# NATIONAL **S**RYAN WHITE CONFERENCE ON HIV CARE & TREATMENT



### Improving Biomedical HIV Prevention and Care Through Innovative Cross-Sector Collaboration

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*Presenter: Eva Kersey, Manager of Health Interventions and HIV Prevention at Larkin Street Youth Services* 

## Agenda

- Welcome
- Background
  - Program & participants
  - Participating organizations
- Best Practices for Cross-Sector Collaboration
  - Collaboration activities
  - Data collection
  - Process
- Panel Discussion

#### Welcome

Introduce yourself to your neighbor. Consider sharing some of the following:

- Name
- Pronouns
- Organization you work for and your role
- What brings you to this workshop?



### Background

Launched in 2015 and supported by a 5-year SAMHSA/CSAP HIV CBI grant, this collaboration supports HIV prevention, substance abuse prevention, and capacity building activities at an organization serving young people experiencing homelessness in San Francisco, CA.



### **Introduction to Larkin Street Youth Services**

Larkin Street offers a broad continuum of Services providing youth with alternatives to street life and opportunities to achieve long-term self-sufficiency





### Larkin Street At a Glance

Young People	July 1 2017 – June 30 2018
Total served	2,338
Number housed	627
Youth of color	75%
LGBTQ+	31%
Living with HIV	5%
Exits to stable housing	83%
Sources of revenue	62% public; 38% individual giving, foundations, and events



### **Mental Health**

#### Larkin Street Youth and Mental Health

- 47% report current or prior mental health issue at entry into housing
- At intake, 2/3 report experiencing a mental health issue such as serious depression or anxiety in the 30 days prior to intake
- Mean GAD-7 score of 11.69, indicating moderate anxiety\*
- Mean CES-D score of 17.88, indicating symptoms of depression\*
- Mean PCL-5 score of 64, indicating symptoms of PTSD\*
- Mean ACE score of 6.13, indicating increased risk for adverse health outcomes/mental health issues\*

\* Includes only data from clients engaged in Seeking Safety intervention at program for youth living with HIV



### **Substance Use**

#### Larkin Street Youth and Substance Use

- 63% report current or prior substance use at entry into housing
- Clients living with HIV present with high levels of methamphetamine use. Alcohol and marijuana use are most commonly reported agency wide.
- 21% report substance use is a barrier to employment
- At intake, 44% report attempts to stop using
- 21% report they have been in substance use treatment
- Average age at first use: 15.6 years



### **HIV Risk**

#### Larkin Street Youth and HIV Risk

- Clients report being on PrEP during 10% of test counseling sessions
- During 71% of sessions, the client reports not using condoms some or all of the time
  - MSM clients report condomless sex in 78% of sessions
- Injection drug use is reported in 9% of sessions, with 22% of injectors reporting sharing injection equipment
- Clients report knowing about PrEP in 69% of test counseling sessions
- Positivity rate is typically around 1%



### Who's at the table



YOUTH SERVICES

#### Larkin Street Youth Services: Subcontracted grantee, recipient of capacity building

Program directors, program managers, front-line staff (case managers, counselors, PrEP navigators, rapid test counselors), Youth Advisory Board members, research and evaluation team, clinicians, professional development



School of Nursing Department of Community Health Systems: Primary grantee providing capacity building support

Faculty, Staff, Researchers, Graduate Nursing Students



**San Francisco Department of Public Health: Community partner, clinic on-site** Nurses, providers, PrEP navigators, patients, trainers, collective impact projects



SAMHSA: Funder (grant number 1H79SP021285-01)



### **Motivational Interviewing**

- Larkin Street: training development and facilitation, staff attends trainings, collaboration members attended advanced training in the community
- UCSF: training development and facilitation; attend advanced training in the community
- **DPH**: Larkin Street staff guest-presented MI training as part of DPH training series
- Materials produced out of the work of the collaboration are being packaged together as a curriculum that will extend beyond the end of the grant



#### **Rapid HIV and HCV testing**

- Larkin Street: runs rapid HIV and HCV testing programs; supported youth clinics within the DPH system to offer rapid HIV testing
- UCSF: Students in clinical placements assisted with developing HCV Testing protocols
- DPH: provides space for testing in clinic; provides confirmatory testing, treatment, and care; prescribes PrEP; benefits from increased patient numbers in clinic
- Engage in collective impact projects at the city level to address both HIV and HCV
- Additional collaborations with other neighboring non-profits to launch a rapid testing program and to provide HCV treatment options to Larkin Street youth.



### **Seeking Safety**

- Larkin Street: clients participate in Seeking Safety groups; program staff support group and group facilitators; recruit for groups; provide food when possible
- UCSF: Psychiatric Mental Health NP (PMHNP) students facilitate Seeking Safety groups, faculty supervises students, collects and analyzes data
- **DPH**: supported the launch of Seeking Safety groups



### **Engaging youth in HIV Treatment**

- Larkin Street: ART adherence support; RAPID response to new diagnoses, transition and retention support
- UCSF: Capacity building initiatives, students in clinical placements created and update a community viral load board
- **DPH**: Medical clinics at housing site and off-site, RAPID access to treatment



### **PrEP Access**

- Larkin Street: clients receive PrEP navigation, test counselors refer clients to PrEP; intake and triage new PrEP navigation clients with DPH, develop and implement Peer PrEP Health Educator sessions
- **UCSF**: develop and implement Peer PrEP Health Educator sessions;
- DPH: DPH PrEP navigators work with Larkin Street clients; clinic providers prescribe PrEP; intake and triage new PrEP navigation clients with Larkin Street; develop and implement Peer PrEP Health Educator sessions; train Larkin Street PrEP navigator



## Our team

- Diversity of roles
- Diversity of areas of expertise
- Open and direct communication
- Changing membership as needs change
- Includes decision makers and those who will be doing the work



### Year 1

- Needs Assessment: research, focus group, key informant interviews
  - collaborative
  - Thorough and unrushed
  - Ongoing
- Trust building
- Learned about each other: our organizations, skill areas, values, perspectives



### **Group values**

- Meetings are spaces for critical thinking, creative problem solving, and new ideas
- Everyone's contributions are valued and needed
- Commit to putting efforts towards needs that are demonstrated by our data and to solutions that are supported by evidence
- Emphasis on sustainability throughout the life of the project
- Flexibility
- Trauma-informed
- Harm reduction



### **Meeting structure**

- Regular and frequent
- Yearly meeting for reflection and planning
- Static (not rotating) roles
- Agendas
- Note-taking
- Set smaller meetings as-needed



#### **Data Collection**

- We use data to drive our decision making
- Data collection considerations:
  - How will we use it? Does it have the potential to influence our decisions?
  - How will data collection activities impact clients?
  - What do we already collect? Does this warrant adding a new data collection tool?



### Activity

On your blue card(s), write skills, services, or connections that your team, clients, or organization could benefit from that you don't offer internally.

On your yellow card(s), write services, skills, or opportunities that your organization has to offer to potential partners.



# **Panel Discussion**

- Patrick Barresi, Program Manager, Larkin Street Youth Services
- Pamela Brown, Case Manager, Larkin Street Youth Services
- Eva Kersey, Manager of Health Interventions and HIV Prevention, Larkin Street Youth Services





## Thank you!

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**UCSF Capacity Building Team** 

Larkin Street Youth Services staff and clients

Family Services Network, San Francisco

