Beyond the Box:

Exploring Strategies to Develop Sustainable Improvements at Your ASO/CBO





Presented by Alison Maling, LCSW

Poll

What best describes your work area function? (check all that apply)

- 1. Clinical
- 2. Peer Navigator
- 3. Support Staff
- 4. Financial
- 5. Prevention
- 6. Treatment
- 7. Programmatic
- 8. Leadership
- **9.** Community Partner
- **10.** Other (please type in the chat box)



Thinking outside of the box

How can you make a difference in your community?

- Identify community partners
 - Who/What/How
- Develop your leadership skills
 - Know your talents
 - Know your limits
- Explore creative solutions



VIP Community Services

Who are we?

Our Mission & Philosophy

VIP Community Services offers integrated medical, behavioral health, housing, and wrap-around services to improve the health and wellbeing of the Bronx and surrounding communities.





VIP Community Services

What is our history?

VIP was founded in 1974 on the belief that people can become self-sufficient and transform their neighborhoods into safe, thriving communities. Our personcentered philosophy respects individuals and tailors treatment to best serve their needs by helping them find their individualized path to recovery and greater self-efficacy by successfully addressing addiction, homelessness and transitional housing, and physical/mental wellness.

OUR PRESENCE IS FELT



For every person who receives job placement, HRA/public assistance centers save \$41,000 yearly.



For every individual who receives housing, the shelter system saves approximately \$43,000 yearly.



Preventive care can save or average \$50,000 yearly in emergency care for each person.



For every person who receives treatment instead of incarceration the Department of Corrections saves \$30,000 yearly.



For every family who receives housing, the shelter system saves approximately \$70,000 yearly.



On average, VIP saves 24% per Medicaid patient when compared to other providers.



VIP Community Services

Who are we?

Why the Bronx? The Bronx is the poorest urban county in the nation. We provide care to the most vulnerable and underserved.





Health Services, Mental Wellness, and Substance Use Treatment

99% are Bronx residents
87% are on Medicaid/Medicare
12% are uninsured
37% self-identify as female

of patients with diabete

of patients with high blood pressure are under control

100% of patients with asthmo



Ryan White Mental Health Program

Provide community based mental health, substance use and treatment adherence services to HIV+ patients in our community, regardless of "where."

- Team consists of
 - Senior Clinician (LMSW); responsible for community liaisons, direct care and all intakes
 - 2 Clinicians (LMSW); daily direct care and case management
 - Peer Recovery Navigator; peer support and accompaniment
 - Driver; transportation needs of staff and patients
 - Data Entry; billing focus and alignment of billing and clinical documentation
 - Wellness Director; daily operations of program and clinician support and guidance



Ryan White Mental Health Program

Ryan White Mental Health Program provides integrated, HIV focused mental health treatment along with preventive and supportive services to clients living with HIV/AIDS and mental illness. The program aims to improve client's adherence to treatment for physical, mental, and behavioral health problems. A unique feature of the program is that all services can be provided off-site and in the client's home.

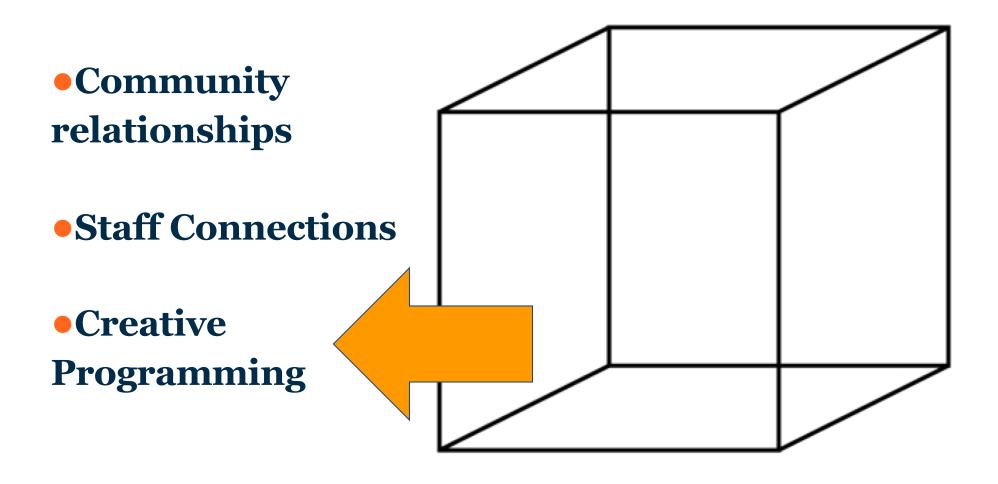


What is INSIDE the Box?

Established agency connections Same Old, Same Old



What is OUTSIDE the Box?





Takeaways - DO's

- Use your staff and community partners to identify creative ways to meet the needs of your patients
- As a leader, know that you are not the "ONLY" one with ideas to engage community partners that we share patients with
- Ask a tons of questions to your state contacts to see how far you can push the line
- Look around you and see all the 'boxes' that keep you contained and find the weakness and break through it



Takeaways - DON'Ts

- Rely on what others set up for you
- Oversaturate the same ol, same ol
- Believe that as a leader you are the only one who could possibly know everything

- Try to do everything alone
- Be afraid to ask questions or ask for help
- Sit back and what for people to knock on your door



Questions?



Presented By



Alison Maling, LCSW

amaling@vipservices.org

Director of Wellness

VIP Community Services

vipservices.org





PCDC's Sustainable Strategies Team



Kristin Potterbusch **Program Director**

Email: hrsa@pcdc.org (212) 437-3960



Chaim Shmulewitz Project Manager

Sustainable Strategies TargetHIV Link: https://targethiv.org/ta-org/sustainablestrategies-rwhap-community-organizations









