

Engaging African and Caribbean Immigrants in HIV Testing and Care

Helena Kwakwa, MD, MPH
Director, HIV Clinical Services

Philadelphia Department of Public Health

Learning Objectives

Describe available data on foreign-born PLWH in the US

- Discuss the African Diaspora Health Initiative, a program to engage African and Caribbean immigrants in HIV testing and care
- Consider key strategies for success in engaging and retaining African and Caribbean immigrants



Overview

- African and Caribbean persons living with HIV in the US – what do we know?
- Barriers and cultural considerations
- Best practices for improving engagement in the HIV Care Continuum

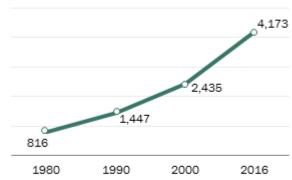


Black Immigration to the US

- Black immigration to the US has increased 5fold since 1980
- Roughly 1 in 10 Blacks in the US are foreignborn (American Community Survey)

Black immigrant population in the U.S. rose to 4.2 million in 2016

Total foreign-born black population in the U.S., in thousands



Note: In 2000 and later, foreign-born blacks include single-race blacks and multiracial blacks, regardless of Hispanic origin. Prior to 2000, blacks include only single-race blacks regardless of Hispanic origin since a multiracial option was not available. Source: Pew Research Centertabulations of the 2016 American Community Survey (1% IPUMS) and the 1980, 1990 and 2000 censuses (5% IPUMS).

PEW RESEARCH CENTER

Anderson M, Lopez G. Pew Research Center. 2018.



Data deficit on Black immigrants with HIV in US

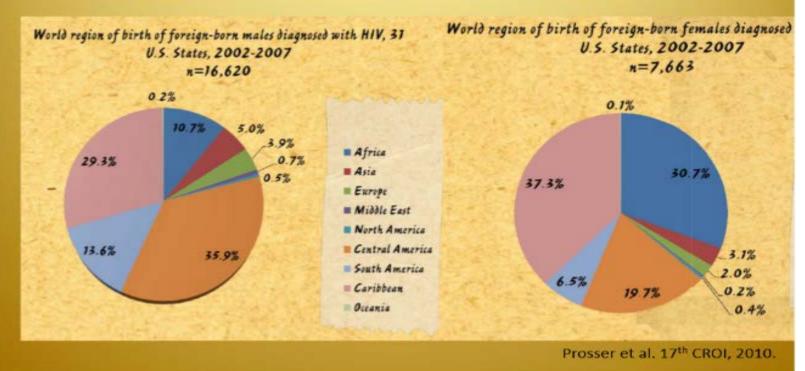




HIV in US foreign-born population: CDC

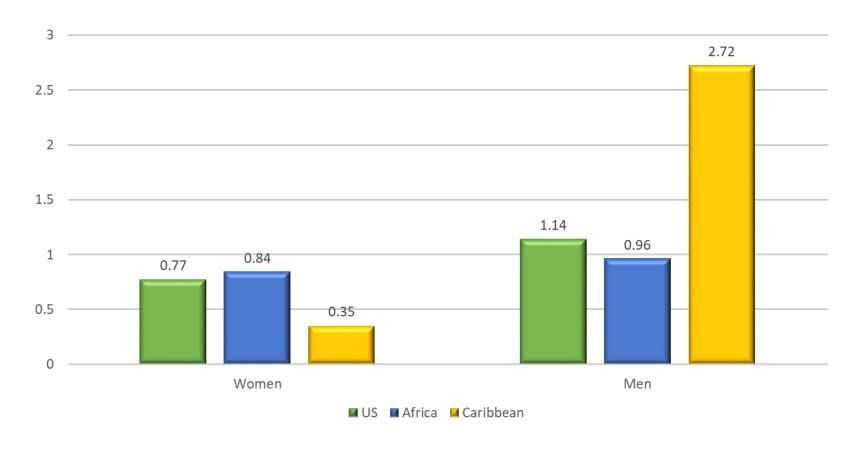
HIV in Foreign-Born CDC 2009 Data from 31 States from 2002-2007.

- - 162,367 new diagnoses. Of those 24,913 (15.3%) were FB.





HIV Testing at Philadelphia City Health Centers, 2007-2011



Differences in epidemic among foreign born Blacks vs US Blacks

Mode of transmission

More heterosexually acquired infection in foreign-born

Age group

Among foreign born: 13.9% of adults and 73.2% of perinatal and pediatric were African

Region of birth

3.3% of Whites

10.0% of Blacks

42.2% of Hispanics

64.3% of Asians

Foreign-born



Foreign-born Blacks and HIV in the US

Kerani et al, 2008

- Africans 0.6% population, 3.8% of HIV+
- Disparities in all 8 jurisdictions studied

Satcher-Johnson et al, 2010

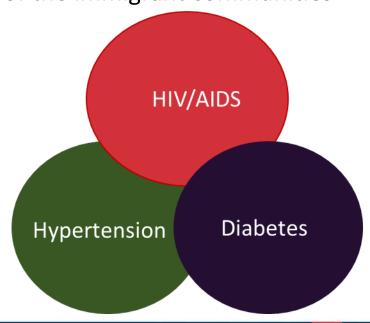
- FB blacks more likely to diagnosed late
- FB blacks more likely to survive 1 & 3 yrs after dx



A Non-traditional Approach to HIV Testing

Clinics without walls

- Collaborative effort with various African and Caribbean orgs to provide education and testing
- Advisory board includes key members of the immigrant communities
- Questionnaire
 - Length of stay in US, country of origin,
 HIV risk behaviors, last visit home
- Culturally Competent Staff
- Holistic screening model
 - 92% acceptance rate on HIV testing
 - Reduce HIV testing related stigma



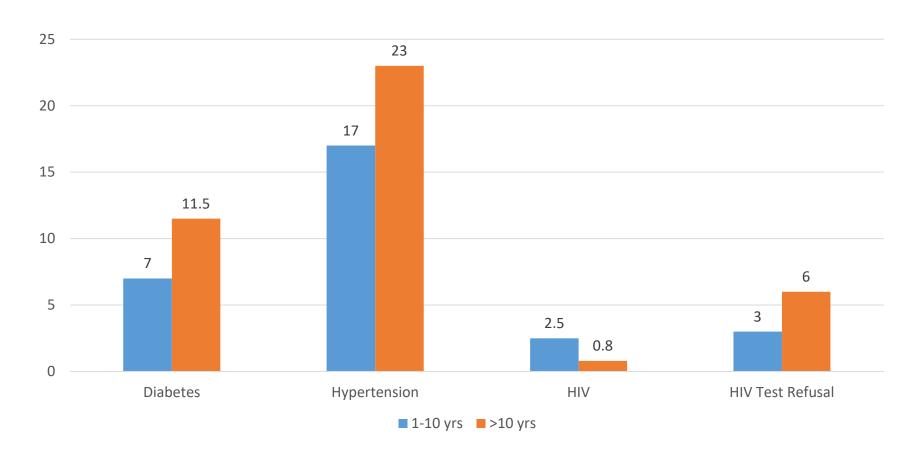


ADHI Outcomes, 2011-2015

Condition	African Women	African Men	Caribbean Women	Caribbean Men
Hypertension	22.3	21.0	26.4	23.6
Diabetes	7.2	7.7	9.8	14.2
Pre-diabetes	6.8	8.6	4.9	9.8
HIV	1.9	1.3	0.4	8.4



Select disease prevalence by length of time in US, ADHI 2011-2015





Urgency in Immigrant HIV Outreach

In January 2010, HIV entry ban was lifted

HIV testing no longer required for new immigrants coming to the US through permanent residency

Overall, those who came into the US after 2010 reported lower previous HIV testing rates than those who have been in the US longer (53.8% vs 63.3% p=0.04).

HIV prevalence was highest among those who had recently moved to the US (4.2% vs 2.4% p=0.01).

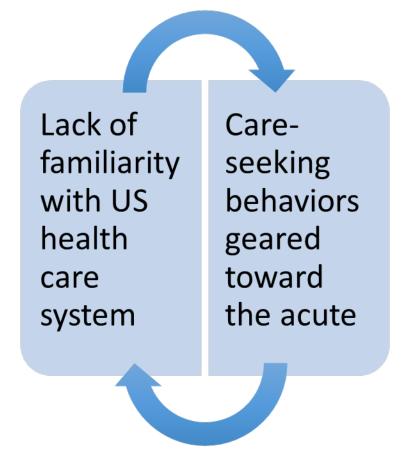
Need to create more intervention programs to capture missed opportunities in testing for new immigrants

Kwakwa HA et al. J Natl Med Assoc 2012 Jan-Feb;104(1-2):14-19.



Barriers, Cultural Considerations & Best Practices

An Unfamiliar Health Care System



Engaging African and Caribbean Communities: Barriers

Risk perception

Underestimation of risk

Closely linked with stigma, denial, lack of HIV knowledge, experience of HIV, fear of HIV

Lack of trust of health care system/providers

Closely linked with concern about confidentiality, lack of familiarity with US health care system

Deep rooted stigma in the community



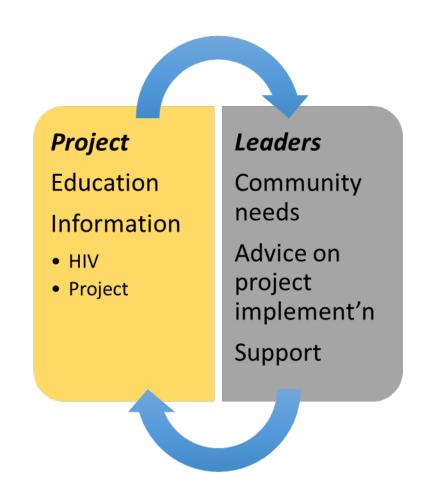
Engaging African and Caribbean Communities: Challenges



- Common view of outsiders as predatory
- Language
 - 86 different languages spoken (ADHI)
- View of HIV as a moral failing or a punishment
 - Rejection



Engage community leaders from the beginning





Listen to the suggestions of the community

Solicit suggestions and feedback from leaders and others

Implement suggestions whenever possible, respond to feedback



Combating Myths in African and Caribbean Communities, ADHI



"Even if you feel well, you could still be HIV-positive."

Get tested

-Results in 20 minutes

Combating Myths in African and Caribbean Communities, ADHI

HIV is a virus that causes a chronic lifetime infection. For many years after acquiring HIV, one may feel well. When one feels sick it is often in the late stages of disease. That is why it is important, even if you feel well, to get tested.

For more information, please call ***-***





Engage the community at different levels

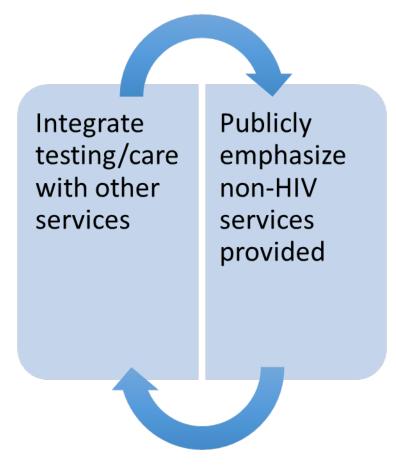
Learn about resources available in the community

Utilize community resources where it makes sense





Present package of bundled services

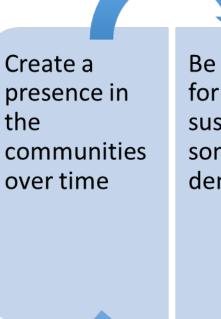


Address fears about HIV, confidentiality





Persistence and patience



Be prepared for some suspicion, some demands

Cultural fluency in staff and in program development

Staff program strategically

Recognize community heritage and pride In program
design find
balance
between fears
and stigma
reduction/servi
ce delivery



Conclusions

Data on the foreign-born are essential to our understanding of the domestic HIV epidemic

Country of origin information is critical to understanding disparities

Community-based outreach efforts are more important than ever in reaching foreign-born populations and engaging them in HIV testing and care

Caribbean and African populations, given the relatively high rates in their regions of birth, are important allies in optimizing prevention and care

Novel strategies for reaching these populations are urgently needed





Thank You!

