality Institute 1) - Delaware A

#### Wednesday, August 25, 2010

- 8:30am: Quality Improvement 101/HAB Quality Expectations (Quality Institute 2) Maryland B
- 11am: An Introduction to Performance Measurement (Quality Institute 2) Maryland B
- 3:30pm: How to Share Performance Data to Spur Improvement (Quality Institute 2) Maryland B

#### Thursday, August 26, 2010

- 8am: Strategies to Measure and Improve Patient Retention Rates Washington 2
- 10am: Aligning Quality Initiatives: Lessons Learned from Cross-Part Collaborative Washington 4
- 10am: Quality Management for Non-Clinical Care Washington 1

#### Visit our NQC/HIVQUAL Exhibit Booth in the Exhibit Area

• Pick up hard copies of QI Publications and meet your staff and consultants





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