



Best Practices for Providing Substance Use Disorder Treatment and HIV-Related Services to Minority YMSM

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Disclosures

Presenter(s) has no financial interest to disclose.

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Learning Objectives

At the conclusion of this activity, the participant will be able to:

- 1. Apply new knowledge about effective strategies for recruitment and retention to increase the number of YMSM clients engaged in SUD treatment.
- 2. Describe the specialized needs of YMSM enrolled in SUD treatment and HIV services.
- 3. Recommend effective strategies for developing community partnerships that result in the delivery of more comprehensive services to this population.





Obtaining CME/CE Credit

If you would like to receive continuing education credit for this activity, please visit:

http://ryanwhite.cds.pesgce.com



Test Positive Aware Network

TPAN Mission: "Saving Lives and Empowering Those Affected by HIV/AIDS and Related Illnesses"

TPAN Vision: "A World Positively Aware of HIV/AIDS and Related Illnesses"





TPAN Services

- Mental Health
- Substance Use
- Education
- Client Advocacy
- Prevention

"One Stop Shop" Approach – How does this impact our Youth?



HOTTER Program Overview

Healthy Outcomes Through Treatment Empowerment & Recovery

- Target Population: 18-29 YBMSM
- Co-occurring Disorders Substance Use & Mental Health
- Evidence Based Intervention (Retreat Style)
 - Over 300 Enrolled; 22 Cohorts/Cycles Completed
- HIV Testing
 - Over 500 Rapid HIV Tests
- HCV Testing
 - Over 300 Rapid HCV Tests
- Outreach





Outreach & Recruitment

Outreach Strategies: Online Outreach, Street Outreach, Referrals

Online Outreach

- Social Media Facebook, Twitter, Instagram
- Cyber Space Jack'd, Adam4Adam, BGC Live, Grindr, Bareback.com

Street Outreach

- Mobile Unit Testing & Outreach
- Partner Agencies

Referrals

- Graduate Referrals
- Partner Agencies & Clinics



HOTTER Process



Screening & Intake Process

Pre-Retreat Groups



Retreat Style Intervention

What makes this style a best practice approach?



Holistic Health Recovery Program



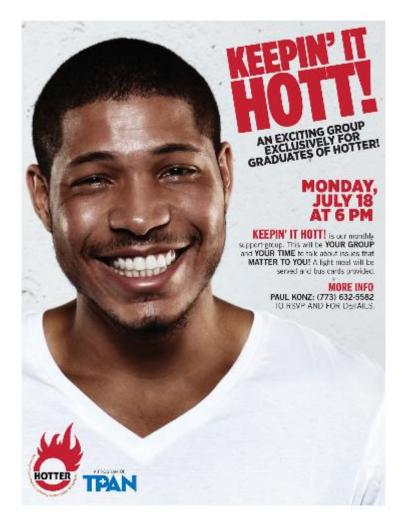
- CDC DEBI Evidence Based Intervention
- Overall Objectives
 - Reduce Harm
 - Promote Health
 - Improve Quality of Life
- Core Components
- Culturally Competent Nine modules covering different topics
 (Stigma, Relationships, HIV/STI Education, Spirituality, MH/SA)



After Care Services

- HOTTER Graduate/Alumni Group – "Keepin' it HOTT"
- Mental Health Counseling
- TPAN Groups The Thrive Edition, Art Therapy, Future Focused, TEAM

- Retention
- Follow-Up Interviews





Program Outcomes: Substance Use

Alcohol Use	Reduced by 34%	699 Days at Intake to 460 Days at Follow-Up
Binge Drinking	Reduced by 67%	273 Days at Intake to 90 Days at Follow-Up
Illegal Drug Use	Reduced by 52%	1109 Days at Intake to 527 Days at Follow-up
Marijuana Use	Reduced by 51%	1046 Days at Intake to 512 Days at Follow-Up
Crack/Cocaine Use	Reduced from 31 Days at Intake to 0 Days at Follow-Up	
Methamphetamine Use	Reduced from 32 Days at Intake to 0 Days at Follow-Up	
Injection Drug Use	Reduced from 4 Clients at Intake to 1 Client at Follow-Up	



Program Outcomes

Other Outcomes		
Severe Depression	Reduced by 58%	599 Days at Intake to 251 Days at Follow-Up
Severe Anxiety	Reduced by 54%	853 Days at Intake to 396 Days at Follow-Up
Employment/School	Increased by 17%	54.8% at Intake to 64.3% at Follow-up
Stable Housing	Increased by 14%	41.6% at Intake to 55.6% at Follow-Up



Questions?

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