

# Best Practices for Providing Substance Use Disorder Treatment and HIV-Related Services to Minority YMSM

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# Disclosures

Presenter(s) has no financial interest to disclose.

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# Learning Objectives

At the conclusion of this activity, the participant will be able to:

1. Apply new knowledge about effective strategies for recruitment and retention to increase the number of YMSM clients engaged in SUD treatment.
2. Describe the specialized needs of YMSM enrolled in SUD treatment and HIV services.
3. Recommend effective strategies for developing community partnerships that result in the delivery of more comprehensive services to this population.



# Obtaining CME/CE Credit

If you would like to receive continuing education credit for this activity, please visit:

<http://ryanwhite.cds.pesgce.com>



# Test Positive Aware Network

*TPAN Mission: "Saving Lives and Empowering Those Affected by HIV/AIDS and Related Illnesses"*

*TPAN Vision: "A World Positively Aware of HIV/AIDS and Related Illnesses"*



# TPAN Services

- Mental Health
- Substance Use
- Education
- Client Advocacy
- Prevention

**“One Stop Shop” Approach – How does this impact our Youth?**

# HOTTER Program Overview

## Healthy Outcomes Through Treatment Empowerment & Recovery

- Target Population : 18-29 YBMSM
- Co-occurring Disorders – Substance Use & Mental Health
- Evidence Based Intervention (Retreat Style)
  - *Over 300 Enrolled; 22 Cohorts/Cycles Completed*
- HIV Testing
  - *Over 500 Rapid HIV Tests*
- HCV Testing
  - *Over 300 Rapid HCV Tests*
- Outreach



# Outreach & Recruitment

## Outreach Strategies: Online Outreach, Street Outreach, Referrals

- **Online Outreach**
  - Social Media – Facebook, Twitter, Instagram
  - Cyber Space – Jack'd, Adam4Adam, BGC Live, Grindr, Bareback.com
- **Street Outreach**
  - Mobile Unit – Testing & Outreach
  - Partner Agencies
- **Referrals**
  - Graduate Referrals
  - Partner Agencies & Clinics



# HOTTER Process



Screening & Intake  
Process

Pre-Retreat Groups

# Retreat Style Intervention

*What makes this style a best practice approach?*



## AUGUST JUST GOT HOTTER.

TRAN

IN AUGUST FOR FREE HOLISTIC RETREAT. SPACE IS LIMITED. SIGN UP NOW!

OFFERED LEVELS OF INCENTIVE.



# Holistic Health Recovery Program



- CDC DEBI – Evidence Based Intervention
- Overall Objectives
  - Reduce Harm
  - Promote Health
  - Improve Quality of Life
- Core Components
- Culturally Competent – Nine modules covering different topics (Stigma, Relationships, HIV/STI Education, Spirituality, MH/SA)

# After Care Services

- HOTTER Graduate/Alumni Group – “Keepin’ it HOTT”
  - Mental Health Counseling
  - TPAN Groups – The Thrive Edition, Art Therapy, Future Focused, TEAM
- 
- Retention
  - Follow-Up Interviews



# Program Outcomes: Substance Use

<b>Alcohol Use</b>	Reduced by 34%	699 Days at Intake to 460 Days at Follow-Up
<b>Binge Drinking</b>	Reduced by 67%	273 Days at Intake to 90 Days at Follow-Up
<b>Illegal Drug Use</b>	Reduced by 52%	1109 Days at Intake to 527 Days at Follow-up
<b>Marijuana Use</b>	Reduced by 51%	1046 Days at Intake to 512 Days at Follow-Up
<b>Crack/Cocaine Use</b>	Reduced from 31 Days at Intake to 0 Days at Follow-Up	
<b>Methamphetamine Use</b>	Reduced from 32 Days at Intake to 0 Days at Follow-Up	
<b>Injection Drug Use</b>	Reduced from 4 Clients at Intake to 1 Client at Follow-Up	

# Program Outcomes

## Other Outcomes

<b>Severe Depression</b>	Reduced by 58%	599 Days at Intake to 251 Days at Follow-Up
<b>Severe Anxiety</b>	Reduced by 54%	853 Days at Intake to 396 Days at Follow-Up
<b>Employment/School</b>	Increased by 17%	54.8% at Intake to 64.3% at Follow-up
<b>Stable Housing</b>	Increased by 14%	41.6% at Intake to 55.6% at Follow-Up

# Questions?

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