

# Increasing Access to Biomedical HIV Prevention: Incorporating PrEP and PEP through TA, Consultation and Training

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### **Disclosures**

Presenters have <u>no</u> financial interests to disclose.

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## **Learning Objectives**

At the conclusion of this activity, participants will be able to:

- 1. State 3 best approaches to integrate PrEP and PEP services into RW and other health care settings to increase access for populations most at risk
- 2. Identify when and how patients undergoing postexposure evaluations may be counseled on PrEP eligibility and initiation
- 3. Describe two methods to reach most at-risk populations in order to address disparities in PrEP uptake



# PrEP Human Likert Scale: rate your willingness to provide PrEP services

1 - 5

1 = talking about it 3 = planning implementation 5 = providing PrEP services



## What can be done under Ryan White?

- Supporting National AIDS Strategy Goal 1: reduce new infections
  - 25% reduction in new infections; 15% reduction in disparities
- Risk reduction counseling
- Targeted testing
- Expertise: how to connect with those most at risk;
   knowledge regarding barriers to HIV services
- AETCs: staff training and organizational TA



## June 22: RWHA Program Letter



#### DEPARTMENT OF HEALTH & HUMAN SERVICES

Health Resources and Services Administration

HIV/AIDS Bureau

Rockville, MD 20857

JUN 2 2 2016

Dear Ryan White HIV/AIDS Program Colleagues:

Pre-Exposure Prophylaxis (PrEP) is a powerful prevention tool against HIV transmission. The Centers for Disease Control and Prevention recommends PrEP for individuals who are at substantial risk for contracting HIV. When taken consistently, PrEP reduces the risk of HIV infection in people who are at high risk by up to 92%. Given the success of PrEP, the National HIV/AIDS Strategy: Updated to 2020 (NHAS 2020) prioritizes PrEP in Goal 1: Reduce New Infections and calls upon federal agencies to implement PrEP within their programs.

The Health Resources and Services Administration's HIV/AIDS Bureau (HAB) strongly encourage Ryan White HIV/AIDS Program (RWHAP) recipients and providers to leverage the RWHAP infrastructure to support PrEP services within the parameters of the RWHAP legislation. RWHAP recipients and providers are uniquely positioned to support PrEP programs. As community leaders in HIV prevention, care, and treatment, RWHAP recipients and providers are: 1) connected to people most at risk for contracting HIV; 2) knowledgeable about barriers to accessing HIV care and prevention services; and 3) experts in antiretroviral medications used for HIV. These are just a few of the skills that make RWHAP recipients and providers especially equipped to support, establish, and implement PrEP programs.

The RWHAP legislation provides grant funds to be used for care and treatment of people diagnosed with HIV, thus prohibiting the use of RWHAP funds for PrEP medications and the related medical services such as physician visits and laboratory costs. The RWHAP legislation does, however, allow RWHAP recipients and providers to provide services such as risk reduction counseling and targeted testing which should be part of a comprehensive PrEP program. We encourage RWHAP recipients and providers to reference HAB guidance and discuss allowable uses of RWHAP funds and any applicable limitations with



## Ryan White HIV Systems

#### **Most likely PrEP settings**

- Where HIV clinical services are provided in primary care settings
  - Structural capacity
  - Clinical expertise
  - Community partnerships



## Remember: Ryan White barriers

- No RW funds for medication, related clinical services, labs
- No use of program income and rebates



## In the meantime: PrEP is taking off

#### **California**

- •Number of PrEP Rxs increased from 264 in 2012 to 2,914 in 2015 (with increases in each quarter; 541/Q1 to 1,070 in Q4)
- •16.7% starting PrEP from CA

#### Awareness among MSM increasing

- March 2015 survey: 68% aware; 50% would use; 4.9% had used PrEP
- NOTE: Geographic disparities in PrEP use
- •2% in rural areas; 11% Seattle; 12% NYC; 17% SF; 16% DC



### **Drivers: Local Policies**

#### **NEWS RELEASE**

Public Health

313 North Figueroa Street, Room 806 • Los Angeles, CA 90012 • (213) 240-8144 • media@ph.lacounty.gov PublicHealth.LACounty.gov • Facebook.com/LAPublicHealth • Twitter.com/LAPublicHealth

FOR IMMEDIATE RELEASE: August 2, 2016

> Public Health Launches PrEP Centers of Excellence to Help Stop the Spread of HIV in Los Angeles County

LOS ANGELES—The Los Angeles County Department of Public Health (Public Health) is taking critical steps to expand access to biomedical prevention options for Los Angeles County residents at highest risk for HIV infection. On Tuesday, August 2, the Los Angeles County Board of Supervisors approved contracts to fund 14 Pre-Exposure Prophylaxis (PrEP) Centers of Excellence in areas with the highest rates of HIV infection.

PrEP is a once-daily medication (Truvada®) taken by persons who do not have HIV but who are at substantial risk of getting it to prevent HIV infection. When taken daily, this HIV prevention method is up to 99% effective. Despite its effectiveness and growing popularity, there remains a need to increase PrEP use nationally and in Los Angeles County in order to make significant progress in the fight against HIV.

"LA County continues to experience the second largest HIV epidemic in the country," said LA County Supervisor Sheila Kuehl. "No single prevention program will completely curtail the spread of HIV, but expanding the use of PrEP could significantly reduce new infections. I am very glad to see our efforts go beyond the County's own Public Health clinics, to engage our community-based health providers who can effectively reach the populations at greatest risk, including those who lack insurance."

Financial barriers to PrEP present a barrier to access; it is cost-prohibitive for uninsured persons and many individuals with insurance still face high co-payments and deductibles. The PrEP Centers of Excellence will provide medical services related to PrEP for uninsured and underinsured patients and offer health insurance navigation and enrollment for individuals eligible for Medi-Cal and Covered California. These clinics will also offer post-exposure prophylaxis, or PEP, and refer patients with substance abuse and mental health service needs to appropriate providers.

"Public Health is excited to fund our community partners to make PrEP more accessible to low-income and uninsured Los Angeles County residents," said Jeffrey Gunzenhauser, MD, MPH, Interim Health Officer for Los Angeles County.

Public Health-funded PrEP Centers of Excellence will be provided by these community-based partners:

- AltaMed Health Services Corporation
- Anthony Mills, MD
- APLA Health and Wellness
- Children's Hospital Los Angeles
- JWCH Institute
- LA LGBT Center



## **Drivers: Getting to Zero**

How many of you come from communities with 'Getting to Zero' efforts and commitments?

- California: San Francisco, California State, Santa Clara Co.
- Washington State
- New York State
- •Where else?



## **PrEP Uptake: Trends**

- •Data from Gilead (80% of US retail pharmacies 1/1/2012 12/31/2015)
- •738% increase from 3rdQ 2013 3rdQ 2015: 1671 14,000
- •79,684 total unique individuals **initiated** PrEP
- Disparities in PrEP use: AA and Latinos very low relative to rate of new HIV infections
- Caucasians: 74% PrEP utilization vs. 27% rate of new infections
- •Gender: 76.4% among men; for AA and Latino women rate is significantly less than for Caucasian women
- •Age: average age 36; 15% of those who initiated PrEP <25
- •Region: 50% from CA, NY, TX, FL and IL; Deep South small % vs. high infection rates



#### **Providers**

- •Awareness is increasing: 24% 2009 to 66% 2015 among PCPs (CDC; PLOS One June 2016)
  - 1/3 of PCPs still unaware
- •PCPs are interested in prescribing: 91% in DocStyles survey willing to prescribe to at least one group at high risk
- Family planning is a PrEP setting; Planned Parenthood
- •Small local Bay Area PCP survey: 99% are aware and would offer PrEP; 80% would prescribe; 1/3 already prescribing (East Bay; May 2016)
- •Do not need extensive training; want online information; lunchtime brief trainings; access to expert clinical consultation (phone; email; PrEPline)



# Pacific AIDS Education and Training Center: supporting PrEP access FDA approval for Truvada: 2012

- Training and TA in primary care settings began
- Increase in number of activities; increase in training/TA hours (4500 to 8200; 2014/15 2015/16)
- July 2014 June 2016 PAETC Training Data
  - **871** events (increased 408 to 463)
  - ■3814 documented participants
  - Activities in all 4 states in Region 9 (AZ, CA, HI, NV)
  - •Under AETC Core and MAI funded programs



#### Other PAETC PrEP activities

- Brief guide for clinicians: PrEP implementation
- Best of PrEP Resources: vetted list
- Collaborations with health departments
  - California PrEP Strategy (in draft)
  - Participation in 'Getting to Zero' efforts
  - Training support for CDC-funded PrEP implementation projects in CA
  - AZ: estimates for # of PrEP eligible
- Community engagement
  - White paper to engage black MSM in LA
  - Local roundtables
  - Local surveys



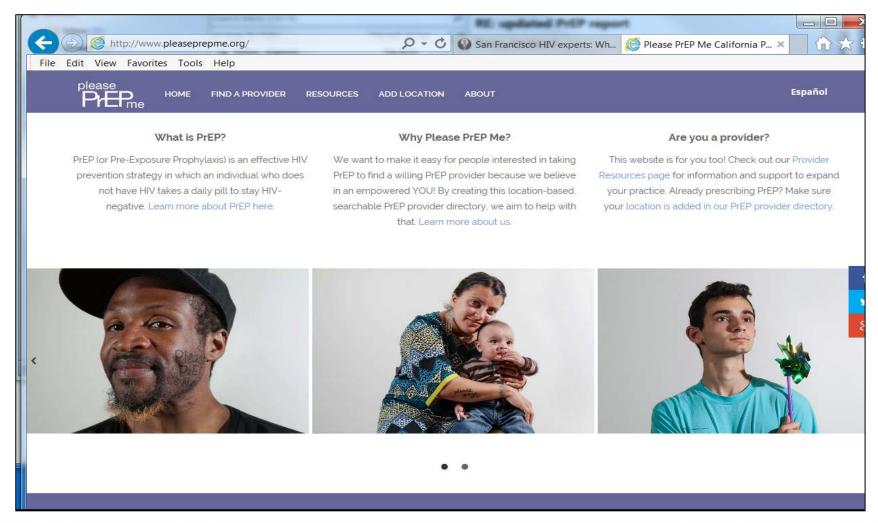
## Please PrEPMe.org

PleasePrEPMe.org is a location-based, searchable California PrEP Provider Directory

- Launched in June 2015 to address significant barriers linking PrEP seekers with willing providers
- Currently listing >200 clinics in CA, public and private + curated resources for providers AND potential PrEP users
- Spanish version launched Jan. 2016
- •Collaboration with Emory University: launch national PrEP directory in mid-September 2016; expected 1200 listings nationwide



## PleasePrEPMe.org



## PleasePrEPMe.org

#### Lessons Learned

- Directories and resources requires collaboration among multiple stakeholders
- •Involving end users at all stages leads to useful, userfriendly resource

#### Multiple Next Steps

- Additional outreach strategies to reach providers
- Links to online chat, email and phone-based services
- Marketing campaigns via social media, dating apps
- PrEP navigation during designated hours



## **Prep Clinical Support Services**

- Vital to PrEP expansion in primary care settings
- Leaders and Administrators: buy-in
- Providers need a team-based system with trained staff: insurance coverage, follow-up coordination for refills and labs/visits, adherence support
- Accessible, up-to-date on-line tools
- AETCs: site-based trainings for clinic teams; adaptable protocols; phone and email consultation; work flow consultation



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### What is the CCC?

The National Clinician Consultation Center has provided free, confidential guidance to clinician callers for 25 years

We are the consultation arm of the AIDS Education & Training Centers

- Funded by HRSA
- Additional support from CDC











## **CCC Consultant Staffing**

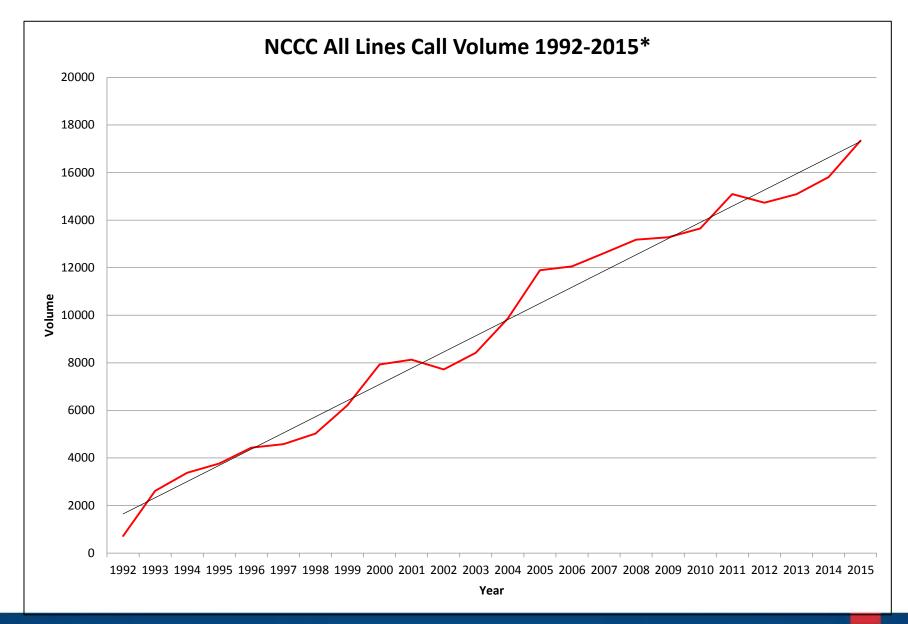
Multi-discipline, inter-professional team of expert physicians (primary care trained with HIV expertise and ID, OB-GYN & pediatrics), advanced practice nurses, clinical pharmacists

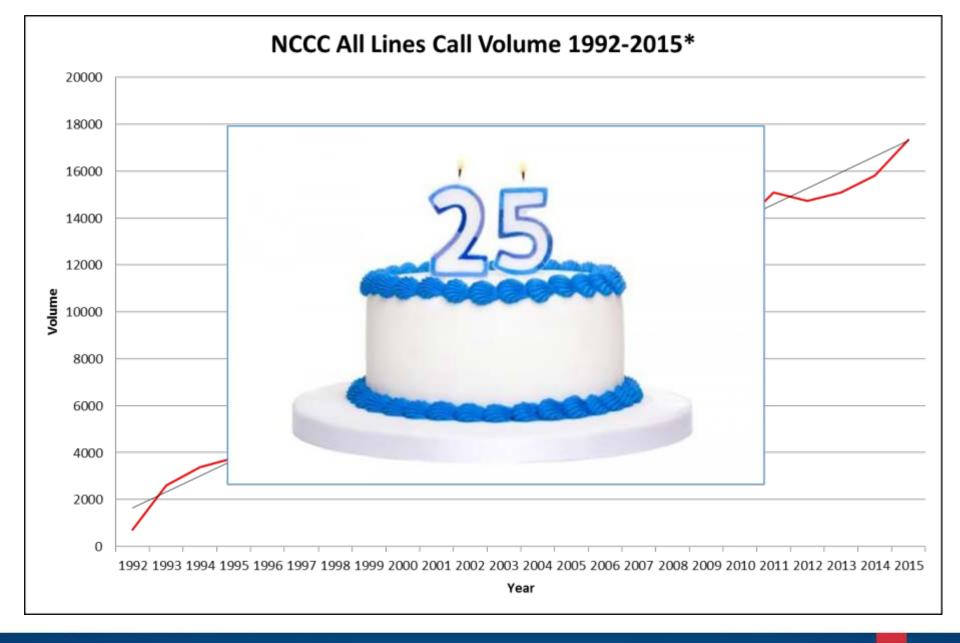
Clinician Consultation

Collectively, current CCC consultants have almost <u>500 years</u> of direct clinical experience on HIV management and prevention!



#### **HIVIAIDS Management** PEP: Post-Exposure Prophylaxis Eigen advice on managing occupational and immutate advice on HV management in program min-occupational exposures to NV and Reputito D.A. women and their infants, recluding reforms to care. Perinana Degraid: HV Lamers v. DIVINE PRIP QUICE CONTROL Car Pres Expense Prophysics Advise. Ge Garl Florenated Will Juliusian Expert principle accepts on privating replanal care to your sty-positive patients, from initiating antirefrovirsi regiment to insnaging WARDS. PrEP: Pre-Exposure Prophylaxis Substance Use Management Seeing & Prevention v. Addressing Drug Tables 4 Up to date clinical advice on providing PHIP as a. Expert change achieve for healthcare provident on Promote People a prevention tool, from belanting above prescribing. substance and evaluation and management Substance the Management and HV + PICP is appropriate to understanding folios-up. Clinical Hint Training + (3) that Substance time Management Substan Of that the Exposure Production Aprille











Complete consultation on post-exposure management

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Get rapid, expert guidance in managing healthcare worker exposures to HIV and hepatitis B and C. Find immediate recommendations on when and how to initiate

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#### PrEP: Pre-Exposure Prophylaxis



#### Clinically supported advice on PrEP for healthcare providers

Up-to-date clinical consultation for PHEP decision-making, from determining when PHEP is an appropriate part of a prevention program to understanding laboratory protocols and follow-up tests.

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CALL

We advise on all aspects of pre-exposure management (PrEP), including: Relat

Related Information



## Case from the CCC HIV Warmline...



A PA called to discuss ARV initiation for a 28yo newly diagnosed patient ("Mr. M"). Mr. M believes he acquired HIV from a former sexual partner 2-3 months ago after a condomless sexual encounter. The patient reports regular weekend methamphetamine use; he's been on mirtazapine x 4 weeks which has reduced drug cravings.

The caller wants to ensure mirtazapine would not interact with ARVs. No resistance mutations were identified on baseline testing.



### What should this caller do?

- (a) Withhold ARVs until drug-free; with ongoing MAP use, he won't be able to maintain high adherence
- (b) Discontinue mirtazapine, as it interacts with all currentlyrecommended initial regimens for ARV-naïve patients
- (c) Offer to start whatever ARV regimen Mr. M is most comfortable with; continue mirtazapine but monitor clinically for increased/decreased concentration (depending on ARVs selected)
- (d) Explore current and anticipated sexual practices and partner(s) and recommend PrEP evaluation for partner(s)
- (e) Condoms, condoms, condoms
- (f) Other



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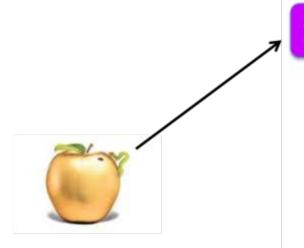


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#### The *Proposed* PrEP cascade



1. At risk for HIV infection

2. Identified as PrEP candidate

3. Interested in PrEP

4. Linked to PrEP program

5. Initiated PrEP

6. Retained in PrEP Program

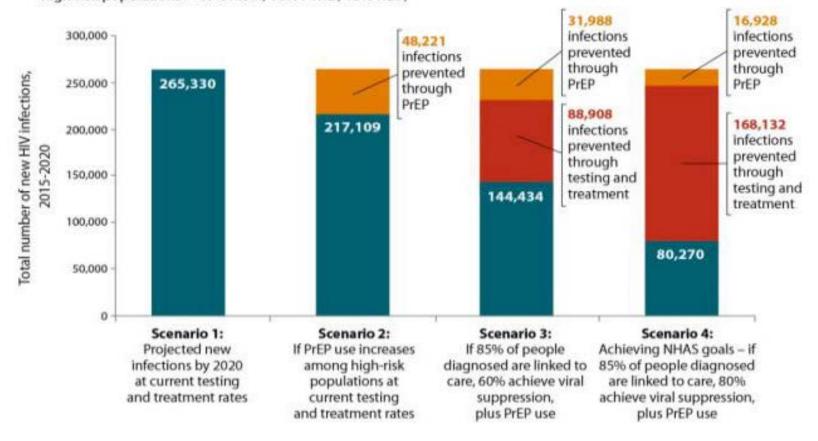
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7. Achieve adherence and persistence



#### Four Scenarios of the Potential Impact of Expanded HIV Testing, Treatment and PrEP in the United States, 2015-2020

- New infections
- HIV infections prevented due to expanded testing and treatment
- HIV infections prevented due to PrEP (assumes PrEP use among high-risk populations = 40% MSM; 10% PWID; 10% HET)



Source: Centers for Disease Control and Prevention



#### Integrating Antiretroviral Strategies for Human Immunodeficiency Virus Prevention: Post- and Pre-Exposure Prophylaxis and Early Treatment

#### Robert M. Grant<sup>12</sup> and Dawn K. Smith<sup>3</sup>

<sup>1</sup>Gladstone Institutes and University of California, San Francisco, <sup>2</sup>San Francisco AIDS Foundation, California; and <sup>3</sup>Division of HIV/AIDS Prevention, Centers for Disease Control and Prevention, Atlanta, Georgia

Best practices for integrating human immunodeficiency virus (HIV) testing and antiretroviral interventions for prevention and treatment are suggested based on research evidence and existing normative guidance. The goal is to provide high-impact prevention services during periods of substantial risk. Antiretroviral medications are recommended for postexposure prophylaxis (PEP), pre-exposure prophylaxis (PFEP), and treatment of HIV infection. We reviewed research evidence and current normative guidelines to identify best practices for integrating these high-impact prevention strategies. More sensitive HIV tests used for screening enable earlier diagnosis and treatment of HIV infection, more appropriate counseling, and help limit drug resistance. A fully suppressive PEP regimen should be initiated based on exposure history or physical findings when sensitive diagnostic testing is delayed or not available and antibody tests are negative. Transitions from PEP to PrEP are often warranted because HIV exposure events may continue to occur. This algorithmic approach to integrating PEP, PFEP, and early treatment decisions may increase the uptake of these interventions by a greater number and diversity of knowledgeable healthcare providers.

Keywords. early treatment; HIV; postexposure prophylaxis; pre-exposure prophylaxis; prevention.

There is growing consensus that antiretroviral medications have an important role to play in preventing the transmission and acquisition of human immunodeficiency virus (HIV) infection. More than 2 million new HIV infections occur every year worldwide, including an estimated 50 000 per year in the United States [1]. Prevention uses of antiretroviral medications include postexposure prophylaxis (PEP) after an isolated, significant exposure to fluids that may contain HIV, or pre-exposure prophylaxis (PtEP) if exposure is frequent, or early treatment after infection has occurred [2]. The management of transitions from PEP to PrEP and from prophylaxis to early treatment remain challenging, partly because these concepts are new and best practices are still evolving. Although more information would be beneficial, research to optimize antiretroviral service integration will be complex, largely observational, partly based on animal models, and not definitive [3]. In this narrative review, we suggest approaches for healthcare providers and potential users, referring to available evidence and normative guidance and drawing on published clinical experience. Providing approaches to integrating high-impact prevention interventions is expected to mitigate common barriers to their use and leverage potential synergies.

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Correspondence: Robert M. Grant, MD, MPH, Gladstone Institutes and University of California, San Francisco, 1650 Owens St., San Francisco, CA 94158 (robert. grant@ucsf.edu).

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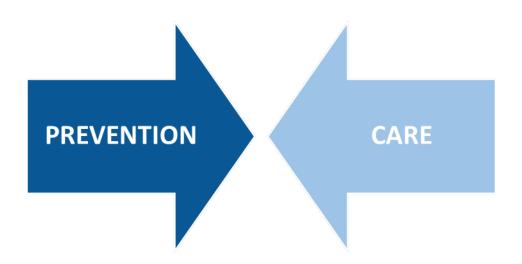
#### ANTIRETROVIRAL STRATEGIES FOR PREVENTION

#### Postex posure Prophylaxis

Postexposure prophylaxis is recommended by the Centers for Disease Control and Prevention (CDC) and the World Health Organization after a substantial exposure to body fluids likely to contain virus from a person who is HIV

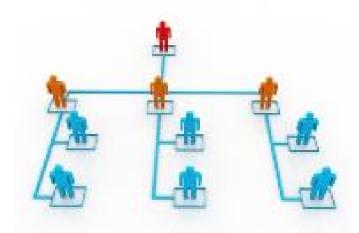
Integrating Antiretroviral Strategies • OFID • 1

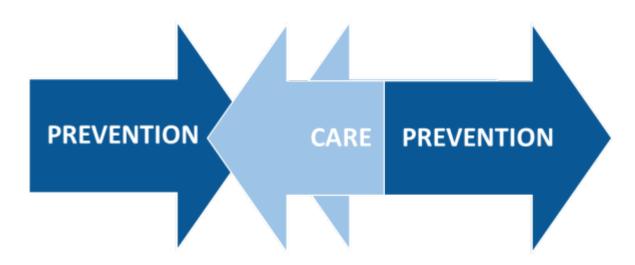




Multiple levels of opportunity for integrating <u>combination</u> <u>treatment</u> and <u>combination prevention</u>:

- Patients/communities
- Providers/workforce
- Health systems





## Many RW-supported programs have essential components <u>already in place</u> to deliver high-quality prevention services

- Clients/target 'audience' identified, many well-engaged!
- Targeted outreach to underserved, marginalized, and difficultto-engage populations
- Experienced staff familiar with up-to-date biomedical HIV interventions; access to education and TA (i.e., AETCs)
- Resources/tools to ↑ performance, CQI infrastructure
- Advanced access for appointments, care coordination



#### Back to the case...

Mr. M gave the CCC PrEPline number to his current (new) partner; however, the partner did not end up seeking PrEP evaluation due to lack of health insurance.

Three months later, the couple arrive at your program/clinic for an urgent visit because the condom broke last night.

They want to know whether it's too late for PrEP?





## Next steps??

#### The *Proposed* PrEP cascade

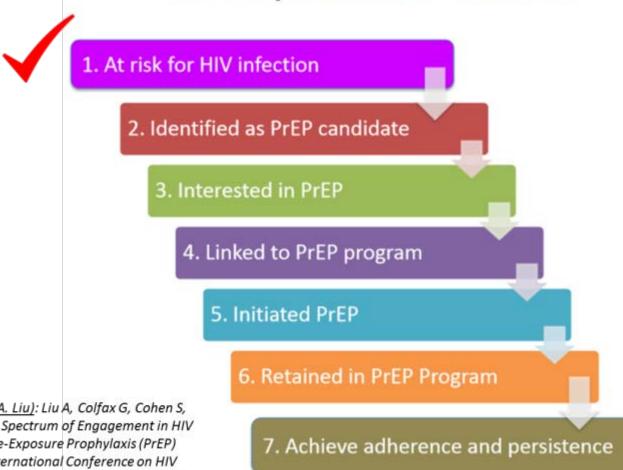
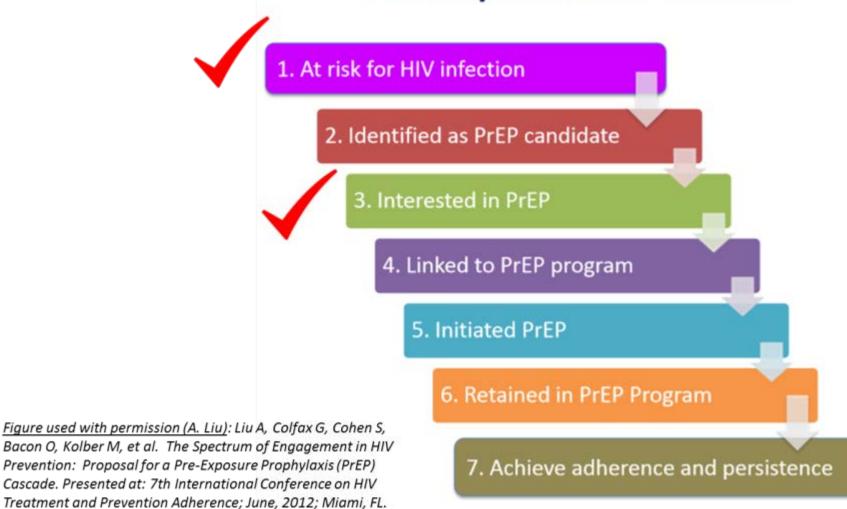


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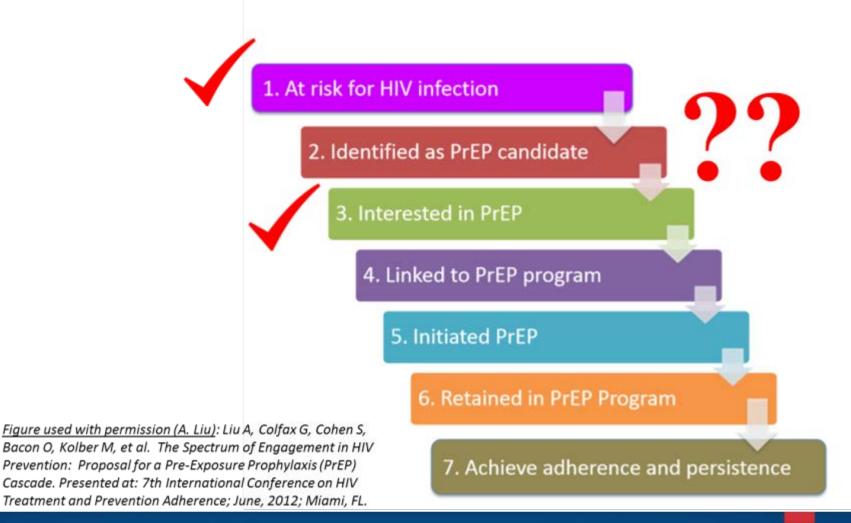
## Next steps?

#### The *Proposed* PrEP cascade

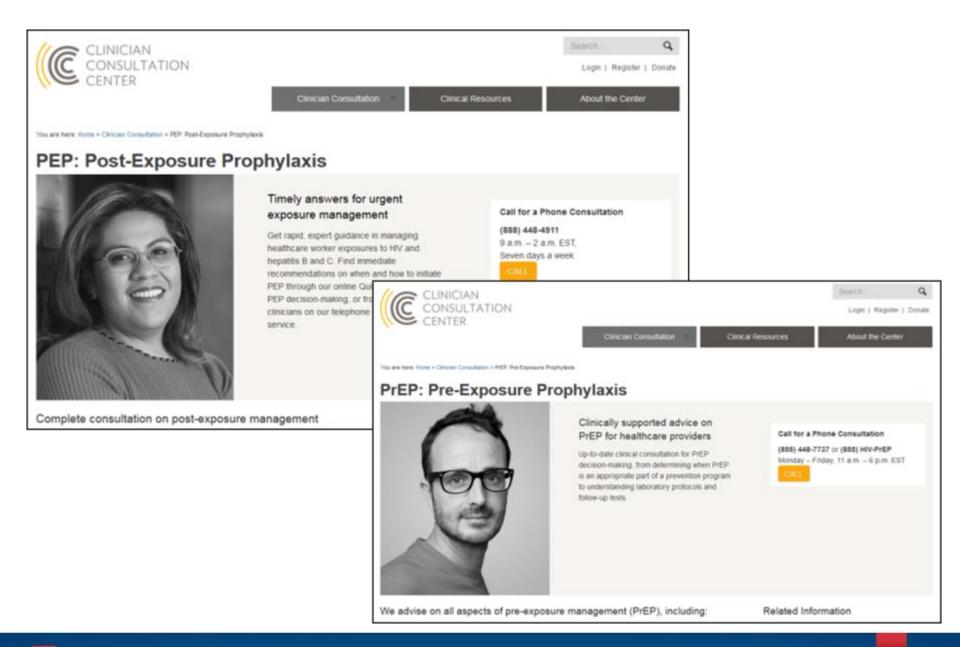




## Next steps??

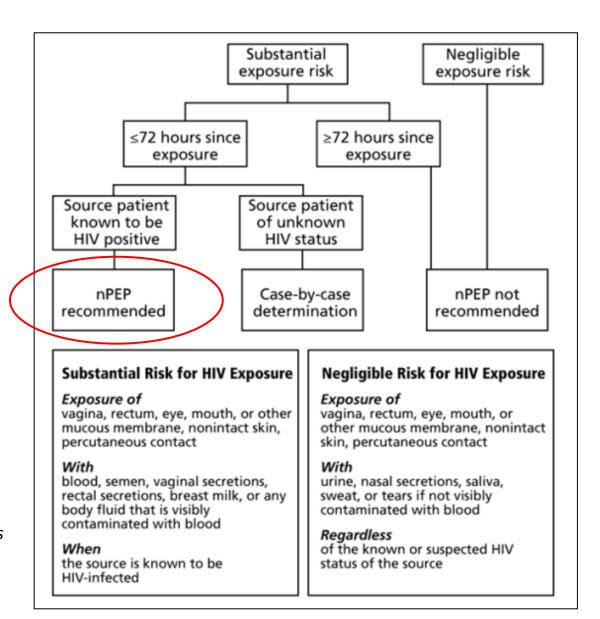






## nPEP Algorithm (CDC)

<u>Source</u>: Updated Guidelines for Antiretroviral Post-exposure Prophylaxis After Sexual, Injection Drug Use, or Other Non-occupational Exposure to HIV— United States, 2016 (CDC)





### Thinking ahead.....

Updated Guidelines for Antiretroviral Postexposure Prophylaxis After Sexual, Injection Drug Use, or Other Nonoccupational Exposure to HIV— United States, 2016

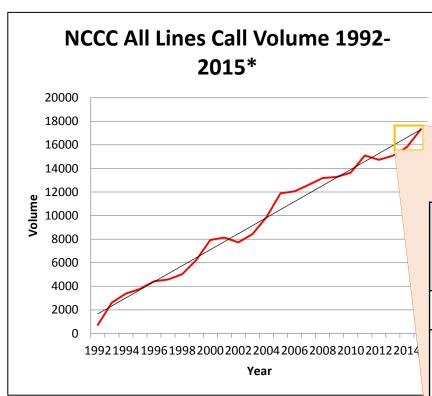
> from the Centers for Disease Control and Prevention, U.S. Department of Health and Human Services

"Persons who engage in behaviors that result in frequent, recurrent exposures that would require sequential or near-continuous courses of nPEP should be offered PrEP... gap is unnecessary between ending nPEP and beginning PrEP.

Upon documenting HIV-negative status... daily use [of PrEP] can begin immediately for patients for whom PrEP is indicated."



## Clinicians making nPEP decisions: untapped PrEP advocates/providers?



Consultation	7/2013	7/2014	7/2015	
line	-	-	-	Δ
line	6/2014	6/2015	6/2016	
PEPline (occ)	10968	11159	12374	+13%
PEPline (non-				
occ)	2953	3271	3726	+26%
PrEP	NA	117	263	+125%



## PrEP in the CCC PEPline

Over 18 months, 2477 case-specific calls regarding nPEP for *sexual* exposures

> 50% of these calls came from ambulatory settings, including primary care and community-based clinics

Among exposed persons (EPs) who knew source person (SP) identity, 43% males vs. 29% females also already knew SP's HIV status

- ➤ Male EPs reported exposures to HIV-positive SPs more frequently than females (95% vs. 87%)
- ➤ Potential PrEP eligibility was introduced by CCC consultant in 1/4 to 1/3 of these calls, depending on assessment of ongoing risk



# Common CCC PrEPline consultation topics

### PrEP eligibility/suitability

Lab testing (baseline and follow-up)

Resources/ references PrEP in practice, cost/access

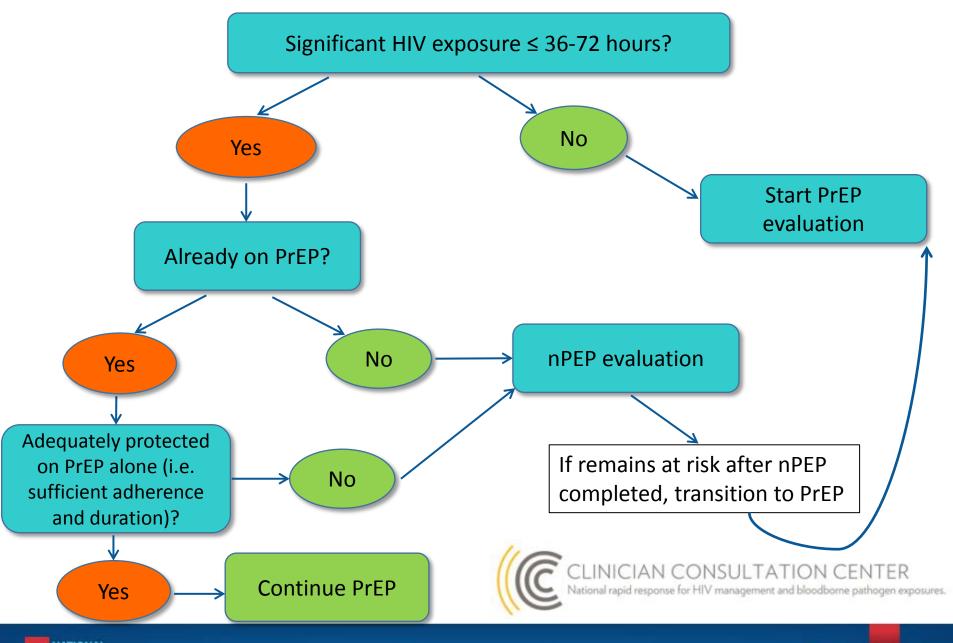
PrEP Rx (dosing, s/e, interactions) and adherence

PrEP mgmt and complications

Acute HIV, PrEP failure

PEP to PrEP;
PrEP to PEP







Mr. M's partner: 28 days later....



#### Now where are we?

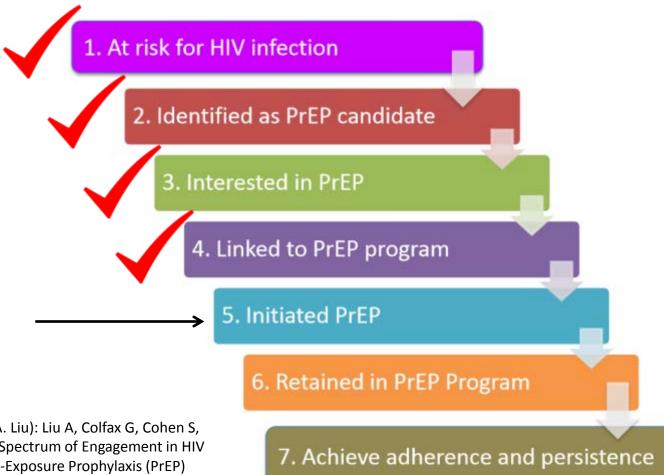
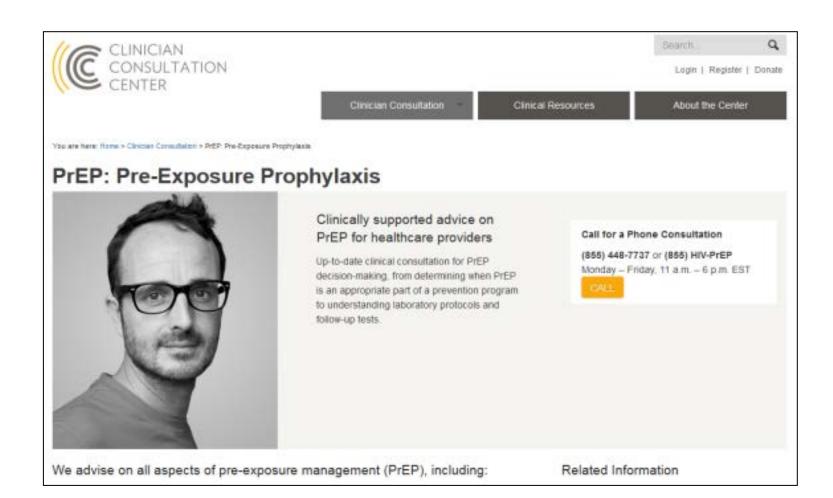


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## Resources/ tools

	MSM Risk Index	.20	
1	How old are you today?	If <18 years, score 0	
		If 18-28 years, score 8	
		If 29-40 years, score 5	
		If 41-48 years, score 2	
		If 49 years or more, score 0	
2	In the last 6 months, how many men have you had sex with?	If >10 male partners, score 7	
		If 6-10 male partners, score 4	
		If 0-5 male partners, score 0	
3	In the last 6 months, how many times did you have receptive anal sex	If 1 or more times, score 10	
	(you were the bottom) with a man without a condom?	If 0 times, score 0	
4	In the last 6 months, how many of your male sex partners were HIV-	If >1 positive partner, score 8	-
	positive?	If 1 positive partner, score 4	
	,	If <1 positive partner, score 0	
5	In the last 6 months, how many times did you have insertive anal sex.	If 5 or more times, score 6	
	(you were the top) without a condom with a man who was HIV-	If 0 times, score 0	

score 24

			If 40-49 y If ≥50 y	score 7 score 0
	2	In the last 6 mo, were you in a methadone maintenance program?	If yes	score 0
			If no	score 31
HIV Pre-Exposure Prophylaxis (Pri		In the last 6 mo, how often did you inject heroin?	If 1 or more times	Injection subscore 1
Individual Risk C	alculator		1f 0 times	Injection subscore 0
		In the last 6 mo, how often did you inject exenine?	If 1 or more times	Injection subscore 1
1. What percent of the time do you use condoms when having anal se	x, including both rec		If 0 times	Injection subscore 0
and insertive (top)?	ny manana aran'i ar	In the last 6 mo, how often did you share a cooker?	If 1 or more times	Injection subscore 1
2. What percent of the time are you the insertive partner (top) when it	naving anal sex?		if 0 times	Injection subscore 0
		In the last 6 mo, how often did you share needles?	If I or more times	Injection subscore 1
3. On average, how many times per month do you have anal sex?			If 0 times	Injection subscore 0
4. Are you in a monogamous relationship with an HIV positive partner	,	In the last 6 mo, how often did you visit a shooting gallery?	If I or more times	Injection subscore I
4a. Is your partner taking antiretroviral therapy (ART)?		B	If 0 times	Injection subscore 0
		Composite injection score		Add down the 5 injecti subscores above
Risk of acquiring HIV	this year:			If 0, score 0 If 1, score 7
Without PrEP	1 in			If 2, score 21 If 3, score 24
PrEP, expected adherence <sup>1</sup>	1 in			If 4, score 24
PrEP, expected adherence + increase in risky behavior <sup>2</sup>	1 in			If 5, score 31 Add down the 3 ontries
PrEP, high adherence <sup>3</sup>	1 in			right column to calci total score
PrEP, high adherence and 100% condom use	1 in 1877 ( 0.	.1%)		

TABLE 3. ARCH-IDUs Risk Scoring Sheet

How old are you today (y)?

lf 30-39 y

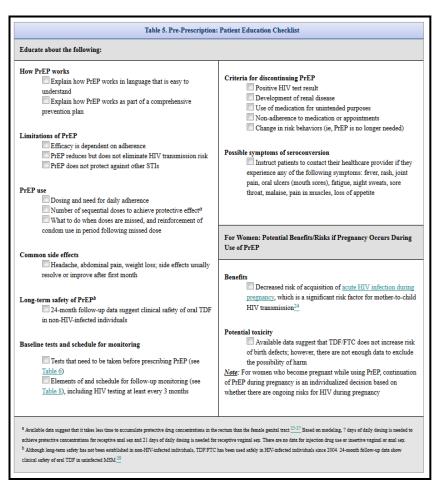
<u>Sources</u>: CDC, https://ictrweb.johnshopkins.edu/ictr/utility/prep.cfm

AL SCORE®



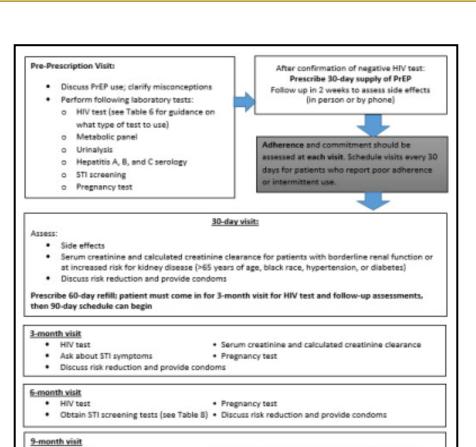
## Resources/tools, cont'd

Table 4. Pre-Prescripti	ion: Assessment Checklist
Assess the following:	
Symptoms of Acute HIV Infection Febrile, "flu", or "mono"-like illness in last 6 weeks  Medication List	Partner Information  Determine whether partners are known to be HIV-infected  For patients with an HIV-infected partner, ask:  Is partner(s) receiving ART?  Is a resistance profile available?
Evaluate for potential drug-drug interactions	Domestic Violence Screening, see New York State Office for the Prevention of Domestic Violence
Substance Use and Mental Health Screening *  See the following quick-reference guides: Mental Health Screening and Substance Use Screening	Housing Status  Housing status and contact information should be closely monitored for patients with unstable living situations
Knowledge about PrEP  Patient understanding of PrEP  Misconceptions about PrEP  Health literacy in general  For patients who ask to receive PrEP, ask:  Why do you want PrEP?  What is your understanding of what it will do for you?  Readiness and Willingness to Adhere to PrEP  Potential barriers to daily adherence	Means to Pay for PrEP  Does the patient have insurance? If not, assess eligibility for Medicaid and refer to case worker for assistance with obtaining insurance  For payment assistance, refer to Appendix D: Payment Options for Pre-Exposure Prophylaxis (PrEP), the PrEP Patient Assistance Program (PrEP-AP), and Truvada for PrEP Medication Assistance Program
Primary Care	For Women:
*Note: Substance use and mental health disorders are not exclusionary criteria. Identifying these disorders allows the clinician to provide appropriate referrals and offer a tailored prevention plan. Substance use and mental health disorders may be barriers to adherence.	Reproductive Plans – provide preconception counseling when indicated  Is the patient currently using contraception? If not, is the patient interested in using hormonal contraception or other effective method of contraception in addition to condoms?  Is the patient trying to conceive?  Is the patient currently pregnant?  Is the patient currently breastfeeding?



Source: NYS DOH AIDS Institute, www.hivquidelines.org





· Pregnancy test

· Pregnancy test

· Serum creatinine and calculated creatinine clearance

Laboratory Testing: Follow-Up and Monitoring	
Laboratory Test	Frequency
HIV Testing	
4 <sup>th</sup> generation (recommended) or 3 <sup>rd</sup> generation (alternative) HIV screening test List of 3 <sup>rd</sup> and 4 <sup>th</sup> generation tests is available here.	Every 3 months, and     Whenever there are symptoms of <u>acute infection</u> (serologic screening test + HIV RNA test)
STI screening	
Ask about symptoms	Every visit
NAAT to screen for gonorrhea and chlamydia, based on sites of exposure Rapid plasma reagin (RPR) for syphilis Inspection for anogenital lesions	At least every 6 months, even if asymptomatic (Note: Monogamous discordant couples may not need STI screening as frequently), and Whenever symptoms are reported
Hepatitis C screening	
Hepatitis C IgG	At least annually for injection drug users, MSM, and those with multiple sexual partners
Renal function	
Serum creatinine and calculated creatinine clearance	3 months after initiation, then every 6 months
Urinalysis	Annually
Pregnancy testing	Every 3 months

<u>Source</u>: NYS DOH AIDS Institute, www.hivguidelines.org



HIV test

12-month visit
 HIV test

Ask about STI symptoms

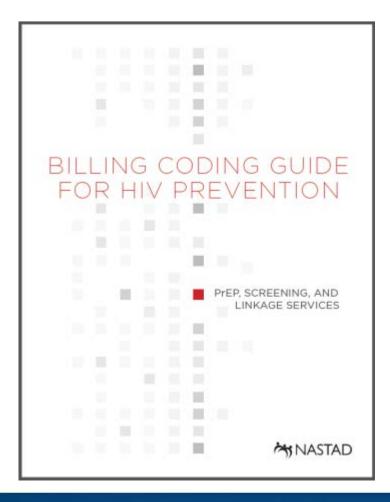
Discuss risk reduction and provide condoms

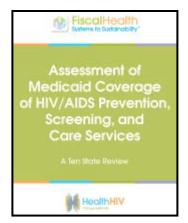
Discuss risk reduction and provide condoms

Obtain STI screening tests (see Table 8) . Urinalysis

· HCV serology for MSM, IDUs, and those with multiple sexual partners

## Coding and billing





ICD-10*	Description
Z72.5	High risk sexual behavior
Z20.82	Contact with and (suspected) exposure to other viral communicable diseases
Z20	Contact with and (suspected) exposure to communicable diseases
Z20.2	Contact with and (suspected) exposure to infections with a predominantly sexual mode of transmission
Z20.6	Contact with and (suspected) exposure to HIV
Z77.21	Contact with and (suspected) exposure to potentially hazardous body fluids
W46	Contact with hypodermic needle: "the appropriate 7th character is to be added to each from category W46" A-initial encounter, D-subsequent encounter, S-sequela
W46.0	Contact with hypodermic needle (hypodermic needle stick NOS)
W46.1	Contact with contaminated hypodermic needle
Z20.8	Contact with and (suspected) exposure to other communicable diseases
Z79	Long term (current) drug therapy. Includes long term (current) drug use for prophylactic purposes

#### PROVIDER ENROLLMENT AND FEE SCHEDULES

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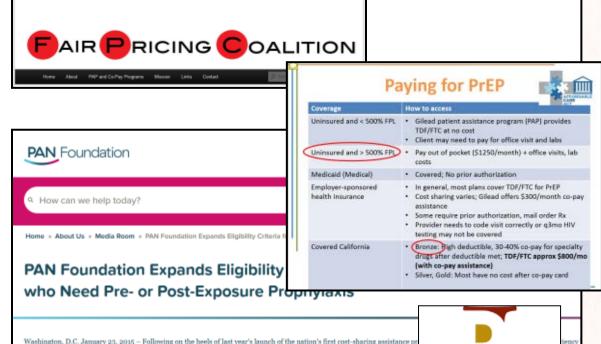
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#### STATE MEDICAID MANAGED CARE WEBSITES AND CONTRACTS

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#### Patient assistance



Syndrome (HIV/AIDS) patients, the Patient Access Network (PAN) Foundation announced today that it will be expanding its I (PEP), a significant step in broadening access to therapies that lower the rate of infection among at-risk populations, sexual as

According to the Centers for Disease Control and Prevention (CDC), PrEP can lessen the risk of contracting an HIV infection b

The CDC recommends that PrEP be taken daily by people who are HIV negative and have a high risk of infection, including, by

non-monogamous relationships having sexual relations with partners with unknown HIV status who are at substantial risk of I

testing and other prevention strategies, such as condoms, protection against an HIV infection is even greater.

#### **Payment Assistance:**

- Gilead's Medication Assistance Program (MAP) for PrEP: If you do not have health insurance, then apply for this program to see if you are financially eligible to get Truvada for PrEP for free. You must not have health insurance and income verification is required. Your medical provider needs to submit an application form. If approved, your medication will be dispensed to your medical provider directly. For more info, call 1-855-330-5479 or visit www.truvada.com.
- Gilead's Co-Payment Assistance Program (CAP): If you have health insurance, save up to \$200 per month on your Truvada copays. There is no income restriction for eligibility. Your medical provider or pharmacy can submit the application form. Once approved, you will be given a card and medication will be dispensed to your preferred pharmacy. For more info, all 1-877-505-6986 or visit www.truvada.com.
- Gilead's MAP and CAP both use same application form: https://start.truvada.com/Content/pdf/Medication\_ Assistance\_Program.pdf
- If you are enrolled in Medicaid or Medicare or have coverage for prescription drugs under any other public program or other third party payer, then you are not eligible for Gilead's MAP and CAP.
- Since Truvada for PrEP is for HIV-negative people, you are not eligible for AIDS Drug Assistance Programs (ADAPs). ADAP is a prescription drug assistance program for people living with HIV, funded by federal and state governments.



#### From our callers

"I so appreciate this service and believe it will enable more providers to prescribe PrEP for their patients when they have a place to call with questions. Whenever I call everyone has always been very nice and informative."

"I very much appreciate the services you provide, it makes it easier to provide better services for our patients. Thank you."

"Very quick, easy, efficient, and user-friendly"



### **CCC** reflections

HIV providers, esp. those in RW settings, are in a unique position and can (should) counsel patients on HIV treatment as prevention and PEP/PrEP for partner(s).

CCC PEPline, HIV Warmline, and Perinatal HIV Hotline callers have consistently been receptive to PrEP education/support during consultations.

It is helpful to apply a risk/benefit framework when discussing PEP and PrEP with patients.

CCC experience mirrors "on-the-ground" experience of many RW clinics.





## Substance Use Warmline: Peer-to-Peer Consultation and Decision Support

Monday – Friday, 10 am – 6 pm EST 855.300.3595

The Clinician Consultation Center is pleased to offer <u>free</u> and <u>confidential</u> telephone consultation focusing on substance use evaluation and management for primary care clinicians.

With special expertise in pharmacotherapy options for opioid use, our addiction medicine-certified physicians, clinical pharmacists, and nurses provide advice based on Federal treatment guidelines, up-to-date evidence, and clinical best practices.

Learn more at http://nccc.ucsf.edu/clinician-consultation/substance-use-management/





## Wrap-up

#### What works?

- PrEP services must be focused on addressing disparities in risk and uptake
- Outreach, community engagement, social media
- Racially/ethnically focused
- Culturally relevant
- Age focused
- Key messages crafted for different audiences



#### Conclusions: what does it take?

- Systems approach: Public Health initiatives; collaboration, policies; stakeholder involvement
- Involve "end-users" in planning, outreach and implementation
- Target services to most at-risk populations
  - African Americans & Latinos: MSM and women
  - < 25 y/o</p>
- Remember: knowledge + willingness 📫 utilization
- Train and support health care providers; team support
- Reduce bureaucratic and financial barriers
- Access free CDC-funded CBA providers: HDs, CBOs, HCOs

#### IT'S A FAST MOVING LANDSCAPE



## Thank you!

# Link to Pacific AIDS Education and Training Center



#### **link to Clinician Consultation Center**



National rapid response for HIV management and bloodborne pathogen exposures.

#### HIV/AIDS Management\*

- (800) 933-3413
- 6 am 5 pm PST, M-F
- Online consultation services <a href="http://nccc.ucsf.edu/login-register/">http://nccc.ucsf.edu/login-register/</a>

#### Perinatal HIV

- (888) 448-8765
- 24 hours, 7 days/wk

#### PrEP: Pre-Exposure Prophylaxis

- (855) 448-7737|(855) HIV-PrEP
- 6 am 5 pm PST, M-F

#### Substance Use

- (855) 300-3595
- 7 am 3 pm PST, M F

#### PEP: Post-Exposure Prophylaxis

- (888) 448-4911
- 6 am 11 pm PST, 7 days/wk



# PrEP Human Likert Scale: rate your willingness to provide PrEP services

1 - 5

1= I'm not sure we are interested

3= I am committed but I need support from decision-makers

5= 100% all in

