



Toolkit for Transgender Health: Engaging ADAPs & Providers

Joe Caldwell

Senior Associate, Prevention/Health Equity
NASTAD (National Alliance of State and Territorial AIDS
Directors)

Overview

- ADAP and Trans Care
- Care Landscape
- Insurance navigation
 - Client plan profile
- Formulary consideration
 - Jurisdiction example
- Future engagement

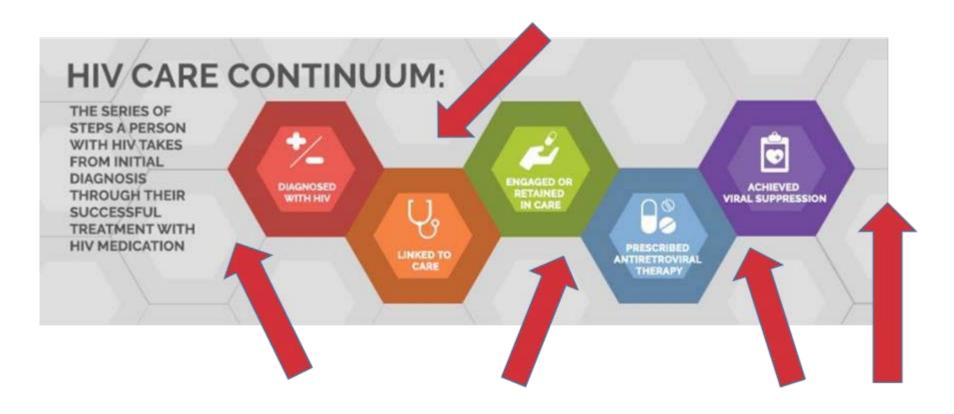




ADAP & Transgender Clients



Care Continuum

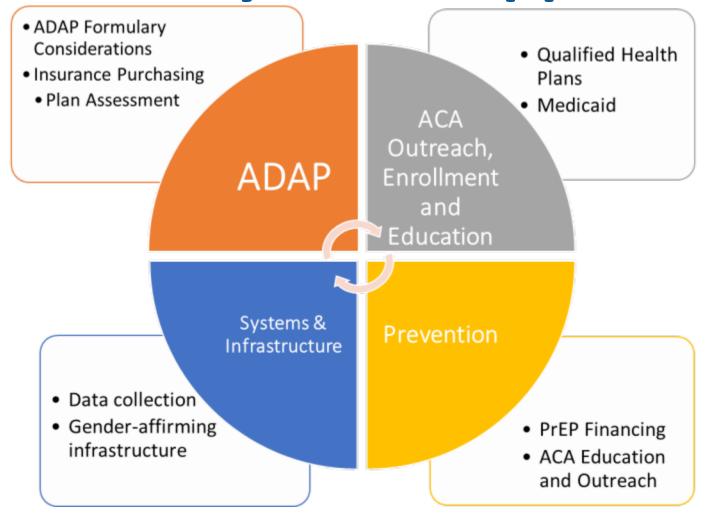


Identifying entry points for trans and non-binary care considerations





Health Systems Approach







Role of ADAP

Support

Trans-inclusive subcontractors
 & providers

Modify

 Administrative procedures and tools

Assist

 Clients with insurance navigation

Update

 Formularies to meet the needs of trans clients



Organizational Changes

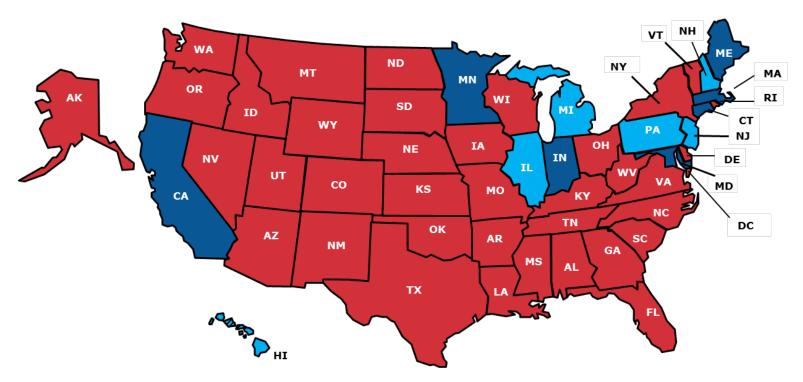
- Inclusive check-in procedures
 - (Ask, document, apologize)
- Revise check-in forms and electronic health records
- Cultural responsiveness training for staff
- Hire staff and subcontractors that identify as transgender
- Build relationships with trans-inclusive organizations

Preferred Name (optional)	Date of Birth (MM/DD/YY)
Gender (□ Transgender)	Preferred Pronouns(optional)





Trans-Inclusive ADAPs



- Sex hormone combinations (such as estrogen, progestins, estrogens-progestins, androgens, and anabolic steroids) NOT provided
- Sex hormone combinations (such as estrogen, progestins, estrogens-progestins, androgens, and anabolic steroids) provided
- Sex hormone combinations for cross-sex hormone therapy as part of gender transitioning



State Highlight: Illinois



Pre Approval for Gender Transition and Maintenance only (See "Prescribing Guidelines" for link on guidelines and protocols)

Estradiol, Oral

Estradiol, Transdermal

Estradiol, Injectable

Finasteride

Progestin

Spironolactone

Premarin

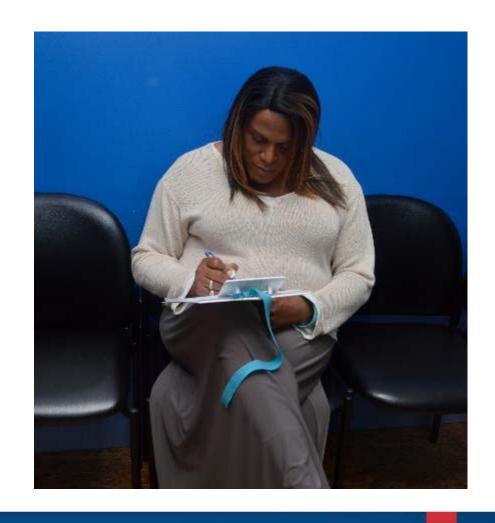
Guidance References for Primary Care Protocol for Hormone Treatment for Gender Transition and Maintenance:

- 1) The Center for Excellence for Transgender Health *Primary Care Protocol Hormone Administration*: http://transhealth.ucsf.edu/trans?page=protocol-hormones
- 2) The World Professional Association for Transgender Health *Standards of Care*: http://www.wpath.org/uploaded_files/140/files/Standards%20of%20Care,%20V7%20Full%20Book.pdf

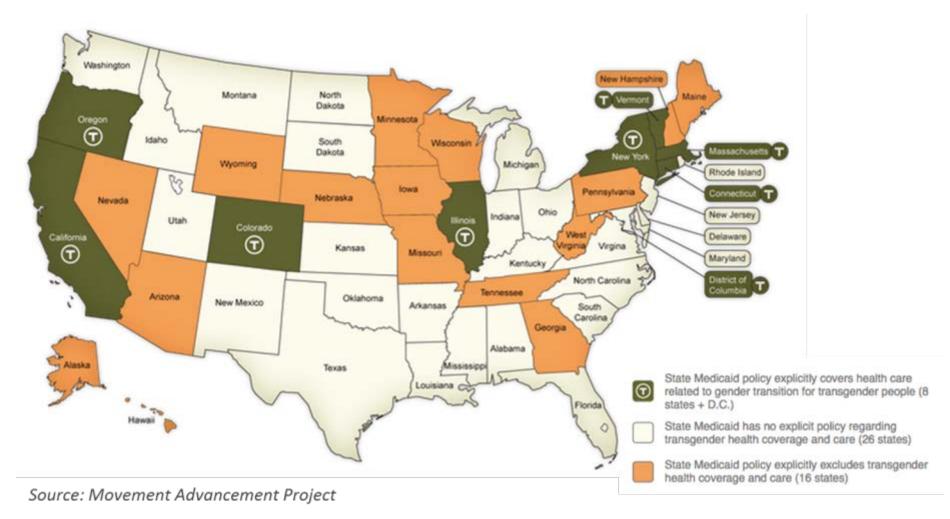


Health Care Reform

- ACA Section 1557
 - Health system nondiscrimination
- PHSA Section 2702
 - Guaranteed issue
- ACA Section 1302
 - Essential health benefits
- ACA Section 1311
 - Qualified Health Plans & Marketplaces

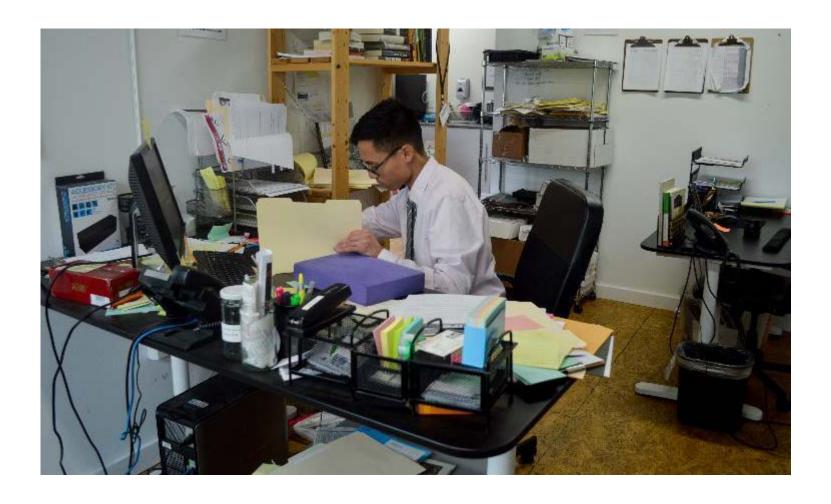


Medicaid Exclusions





Insurance Navigation







Plan Considerations

- Prioritize plans that include providers with trans expertise and hormones for gender transition
 - Ryan White HIV/AIDS Program clinical providers are categorically Essential Community Providers
 - Non-exhaustive list of Essential Community Providers
 - Plans are required to outline formularies
- Update existing navigation tools



Client Plan Profile: Morgan

- Lives in Dallas, TX
- 23 years old
- Single
- \$23,000 annual income
 - 195% Of Federal poverty line (FPL)
- Current regimen includes:
 - Stribild (elvitegrav, cobicisemtricitab & tenofov)
 - Activella (estradiol & norethindrone)
 - Prometrin (progestin)







Plan Profile: Morgan

	Blue Cross and Blue Shield of Texas. Blue Advantage Silver HMO
Annual Premium	\$2,064
Deductible	\$1,250
OOP Maximum	\$1,250
Primary Care Visit	No charge (after deductible)
Generic RX	No charge (after deductible)



Client Plan Profile: Payton

- Lives in Peoria, IL
- 21 years old
- Single
- \$20,000 annual income
 - 168% Of Federal poverty line (FPL)
- Current regimen includes:
 - Aldactone (Spironolactone)
 - Depo-Testosterone (testosterone cypionate)
 - Depo-Provera (medroxyprogesterone acetate)







Plan Profile: Payton

	BlueCross BlueShield of Illinois Blue Choice Preferred PPO Silver
Annual Premium	\$3,278
Deductible	\$3,500
OOP Maximum	\$3,500
Primary Care Visit	No charge
Generic RX	No charge



Client Plan Profile: Charli

- Lives in Boston, MA
- 35 years old
- Single, no dependents
- \$29,700 annual income
 - 250% Of Federal poverty line (FPL)
- Current regimen includes:
 - Proscar (Finasteride)
 - **Estrace** (Estradiol)
 - Provera (medroxyprogesterone acetate)







Plan Profile: Charli

	ConnectorCare – Boston Medical Center Health Net Plan Type I			
Annual Premium	Unavailable at this time			
Deductible	\$0			
OOP Maximum	\$250			
Primary Care Visit	No charge			
Generic RX	\$1 for 30-day supply			



Formulary Considerations



Formulary Considerations: TX

Prescription	Tier	Prior Authorization	Step Therapy	Dispensing Limits
Stribild (elvitegrav, cobicisemtricitab & tenofov)	3 of 5			Unspecified dispensing limit
Activella (estradiol & norethindrone)	1 of 5			
Prometrin (progestin)	1 of 5			

Formulary Considerations: IL

Prescription	Tier	Prior Authorization	Step Therapy	Dispensing Limits
Aldactone (Spironolactone)	1 of 5			
Depo-Testosterone (testosterone cypionate)	4 of 5	Yes		Unspecified dispensing limits
Depo-Provera (medroxyprogesterone acetate)	Α			





Formulary Considerations: MA

Prescription	Tier	Prior Authorization	Step Therapy	Dispensing Limits
Proscar (Finasteride)	1 of 3	Yes		Quantity Limit
Estrace (Estradiol)	2 of 3	Yes		
Provera (medroxyprogesterone acetate)	2 of 3	Yes		Quantity Limit



Case Study: Formulary Considerations

 While at first glance there may appear to be minimal utilization management applied to hormone therapies, plans may have additional restrictions based on a person sex assigned at birth.

Varies by plan and state insurance policy

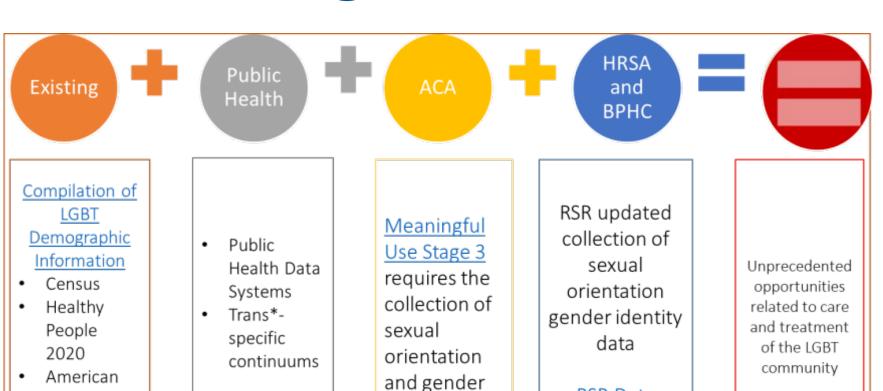
 Federally-facilitated Marketplace enrollment process does distinguish the difference between gender identity and sex at birth



Future Engagement



Gaining Momentum



RSR Data

Dictionary



Community

Survey

identity data

Leveraging ADAP – Next Steps

- Include transgender-specific considerations into insurance purchasing plan assessments, being mindful of plan policies and practices
- Include gender-affirming treatments on ADAP formularies
- Promote the collection of sexual orientation and gender identity data
- Include transgender-inclusive considerations on forms, communications, and publications
- Partner or contract with organizations that are run by transgender people, or are majority staffed by transgender people.
- Support syringe exchange services for clients who are injecting hormones or silicone, for feminization or masculinization, without medical supervision.



Technical Assistance

- Plan information based on the 2016 benefit year on federallyfacilitated and partnership Marketplaces
 Click here to preview plans
- CHLPI Marketplace Health Plans Template Assessment Tool
- For assistance with conducting comparative cost-effectiveness analyses contact <u>Sean Dickson</u>



Thank you!

Joe Caldwell, Senior Associate, Health Equity & Prevention National Alliance of State and Territorial AIDS Directors (NASTAD) <u>jcaldwell@NASTAD.org</u> (202) 434-8093

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