# NATIONAL **S**RYAN WHITE CONFERENCE ON HIV CARE & TREATMENT



# Housing is Health

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### **Objectives for Today**

- Why housing?
- Housing First Model
- Criteria for enrollment
- Application process
- Overview of our housing program
  - Lessons learned
  - Barriers
  - Successes
  - Challenges



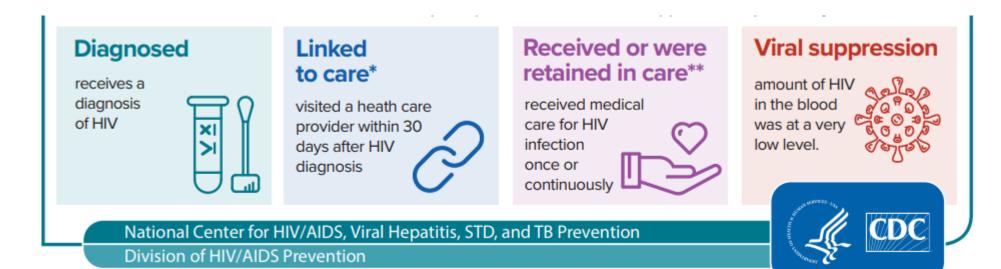
# Why housing?

- Lack of affordable housing
- Lack of safe housing
- Housing Authority had a year long wait list
- PLWH have been disproportionately impacted by housing crisis
- According to HUD, most homeless people are temporarily homeless — they may need emergency housing for a few weeks up to two years before they are able to secure stable housing





# **Housing Improves The Care Continuum**



Studies consistently find homelessness and housing instability are directly linked to higher viral loads and failure to achieve or sustain viral suppression, even after controlling other factors known to impact treatment effectiveness such as substance use and mental health needs.<sup>33</sup>

> Aidala, et al. (2012) Health services Research, 47 (pt2) : 523-543

Housing interventions improve stability and connection to care providing the essential foundation for participation in lifesaving ARV treatment.



# **Housing First Model**

- Housing First model: an evidence-based, supportive housing intervention for chronically homeless individuals that has the potential to improve health outcomes and reduce costs to health care and other public safety net programs (US Department of Health and Human Services, 2011)
  - Basic needs first
  - Doesn't require the person who is experiencing homelessness to address all of their problems before obtaining housing
  - Rental assistance varies in duration depending on the needs of the participant
  - Intensive case management and community integration services
    - Chronic illness
    - Mental health
    - Substance use disorders
    - Domestic violence



# **Goals of Housing Program**

- The intended goal is to help people transition from a housing crisis into a permanent, stable housing situation
  - focus on empowering the client to become self-sufficient
- The combination of secure housing and case management services will allow the homeless individual to become stable, make progress toward goals of self-sufficiency, and transition into permanent housing

CALM

& ACHIEVE

YOUR

GOALS



# Eligibility

- PLWH
- Active in Ryan White Case Management
- At or below 200% of the FPL
- Cannot be on SSI or SSDI
- Outstanding bills that deter client from paying rent
- All other housing options have been exhausted
- Ability to follow the constraints of the lease (for example: no pets or loud parties)
- Based on availability
  - Wait list will be created if need be



- Persons with dependent children
- Persons who are currently homeless
- Persons with additional health issues aggravated by homelessness
- Reduced ability to work due to HIV related illness
- Insufficient or no income
- No or poor rental history



# **Application Questions**

<ul> <li>* RECENT LIVING SITUATION</li> <li>* If client came from one of these facilities in the last 30 days, or was prior, consider the person homeless from the streets or shelter as ap</li> <li>() homeless from the streets</li> <li>() homeless emergency shelter</li> <li>() transitional housing</li> <li>() domestic violence shelter</li> <li>() jail/prison</li> <li>() substance use treatment facility*</li> <li>() hotel/motel with out paid assistance</li> <li>() permanent housing for formerly homeless (SHP/S+C/SRO MR etc.)</li> </ul>	propriate. () psychiatric/ mental health facility* () hospital or other medical facility* () living with relatives/friends () participant-owned housing () rental housing () foster care or foster care group home () other:	1. Do you have a housing plan with any other agency for maintaining or establishing stable on-going stable housing?         2. Have you had contact with a case manager/benefit counselor at least once in the last three months (or consistent with the schedule specified in your individualized service plan)?         3. Have you had contact with a primary health care provider at least once in the last three months (or consistent with the schedule specified in your individualized service plan)?         4. Do have medical insurance coverage or medical assistance?         5. Are you a Veteran from U.S. military service?
		6. Are you a survivor of domestic violence

7. Are you chronically homeless by HUD's definition? \*

\* Please Answer YES or NO to the following questions:

\* A "chronically homeless person" is "an unaccompanied homeless individual with a disabling condition who has either been continuously homeless for a year or more **OR** has had at least four episodes of homelessness in the past three years." For this purpose, the term "homeless" means "a person sleeping in a place not meant for human habitation (e.g., living on the streets) or in an emergency homeless shelter."



# **Application Questions**

#### HOUSING SUBSIDY

Does Section 8 or part of the Public Housing Authority subsidize your current unit? Yes \_\_\_\_\_ No\_\_\_\_

Have you applied for Section 8 or with the Public Housing Authority? Yes \_\_\_\_ If so, when? \_\_\_\_ No \_\_\_\_

Are you willing, if eligible, to apply for Section 8 or Public Housing? Yes \_\_\_\_\_ No \_\_\_\_\_

If no, why? \_\_\_\_\_

Alcohol abuse	Υ	Ν	DK	R	NC
Drug Abuse	Υ	Ν	DK	R	NC
Both alcohol and drug abuse	Y	Ν	DK	R	NC
Chronic health condition	Υ	Ν	DK	R	NC
Developmental disability	Υ	Ν	DK	R	NC
HIV/AIDS	Υ	Ν	DK	R	NC
Mental health problem	Υ	Ν	DK	R	NC
Physical disability	Υ	Ν	DK	R	NC

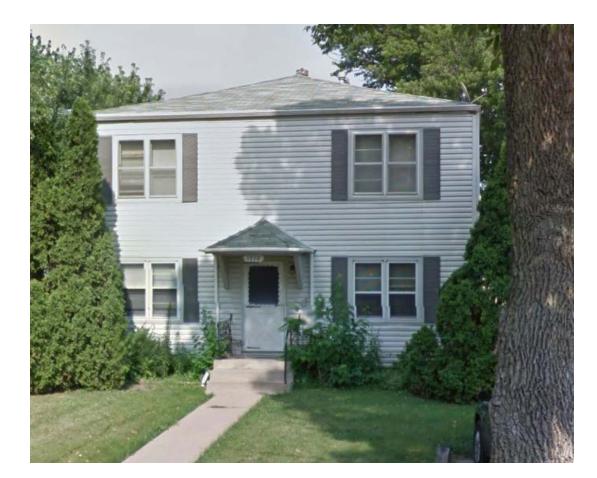
#### **Essay Questions**

- The purpose of the program is to aid in self-sufficiency, what are 3 long term goals you would want to work on while receiving assistance for the Housing is Health program?
- How would enrollment in the housing program benefit you in your life?



# Grandview

- Two one bedroom apartments
- On site laundry
- One block from bus stop
- Five blocks from convenience store and grocery store
- Three block to neighborhood park
- Ten blocks to Health Center





# **Palmetto Place**

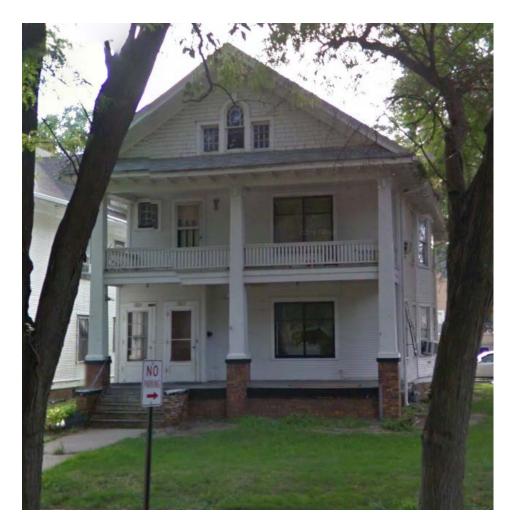
- Two 2 bedroom apartments
- Laundry on site
- Three blocks from bus stop
- Ten blocks from convenience store, coffee shop, grocery store, and Home Depot
- In Morningside





# Nebraska St

- Two three bedroom apartments
- Laundry on site
- Big back yard for kids
- Elementary school two blocks away
- Five blocks from Health Center
- Convenience store and grocery store two blocks away







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