# NATIONAL **S**RYAN WHITE CONFERENCE ON HIV CARE & TREATMENT



#### Viral Suppression: A success Story

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## Outline

- Background
- Learning Objectives
- Target Population
- Services Provided
- Data/PCSMs
- Best Practices/Recommendations
- Lessons learned



# **Learning Objectives**

This presentation will identify (3) key strategies to assist clients in achieving viral suppression and stable housing:

1 - Helping clients maintain adequate housing by paying a portion of the monthly rent on time and providing advocacy to obtain necessary repairs

2 - Reviewing program for cultural and language appropriate services

3 - Educating clients on the importance of maintaining their medication regiment and treatment adherence



# Background

- Short Term Rental Assistance Program (STRAP)
- Funded by Ryan White
- This program provides rental assistance subsidies to HIV/AIDS diagnosed immigrant clients
- Currently supports 240 clients with rental assistance within five (5) boroughs of New York City



## **Target Population**

Eligibility Criteria:

- Individuals must have an AIDS or HIV positive symptomatic diagnosis
- Individuals must be ineligible for HASA benefits
- Individuals must reside within the five boroughs (Bronx, Brooklyn, Manhattan, Queens, and Staten Island)
- Individuals must have a current lease under their name
- Individual's current leases must be within HUD Fair Market Value
- 18 years old or older



## **Services Provided**

- STRAP (Short Term Rental Assistance Program) provides short term (less than 2 years) rental assistance to NYC residents
- STRAP staff provide on-going housing case management to prevent homelessness
- Promote treatment adherence and facilitate enrollment in primary care
- Clients are referred to a myriad of services at GMHC and other organizations throughout New York City
- All apartments are inspected annually to ensure habitability and compliance with federal housing standards
- Rent subsidies are issued directly to participating landlords



#### Data

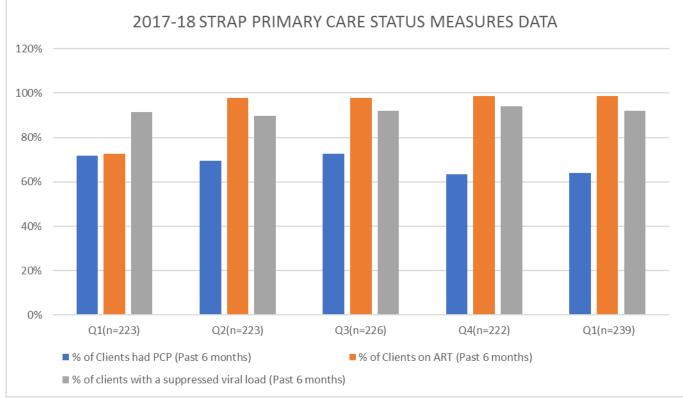
PCSM Indicators	2017 – Q1	2017 – Q2	2017 – Q3	2017 – Q4	2018 – Q1
Total number clients included	223	223	226	222	239
% of Clients with updated PCSM (Past 6 months)	99	100	100	100	100
% of Clients diagnosed with HIV	100	100	100	100	100
% ofClients had PCP (Past 6 months)	72	70	73	64	64
% ofClients on ART (Past 6 months)	73	98	98	99	99
% of clients adherence (Self-Report)	88	93	93	96	96
% of clients with a suppressed viral load (Past 6 months)	92	90	92	94	92

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#### Clients maintained a consistent viral load suppression rate of 90%.





#### **Best Practices**

- Staff monitors each case individually on a monthly basis
- Clients are engaged in face to face interviews and continues review of their medical care
- Staff advocates with landlord regarding any related housing issues (renewal leases, repairs, eviction notices, etc.)
- Staff establishes rapports with their clients

