MENTAL HEALTH ASSESSMENT

Mental Health Assessment of [name]

Interview was conducted by [Clinician] on [Date] at A&PI Wellness Center.

The client is a [age/race/gender identity]

PRESENTING PROBLEM(S):

PSYCHOSOCIAL HX:

SUBSTANCE USE:

MEDICAL:

MENTAL STATUS EXAM:
APPEARANCE:
SPEECH:
EYE CONTACT:
MOTOR ACTIVITY (MOVEMENT):
MOOD/AFFECT:
ORIENTATION:
MEMORY:
THOUGHT PROCESS/CONTENT:
HALLUCINATIONS/ILLUSIONS:
S/H IDEATION:
BEHAVIOR:
INSIGHT:
JUDGEMENT:

MOCA Score: PHQ-90 Score:

TREATMENT/SERVICE RECOMMENDATIONS:

This publication is part of a series of manuals that describe models of care that are included in the HRSA SPNS Initiative Building a Medical Home for HIV Homeless Populations. Learn more at http://cahpp.org/project/medheart/models-of-care

Transitional System Acuity Scale

1 Medical/Clinical

This category concerns access to primary medical care, oral health services, specialty clinical care for HIV disease, physical therapy and access to HIV specific medications.

Scoring Considerations:

- General stability of health (regardless of specific diagnosis),
- Client's ability to maintain an ongoing relationship with providers of medical and clinical services,
- Client's access to and local availability of medical and clinical services, and/or,
- Client's medical condition as it relates to the amount of time you will spend with the client (case management time) and resources necessary to initiate and maintain their access to care and medications

Score Suggestions

- 1 Stable health status. Client has stable, ongoing access to primary HIV medical care and treatment. Client is fully empowered for self-care and can independently maintain medical care with information and very occasional referral.
- 2 Client's health stable or may have moderate health problems. Client needs active occasional assistance to access or maintain access to medical, clinical and/or oral health services.
- 3 Client is medically fragile but still able to maintain the activities of daily living. Client requires regular assistance to access and maintain access to appropriate medical, clinical and/or oral health services. May require active coordination of multiple care providers.
- 4 Client has serious-to-sever medical issues; may be life threatening or one-time medical crisis as a result of multiple adverse health diagnoses or events. Client may require complex coordination between multiple providers or agencies; may have end of life issues.

Notes about scoring this category:

Availability and access of medical services should be considered; limited services may lead to more time needed to assist the client in locating or coordinating among providers. This would increase the impact on the care case management system (i.e., increasing system acuity).

2 Basic Necessities/Life Skills

This category concerns food, clothing, skills related to activities of daily living (ADLs) and access to household items necessary for daily living.

Scoring Considerations:

- General ability of client to function/cope with daily activities (e.g. get to and from work, medical appointments and/or cook for self or other dependent family members),
- Client's ability to maintain basic personal and household hygiene standards,
- Client's ability to manage activities of daily living (ADL) in light of mental health, substance use, disease progression, effects of medications, living situations, and/or education level, and/or,
- If applicable, the client's attention to a dependent family member's basic needs (i.e. clothing, feeding and caring for children)

Score Suggestions

- 1 Client's basic needs being adequately met; client has high level of skills, no evidence of inability to manage ADL.
- 2 Client has the ability to meet basic needs and manage ADL, but may need referral and information to identify available resources
- 3 Client needs assistance to identify, obtain and maintain basic needs and manage ADL. Poor ADL management is noticeable and pronounced.
- 4 Client is unable to manage ADL without immediate, ongoing assistance; in acute need of caregiver services.

Notes about using this category:

There may be interactions with other categories such as mental health, substance use, and/or self-efficacy. A person's mental health or substance use could affect their ability to deal with basic needs. However, a person's life skills may not always be affected by mental health or substance use; deficiencies could be related to other factors such as education. This category concerns the client's ability to manage their basic needs regardless of the root of their problems.

A client's ability to maintain ADL may be related to their disease progression and/or effects of medications. Fatigue related to treatment may prevent a client from brushing his/her teeth, bathing and/or cooking.

It is appropriate to consider the client's family or relationship dynamics and the role these may play in a client's ability to maintain their basic needs. Clients who are in abusive relationships might not be able to access resources for daily living because of power dynamics within the relationship (e.g. have access to money to pay for groceries).

3 Mental Health/Psychosocial

This category broadly involves the client's level of impairment with respect to emotional stability, mental health status, history of past or current clinical depression, social adjustment disorders or other potentially significant mental health issues.

Scoring Considerations:

- Client's ability to demonstrate appropriate behavior and coping skills in everyday interactions and problems,
- Client's ability to deal with family and other significant relationships,
- Client's history of mental health issues (counseling, treatment, stabilization dependent on medication and/or treatment, and/or,
- Client's current mental health (harm to self or others, emotional instability, current diagnoses).

Score Suggestions

- 1 No known history or evidence of mental illness, high level of social functioning, appropriate behavior and coping skills.
- 2 History of mental illness with appropriate treatment, stabilized as a result of past treatment, ongoing compliance with outpatient counseling, emotional stability and coping skills are adequate to manage ADL, minimal difficulty in family or other significant relationships.
- 3 Moderate emotional stress in significant relationships, ongoing diagnosis/treatment of chronic or major mental illness, limited access to mental health services, inability to maintain adherence to psychiatric medication, inappropriate social behaviors, mild to moderate impairment in ADL.
- 4 Danger to self or others, highly depressed, suicidal, violent thoughts towards others, frequent or ongoing psychotic, violent or threatening behaviors, in crises, immediate psychiatric intervention needed.

Notes about using this category:

This category is weighted, reflecting the potential impact that mental health issues may have on the level of care case management time and resources needed in multiple categories. The most current edition of the Diagnostic and Statistical Manual of Mental Disorders can be useful for understanding some of the mental health terms and most common mental health conditions such as post-traumatic stress disorder; clinically significant depression; schizophrenia; bi-polar disorder I and II and borderline personality disorder. Also, some HIV medications have potentially dangerous side effects that can trigger or mimic psychotic episodes. Mental health conditions should only be diagnosed by a qualified mental health provider licensed for clinical practice.

4 Substance/Alcohol Use

This category covers addictive, dependent or abusive use of mind/mood altering substances (alcohol, illicit, nonprescription and prescription drugs). Behavioral, legal or family-related problems associated with substance use should be considered.

Scoring Considerations:

- Client's history and current level of substance use,
- The degree to which substance use is affecting the client's ability to function,
- Concurrent mental health issues which may be aggravated by substance use, and client's willingness to acknowledge substance use issues (denial, in or seeking treatment),
- The degree to which another's substance use is affecting the client's life (child, primary relationship, adherence to medical or mental health treatment), and/or,
- Client's ability to access services (motivation, health coverage, access and availability).

Score Suggestions

- 1 No evidence to suggest that client's use of substances constitutes abuse or dependence; no evidence of behavioral disturbances related to substance use.
- 2 Client has history of substance use/moderate abuse; no current indication of dependency or abuse; may need education or referral.
- 3 History of substance and/or alcohol abuse and is currently using; functional difficulties because of own or family member's substance abuse; client identifies need for treatment; services are available and client has ability to access services with referral and support.
- 4 Ongoing substance abuse crisis, emergency medical detoxification indicated; major impairment of function, refusal of treatment services, family crises, dangerous infection-risk behaviors, etc. May require intensive effort to maintain adherence to substance abuse treatment.

Notes about using this category:

This category is weighted, reflecting the potential impact that substance use/abuse may have on care case management time and resources in multiple categories. It should also be understood that there are frequently mental health issues that are a result of substance or alcohol use and that individuals with undiagnosed mental health issues often self-medicate by using legal or illicit substances. Family member or significant other's substance abuse issues may be considered in scoring this category if they have the potential to adversely affect client's recovery. It may also be difficult for persons who have a criminal record or substance use issues to access treatment services or housing, especially difficult if they are primary providers with dependents (children or adults).

5. Housing/Living Situation

This category is specific to physical shelter, living environment, access to critical utilities (heat, water, etc.) and the relationship of the client to others residing within the living environment (partner/family).

Scoring Considerations:

- Client's current physical living situation (own house, rent, homeless),
- Client's ability to pay rent, utilities and other housing requirements,
- Client's living environment, who resides with the client (dependents, partner with shared income, abusive relationship), and/or
- Client's ability to maintain access to housing services (history of incarceration, substance use, availability of housing in the area).

Score Suggestions

- 1 Secure, fully adequate housing, stable living situation, client is independently capable of financial and physical maintenance and is in no danger of losing housing.
- 2 Adequate current housing situation; client may infrequently need short-term rent or utilities assistance or may have mild stress in their living situation.
- 3 In transitional or unstable housing, may have unhealthy, stressful living environment. Client may be in continuous financial strain, eviction risk or risk of utility shutoff. Clients in this range are at risk of losing housing.
- Client is homeless, in crises, living in shelter, sleeping on streets or in his/her car.
 Client's living situation presents immediate health hazard or physical danger from abuse.
 Client may be unable to qualify for housing opportunities due to criminal behavior.

Notes about using this category:

This category is weighted, reflecting the potential that inadequate, dangerous or socially untenable housing situations adversely impact care case management time and resources needed to keep the client engaged in primary HIV care or other supportive services. It is appropriate to consider the nature of the client's living situation with respect to the people they reside with; issues of domestic violence, physical and emotional abuse may adversely affect client stability. History of incarceration,

substance use with client or a primary partner or dependent(s) may disqualify clients from some housing programs.

6 Support System

This category refers specifically to the network of formal and informal relationships providing appropriate emotional support to the client. This includes friends, family, faith communities, agencies and support groups.

Scoring Considerations:

- Client's current support system,
- Client's level of need for additional support,
- Client's ability to identify additional supportive services, and/or
- Availability of supportive services in the area needed by the client (support groups at a time and place client can access them).

Score Suggestions

- 1 Client has, and is aware of, extensive, appropriate and supportive relationships providing emotional support.
- 2 Moderate gaps in availability and adequacy of support network. Client may need additional skills to recognize and access support.
- 3 Client is chronically unable to access supportive network; support that is available is inadequate and unstable; client may be new to community with no friends, family or community support; client may need routine referral and follow-up.
- 4 Client is in acute crisis situation and cannot or will not access supportive relationships and may be isolated and/or depressed.

Notes about using this category:

Clients with supportive needs should be referred to emotional support groups, mental health counseling or to faith communities to assist them in fostering and independent support network.

7 Insurance Benefits

This category concerns the client's eligibility for, and access to, private or public insurance coverage adequate to provide a continuum of care for medical, dental or psychosocial services. This category also includes access to HIV medications through the AIDS Drug Assistance Program (ADAP).

Scoring Considerations:

- Client's current medical coverage,
- Client's current need for insurance coverage,
- Client's eligibility for private or public insurance benefits, and/or
- Client's ability to identify benefits and/or follow up on insurance enrollment requirements (produce needed documents, navigate the paperwork/system).

Score Suggestions

- 1 Client is insured with coverage adequate to provide access to the full continuum of clinical, dental and medication services available. Client may need occasional information or periodic review for renewal of eligibility.
- 2 Client needs assistance to complete eligibility reviews and may need directions and assistance compiling and completing documentation and application materials.
- 3 Client needs assistance meeting deductibles, co-payments and/or spend down requirements. Client may need significant active advocacy with insurance representatives, providers or DSHS to resolve billing and eligibility disputes.
- 4 Client is without coverage adequate to provide minimal access to care, is unable to pay for care through other sources and needs immediate assistance with eligibility reviews, etc.

Notes about using this category:

Current public and private insurance programs available in their service area may impact the SAM score in this category. Knowledge of available insurance programs and eligibility criteria is necessary to adequately evaluate clients in this category.

8 Transportation

This category covers the client's ability to travel for medical, psychosocial support, groceries and other essential HIV-related purposes.

Scoring Considerations:

- Client's current transportation methods (car, taxi, bus, walking, etc.),
- Client's ability to access transportation (have money for bus, bus route close to medical care, can physically get to medical care, transportation appropriate for dependents), and/or
- Client's lack of transportation affecting their ability to access medical care or other essential needs (e.g., grocery)

Score Suggestions

- 1 Client is fully self-sufficient and has access to reliable transportation for all HIV-related needs.
- 2 Client needs occasional, infrequent assistance in obtaining transportation for HIV-related needs. Client may need assistance in reading and understanding bus schedules; may need referral to volunteer or other transportation services.
- 3 Client has limited access to public transport and is having routine difficulty accessing transportation services because of physical disabilities. Clients in this category may often miss appointments due to lack of transportation.
- 4 Client has no access to transportation, lives in an area not served by public transport and/or has no resources available for other transportation options. Clients with this score have an immediate need to be transported to HIV-related medical or supportive services.

Notes about using this category:

Current public transportation programs available in the service area may impact SAM scores in this category. Knowledge of available transportation programs is critical to adequately evaluate this category.

9 HIV-Related Legal

This category pertains specifically to *HIV-related* legal needs such as guardianship orders, medical durable power of attorney, social security insurance (SSI) benefits advocacy and assignment, living wills, do not resuscitate (DNR) orders and other needs directly related to the client's HIV status.

Scoring Considerations:

- Client's ability to identify need for legal services and knowledge of where to obtain them as they relate to their HIV status (power of attorney, guardianship for minor dependents), and/or
- Client's need for legal services directly related to their HIV disease.

Score Suggestions

- 1 Client has no unmet HIV-related legal needs.
- 2 Clients may need minimal, one time, assistance in completing documents or referral to appropriate legal services.
- 3 Client needs assistance identifying HIV-related legal needs and may require ongoing follow-up to insure that appropriate documents are available and appropriate orders are in place.
- 4 Client is in crisis situation, may not have valid power of attorney needed for immediate clinical decisions, or may be at risk of dying without a will; guardianship issues for minor children not properly resolved.

Notes about using this category:

When scoring this category the focus must be on legal issues directly related to the client's HIV status.

10 Cultural/Linguistic

This category relates to the client's ability to function appropriately in spoken and written English and the client's ability to fully understand what is happening to and around them. This category also encompasses issues relating to the cultural sensitivity of providers to client's needs based on gender identity, sexual orientation, religion, age, sight/hearing/physical disability, race and ethnicity.

Scoring Considerations:

- Client's ability to read, write and speak English or other languages essential to receiving services,
- Client's ability to understand their disease with respect to their educational, linguistic or cultural competence,
- Client's ability to access linguistically and/or culturally appropriate services (medical, supportive), and/or
- Client's immigration status as it relates to gaining access to services.

Score Suggestions

- 1 Client has no difficulty accessing services and is capable of high-level functioning within the linguistic and cultural environment.
- 2 Client may need infrequent, occasional assistance in understanding complicated forms, may need occasional help from translators or sign interpreters.
- 3 Client often needs translation or sign interpretation. Client may by functionally illiterate and needs most forms and written materials explained. Client may be experiencing moderate barriers to services due to lack of cultural sensitivity of providers.
- 4 Client is completely unable to understand or function within the service system, is in crisis situation and needs immediate assistance with translation or culturally sensitive system interpreters and advocates.

Notes about using this category:

It is appropriate for case managers to consider the client's full range of issues such as their first language, views on family, emotional development, spirituality, gender identity, beliefs about disease, values on alternative/non-western approaches to health care and ideas about confidentiality and disclosure. The client's immigration status may also be considered as it may cause significant stress and apprehension in seeking services.

11 Self-Efficacy

This category encompasses the client's ability to initiate and maintain positive behavioral changes, be an effective self-advocate and seek out and maintain services independently.

Scoring Considerations:

- Client's ability to make choices and put forth effort to change or access services or change behaviors (follow up on referrals, make phone calls, ask appropriate/needed questions),
- Client's ability to persist when confronted with obstacles to accessing services and/or making positive behavioral changes,
- Client's judgment of their capabilities to perform given tasks, and/or
- Client's ability to access services or make positive changes in behaviors.

Score Suggestions

- 1 Client is capable of initiating and maintaining access to services independently and is an effective self-advocate.
- 2 Client is able to initiate and seek out services with minimal assistance, may need information and referral.
- 3 Client needs frequent assistance getting motivated for an completing tasks related to their own care and often needs active follow-up to insure continued care.
- 4 Client is in crisis situation, unable to motivate to access needed care, unable to identify appropriate needs or actions, does not follow through on scheduled appointments. Client needs immediate care case management assistance.

Notes about using this category:

Case managers should consider the client's willingness and ability to be independent in filling out forms, making phone calls to set up their own appointments, their ability to correctly identify their own needs and their follow-through on commitments as appropriate criteria in scoring this category. A client's ability to be more self-efficacious reduces the impact on case management services in this category.

12 HIV Education/Prevention

This category covers the client's knowledge of HIV disease, HIV-transmission modes, his/her ability to identify past and present HIV transmission risk and ability and willingness to *engage* in and sustain behavior change interventions, including notifying past and present partners.

Scoring Considerations:

- Client's current and past risk taking behavior (sharing needles, anonymous sexual partners, unprotected sexual exposure, etc.),
- Client's knowledge of HIV transmission and prevention; awareness of his/her own risk,
- Client's willingness and skills level necessary to initiate and maintain risk reduction behaviors, including disclosure of HIV status with past, current or future needle sharing or sex partners,
- Client's participation in HIV behavior change interventions, and/or
- Client's history of other sexually transmitted diseases.

Score Suggestions

- 1 Client has adequate knowledge of multiple aspects of HIV treatment and prevention; has skills necessary to initiate and maintain protective behaviors and/or engages in positive behavior change, including harm reduction programs and partner services. Client reports no recent history of STDs.
- 2 Client is knowledgeable about most available HIV behavior change interventions and education services; client may have difficulty initiating or maintaining protective behaviors, may not be appropriately personalizing risk and may need education and referral. Client reports no recent history of STDs.
- 3 Client reports significant difficulty initiating and maintaining protective behaviors, inappropriately personalizes risk or reports frequent relapse to risk-behaviors. Client may report recent history of STD infection.
- 4 Client is active engaging in risk behaviors, unable or unwilling to identify and personalize transmission risk. Client in need of immediate, active referral to appropriate HIV behavior change interventions.

Notes about using this category:

Case managers should consider if the client is in an abusive relationship that might limit risk reduction for HIV transmission (e.g., sex industry workers). This may increase their SAM score.

13 Employment/Income

This category refers to the adequacy of the client's income, from all sources, to maintain independent access to care and to meet basic needs.

Scoring Considerations:

- Client's current source of income (employed, depend on other's income),
- Client's current need for income to cover basic needs (head of household with dependents, excessive debt, emergency situations), and/or
- Client's need for job placement/training or debt counseling.

Score Suggestions

- 1 Client's income is sufficient for basic needs; may be employed full-time or has alternate income.
- 2 Client's income may occasionally be inadequate for basic needs, may be employed parttime and may infrequently need emergency financial assistance or referral to other available services
- 3 Client has difficulty maintaining sufficient income from all sources to meet basic needs and requires frequent, ongoing case management referrals and benefits advocacy.
- 4 Client is in financial crisis and in danger of losing housing, access to basic utilities or critical health services because of inability to pay for co-pays or other bills. Client needs immediate, emergency intervention.

Notes about using this category:

Case managers should consider extenuating circumstances and conditions such as client being the head of a household with dependent children, pregnancy, genuine family emergency situations or other factors which make his/her financial situation more difficult.

14 Medication Adherence

This category refers to the client's ability to take all HIV-related medications as prescribed by their physician.

Scoring Considerations:

- Client's need, desire and readiness to take HIV-related medications,
- Client's ability to take medications consistently,
- Client's ability to weigh pros and cons of taking antiretroviral medications, and/or
- Client's ability to access HIV-related medications (insurance, ADAP).

Score Suggestions

- 1 Client is following antiretroviral regimen, adherence greater than or equal to 95% or patient chooses not to take antiretroviral medications; no barriers to adherence; good access to resources. Client fully empowered for self-care in this category.
- 2 Client is on antiretroviral regimen, 90% to 95% adherent but may have some sporadic barriers to adherence. Client requires occasional case management information and referral to maintain optimal adherence.
- 3 Client is on antiretroviral regimen, 80% to 0% adherent, and experiencing ongoing barriers to adherence. Client needs continuing case manager follow-up to remain engaged with medication adherence programs or guidelines.
- 4 Client is in medication crisis, has stopped taking meds against medical advice or is being non-compliant for other reasons such as drug abuse, rapidly developing dementia, decreased ability to perform and maintain ADLs as part of disease progress, or mental health crises. Client needs immediate case management intervention.

Notes about using this category:

Case managers should consider factors such as scheduling medications around meals, side effects and the client's general ability to establish and maintain positive routines. You should also consider if the client is incarcerated, hospitalized, or detained in a mental health facility and how this may affect access to medications.

Scoring and applying System Acuity

The scoring schema for interpreting SAM scores incorporates weighting applied selectively to Mental Health, Substance Use/Abuse and Housing categories. Weighted scores can suggest the level of case management services most appropriate for the client at the time of measurement.

Scoring Directions

The following formula should be used to calculate weighted SAM scores:

[Medical] + [BasicNeed] + ([Mental] x [Mental]) + ([Substan] x [Substan]) + ([Housing] x [Housing]) + [Support] + [Insurance] + [Transportation] + [Legal] + [Cultural] + [Efficacy] + [Educat] + [Income] + [Adherence] = Weighted System Acuity

Where the integer value (1 - 4) for each category of need from the client acuity assessment is inserted in the appropriate bracket in the above formula. (Addition is indicated by '+' and multiplication by 'x').

Case Management Levels (based on weighted acuity score)

14-16: **CM not indicated** [if you feel a client still needs to be case managed at this level, discuss with supervisor and document (i.e. client is one of the priority populations indicated for automatic inclusion in CM such as recently released, pregnant, recently diagnosed, youth)

17-28: Level **1** (Low): CM Client Monitoring. CM initiated contact bi-annually. HIV-positive symptomatic individuals with aggravating, but not acute medical, financial or, psychosocial needs who request assistance from the provider agency with case management and/or medical strategy decisions and who may benefit from moderate care assistance

29-44: Level 2 (Moderate): Basic Case Management. **CM Initiated contact quarterly**. Client may require routine follow-up to ensure ongoing access to services, or referrals to maintain their access to specific supportive services. Significant amount of collateral contacts.

45-60: Level **3** (High): Intensive case management. **CM initiated monthly contact**. HIV-positive clients with complex and acute medical, financial or psychosocial needs whose needs require emotional and/or environmental support in order to manage their own care/service plan. Expect a significant amount of collateral contacts.

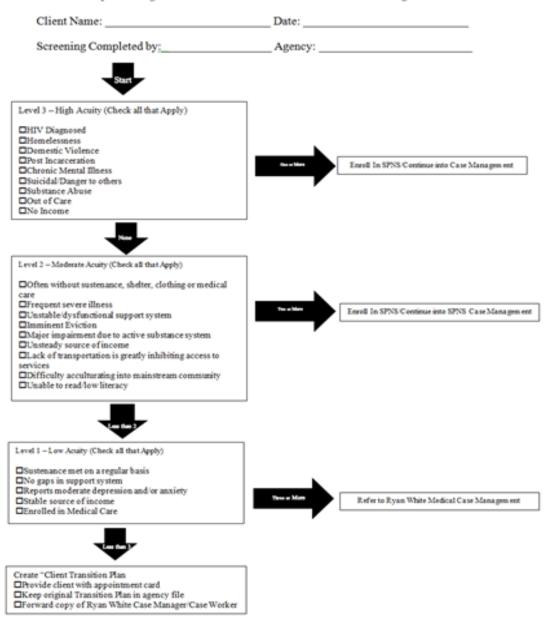
61+ Level 4 (Highest): Crisis Case Management. **CM initiated contact every 2 weeks**. HIV-positive clients have an immediate crisis or situation that requires immediate and ongoing action by CM. Clients with severe and acute medical, financial or psychosocial crisis who may have difficulty in successfully managing a personal care/service plan. Expect intensive service coordination with other agencies/providers.

This publication is part of a series of manuals that describe models of care that are included in the HRSA SPNS Initiative Building a Medical Home for HIV Homeless Populations. Learn more at http://cahpp.org/project/medheart/models-of-care

Acuity Tool

Building a Medical Home for Multiply-Diagnosed HIV- positive Homeless Populations Demonstration Sites Family Health Centers of San Diego

This tool is required as a guide to determine level of care and need for case management.



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PATIENT HEALTH QUESTIONNAIRE-9 (PHQ-9)

Over the <u>last 2 weeks</u> , how often have you been bothered by any of the following problems? (Use """ to indicate your answer)	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
 Feeling bad about yourself — or that you are a failure or have let yourself or your family down 	0	1	2	3
 Trouble concentrating on things, such as reading the newspaper or watching television 	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3
	√g <u>0</u> +		· +	
		=	Total Score:	

If you checked off <u>any</u> problems, how <u>difficult</u> have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult Somewhat at all difficult	Very difficult □	Extremely difficult
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AND COUNTY OF	Cit	y and County of	f San Francisco	Name:			
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4. <u>Risk Asse</u>	ssment	(circle appropriate r	ating)				
		History but no	Recent ideation, intention, plan that	is C	urrent idea	tion or comman	d hallucinations re self-hari
Danger	None	recent intent,	feasible and/or history of a potential	lly curr	ent intent, p	lan that is imm	ediately accessible and feas
to self	(0)	ideation or	lethal attempt (2)	-	and or histo	ory of multiple p	ootentially lethal attempts (3
		feasible plan (1)					
Demons		L Batana batana	Recent homicidal ideation, physical	ly Ac	ute homicid	al ideation with	an accessible, feasible pla
Danger to	None	History but no recent gesture or	harmful aggression or dangerous fi	re pł	nysically ha	rmful aggressic	on, or command hallucination
others	(0)	ideation (1)	setting, but not in past 24 hours. Ha				intentionally set fire that pla
others			plan to harm others that is feasible	(2)	ot	hers at signific	ant risk of harm (3)
4A. Other	r Risk Fac	ctors Grave disat	pility □ No □ Yes Co	ommand ha	allucination	s □No □] Yes
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			ation:				
4C. Risk	Assessn	NENT (ELABORATION OF	ALL RISK FACTORS, NOTE FRUSTRATION TOL	ERANCE, HOS	STILITY, PARAN	NOIA, AND VIOLENT	THINKING)

1. IF CLIENT MEETS TARGET POPULATION, THIS AUTHORIZES THE PRE-AUTH. PERIOD OF 2 MONTHS/15 HOURS FOR ADULTS/OA AND 3 MONTHS/24 HOURS FOR CYF

2. IF CASE IS NOT OPENED, FORM SHOULD BE STORED IN A CONFIDENTIAL LOCKED FILE IN ALPHABETICAL ORDER.

3. THIS IS AN INITIAL RISK ASSESSMENT. FURTHER SESSION(S) MAY BE NECESSARY TO COMPLETE A FULL CLINICAL DATABASE ASSESSMENT.



City and County of San Francisco Department of Public Health COMMUNITY BEHAVIORAL HEALTH SERVICES Name:

BIS # (if any):

INITIAL RISK ASSESSMENT (Face to face)

RU #:

5. Current Mental Status

Mood	Depressed	Anxious	Euphoric	Other
Affect	Appropriate	Inappropriate		
Thought process/content	Normal	Loose/Tangential	Grandiose	Paranoid
Hallucinations:	Auditory	□ Visual	Other	
Orientation:	□ Time	Person	Place	
Cognitive	Memory problem	Lack of insight	Poor judgment	Concrete thinking
Comments:		_		3

6. Substance Use History: Ever Used? □N	lo □Yes >>>>		n remission 🛛 use_	Currently intoxicate	
Indicate substances used, if applicable: E	Alcohol	Marijuana 🛛 🗘	Cocaine/Crack		Benzodiazepines
Opiates Prescription Drugs E	□ Caffeine □ T	Tobacco/Nicotine	Inhalants	Other	

Has client experienced severe withdrawal symptoms in past (hospitalization, DTs, seizures)? □ No □ Yes Is client currently experiencing severe withdrawal symptoms? □ No □ Yes

Substance Abuse Screener For any substance client endorses ever using ask: In the last three months		
Have you felt you should cut down or stop [drinking/using substance]?	No	Yes
Has anyone annoyed you or gotten on your nerves by telling you to cut down or stop [drinking/using substance]?	No	Yes
Have you felt guilty or bad about how much you [drink /use substance]?	No	Yes
Have you been waking up wanting to [drink /use substance]?	No	Yes

7. Legal Issues	Court Mandated Treatment □ No □ Yes	Probation/Parole: □ No □ Yes	History of arrest: □ No □ Yes	
8. Mental Health	Currently linked INO IYes Where?	Conserved □ No □ Yes	History of treatment □ No □ Yes	Current psych meds □ No □ Yes
9. Physical Health	Linked to PCP □ No □ Yes Where?		Current non-psych meds □ No □ Yes	3

10. Medical Necessity/Need for Services in CBHS? INO I Yes (If no, provide NOA-A for SF MediCal clients) Uninsured SMI? No Yes

11. Provisional DSM	IV Diagnosis: Axis I:	Axis I:	
Axis II:	Axis III:	Axis IV:GA	F:
12. Disposition:	ation When: □ Contir	uing Assessment at this clinic	When:
	lization (5150) due to: □ Danger to Self □ I	-	
	ntal Health Clinic – Where:	-	-
	ubstance Abuse		
	Date:		Date:
Clinician/Staff signature (if not LPHA, must have a LPHA co-signer):		
Service Code:	FF/TT:	LOC D Office	□ Field □ Home
	ssment REV 5/7/10		
s publication is part of	a series of manuals that describe mode	s of care that are included	in the HRSA SPNS Initiative Buil
dical Home for HIV Ho	meless Populations. Learn more at http	://cahpp.org/project/medhe	eart/models-of-care

Acuity and Chronicity Tool						
Area of Functioning	Intensive Need	Moderate Need	Basic Need	Self-Management	Predicted	
Current Acuity Level	(3)	(2)	(1)	(0)	Chronicity	
Medical Care and Treatme	ent Adherence					
Care Adherence Acuity Level:	 Missed 4 or more medical appointments in the last 6 months or has not been seen in the last 6 month Severe medical illness w/o capacity for treatment adherence Unable to tolerate 4-walls clinic or has received denial of service > 1 clinic 	 Missed 3 medical appointments in the last 6 months or has not been seen in the last 3 months Multiple physical conditions w/ low treatment adherence Able to tolerate 4-walls clinic with an escort and redirection Can self-direct to open- access clinic or drop-in 	 Missed 3 medical appointments in the last 12 months Engages w/ clinic to address physical conditions with support Able to attend 4-walls clinic with intensive reminders; may need navigation to appt, but navigator doesn't need to stay 	 Engages in clinic w/ standard appointment reminders only (phone, text, email) Engages w/ clinic independently to address physical conditions 		
Current Health Status <i>Acuity Level:</i>	 Detectable VL, CD4 < 200, and/or refuses ART, OI in the last month Current acute medical issues not treated or well controlled Hospitalized in the last month for acute disease High risk pregnancy 	 Detectable VL, CD4 200- 350, and/or refuses ART, OI in the last 6 months Current acute medical issue being treated Hospitalized in the last 6 months Pregnancy 	 Detectable VL but on ART, no OI in the last 6 month or on treatment for OI Acute medical issues in the last 6 months resolved No hospitalizations in the last 6 months 	 Virally suppressed, no OI in the last 12 months No current acute medical issues No hospitalizations in the last 12 months 		
Chronic Illness Acuity Level:	 > 2 visits to the ER in the last month to treat illness or 1-2% high utilizer of single or multiple system in the last year Meets palliative care definition (health condition likely result in death 2 years) Complex coordination between multiple medical providers and medically focused agencies 	 > 2 visits to the ER in the last 2 months or current 3-5 % high utilizer in the last year== Multiple poorly controlled medical illnesses Not flourishing medically in current level of care Active coordination between multiple care providers 	 1 or more visits to the ER in the last 3 months or prior 1-5 % high utilizer in the last 2-3 years Illness is chronic, but taking medication and stable medically with support from wrap-around care 	 0 visit to the ED in the last 6 months No history of high utilization Chronic condition is managed through current treatment and no wraparound support is needed Empowered for self-care of chronic illness 		

This publication is part of a series of manuals that describe models of care that are included in the HRSA SPNS Initiative Building a Medical Home for Multiply Diagnosed HIV Homeless Populations. Learn more at http://cahpp.org/project/medheart/models-of-care

Acuity and Chronicity Tool							
Area of Functioning <i>Current Acuity Level</i>	Intensive Need (3)	Moderate Need (2)	Basic Need (1)	Self-Management (0)	Predicted Chronicity		
Medical Care and Treatm	ent Adherence (continued)				•		
Function: Physical Cognitive Impulse control/decision making Accommodations Acuity Level:	 Challenges in various areas of physical function with severe impact Challenges with thinking that has severe impact on functioning Screening MoCa < 17 Diagnosed dementia Impulse control or decision-making ability impairing health and life functions Despite accommodations, persistent inability to function, impairing health and ADLs/IADLs 	 Challenges with ambulation, moving, or senses, impairing 1 or more life functions Challenges with memory impairing one or more life functions MoCa between 18-22 Impulse control or decision- making impairing 1 or more life functions Accommodations not fully effective or available 	 Occasional unexplained ability to ambulate Occasional inability to follow through due to cognitive impairment History of TBI, ETOH, substance use or medical condition associated with cognitive impairment MoCa 22-26 Impulse control or decision making occasionally impairing life functions Accommodations meet needs 	 No conditions commonly associated with mobility and sensory impairment No conditions associated with cognitive impairment MoCa >26 Impulse control or decision making does not impair any life functions No accommodations needed 			
Medication Adherence <i>Acuity Level:</i>	 Misses doses daily Requires DOT or other intensive adherence support, cannot self-manage medicines < 30% adherent Not taking ART or other life- saving medication 	 Misses doses weekly New to ART or lifesaving regimen Missed treatment or prescription refill in the last month Takes some chronic disease medications but is unable to take all medications daily 30-60 % adherent 	 Misses doses monthly Missed treatment or prescription refill in the last 3 months 60-90% adherent 	 Rarely misses treatment 90-100% adherent 			
Housing							
Acuity Level:	 Lives in a place not meant for human habitation (street, car, park, etc.) AND unable to negotiate for self in that environment Critical unmet ADL/IADL needs; major health or safety hazards in current housing Expected to be released from incarceration, placement, or long-term care facility in the next month Faces imminent eviction 	 Lives in a place not meant for human habitation AND able to negotiate for self in that environment Requires support in managing ADLs and/or IADLs Lives in a shelter, transitional/temporary housing or is doubled up Released from incarceration in the last 3 months 	 Lives in permanent or stable/safe housing but needs wrap-around support to remain housed May require occasional support in managing ADLs or IADLs Demonstrated ability to use in-home support services or equivalent (i.e. relatives) Released from incarceration in the last year 	 Resides in stable, affordable and appropriate housing with no issues that impact housing retention Does not require support managing ADL/IADL 			

Area of Functioning	Intensive Need	Moderate Need	Basic Need	Self-Management	Predicted
Current Acuity Level	(3)	(2)	(1)	(0)	Chronicity
Behavioral Health					
Mental Health Care Adherence Acuity Level: Acuity Level: Acuity Level:	 Missed 4 or more mental health appointments in the last 6 months or has not been seen in the last 6 month Severe mental illness with no current mental health provider or treatment engagement Unable to tolerate 4-walls mental health clinic or has received denial of service at >1 mental health clinics 	 Missed 3 mental health appointments in the last 6 months or has not been seen in the last 3 months Clinical mental health diagnosis with no current health provider or inconsistent treatment engagement Unable to tolerate 4-walls mental health clinic without an escort and redirection Can self-direct to open access or drop-in mental health services Psych hospitalization or psych emergency visit in the 	 Missed 3 mental health appointments in the last 12 months Needs face to face appointment reminders or navigation to appointments Clinical mental health diagnosis with consistent treatment adherence 	 Attends mental health appointments w/ standard reminders No indication of need for clinical mental health assessment, change of treatment, or need for support complying with treatment No psych hospitalizations in the last 12 months 	
neuny Level.	 Imminent danger to self/others or grave disability Psychosis with high risk of decompensation Exhibits impulse and/or self- destructive behaviors 	 psych chiefgeney visit in the last 3 months Reports thoughts of harm to self/others but contracts for safety Active psychosis, willing to take medication Exhibits erratic behavior 	 ho psych hospitalizations in the last 6 months Need for additional mental health support or regular check-in with mental health clinician Active psychosis in the last 6 months, but stable on medication 	□ No acute psych issues	
Chronic Illness <i>Acuity Level:</i>	 > 2 visits to the psych ER in the last month to treat illness or 1-2% high utilizer of single or multiple system in the last year Mental health diagnosis has severe or life threatening impact on health and adherence, no insight Complex coordination between multiple mental health providers 	 > 2 visits to the psych ER in the last 2 months or current 3-5% high utilizer in the last year Mental health diagnosis has major impact on health and adherence, little insight Active coordination between multiple mental health providers Personality Disorder 	 1 or more visits to the psych ER in the last 3 months or 1- 5 % high utilizer in the last 2-3 years Illness is chronic, but on medication and stable medically with support of wrap-around care Seeking mental health recovery 	 0 visit to psych ED in the last 6 months No history of high utilizer Chronic condition is managed through current treatment and no wrap- around support is needed Empowered for self-care of chronic mental illness 	

Acuity and Chronicity Tool

Substance Use	□ High risk on DPH risk	□ Moderate risk on DPH risk	□ Mild risk on DPH risk	□ No substance use in the last		
Acuity Level:	assessment or SAMISS	assessment or SAMISS	assessment or SAMISS	year		
	□ Chronic daily use that	\Box Current or recent use that	\Box Current or recent use that	\Box In recovery with no		
	significantly interferes with	sometimes interferes with	does not interfere with	indication of need for		
	health, medication adherence	health, medication adherence	health, medication adherence	additional support –may still		
	and/or daily living AND not	and/or daily living AND	and/or daily living, but	have a sponsor, attend		
	in substance use treatment	loosely engaged in substance	indicates need for regular	meetings		
	Doesn't acknowledge	use treatment	support or check-in.			
	negative impact of substance	□ Does acknowledge negative	\Box In recovery < 1 year			
	use	impact of substance use				
	$\square >2$ ED visits in last month	$\square >2$ ED visits in the last 6				
	related to substance use	months related to substance				
	□ Continuous IVDU with	use				
	medical consequences	□ Frequent IVDU w/ clean				
		needles				

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Area of Functioning	Intensive Need	Moderate Need	Basic Need	Self-Management	Predicted Chronicity
Current Acuity Level	(3)	(2)	(1)	(0)	Chromenty
Case Management Legal Acuity Level:	 Involved in eviction proceedings or faces imminent risk of eviction Has time-sensitive need to complete standard legal documents (e.g. will, guardianship, CPS docs, etc.) Needs linkage and escort to services to address urgent legal issues Has outstanding warrants 	 Legal issues related to benefits access Current legal dispute Needs linkage to services to address significant legal issues 	 Needs assistance completing standard legal documents Needs linkage to services to address basic legal issues 	 No current or recent legal issues All desired legal documents are complete 	
Income/Personal Finance Management <i>Acuity Level:</i>	 Immediate need for financial assistance to stay housed, maintain utilities, obtain food, or access medical care Needs referral to representative payee 	 Income is inadequate to consistently meet basic needs Benefits denied Makes financial decisions that have negative outcomes 	 Income occasionally inadequate to meet basic needs; requests support with benefits applications Benefits application pending; requests support with budgeting 	 Has steady income; manages all financial obligations 	
Nutrition Acuity Level:	 Little or no access to food; needs immediate linkage to medical care due to acute problems related to weight, appetite, nausea, vomiting, or other urgent health issue Always presents hungry 	 Limited access to food; routinely runs out of food Needs linkage to nutritional counseling to help manage chronic or non-urgent health issues Occasionally presents hungry 	 Occasionally needs assistance accessing food Needs information about nutrition, and/or food preparation to improve or maintain healthy 	□ All nutrition needs are met	
Care Coordination <i>Acuity Level:</i>	Complex coordination between multiple providers and agencies	 Active coordination between multiple care providers 	Occasional Coordination between providers	Rarely needs coordination between providers	

Acuity and Chronicity Tool

Navigation								
System Surfing Acuity Level:	 No access to safety net programs which impacts health Cognitively impaired or severe systems trauma 	 Inconsistent follow-up and routinely needs assistance to stay engaged in care Challenges that limit ability to follow up with 	 Occasionally needs assistance to stay engaged in medical care and safety net programs Can make own appointments 	Consistent and reliable access to and engagement in care and safety net programs				
Health Litaraay	Demonstrates no	appointments	Demonstrates basic	Demonstrates solid				
Health Literacy <i>Acuity Level:</i>	 understanding of illness, treatment, or risk reduction Exhibits extreme difficulty understanding basic health or prescription information Exhibits delusional thinking 	 Demonstrates minimal understanding of illness, treatment, or risk reduction Exhibits significant difficulty understanding basic health or prescription information 	 Demonstrates basic understanding of illness, treatment, or risk reduction Needs additional information and assistance to understand health and prescription information 	 Demonstrates solid understanding of illness, treatment, or risk reduction Manages health and prescription information with little or no assistance 				
DV/Intimate Partner Violence								
Acuity Level:	Reports current or potential domestic violence and needs immediate intervention	 Reports feeling isolated, unsupported or manipulated in relationships Has experienced domestic violence in the last year 	 Utilizes support to maintain healthy relationships History of domestic violence 	 No history of domestic violence Independently maintains healthy relationships with partners 				